



## ON-CAMPUS RESOURCE GUIDE

### COUNSELING AND PSYCHOLOGICAL SERVICES

Counseling and Psychological Services (CAPS) provides programs and services on campus that assist students in maximizing their potential while at UNO. Services offered by CAPS include:

Resources Include:

- Consultation
- Short-Term Counseling
- Emergency Services
- Wellness Education
- Prevention Services
- Group Counseling
- Outreach Education

**Location:** 102 H&K  
**Phone:** 402.554.2409

### EMPLOYMENT ON CAMPUS

UNO offers many opportunities for students to work on campus in a variety of settings. Employment opportunities can be found at:  
**[unomaha.peopleadmin.com](http://unomaha.peopleadmin.com)**

### THE OFFICE OF FINANCIAL SUPPORT AND SCHOLARSHIPS

The Office of Financial Support and Scholarships is committed to giving UNO students as much information about costs and financial aid as possible. They also provide many tools and resources to help students achieve financial success.

**Location:** 103 EAB  
**Phone:** 402.554.2327

### ACADEMIC AND CAREER DEVELOPMENT CENTER

The Academic and Career Development Center (ACDC) facilitates and develops the academic and career success of students. Services offered by ACDC include:

- Academic Advising
- Academic Coaching
- Career Exploration
- Job & Internship Search
- Major Exploration
- Mock Interview Practice
- Resume & Cover Letter Review

**Location:** 115 EAB  
**Phone:** 402.554.3672

**Maverick Food Pantry | 402.554.4083 | [unomavfoodpantry@unomaha.edu](mailto:unomavfoodpantry@unomaha.edu)**

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## FOOD PANTRIES

### COMMUNITY CUPBOARD CHURCH FOOD PANTRY

This is a food pantry that provides free food by distributing it through a process that resembles a grocery store. Please call to confirm the hours of operation.

**Phone:** 402.391.0350  
**Location:** 8787 Pacific Street  
Omaha, NE

### TOGETHER INC.

This food pantry provides multiple services including resources for food and transportation. Please call to confirm the hours of operation and necessary form(s) of identification.

**Phone:** 402.345.8047  
**Location:** 812 S. 24th St.  
Omaha, NE

### FIRST LUTHERAN CHURCH FOOD PANTRY

This is a food pantry that provides both food and clothing. Please call to confirm the hours of operation and necessary form(s) of identification.

**Phone:** 402.345.7506  
**Location:** 542 S. 31st Street  
Omaha, NE

## TRANSPORTATION

### MAVRIDE BUS PASS

This service provides free rides on the Metro Bus System to current faculty, staff, and students. Your MavCARD is activated with the bus pass. This can be used for any route.

**Phone:** 402.341.0800  
**Website:** [www.ometro.com](http://www.ometro.com)

## FINANCIAL WELLNESS

### NEBRASKA HEALTH AND HUMAN SERVICES

This resource has a Financial Services Division that provides support in a wide variety of resources regarding financial support.

**Phone:** 402.595.2850  
**Location:** 1313 Farnam Street  
Omaha, NE

### SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

This resource provides benefits to eligible individuals for food purchases. Applications are found under the economic assistance tab of the ACCESSNebraska website. Members of the Maverick Food Pantry can also assist individuals applying for SNAP.

**Phone:** 402.595.1258  
**Website:** [www.accessnebraska.ne.gov](http://www.accessnebraska.ne.gov)

## HOMELESS SHELTERS

### OPEN DOOR MISSION

This facility provides shelter beds, serves hot meals, and provides preventive measures to those in poverty.

**Phone:** 402.422.1111  
**Location:** 2828 N. 23rd Street  
Omaha, NE

### STEPHEN CENTER PETTIGREW EMERGENCY SHELTER

This center offers multiple resources including an emergency shelter for single men, single women, and parents with children that are homeless.

**Phone:** 402.715.5471  
**Location:** 2723 Q Street  
Omaha, NE

### YOUTH EMERGENCY SERVICES

This center provides a variety of resources for individuals between 16 and 21 years of age, including an Emergency Shelter and a Transitional Living Program.

**Phone:** 402.345.5187  
**Location:** 2679 Farnam Street  
Suite 205 Omaha, NE

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