President's Letter

Dear UNO Women's Club Members:

Our club has a long-standing tradition of supporting non-traditional student scholarships and giving service to our university. We all know these volunteer and philanthropic activities help others, but did you know that it is also good for your health?

Over the past two decades, there has been a growing body of research that indicates that volunteering provides individual health benefits along with social benefits. Those who volunteer have lower mortality rates, greater functional ability, and lower rates of depression later in life.

Cindy Wofford, UNOWC University Service Committee Chair has researched some wonderful projects and programs at UNO for our participation. Please contact Cindy about lending a helping hand for people in need on our campus. See her list of opportunities in the sidebar on this page.

Not a member of the UNO Women’s Club yet? Register now to join great UNO Women doing great things for our university!

Remember this year’s UNOWC Motto:

“Alone we can do so little; together we can do so much.” Helen Keller

Mary Bernier
UNOWC President, 2013-2014

UNOWC Service Opportunities for Members

What do wellness and volunteer service have in common? Preservation and promotion of good health are two main benefits. Giving of ourselves and sharing our time and talents bring about healing in all areas of our lives.

Please check out some of the following opportunities to engage in community service. Also, watch for a separate flyer/email with details for our 2013-14 University Service projects.

Serving as your UNOWC University Service contact, I would like to introduce you to some ideas to choose.

Upcoming events for service opportunities include:
- November Health Fair
- Maverick Food Pantry
- University Library Scholastic Book Fair
- Veterans Day
- Contribute fleece fabric and make blankets for Project Harmony for Martin Luther King Day and Global Youth Service Day.

Please contact me at 402-554-4092 at the Nebraska Business Development Center or email cwofford@unomaha.edu for any questions or suggestions.

Cindy Wofford
UNOWC University Service Chair
Come Join Us!

“Alone we can do so little; together we can do so much.”
Helen Keller

This year’s motto says it all! Dedicated to providing scholarships to nontraditional students, offering service to the university, and affording networking opportunities to our members, the UNO Women’s Club would love to have you as a member.

The following UNOWC members have renewed their membership for 2013-2014:

Melba Acheson
Elaine Allen
Marge Armfield
Tessa Barney
Monica Bayles
Mary Bernier
Kathy Blanke
Bridget Blomfield
Diane Buker
Lori Byrne
Betty Carrico
Anne Carroll
Jan Christensen
Eileen Conway
Laraine Conway
Betty Davis
Carol Ebdon
Roxie Freeman
Judith Gaeddert
Karen Garver
Jo Gilreath
Marylu Gouttierre
Patti Gregor
Judy Harrington
Rita Henry
Marty Hill
Jeanne Hoburg
Wilma Kuhiman
Sue Kutschkau
Carole Langan

Kathleen Lyons
Sue Manley
Nicole Massara
Becky Means
Darlene Menard
Julie Messerole
Ann Newton
Marjorie O’Reilly
Cindy Osborne
Dorothy Patach
Gina Pearson
Inez Petrie
Janet Pol
Marjorie Pullen
Renee Reding
Mary Lynn Reiser
Katie Sup Rezac
Catherine Rokes
Sheila Runyon
Courtney Schaffert
Jeannine Sindt
Claudie Sires
Amanda Sjuts
Sharon Trussell
Angela Valle
Lou Ann Weber
Charlene Wilcox
Dorothy Willis
Tina Wilson
Cindy Wofford

The UNO Women’s Club Membership form is available online. We’ve placed it online to expedite the data entry of your information for the UNOWC Directory and to build distribution lists so we can send out information to you via email. A hard copy may be mailed to members who do not have Internet access. To access the online UNOWC Membership Form, click on this link and follow the instructions:

http://cba.unomaha.edu/unowc/unowc_member.cfm

If you want to join, please complete the online form, or send your completed paper form with your dues to our treasurer, Anne Carroll, at UNOWC, Unit 120, 6001 Dodge Street, Omaha, NE 68182. Membership Chair Cindy Osborne, cosborne@unomaha.edu, or committee member Angie Sedlacek, angelasedlacek@unomaha.edu, can answer any question you have about becoming a member.
COMMITTEE CHAIRS’ NOTES

CONDOLENCES AND PRAYERS:
   We send our sincere condolences to long-time member Jo Gilreath, whose husband, Ken, passed away in August.

