

# Clinical Services

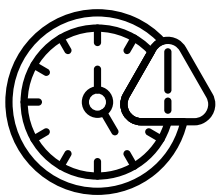
To focus on the evaluation and strengths of UNO's mental health care infrastructure to ensure high-quality, accessible, and culturally responsive services.

Subcommittee Members: Cathy Pettid, Katy Stratman, Nathan Bock, Nick Oegema



## Priority 1: Business Hours

Offer clinical services outside of typical business hours.



## Priority 2: Wait Times

Implement action steps to limit wait lists/wait times.

## Accomplished in Fall 2025

- Established a partnership with the Community Counseling Center (CCC) to increase capacity and availability while increasing support for students.
- Identified process for keeping wait times low.
- Identified areas of improvement for communication between campus partners.

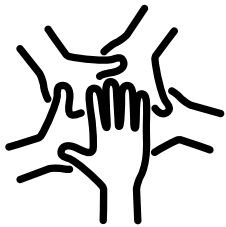
## Plans for Spring 2026

- Formalize the process for coordination of care between CAPS and CCC.

# Implementation Strategies

To emphasize that student emotional health is a campus-wide responsibility, not just the counseling center's.

Subcommittee Members: Bella Watson, Jenny Liu, Jeanie Gutheil Bykerk, Lindsay Sanders, Madeline St Clair, Daniela Martha-Palma



## Priority 1: Shared Responsibility

Implement campus wide educational campaigns that promote shared responsibility for student emotional wellbeing.



## Priority 2: Campus Awareness

Ensure campus community is aware of the JED Campus strategic plan and the work of the task force.

## Accomplished in Fall 2025

- Determined top two priorities and developed foundations of plan.
- Researched campus website designs.
- Created survey questions to gather information on information-sharing of resources on campus.

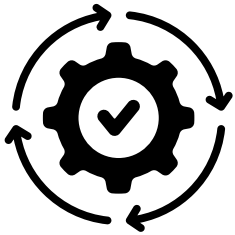
## Plans for Spring 2026

- Gather data with developed survey on how information is shared to students among departments, like Bullseye, Admissions, Housing, learning communities, etc.
  - Create report and share out results with Task Force.
  - Determine gaps and develop plan for bridging gaps.

# Early Intervention

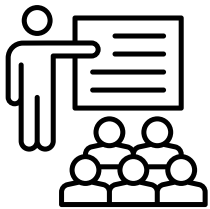
To foster a proactive, coordinated approach that connects students with resources before issues escalate, promoting timely support and reducing risk.

Subcommittee Members: Brigette Ryalls, Jason Jones, Mark Frillman, Talia Norby, Lacey Dudash



## Priority 1: Regular Wellness Days

Implement screening/wellness days focused on substance use and common mental health issues on a regular basis.



## Priority 2: Gatekeeper Training

Develop, expand, or strengthen gatekeeper-training program for relevant campus faculty and staff.

## Accomplished in Fall 2025

- Connected with New Student and Family Programs and other campuses at the AACRAO event to learn about student screening and survey practices.
- Explored how regular student surveys can support Strategic Enrollment Management plan and gather details on survey timing to align with the JED Survey.
- Began collaboration with Orientation to integrate insights into future planning.

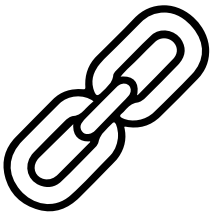
## Plans for Spring 2026

- Pilot "New Mav Needs" survey to identify student barriers early and connect them to support.
- Promote and expand Gatekeeper training to boost campus participation.

# Protective and Preventative Factors

To cultivate a campus climate where students feel supported, empowered, and connected by strengthening UNO's capacity to build resilience, belonging, and well-being among all learners.

Subcommittee Members: Bella Watson, Jenny Liu, Jeanie Gutheil Bykerk, Lindsay Sanders, Madeline St Clair, Daniela Martha-Palma



## Priority 1: Wellness Link to Academics

Implement campaigns about the links between physical and emotional health and academic success.



## Priority 2: Promote Belonging

Offer or enhance programs, activities, and campaigns to promote belonging.

## Accomplished in Fall 2025

- Researched studies, statistics, and data that connect the various dimensions of wellness (physical and emotional), to each other and then to academic success. Research to be used to develop survey questions and to develop the campaign(s) itself.
- Began taking inventory of what exists on campus throughout all departments.

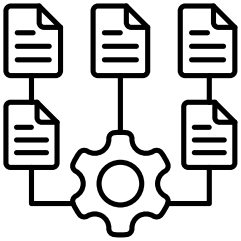
## Plans for Spring 2026

- Collaborate with First Year Initiative to determine curriculum and if there are opportunities to incorporate more wellness and belonging information.
- Continue building inventory of offerings (programs, activities, campaigns) to promote belonging and inform campaigns for First Year courses, Wellness Canvas tab, and Edsights.

# Environmental Safety

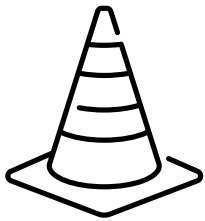
To identify and develop strategies that balance safety with student autonomy while ensuring compliance with best-practice guidelines for suicide prevention and risk reduction.

Subcommittee Members: Britney Huish, Charlotte Evans, Jerry Baggett, Casey Riesberg, Marielena Moreno



## Priority 1: Case Management

Implement a case management system.



## Priority 2: Means Safety

Implement means safety restrictions.

## Accomplished in Fall 2025

- Public Safety + Housing event with 41 students in attendance.
- Brainstorming for action steps.
- Successful “Walk with a Cop” event with good feedback from the 21 individuals in attendance.
- Communication plan with facilities to fix some areas
  - Ex: shrubs, cameras, lighting

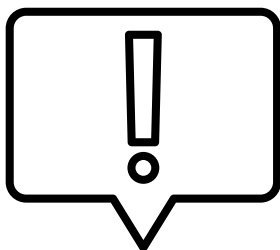
## Plans for Spring 2026

- Connect with MarcCom, budgeting individuals, and Scott Campus representative.

# Policies

To review and recommend updates to institutional policies to promote clear and compassionate guidelines for student mental health, safety, and well-being.

Subcommittee Members: Denise Kjeldgaard, Aditi Rai, Jacob Stodola



## Priority 1: Students of Concern

Develop/refine a protocol for reporting students of concern.



## Priority 2: Medical Leave of Absence

Develop/refine a written medical leave of absence policy.

## Accomplished in Fall 2025

- Reviewed medical leave/withdrawal and Care Team websites.
- Incorporated lived experiences into discussion of potential solutions and fixes.

## Plans for Spring 2026

- Connect with proper individuals on website design and layout for student accessibility.