April is upon us, and we have a few final events for the spring semester. The weather is getting warmer, and the children have enjoyed going outside to play.

As the weather does get warmer, the children will be spending more time outside. Please make sure that your child has up-to-date non-aerosol sunscreen that does not contain any sunflower oil. Sunscreen must be cream or lotion only. See the lead teachers for the approved sunscreen list. Also, as a reminder that if you will be picking up your child before 4 P.M. please let the teacher know, so in case the group goes for a walk in the afternoon that we have your child stay back.

This year, Week of the Young Child is April 3-7, 2023. The UNO Child Care Center will be doing special activities and events during this week. There will be themes for each day of the week and the classrooms will be doing a variety of activities. Chancellor Li will be here to read to the children on Monday, April 3 at 3:00 p.m. The Preschool 1 & 2 groups will be going on a Field Trip to the Durham Museum on Wednesday, April 5, 2023.

Parent Workshop - Thursday, April 20 and Thursday, May 4, 2023
“Universal Life Skills - Preventing Problem Behavior and Establishing Prosocial Behavior” Presented by Dr. Kevin Luczynski. This will be a 2-part series. You will come away with strategies to promote communication, tolerance, cooperation, and kindness with your child. You will learn how to create authentic practice opportunities to practice each skill with your child. Teaching your child sharing with others, how to be considerate of other’s feelings, helpful when someone is in distress, how to celebrate joys and value what makes others happy. There will be free educational give aways. This is hosted by the UNO Child Care Center and funding is provided by the US Department of Education CCAMPIS Grant. There are only 20 family spaces available. We will have a potluck dinner from 4:30 to 5:30 P.M. for families who sign up. The workshop will go from 5:30 to 7:30 P.M. We will have child care available during this time. A sign-up sheet is located on the front desk counter. Hope to see you there!

Mark your calendars now for the following dates:
1) Stretch-N-Grow Dance Recital on Thursday, May 11 from 3 to 5:30 PM at the Thompson Alumni Center. The children who are in the dance program will be performing. Families and guests are invited to attend.

2) Preschool 2 Graduation on May 12, 2023. Help us to congratulate our 17 graduates that will be going to kindergarten in the fall. Graduation is for Preschool Graduates and their families and guests. Graduation will take place at the Thompson Alumni Center from 10:30 to 11:30 A.M. Graduates need to be at the child care center by 9:30 A.M. There will also be a Preschool Graduation Practice on Thursday, May 11 from 10 to 11 AM at the Alumni Center.

Finally, I will be out on Friday, April 14 and Friday, April 28. Please Monica or the lead teachers if you have any questions or concerns during these times.

As always, if you have any questions or concerns, you may contact me at 402-554-4956, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month: “But it’s not just learning things that’s important. It is learning what to do with what you learn and learning why you learn things at all that matters.” Norton Juster, The Phantom Tollbooth
April

AUTISM AWARENESS MONTH
NATIONAL FROG MONTH

April 1: April Fools Day!

April 3 - April 7: Week of the Young Child
Daily Themes TBA!

April 5: Passover Begins

April 9: Easter Sunday

April 10: National Siblings Day

April 20: Dr. Luczynski’s Parent Workshop (Part 1 of 2)
(4:30P.M. - 5:30P.M. - Potluck
5:30 P.M. to 7 P.M. - Workshop)

April 21: Eid Al-Fitr (begins at sundown)

April 22: Earth Day

April 28: Arbor Day

Book Orders

Book Orders for this month will be due on Friday, April 21.

Books are an important part of a child’s development and can help your child gain pre-literacy skills. When you order your child’s books through Scholastic Book Orders (and through our center account), Scholastic also sends free books and educational materials to the center for use in our classrooms!

Please visit scholastic.com/bookclubs to order.

If this is your first time ordering online, you will need to set up an account with Scholastic using our center’s code: GXXFX. This is the center account under “Down Here”. Please make sure you are using this account, or your order will not be processed. You will be able to pay online using a card through Scholastic’s website. Happy reading!

May

ASIAN PACIFIC ISLANDER HERITAGE MONTH

May 1: May Day!

May the "4th" be with you!

