April-May 2010 Volume 16, Issue 4

UNO TRIO SSS



News Flash!

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News Flash.....Project
Achieve Honors Program was a rousing
success! It is with
much gratitude I want
to thank Connie, Pat,
and Joy for organizing
an exceptional program. Dr. Sheritta
Strong (former Project
Achieve student), a
psychiatrist who works
at UNMC, gave the
keynote address, and
she was excep-

tional. Dr. Strong spoke with us on the topic of "Persistence Powers Possibilities." In addition to our keynote speaker, we used this time to honor our many hardworking students who have achieved high honors during the 2009-10 academic year. We also recognized ten former Project Achieve/UNO



graduates who were in attendance. On the next two pages are more student accomplishments during the second semester.

End of the Year Gathering

Stung by the splendor of a sudden thought.

Robert

Browning

On Thursday May 6, 2010 @ 12:01 p.m. in the U Moⁿ Hoⁿ Room of the Milo Bail Student Center we will have our final farewell and world famous Project Achieve Talent Show. During this time we say good bye to graduates, eat, and reminisce. Did I mention we also have a Talent Show and anyone can participate? Mr. C. is going to recite poetry. Staff and I expect all of you to join us and engage in

the talent show. Please call 554-4392 and let us know that you are coming and what talent you will perform. I will see you May 6th.

Page 2 Project Achieve Volume 16, Issue 4

Project Achieve Honors

We are excited to announce recipients of the William and Ruth Scott Family Foundation/
Project Achieve Scholarship for 2010. This scholarship rewards students for academic achievement, persistence, and university/ program involvement. Below is a list of awardees. Congratulations from the entire staff of Project Achieve.

Jennifer Adrada
Hannah Andahl
Brenda Andrews
Andrew Ashmore
Keyrolos Bottros
Kellee Brown
Kimberly Chleborad
Jason Curtis

Chelsey DeWitt Maria Fonceca Chol Gach René Gosch Theresa Halligan Steven Hartman Sahro Hussein Jessica Ishmael Karen Jackson **Passion Johnson** Mahiola-Elua Kaimikaua Tiffany Kelly Mona Lisa King-Ward Nikki Larsen Wei Liu Moraima Lopez DaeJanira LynCook Anayeli Martinez Real Victoria Merino Leondra Middleton Abdul Mir

Charmaine Miranda Nicholas Muffly-Cunningham Karla Munoz Gerianne Neneman Hong An Nguyen **Hung Nguyen** Kimberly Nguyen XuanDi Nguyen **Oryem Oringa** Charmadine Parchment Jon Paul Jose Pena Maria Perez-Garcia Jennifer Peterson Rakeyia Pettis Melisha Potter Jonathan Quitl

Pablo Roman

Denisha Seals

Stephanie Shatava

Akia Sparkman Chase Spencer Marquisha Spencer Samantha Steinspring Marvin Sum Batres **TeAnne Teamer Shantel Thompson Nyanhial Tot Quyen Tran** Tuan Tran Andy Vuorela Adnan Waheed LaMargo Winston **Danielle Woods Ashley Wright** Peter Wurok **Amy Yager**

Steve Solorio

Financial Literacy Tip of the Month

Save your loose change! Don't think about it, just do it! Any time you have loose change, put it in a jar and watch it add up. If you are diligent you will be able to accumulate a minimum of \$125.00 by the end of the year. Try it, you'll like it.



Question of the Month

If you were to die this evening with no opportunity to communicate with anyone, what would you most regret not having told someone? Why haven't you told them yet?

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Student Announcements and Congratulations

Anthony Haynes, Jr. received a wonderful surprise on Sunday, February 21, 2010. Anthony's Pastor presented him with an official state license which makes Anthony an ordained preacher. Congratulations from Project Achieve.

Trish Ponce will be serving a paid internship in Accounting/Finance at Union Pacific.

Koua Moua was awarded the NU Paths scholarship.

