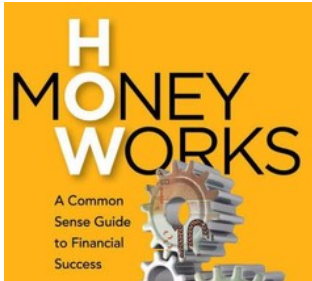


OMVS “Mini-Wellness Expo”

The Office of Military and Veteran Services is sponsoring a wellness tabling event that is open to ALL UNO students, staff, and faculty! **Preview the exhibitors below!**

(Rescheduled) February 5th, 10:00am – 2:00pm

Milo Bail Student Center Atrium



Free Financial Coaching

Sign up at the event for a FREE financial coaching with [Alec Mizner](#), a UNO Master of Business Administration alumni! Unable to attend? [Email Alec by clicking here.](#) Also check out the "[How Money Works](#)" PDF here!



VA Health Care

[David Conrad](#) and [Barb Shupe](#) are [VA Health Care System](#) representatives who can assist with a variety of needs ranging from signing up for VA health care benefits to accessing records and more. Also check out [My HealtheVet](#) which offers tips and tools to help you manage your health care benefits.



Nebraska Arts for Veterans

Come explore your creative side with [Nebraska Arts for Vets](#)! This is a volunteer-driven organization that uses art therapy to help veterans who suffer from mental and physical issues stemming from their time in combat. Nebraska Arts for Veterans also offers classes for caregivers of veterans. Check out their upcoming events below:

[Computer Class - Learn WordPress](#)

[Art Journaling for Veterans and Caregivers](#)



Vet Center

The [Vet Center](#) offers free services for veterans including individual and group counseling in areas such as PTSD, alcohol and drug assessments, and suicide prevention referrals. All services are strictly confidential.



UNO Wellness Center

Come learn about the [Wellness Center](#) which encourages you to balance your life by making beneficial choices and becoming more aware of your overall wholeness, happiness, and health. Services include [Campus Recreation](#), [Counseling and Psychological Services \(CAPS\)](#), and [Health Services](#).



UNO Library Resources

[Tammi Owens](#) is one of our many outstanding librarians who will have great resources to share including the research checklist and answers to frequently asked questions about the library and research. For more information, check out library.unomaha.edu and libguides.unomaha.edu/omvs



Student Veteran Organization

Looking for an opportunity to build and maintain a vibrant community by engaging and empowering veterans on campus? Join the [Student Veteran Organization!](#) [Connect with the SVO by clicking here!](#)



Student Organizations & Involvement

If you're looking for an organization on campus that fits your unique interests, talk to our [Student Organization](#) staff to learn about and [browse organizations](#) that are already on campus or learn how to [start your own organization!](#) Sign up for events by logging into [MavSync](#).



Healing Warriors Program

The [Healing Warriors Program](#) mission is to advance individual wellbeing for Veterans and their families through evidence-based complimentary care services and education. Stop by to learn more about the Healing Warriors Program here in Omaha!



Accessibility Services Center

ASC collaborates with students, administrators, faculty, and staff to ensure that we provide reasonable and appropriate accommodations for our students with disabilities. ASC provides a full range of campus support services to ensure the success of our students. [Check out ASC by clicking here!](#)