May 4: Dr. Luczynski’s Parent Workshop
(Part 2 of 2)
(4:30P.M. - 5:30P.M. - Potluck
5:30 P.M. to 7 P.M. - Workshop)

May 5: Cinco de Mayo

May 9: Preschool 1 & 2 Field Trip to Gene
Leahy Riverfront Park (9A.M. - 1:30P.M.)

May 11: Stretch & Grow Dance Recital at
Alumni (3P.M. - 3:30P.M.)

May 12: Preschool Graduation at Alumni
(10:30A.M. to 12P.M.)

May 19: UNO Spring Semester Ends

May 22: UNO Summer Sessions Begin

May 29: Memorial Day - CENTER CLOSED

May 30: CCC Summer Program Begins
Talks with Toddler 1 & 2

Welcome to April!

We would like to thank all of you who were able to sign up for conferences. Your input is important to us!

This month the toddler themes ovals, purple; the letters V, W, X; the number 9 for our younger toddlers and 16, 17 for the older toddlers; and our environment.

We are planning some fun activities during the Week of the Young Child!

Please make sure you have returned the sunscreen permission form, and that you provide a bottle of sunscreen for your child no later than April 14, 2023.

Now that the weather is warming up, we plan to go outdoors and go on wagon rides around campus more often!

Enjoy the wonders of Spring!

“Children need to practice feeling wonder to develop curious minds.”

-Mrs. Effie, Mr. Fred, Miss Lizzie, and the Toddler Staff

Time With Transition

Lead Teacher - Allison French

Happy Spring Transition Families!

Thank you to everyone who signed up for conferences. I loved talking with all of you! If you have any questions or would like to discuss any concerns, please reach out in person, email me at anojonesunomaha.edu, or call the center during my desk duty (12-1) to chat.

Family Reminders:

- This month, sunscreen permission slips will be sent out in your child’s mailbox. Please sign and return the slip with a school-appropriate tube of sunscreen lotion (no aerosol cans or sunflower oil listed as an ingredient).

- April 3rd-7th is Week of the Young Child! Throughout the week, we will be celebrating here at school. On Monday, Chancellor Li will be joining us to read to friends. Wednesday, our group will be making a special snack for cooking activity and would love for family members to join us at 3:00 p.m. to enjoy our snack with us! We will be making a Spring Cherry Crisp to share with families.

- Diapers/Pull-Ups: We have had a hard time staying stocked on our diapers and pull-ups for friends. Please pay close attention to the “Please Bring” sheets, as well as the bottom portion of our “Daily Notes” to see if your child is in need of more pull-ups or diapers.

- Allison & the Transition Staff
Preschool | Pals

Lead Teacher - Ky Jackson

Howdy and welcome to April, P1 Parents!

This semester is flying by, and we are having so much fun in P1! This month is our "calm before the storm" that is the summer program, so we are soaking in all of the nice outdoor time and time with each other that we can!

Here are just a few reminders to finish out the semester strong!

- Please make sure that you are checking your child's mailbox and daily sheet each day. Especially if there is a "Please Bring" attached! Daily reminders are also written on your child's sheet, so it is important to read them!

- When bringing in items requested on a "Please Bring", please place clothing in your child's tubby downstairs, and give teachers other items such as sunscreen, water bottles, etc. Please do NOT leave requested items upstairs in bags or backpacks. We won't know they are there!

- We are still missing quite a few sunscreen permission slips, as well as sunscreen for a few of our friends. If you have not yet returned the permission slip and/or sunscreen for your child, please do so by no later than Wednesday, April 12.

- Finally, please make sure that your child is NOT bringing in outside food (candy, granola bars, fruit snacks, etc.) items to school and placing them into their pockets on pants or jackets or tubbies. We have had a few instances this month of friends bringing in unsafe food items and attempting to eat or share them during the school day.

From all of the P1 Wranglers, enjoy this lovely weather and the month of April! Let's hope it's not full of TOO many showers.

-Teacher Ky & the P1 Wranglers

![PI's March Themes]

-Week of the Young Child
-Chicks & Bunnies
-Earth Day
-April Showers / May Flowers

-Letters: V, W, X
-Numbers: 17, 18
-Color: White
-Shape: -Gon Shapes
(Hexagon, Pentagon, Octagon)

Preschool 2

News & Views

Lead Teacher - Megan Liu

Hippy Happy April!