A Project Achieve shoutout to Jonathan Quitl Akia Sparkman, Nina Wilson, Theresa Halligan, Adnan Waheed, Deibi Sibrian-Polanco, **Kenny Sibrian-Polanco**, Tuan Tran, Oryem Oringa, Marvin Sum Batres, Maria Fonceca, Zach Maharaj, Tommy Nguyen, Chelsey DeWitt, and Marquisha **Spencer**. These creative souls were involved in Connie's Knitting Class.

Did you see Brandie Copeland and Koua

Moua in the UNO
Alumni News? Thank
you for representing
UNO and Project
Achieve with distinction.

D'Antae Potter and Kimberly Nguyen, were named Rising Stars by SOLP.

René Gosch, was named Student Leader of the Month, November 2009.

Robert Brown, was named Student Leader of the Month, December 2009.

Anthony Haynes, Jr. and Jackie Chavez, were named Student Leaders of the Month, March 2010.

Mona Lisa King-Ward, was named Student Organizations Advisor of the Year.

Herbert Merino-Ponce was selected to be a UNO Matador, and D'Antae Potter was selected as one of the new summer UNO Orientation Leaders.

During the 45th Annual **Honors and Awards** Ceremony sponsored by the College of Business Administration, Wei Liu was inducted into the Nebraska Chapter of Beta Gamma Sigma. This is the highest recognition a business student anywhere in the world can receive in an undergraduate or master's program at a school accredited by the AACSB International.

Anayeli Martinez Real is Secretary of the Engineering Students Advisory Board at UNO.

Maria Fonceca, a Criminal Justice major with an interest in law school, is serving an internship with the Douglas County Correctional Facility this semester.

Joelene Jackson will be getting married May 14th on a Jamaican beach.



When you do not know what you are doing and what you are doing is the best...that is inspiration.

~Robert Bressor

PROJECT ACHIEVE

Volume 16, Issue 3

Jan-Feb 2010

Welcome Back!!

Staff and I send a shoutout to all of our returning and new students to Project Achieve. Project Achieve is committed to working with you to support your efforts to have the highest GPA possible and graduate within six years. In order to take full advantage of the program we need you to consistently do three things:

- 1. Project Achieve students who are successful consistently work with their advisors. Advisors provide students with valuable information, so please take advantage of your advisors. They even have candy in their offices.
- Project Achieve students are consistently driven to work harder! Our students

- understand if college work was easy then anyone could do it.
- 3. Project Achieve students understand the power of persistence. Every good student I have met realizes success is seldom a straight line. It is persistence that gives you the staying power and courage to work through barriers.

Ring, Ring

We are in the process of updating our records. If you have changed your name, address and/or your phone number

please call the office and allow us to update our records. If you fail to do this, your car will fall apart, your hair will fall out and all your friends will leave you. Well maybe not[©].

Inside this issue:

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- 1. Develop charts, graphs, and data tables for class.
- Learn to distinguish credible from non-credible internet research sources.
- 3. Strengthen your

- knowledge of Blackboard and other UNO resources.
- 4. Learn how to effectively use library sources.
- 5. Use the internet to problem solve, complete assignments and engage in research.
- 6. Learn how to use technology that supports on-line classes.

Classes will take place two times a week for five weeks or a total of 10 sessions. Each session will last 75 minutes. If you attend all sessions you will be provided a laptop to use for one year. That's right. You can use a Project Achieve laptop for one year, what a deal!

Class Dates: TR
February 23 and 25
March 2, 4, 9, 11, 23, 25, 30
April 1
Time: 5:00 p.m. – 6:30 p.m.

Site: Project Achieve Computer Lab

"Once a new technology rolls over you, if you're not part of the steamroller, you're part of the road."

