## I UNIVERSITY OF NEBRASKA AT OMAHA



# **ON-CAMPUS RESOURCE GUIDE**

## COUNSELING AND PSYCHOLOGICAL SERVICES

Counseling and Psychological Services (CAPS) provides programs and services on campus that assist students in maximizing their potential while at UNO. Services offered by CAPS include:

**Resources Include:** 

- Consultation
- Short-Term Counseling
- Emergency Services
- Wellness Education
- Prevention Services
- Group Counseling
- Outreach Education

Location: 102 H&K Phone: 402.554.2409

## **EMPLOYMENT ON CAMPUS**

UNO offers many opportunities for students to work on campus in a variety of settings. Employment opportunities can be found at: **unomaha.peopleadmin.com** 

## THE OFFICE OF FINANCIAL SUPPORT AND SCHOLARSHIPS

The Office of Financial Support and Scholarships is committed to giving UNO students as much information about costs and financial aid as possible. They also provide many tools and resources to help students achieve financial success.

Location: 103 EAB Phone: 402.554.2327

## ACADEMIC AND CAREER DEVELOPMENT CENTER

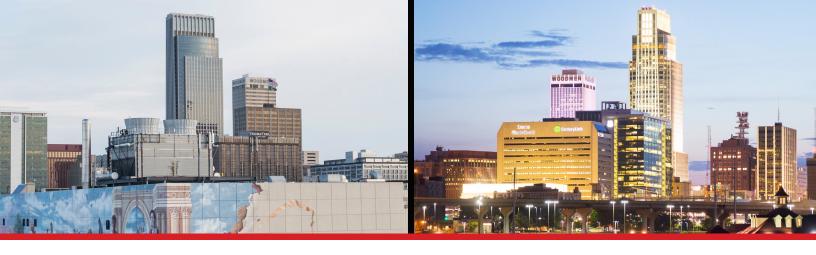
The Academic and Career Development Center (ACDC) facilitates and develops the academic and career success of students. Services offered by ACDC include:

- Academic Advising
- Academic Coaching
- Career Exploration
- Job & Internship Search
- Major Exploration
- Mock Interview Practice
- Resume & Cover Letter Review

Location: 115 EAB Phone: 402.554.3672







## **OFF-CAMPUS RESOURCE GUIDE**

## **FOOD PANTRIES**

#### COMMUNITY CUPBOARD CHURCH FOOD PANTRY

This is a food pantry that provides free food by distributing it through a process that resembles a grocery store. Please confirm the hours of operation by calling: **402.391.0350** 

Location: 8787 Pacific Street Omaha, NE

#### TOGETHER INC.

This food pantry provides multiple services. To confirm the hours of operation and necessary form(s) of identification, please call: **402.345.8047** 

Location: 812 S. 24th St. Omaha, NE

#### FIRST LUTHERAN CHURCH FOOD PANTRY

This is a food pantry that provides both food and clothing. To confirm the hours of operation and necessary form(s) of identification, please call: **402.345.7506** 

Location: 542 S. 31st Street Omaha, NE

## **HOMELESS SHELTERS**

#### **OPEN DOOR MISSION**

This facility provides shelter beds, serves hot meals, and provides preventive measures to those in poverty.

**Phone**: 402.422.1111 **Location**: 2828 N. 23rd Street Omaha, NE

#### STEPHEN CENTER PETTIGREW EMERGENCY SHELTER

This center offers multiple resources including an emergency shelter for single men, single women, and parents with children that are homeless.

Phone: 402.715.5471 Location: 2723 Q Street Omaha, NE

#### YOUTH EMERGENCY SERVICES

This center provides a variety of resources for individuals between 16 and 21 years of age, including an Emergency Shelter and a Transitional Living Program.

Phone: 402.345.5187 Location: 2679 Farnam Street Suite 205 Omaha, NE

## **TRANSPORTION**

#### EASTERN NEBRASKA COMMUNITY ACTION PARTNERSHIP

This service is developing a program to transport workers from low-income households to and from work.

Phone: 402.453.5656 Location: 2406 Fowler Ave. Omaha, NE

#### MAVRIDE BUS PASS

This service provides free rides on the Metro Bus System to current faculty, staff, and students. Your MavCARD is activated with the bus pass. This can be used for any route

Phone: 402.341.0800 Website: www.ometro.com

## **FINANCIAL**

#### NEBRASKA HEALTH AND HUMAN SERVICES

This resource has a Financial Services Division that provides support in a wide variety of resources regarding financial support.

Phone: 402.595.2850 Location: 1313 Farnam Street Omaha, NE



### Maverick Food Pantry | 402.554.4083 | unomavfoodpantry@unomaha.edu

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