Volunteers Needed

Research Study on Sleep and the Environment

Caregivers of People with Memory Loss: Relationships between the Built Environment and Sleep Quality in South Asian Refugees

You may be eligible if you are:

- age 19 or older.
- able to understand English.
- caring for an adult with memory loss (age 50 or older).
- part of Nebraska’s Nepali, Bhutanese, Burmese, Karen, Myanmarese, or Hindi-speaking community.

Scan this code to learn more!

We are curious about how the environment affects sleep for carers of people with memory loss. Study participants will take a survey and may be invited to a focus group.

For more information, contact UNOCapacity@unomaha.edu | 402.554.2951