~Stewart Brand

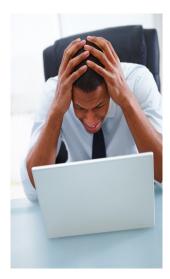
Happy Valentine Day

The week of February 1-10 is Project Achieve Secret Valentine Days. Staff and I are asking you to come by the office and make a Valentine card. Yes, I said MAKE a Valentine card and place it in our Valentine Box on the Project Achieve Counter. You can be as creative as you desire. We will have tons of card making materials in our conference room for you to use. But there is a catch: cards cannot be made for staff. You have to make a card for a student who is a member of Project Achieve. Someone who has helped you, someone you admire, someone who is encouraging, someone who has given you some good advice, someone who is just a nice person. Everyone needs encouragement.

Action Steps

- 1. Make your Valentine card any time Feb. 1-10.
- 2. Place your Valentine in the Project Achieve Valentine Box. Yes, you have to say something sweet on the inside or outside of the card, and include on the card the name of the person you made it for.
- 3. All materials you will need to make your card will be in our conference room. You will not have to purchase anything.

All cards will be delivered February 11-12.



Student News You Should Know

DeNisha Seals, Andrew Ashmore,
Michaela Johnson,
Herbert MerinoPonce, Abdul Mir,
Adnan Waheed have
been selected for the
2009-10 Emerging
Leaders Program.

Maria Fonceca was awarded the GI Forum Scholarship.

Steven Hartman was in the UNO Production of The Miracle Worker.

Ashley Wright presented a poster on neurotransmitters related to Parkinson's and Alzheimer's disease at the American Association of Biomedical

Research by Minority Students in Phoenix, AZ.

Jose Pena was awarded the Reaching Your Potential Scholarship.

Koua Moua will speak in Naples, FL, in February as part of the UN Foundation's Campaign for Nebraska, which raises funds for students for scholarships.

Brandee Alexander, Kimberly Chleborad, Brandie Copeland, Shampayne Fentress, Zach Maharaj, Anayeli Martinez Real, Abdul Mir, Oryem Oringa, Akia Sparkman, Marquisha Spencer traveled to Lincoln to accept the governor's "Points of Light Award" on behalf of the UNO Service Learning Academy.

Rene Gosch was the Student Leader of the Month for November 2009, as proclaimed by the Director of Student Organizations and Leadership Programs.



"Few things are brought to a successful issue by impetuous desire, but most by calm and prudent forethought," ~Napoleon Bonaparte

Quiz



The first two students to correctly call/drop by the office or email me (maclancy@unomaha.edu) with the correct answer will win a great prize. Are you ready? This poem has been getting a great deal of press lately can you give me the name of the poem after the reading the third stanza. The third stanza of the poem is:

Beyond this place of wrath and tears

Looms but the horror of the shade

And yet the menace of the years

Finds, and shall find me unafraid.

The title of the poem is?

Congratulations!

<u>Chancellor's List</u> Damien Coran Quyen Tran

Kimberly Chleborad Britiany Daugherty Mahi Kaimikaua

Andrew Dale Aaron Ellis DaeJanira LynCook

Theresa Halligan Nicole Gaughan Gerianne Neneman

Steven Hartman Maria Perez-Garcia Xuan Di Nguyen

Bobbie Johnson ReSheema Pitt

Wei Liu Bernardo Sanchez Damien Coran

Xinyou Liu Lindsey Sherrets Andrew Dale

Koua Moua Deibi Sibrian Appolinaire Olou

Dean's List Chase Spencer Jesus Sanchez

Casandra Jimenez
Brenda Andrews TeAnne Teamer

Shoshann LynCook

Keyrolos Bottros Shantel Thompson Kenton McCowan

Coming Events

January 27, 2010 @12:01 – Project Achieve Workshop entitled, 'The Best is Yet to Come'. This workshop is open to all PA students.

April 6, 2010 @12:01 p.m. -Project Achieve Honors Luncheon. All P.A. students are expected to attend.



Khushi Patel

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Oct-Nov 2009



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Project Achieve

I AM PASSING ALL MY CLASSES AND THIS IS HOW I KNOW

In order to achieve in college with a high level of success there are five things you must do to succeed. If you are doing what is outlined below you will have a successful semester.

