

# Pregnant and Parenting Students



## What is Title IX?

Title IX is a Federal civil rights law that prohibits discrimination on the basis of sex—including pregnancy and parental status—in educational programs and activities.

## What is covered under Title IX as it relates to pregnancy and parenting?

Pregnancy, childbirth, abortion, miscarriage, and other related conditions are all covered under Title IX.

## How does this impact me as a student?

Please refer to the back page for additional rights in the classroom.

## Do I have a right to pump/express breastmilk at UNO?

Yes, you have the right to accommodations related to pumping or breastfeeding. Private spaces are available throughout campus. If you need assistance locating spaces, please contact the Title IX Coordinator Sarah Weil.

## Does Title IX only apply to the classroom?

No, Title IX applies to all aspects of your education. You are afforded the opportunity to continue participation in clubs, activities, interscholastic sports, and other school-sponsored organizations.

## Will I need a doctor's note for required absences?

Documentation may be needed, but only if documentation is a requirement of other students being treated for a medical condition.

## Who do I contact regarding concerns, questions, or complaints regarding Title IX and pregnancy/parenting?

Sarah Weil is the Title IX Coordinator at UNO. You may contact Sarah by email at [sweil@unomaha.edu](mailto:sweil@unomaha.edu) or by phone at 402.554.2120. Additionally, more information can be found at the UNO Title IX website.



# Questions About the Classroom



## Do I have to make up work during time I missed?

Instructors may require you to make up any work you missed during a required absence. Make-up work should be comparable to the work given to other students, with similar timelines. They may not give you “extra” work or shortened deadlines. You are permitted to return to your status before your needed absence.

## Will I lose participation points if I need to be gone from class?

If an instructor’s grading is based on participation or attendance, they should provide you the opportunity to make-up any points missed so that you may be reinstated to your status before the leave took place.

## Do instructors have to excuse medically necessary absences?

**Yes, instructors must excuse absences your doctor deems medically necessary.**

## What types of assistance must I be provided as a pregnant or parenting student?

A school must make reasonable and responsive adjustments to the student’s temporary pregnancy status. To receive assistance, either through accommodations or medical supervision, please contact the Accessibility Services Center (ASC). You may call them at 402.554.2872 or email to [unoaccessibility@unomaha.edu](mailto:unoaccessibility@unomaha.edu). Additionally, more information can be found at the ASC website.



## Tips and Recommendations

- Communicate with your instructors proactively and in advance so you can discuss your needs
- Document your conversations so that you have a reference of accommodations and assistance
- Ask questions - if you are unsure or something is unclear, make sure to ask questions
- Know your rights– if you feel something isn’t right, contact the Title IX Coordinator

*\*Material gathered and adapted from [thepregnantscholar.org](http://thepregnantscholar.org) and the US Dept. of Education*