



Study Environment

Why is Your Study Environment Important?

It can help make sure that the time you spend studying is quality learning time. Your study environment can affect your quality of learning, and it also gives you an awareness of productivity in your future work environment.

What do You Prefer?

Everyone has different preferences when it comes to their study environment. This preference may change from semester to semester, depending on what factors are most important to you.

There are Three Questions to Consider When Creating Your Study Environment

1. What is your most effective and efficient learning style?
2. What is the nature of the learning task?
3. What is the availability of learning resources?

Places to Study

It may take a while to find your perfect place, but below are a few to try out. Remember your perfect place may change over time.

Dodge Campus

Criss Library – Community Engagement Center – Roskens Hall
Pep Bowl / Plaza (Outside) – Multicultural Affairs Office

Scott Campus

Peter Kiewit Institute – Mammel Hall – Maverick Landing

Off-Campus

Kaneko UNO Library – Coffee Shops

Computer Lab Locations

- Criss Library
- Durham Science Center
- Mammel Hall
- Peter Kiewit Institute (PKI)
- Multicultural Affairs

Laptops are available for checkout at Information Services, located in Epley Administration Building (EAB 104).

Is Your Study Spot Working?

Choose three places you study in and mark “T” for true and “F” for false according to each statement. The one with the most T’s is your most productive study spot.

	Study Area 1	Study Area 2	Study Area 3
There are few distractions, such as phone, computer, or TV.			
Others rarely interrupt me.			
It’s quiet here; no phones ringing, people talking, or music playing.			
I study here regularly during the week.			
I take a limited number of breaks when I study here.			
I tend to keep my breaks short when I study here.			
I rarely talk with people when I study here.			
The temperature in this place is very comfortable for studying.			
The chair in this place is very conducive to studying.			
The desk/table in this place is very conducive to studying.			
The lighting in this place is very conducive to studying.			
There are few things in this location that are unrelated to studying or school work.			
Total: Add up the number of T’s in each column.			



Study Environment Factors

Immediate Environmental Factors

- Sound
- Light
- Temperature
- Design

Use activity below to find a study place that matches your preferences

Sociological Factors

- Alone / with others
- Faculty or support staff present / none

Physical Factors

- Intake (food or drink)
- Time of day
- Mobility

Sound	
Quiet-----	-----Loud
Temperature	
Warm-----	-----Cool
Light	
Dim-----	-----Bright
Prefer to study	
Alone-----	-----With others
Time of day	
Morning-----	-----Night
Mobility	
Ability to move-----	-----Do not move

Have You Thought About a Study Group?

Tips for how to make a study group work:

- Take initiative to meet your classmates and invite them to study.
- Pick a place with little distractions where you will stay on topic.
- Set a specific start and end time for your group. A time limit often produces more focused activity.
- Identify each person’s area of confusion or struggle.
- Compare notes; anticipate what will be on the test.
- Test each other with questions. Each member can bring 4-5 questions to each meeting.
- Evaluate the effectiveness of your group after the first exam/project. Don’t be afraid to make changes if necessary.

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