- 1. You have to establish a goal to get specific grades in your courses. Remember, without a clear goal, anything becomes acceptable-even failure.
- You have to develop a specific/measurable plan to actualize your goal. A goal without clear action steps is

- worthless. You must plan in order to achieve the goal. If you need help in this area please see your advisor.
- 3. Share your goal with a friend (me). This is vital because sharing your goal allows you to confide in someone who will help hold you accountable.
- 4. Work, work, work!

 College is about your willingness to find out what your professors want and giving it to them.

 Give your best work (there goes that word again) and

accept nothing less.

5. Talk with your professors, academic advisors, and Project Achieve advisors often. Why? Because everyone needs help at sometime in their career.

If you do what I have suggested, success is right around the corner...or is that winter I see around that corner[©].



Congratulations to Project Achieve Students

Nickeya Chaney is serving an internship with the Salvation Army this semester.

Bernardo Sanchez is vicepresident of Sigma Lambda Beta.

Zach Maharaj volunteered this summer at the Kids Can Community Center in South Omaha.

Theresa Halligan was just awarded the William H. and Betty J. Carson Scholarship.

Brandee Alexander is

Treasurer of NCNW this year.

Michael Sustaita has been named to the UNO Election Commission

Mahi Kaimikaua has a brand new baby girl

Anthony Haynes is the new President of the Circle of Brotherhood.

The following students were selected to participate in a leadership development program sponsored by SOLP: Maria Fonceca, JoAnna Nguyen, Amanda Schroeder, and Samantha Steinspring.

Jennifer Adrada danced with a group at the Cultural Fair on Sept. 16th.

Josh Nicholson has a brand new baby girl

Steve Hartman was elected CFAM senator.

Jason Curtis was elected CPACS senator.

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It Happened 100 Years Ago

Oct 2 1909: First rugby match.

Oct 18 1909: Comte de Lambert of France sets airplane altitude record at 300m.

Nov 11 1909: Construction of Navy base at Pearl Harbor begins.

Nov 23 1909: Wright Brothers form million dollar corp. to manufacture airplanes.

Money Wisdom-When is a Loan not a Loan?

There is one word that has the potential to ruin your financial security and reputation for a long time – the word is DEBT! Our caution this month is beware of loans. Next semester when you are preparing to accept your financial aid package, remember, loans can be a great help to your college career or a monumental hindrance to your financial future. All loans must be approached with great care. If you need a loan to con-

tinue your education and support

some of your life expenses accept



only what you need; I repeat, only accept what you need. Remember: a loan is not for casual personal indulgences such as pizza parties, ipods, or an expensive watch. Loans are designed to support your

education, but these funds must be paid back upon graduation. If you make the mistake of dropping out of college before graduation and/or your class load drops below half-time you will have to start making installment payments toward your loan as per your loan agreement. A wise man once said, "A borrower is a slave to the lender."

When is a loan not a loan? When it screws up your financial future.

Welcome to Project Achieve

The following students are now part of the greatest Student Support Services Program on campus (Project Achieve): Maria Alonso, Brenda Andrews, Andrew Ashmore, Keyrolos Bottros, RoYonna Bristol, Elizabeth Brown, Jason Curtis, Chelsey DeWitt, Jasmine Fitch, Cynthia Flemming, Luwam Gebreslase, Marquita Govan, Minela Guhdija, Danielle Hinkle, Jacob Hoffman, Karen Jackson,

Michaela Jonhson, Truc Le, Nyabiel Mayian, Kathleen McNaughton, Herbert Merino-Ponce, LaShanda Montgomery, Karla Muñoz, Gerianne Neneman, An Nguyen, Amber Nickens, Ty-Esha Oliver,

Jose Peña, Maria Perez-Garcia, Jonathan Quitl, Kellee Revels, Dominique Riggs, Jameelah Russ, Bernardo Sanchez, Denisha Seals, Amanda Schroeder, Stephanie Shatava, Kenny Sibrian, Samantha Steinspring, Stacy Sustaita, JaRon Sutton, Quyen Tran, Adnan Waheed, Demetria Westbrook, Misti Westbrook, James

"Eighty percent of success

is showing up."