   Memorial services for Dr. Otto Bauer, former UNO Vice Chancellor and husband of former member Jeanette Bauer, were held October 15, 2013 in Iowa City. The family requests that memorial checks be paid to the order of the University of Nebraska Foundation and designated for the Bauer/Erickson Scholarship Fund.

   You may contact Jeanette Bauer at 664 Larch Ln, Iowa City, IA 52245-3435, 319-339-1087

CONGRATULATIONS:
   Exciting news, Angela Valle received her citizenship this year. Dr. Valle, who came to UNO in 1969, is Professor Emeritus in UNO’s Foreign Language Department. She founded Sigma Delta Pi in 1983 and established the Angela Valle Sigma Delta Pi Scholarship to support students majoring in Spanish. Congratulations, Angela!

   A little one is on the way for member Amanda Sjuts. She and her husband, Anthony, are excited to announce that Baby Sjuts is due to arrive February 19th.

   We want to be there for our members during “life” events. Please send a quick note to this email ( asjuts@nufoundation.org ) when you hear of a time in a fellow member’s life when it would be appropriate for UNOWC to reach out and provide support, friendship and caring. Thank you.

From our Historian, Ann Newton:
   I would appreciate receiving any papers that members or past members have from the former UNO Faculty Women’s Club. The minutes of the meetings from the past secretaries would be especially important in tracking the history of the Club. Any historical material will eventually go to the UNO Archives. Thanks for helping. Contact me at ann.newton@centurylink.net or 402-556-5881.

UNOWC History: Did You Know?

   In 1959, the Faculty Women’s Club voted to have a Memorial Loan Fund to be added to in lieu of flowers for deceased members. In 1964 when Dr. Bail retired the Fund was named the Josephine Bail Fund in honor of Mrs. Bail.

   In 1972, a FWC Committee (chaired by Becky Means) recommended the fund be changed to support the scholarships since the loan was seldom used. The Financial Aid office would choose a scholar and award a $100 scholarship to be paid in two installments. This was later raised to $250.

   When Mrs. Bail died in 1976, Dr. Bail gave a generous contribution and we were on our way. The FWC held Bridge Benefits, sold plants, published a cookbook, and held a huge garage sale. Judy Welk was commissioned to do a print of Arts &Sciences Hall which we sold with a percentage going to scholarship.

   Now you know how it all started and we have given up to fourteen scholarships a year to non-traditional students. Remember it started with one $100 scholarship to be given in two installments.
Introducing UNOWC's First Member of the Year: Janet Pol

During the first 2013-2014 meeting of the UNO Women’s Club on September 9, Vice President Julie Messerole announced the decision by the Executive Board to establish two awards that will be given annually to women for their outstanding contributions to the organization and the UNO community. The awards are UNO Women’s Club Woman of the Year and UNO Women’s Club Member of the Year.

The intention of the awards is to honor individuals for their promotion of the university through their leadership, service, advocacy, influence, and commitment to the success of UNO students, employees, and university goals.

An ad-hoc committee composed of members of UNOWC will spend the next few months further defining the criteria and the nomination and awards process so the Executive Committee is ready to celebrate two outstanding women at our Spring 2014 meeting.

President Mary Bernier awarded the first recipient of the Member of the Year 2013 to Janet Pol. Janet most recently assumed the chairperson’s role for the Scholarship Committee. “She has served the membership of UNOWC in many roles over the past years and works tirelessly for our organization. Janet organized our members during the Women’s Walk and always makes herself available to serve in any capacity requested. Her leadership, attitude, and vision contribute so much to our organization,” Mary said in presenting the award to Janet.

