

## Things to know

Annual enrollment online at Firefly -  
Employee Self-Service begins

October 31 and ends

November 18.

**You must complete the HRA during this period.**

The HRA survey must be completed  
**EACH YEAR.**

The confirmation Page **MUST BE PRINTED and saved for your own records (or save the confirmation email).**



UNIVERSITY OF  
**Nebraska**  
Omaha

## Human Resources

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EAB 205  
Omaha, NE 68182

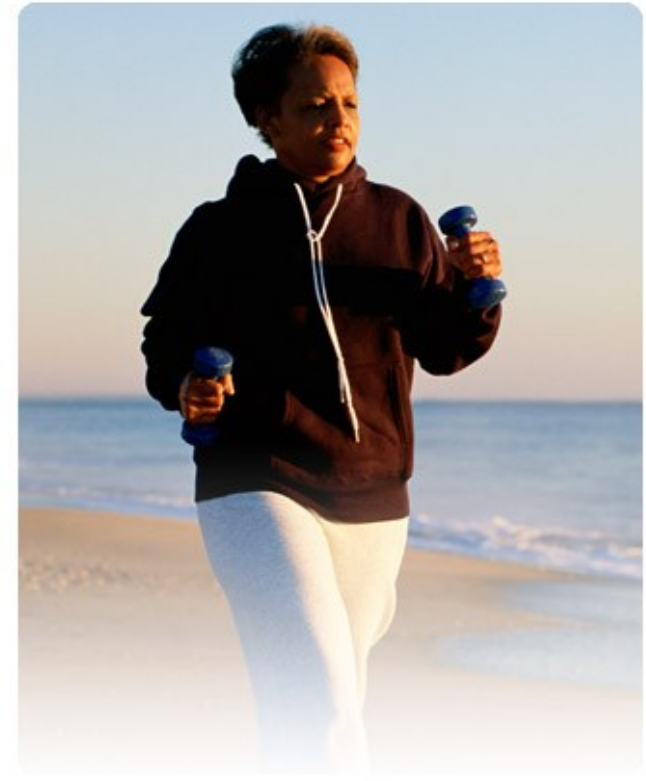
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## Health Risk Assessment



**Personal Wellness Report**

**Enhanced Benefits**

**Confidential & Voluntary**

## HRA Program



All active (benefits eligible) employees, retirees, and ancillary insureds will have the opportunity to complete the HRA starting on **Monday, October 31, 2016**



You must complete the HRA by the 2017 NUFlex deadline of **Friday, November 18, 2016.**



Participation is voluntary; however, by completing this short survey, you will receive a personal health summary that will help you assess and monitor your personal health status.

You will receive a confirmation email following your successful completion of the HRA survey. The confirmation will be sent to the email address you provide when completing the survey. We still recommend you print or save the HRA report, but the email will be your proof that you completed the assessment.

Employees who are enrolled in the university's Blue Cross Blue Shield medical plan and complete the HRA will also be eligible for enhanced wellness and preventive care benefits for themselves as well as their covered family members.

## Enhanced Benefits

1. Annual preventive care allowance raised from \$250 to \$300 (for insureds age 2 and over)  
+
  2. Dependent child (under age 2) preventive care allowance raised from \$500 to \$600  
+
  3. 100% coverage for routine preventive colonoscopy once every 10 years starting at age 50 (services must be provided by a Blue Cross Blue Shield PPO Provider)  
+
  4. \$0 copay for generic prescription drugs through CVS Caremark's mail service
- For you and your dependents for having completed the HRA for yourself.