'Woody Aller

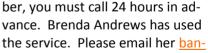
Winston, La Margo Winston, and Peter Wurok, Anthony Wynne.

An Innovative Program for Parents with Children

If you have a child with a minor sickness or illness and you need to be in class or at work, what are you going to do? Alegent Health (402) 398-6300 has a program called **Under the Weather**. The program is open seven days a week, 24 hours a day. In order to use this service you must call 24 hours in ad-

vance. The cost (you will not believe this) is \$4.00 a day: lunch is only \$2.25. What a great service

for a parents who need to drop off their child (who is sick) as you head off to school or work. Remem-



drews@unomaha.edu if you need more information. This program takes children 8 weeks to 12 years of age. Thanks, Brenda, for sharing.

Page 2 PROJECT ACHIEVE

Announcement

First and Second Year Students

All first and second year students who are receiving Pell Grants are asked to stop by the office immediately, yes immediately (like yesterday). You may be eligible for a grant from Project Achieve if you meet our criteria. Guess what, you will never know if you are eligible unless you stop by the office and find out!!!!!!!



Why...?

Jason Curtis

I ask myself on a daily basis: Why? Why do I treat women so well when the guys that treat them so poorly get all the luck?

I ask you why-

Why I am always placed as the best friend when the boyfriend is so abusive and possessive.

Tell me why-

Why do I in turn watch as my friends are treated so badly knowing there is nothing I can do without upsetting my friends.

I need to know why-

Why is it when I meet women to love me, in return for my love, I blow it somehow and have to watch as other men hurt them intentionally?

Dear God, tell me why-

Why women treat me so poorly when I try to be so good to them?

Lastly I ask myself why-

Why do I continue to look for love when it never fails to get me burned?

I'll tell you why...Love...That's why

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Someone You Should Know: Josie Asher Senior-Athletic Training Major

When I first met Josie two years ago she was a transfer student from Northwest Missouri State University. I found her to be smart, witty, committed to getting her degree and in love with Mr. Roger Allen III. There is

"It's never as

and it's never

~ Josie Asher

good as it seems,

as bad as it seems."

something you need to know about Roger (but more about him later).

Josie grew up in Mound City, Missouri, with her father, mother and

three siblings (two brothers and a sister). Mound City is a small town (population 1,200) about 100 miles south of Omaha. While growing up in Mound City, Josie worked at the local Pizza Shop, was a lifeguard and played basketball with kids in the neighborhood. Josie was home-schooled grades 1-12 by her mother. She graduated from the Pensacola Christian Academy Home School Program. Josie noted that one of the great things about being home schooled was the time she spent with her mother and sister, learning and exploring new things. The only down side of home schooling (if you call this a down side) was the high expectations her mother/teacher had for her. Looking back on her home schooling experience, I would say that Josie benefitted

greatly from the hard work and high standards set forth by her parents.

Hard work and high expectations run in Josie's family. Josie's parents met at William

> Jewell College and after two years of college married and settled in Mound City where they opened the Ace Hardware Trading Post. Josie's grandparents are hard working pillars of the community who helped raise her. One of

Josie's bothers, Josh, is a Music Video Production Assistant in Los Angeles. He has worked with a few "kind of famous" personalities like Beyonce', Fifty-Cent, Jennifer Lopez, Snoop Dogg, and Mariah Carey, just to namedrop a few "kind of famous" celebrities. Her older brother, Caleb, is the Deputy Secretary for the Department of

Commerce in Topeka,
Kansas, and baby sister Katie is playing
volleyball at Northwest Missouri State
University. Did I mention that Josie's Dad
and brother Josh,
who grew up riding
horses, and were cast
in several movies as
horsemen? One
movie that you might know was

"The Patriot" starring Mel Gib-

son.