John Quincy Adams said, “If your actions inspire others to dream more, learn more, do more and become more, you are a leader.” These are the women we intend to spotlight and celebrate!

Nine Scholarships Totaling $9500 Awarded at September 9 UNOWC Dinner

Two years ago, Keyla Sanchez came to Omaha as a 25-year-old single mother looking for a job and an education; today she is one-step closer to earning a degree in neuroscience from UNO thanks to a $1000 scholarship from the University of Nebraska at Omaha’s Women’s Club.

Sanchez, who currently works as a Spanish-language translator for Omaha Children’s Hospital, is one of nine women, ranging in age from 27 to 55, to receive a collective $9500 in scholarship funds from the UNO Women’s Club and other individual donors.

(Scholarships continued on p. 5)
Scholarships (continued from p. 4)

“I came to America with my son, as a green card holder,” Sanchez wrote on her scholarship application. “It is hard for me to explain the satisfaction I feel when I look at my son’s eyes and I know I am doing my best to offer a good life to him.”

The funds, which were handed out at the UNO Women’s Club Scholarship Dinner on September 9, will help all nine women cover costs for the 2013-14 academic school year.

One of those recipients is Melissa Campbell. Campbell, 52, works full time as an administrative assistant at the University of Nebraska Medical Center and has been taking classes towards a Bachelor of General Studies degree with an emphasis in healthcare administration.

“My mother graduated with her BGS at the age of 63, which has been a great accomplishment for me to aspire to,” Campbell said. “I believe that education is power, and to empower women in our society is an important achievement.”

Campbell will be one of five UNO grads in the family when she graduates. In addition to her mother, her middle daughter and son-in-law are recent alums and her youngest daughter is taking classes at UNO as well.

All of the women receiving scholarship funding are considered to be nontraditional students. Many are returning to school after taking time off for family reasons, while others took time off due to military service.

“We are so pleased to help these women in their pursuit of a college education in any way we can,” said Mary Bernier, UNO Women’s Club President. “The passion and desire of these scholarship recipients to earn a degree, while at the same time taking care of their families and working full-time jobs, is an inspiration.”

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A “Thank You” from Chancellor Christensen

From: John Christensen  
Sent: Wednesday, September 18, 2013 5:11 PM  
To: Mary Bernier  
Subject: Re: UNOWC Scholarship Release

This is simply terrific, and I know I represent the entire campus community when I say thank you for your significant contributions supporting students and their dreams!!!

Bless you all,

John

John Christensen, Chancellor  
University of Nebraska - Omaha  
Johnchristensen@unomaha.edu
UNO Women’s Club

Fall Semester 2013 Programs

General Events

Please Join Us

You and a guest are invited to join the UNO Women's Club for a relaxing evening with great company and great Wine Tasting!

Mark your calendar and make plans to stop by the home of Lou and Janet Pol to sample some of the "finest" wines that UNOWC has to offer!

Friday, November 15, 2013
14520 Burdette Street
6pm – 8pm

Please bring one bottle of your favorite red or white wine along with a “ready-to-serve” appetizer to share. Voting for the “best” red and white wine definitely will be a highlight of the evening with winners receiving memorable prizes!

*NEW THIS YEAR - HOLIDAY ORNAMENT EXCHANGE*
Please bring a wrapped ornament to exchange with your fellow wine tasters. (One ornament per couple/person)