This year has gone by so fast! I can’t believe that in less than two months it will be time for Preschool 2 graduation!! I have just a few reminders and announcements to make before then.

The first announcement is that graduation will be on Friday, May 12, 2023 at 10:30am. Children will need to be here by 9:00am to get to the Thompson Alumni on time to prepare for graduation. The rehearsal for graduation will be on Thursday, May 11, 2023.

The second announcement is that I am still missing baby pictures for a few children for the graduation video. Please submit them to me by no later than Tuesday, April 11, 2023, so that we will be able to get the video together on time.

The third announcement is that the summer packet will be released by late April, early May. It will give more information about the summer session as well as explain any requirements for participation in certain summer activities. Please let Miss Dawn or Monica know if you plan to enroll your child in the summer session.

Finally, if you have any questions, please contact me at mmlieuunomaha.edu or text me at (402)960-2416.

-Miss Megan and Staff of Preschool 2
5 Keys to Teaching Your Children the Importance of Conservation

More and more people are starting to appreciate the value of conservation and causing as little harm as possible to the planet. It's especially important to teach these lessons to the next generation. Children, when given the right information, are usually eager to embrace a green living approach. It's up to parents and other adults, however, to instill this knowledge in kids at an early age. Here are five important keys to teaching your children the value of conservation.

1. Encourage Them to Appreciate Nature
Whether you live in the city, country or suburbs, there are ways to help your kids appreciate the natural world. When you have family outings, think about going on a hike or to the nearest beach rather than to a mall, arcade or movie. These outings can be used to introduce your kids, and maybe even yourself, to the plants, minerals and animals in your region. You can also keep this in mind when planning vacations as well. Travel to destinations that offer landscapes you can explore together. You can do this in your own neighbourhood by learning more about the trees, plants and flowers that grow nearby. Giving kids devices that help them see nature up close, such as microscopes and binoculars, will help to encourage their interest in the natural world.

2. Set a Good Example by Embracing Alternative Energy
The best way to teach your kids to embrace conservation is to set a good example in your daily life. One way to do this is to use low impact, alternative technologies whenever possible. For example, switching your home to solar energy is an economical and environmentally-friendly alternative to conventional power sources.
If you can't go completely solar, perhaps you can install solar panels with the help of a Utah solar company or one in your area to provide some of your power. This shows your children that you care about making sustainable choices. It's also a good way to save money on your power bills. You might also consider switching to a hybrid or electric vehicle.

3. Explain How to Cut Back on Using Electricity
We can reduce the amount of power we use through many easy ways. Walk around the house and show your kids what uses electricity. Show them simple ways they can help with power conservation such as:
- Turn off the lights when you leave a room.
- Opt for natural light from your window if it's bright out.
- Turn off the water tap when you brush your teeth.
- Close the refrigerator if it is left open.
- Turn off your electronics when you're done using them, such as TVs and gaming consoles.
- Take shorter showers.

4. Emphasize the Importance of Recycling and Reducing Waste
Most households engage in recycling to some degree or another. Rather than merely teaching children which bin to throw items into, make sure they understand the reasons for this. Take a trip to the nearest landfill or recycling center. Point out the huge piles of garbage and explain how excessive trash contributes to pollution and other environmental problems.
Help kids understand that, in addition to recycling, it's important to reduce waste as much as possible. You can illustrate this by bringing your own bags to the grocery store, recycling jars and containers and purchasing products that minimize waste.

5. Discuss the Issue of Climate Change
As weather patterns become more extreme and unpredictable, there are ample opportunities to discuss climate change with kids. Don't do this in a way that scares them. Rather, simply point out how the weather is changing due to human activities such as pollution and carbon emissions.
You can let them know that extreme temperatures and powerful storms such as hurricanes and tornadoes are now more common due to these practices. Point out that the only way to control this is to conserve and to switch to more sustainable types of energy.

Most children are glad to embrace conservation and sustainability once they understand the importance of these principles. Look for ways to introduce your kids to these ideas. Talk to them about it, watch documentaries with them and take them on relevant field trips. This will help them grow up to be responsible adults who appreciate the value of treating gently on the planet.