I asked Josie why she selected UNO for her undergraduate work. As I noted above Josie started her college career at Northwest Missouri State as a scholarship student majoring in physical education. Josie decided that being a P.E. teacher was not the career she wanted. Just before embarking on student teaching, Josie talked with Kelly Quinlin about her work as an athletic trainer. Josie observed her and took a class Kelly taught and soon discovered a vocation that she really enjoved. It was Kelly who encouraged Josie to look into the UNO Athletic Training Program and the rest they say is history. Josie will be graduating in May with her degree in Athletic Training. In addition to passing a set of demanding classes and working as a trainer all over the Metro with no pay (that's right no pay),

she has one more hurdle to cross. You see, all students in the athletic training program MUST pass a very difficult board examination before they graduate. This is an all-or-nothing test. One more thing: Josie will be a TA this spring. This young lady has no life – but wait,

remember Roger Allen III from the opening paragraph?

During Josie's freshmen year at Northwest Missouri State she was introduced to a young man by the name of Roger. They became good friends but Josie was not interested in a serious relationship, her focus was on her education. As Josie and Roger learned more about each other they started dating at the end of their freshmen year. You need to know that Roger played football for Missouri Western University which happens to be the arch rival to Northwest Missouri State. As the relationship grew, Josie (white) introduced Roger (African-American) to her family. What follows is an interesting study in "respect of person." Mound City, Missouri is not a diverse town, and there were the usual glances and stares. The concept of dating someone of a different race was a tad new to Mound City. To say that the new couple initially was warmly accepted would be like saying pigs can fly. Josie's mother was very accepting from the beginning and trusted her "home school" daughter to make good decisions. Josie's sister had no concerns at all and loves Roger. Josh, Mr. L.A., had no concerns. Dad, on the other hand, was a different story and had to be won over. He was not too keen (putting it mildly) about the idea of a Black man dating his daughter. Roger was able to present himself as a man of integrity and soon won dad's respect. The only sibling that had a problem with the relationship was Josie's big brother Caleb when he found out Josie and Roger were going to get married. As we all know, big brothers are your second dad, whether you like it or not. But with his charming personality and powerful values Roger won the respect of Caleb. You also need to know Roger's family loves Josie and is excited about the future to come.

I asked Josie how she was able to thrive in the midst of so many twists and turns in her life. She said her faith in God and having a partner who is a Christian has helped her to have a strong G.P.A., work long hours with no pay, maintain a relationship, survive Roger's proposal at the top of the St. Louis Arch, and plan a wedding in July. That's right: Josie is soon to become Mrs. Roger Allen III.

There is one little thing that I have not told you about Roger. This young man spent this summer in Rookie Camp with 150 others. He suffered through the heat and toil of two-a-day practices and made the first "cut." Keep this in mind, Roger was an undrafted rookie. Roger went on the Fall Camp with all the veteran players and on September 1, survived the next to the last "cut." On September 5, Roger survived the final "cut." Roger Allen III, 6'3" 320 lbs., is now a rookie offensive guard for the St. Louis Rams, #62 in your program and #1 in Josie's heart. I will end with a quote from Josie, "It's never as good as it seems, it's never as bad as it seems."

Been There, Should Have Done That

- Before spending your life savings in the campus bookstore, check the internet. You almost always can find it cheaper. You can also make a profit by selling it to the campus bookstore at the end of the semester (shhh, don't tell anyone I told you).
- Make an effort to know the people in your classes. Odds are you share a major and will see them again in later classes.
- ALWAYS do homework especially for math and sciences. Your prof may not collect it, but I guarantee you it will be on tests. Concepts sound easier in lecture than in practice.

- Know when to party and when not to. Friends are fun and important, but as a student, studying is more important
- Do your best to be clean. Not only will you be healthier and less likely to get sick, but everyone around you will like you more.
- Check into renting textbooks. If a book is expensive and you know you'll never need it again, don't buy. Here's some starting places:

www.chegg.com www.collegebookrenter.com www.campusbookrentals.com

- If you're a commuter be sure to leave plenty of time for the drive. Traffic is unpredictable and being on time for class is vital. Not only do you hear everything, but it is respectful to your instructor and other students.
- Laptops are amazing, but solitaire in American history is not. Just showing up to class doesn't mean you'll pass. You need to listen to what is being said.
- Schedule "margins" of time. It is easy to become overwhelmed with classes. Be sure you relax and destress.