RSVP to Gina Pearson
gpearson@nufoundation.org or 402-502-4912

UNOWC Gourmet Group

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<thead>
<tr>
<th>Program</th>
<th>Date &amp; Time</th>
<th>Location</th>
<th>Description</th>
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<tbody>
<tr>
<td>Old World Oil &amp; Vinegar</td>
<td>December 4</td>
<td>Rockbrook Village</td>
<td>Presentation and samplings of foods and beverages</td>
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<td>6:30-8 p.m.</td>
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<td>Italian Cooking Lesson &amp; Culture</td>
<td>January 25</td>
<td>Mary &amp; Bob Bernier’s home</td>
<td>Mary and Bob host an Italian cooking lesson and dinner with a talk about Italian culture</td>
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<td>6:30-10 p.m.</td>
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<tr>
<td>Puff Pastry Lesson</td>
<td>March 15</td>
<td>Location TBA</td>
<td>Darlene Menard demonstrates how to make Puff Pastry</td>
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<td></td>
<td>2:00-3:30 p.m.</td>
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<tr>
<td>Chinese Cooking &amp; Culture</td>
<td>June (date and time TBA)</td>
<td>Location TBA</td>
<td>Carl and Fany Macchietto host a lesson and dinner with a talk about Chinese culture</td>
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Issue 2, 2013-2014
Mystery Book Club

Calling all members: If you love reading mysteries and being a secret sleuth, consider joining the UNOWC Mystery Book Club. Not a formal discussion group, this group meets on the second Saturday of each month at Wohlner’s Grocery on 67 & Center at 10:30 a.m. to exchange mystery books, recommend books and visit. Please contact Karen Garver, bkgarver@cox.net, 402-558-1895.

Not into Mysteries? Try the General Book Club

General Book Club meets on the third Monday of the month at 7 pm at members’ homes. New members are welcome. Contact Ann Newton, ann.newton@cox.net or 402-556-5881.

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<th>Books selected for the rest of 2013/2014</th>
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<tr>
<td>November 18: The Sandcastle Girls by Chris Bohjalian</td>
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<td>December 16: The Mover of Bones by Robert Vivian</td>
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<td>January 20: Boob Girls by Joy Johnson</td>
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<td>February 17: Sister by Rosamund Lupton</td>
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<td>March 17: A Lady Cyclist’s Guide to Kashgar by Suzanne Johnson</td>
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<td>April 21: My Life in France by Julia Child</td>
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<td>May 19: Review books for next year followed by no host dinner.</td>
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Ladies’ Brown Bag Lunch Mob

Last month a good-sized group of UNOWC members, including Dorothy Patach, gathered on the roof of the Durham Science Center for a noon ‘brown bag’ luncheon. Over the hour, we were visited by faculty from both the Physics and Chemistry departments. One of the big telescopes was powered up so that we all were able to see dark spots on the sun.

On Halloween Day, the Ladies’ Lunch Mob will meet in the Dean’s Conference Room, ASH 280. Many of us will come dressed in our finest Halloween attire — as witches, jail birds, princesses, and more — and listen to Dean Boocker read aloud a scary poem.

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<tr>
<th>Program</th>
<th>Date Time &amp; Location</th>
<th>Event Description</th>
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<tr>
<td>'Wich’ Lunch in Arts &amp; Science Hall</td>
<td>Oct 31 Noon Outside ASH Dean’s Office on 2nd Floor</td>
<td>Break out in your finest costume to scare the students and be in spirit of the day. Join us as we hang out for lunch outside the Dean’s Office. Tables Provided. Special Invite to Arts and Sciences Dean David Boocker, to join in the fun!</td>
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<tr>
<td>“Thank You for Being a Friend”</td>
<td>Nov 21 5:00 pm PMat Scott Hall Pacific Campus</td>
<td>Ever wanted to thank someone you work with for just being there when you needed the extra hand? Here’s your chance. Plan to come by and join the group as we all share dinner with a friend at UNO.</td>
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<tr>
<td>Holiday Cookie Exchange/Extended Lunch</td>
<td>December 19 Noon-1:30 pm MBSC</td>
<td>Bring your sack lunch and two-dozen holiday cookies on a tray. Exchange cookies, learn how to make bows, and spread the holiday cheer as we wrap up a wonderful end-of-semester together.</td>
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If you need a parking permit or accommodations to participate, please contact Janine Brooks at (402) 554-2651 to make arrangements. *Also, a free shuttle bus is located off-campus at the Crossroads where you can park your vehicle without a parking permit. Please RSVP for events as space may be limited.