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Project Achieve

UNO: CENTRAL TO THE CITY SINCE 1908

BEEN THERE SHOULD'VE DONE THAT

- Schedule a time for lunch when you plan your classes. If you don't, you won't eat.
- Start study groups early, before you start struggling. If you don't know anyone in the class, be the weird person to make friends;)

INSIDE THIS

Don't Forget to Sign In

2009 Welcome Week

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Someone you should know

Feeling "Piratey"?

It Happened 100 Years
Ago

Car Buying Tips

WELCOME BACK!

This has been an exciting summer, and we are so elated that vou have returned for another semester of hard work that will ultimately lead to your graduation date. During the 2008-2009 term thirty (that's right thirty) Project Achieve (PA) students graduated many with high honors. They are all either attending grad school or making

money to pay for my Social Security. Remember, the race is not given to the



swift or the strong but to s/he that endures to the end. We also welcome back four students who travelled abroad during the Spring Semester. Anayeli Martinez Real is returning from Spain, Rene' Gosch from France, Ozzy Perez from Mexico, and Nicole Kills Enemy from England.

NEW APPLICANTS

Staff and I are in the process of reviewing applications from students who want to be a part of this great organization. We project that an additional thirty stu-

dents will be added to the roles of Project Achieve. Don't forget: if you have friends/ relatives who want to get their degree and need some support, please have them come to the office and fill out an application.



DON'T FORGET TO SIGNIN

As many of you are aware, we initiated a new sign-in procedure when visiting the lab or your advisor. Please remember to sign in each time you visit the office. Your signature is very helpful as we verify for the federal government each year how students are using our services.

In order to make signing in more exciting, if it wasn't exciting enough already, there will be a special prize drawing each month only for individuals who have signed in. Each day you visit the office and sign in your name will be automatically added to the drawing each month.

Best of all, we have some great prizes. For example, we have a washer and dryer (just kidding)-but we do have some great prizes. Don't forget to say hi to Anna Lawrentz, our student worker and pre-med major, when you sign in.



2009 WELCOME WEEK

"A dream
becomes a goal
when action is
taken toward its
achievement"
~ Bo Bennett

August 24-28 marks the official commencing of Welcome Week. Monday, August 24, is designated as Student Service Day. Project Achieve and a variety of other student organizations will be represented on the Plaza

with booths, information tables, give-aways, music and food. Staff and I will be at our table from 11:00 a.m. to 1:00 p.m. sharing information about Project Achieve. If you want to help out and join us at the table to share in-

formation about Project Achieve, just let me know as soon as you can.

~ CONGRATULATIONS ~



- Luis Lopez is the new Treasurer of ALAS. Congrats all around to him.
- Michael Sustaita has been named to the UNO Election Commission.
- Anthony Haynes is the new President of the Circle of Brotherhood.
- Congrats to Mahsa Sorouri, a recent UNO graduate and former Project Achieve student. Mahsa was offered a research fellowship at the National Institutes of Health in Maryland.

SOMEONE YOU SHOULD KNOW

RENÉ GOSCH

René is a vibrant, poised young lady who is a joy to be around. Her story is one of exploration and triumph. This young lady is an only child. Her mother is white and her father (whom she has never met) is from Nigeria. René grew up in mid-town Omaha and attended Central High School. I discovered that René has always had a passion for the French language, even from an early age. This desire to learn French might have begun in elementary school. One day in her after school challenge class she learned that her name was French and she learned a few French words. Little did she know that a future major was in its early stages of development. Another important aspect of school René enjoved was school lunches (and believe it or not) socializing with her friends. What she disliked most about school and growing up was trying to figure out how to fit in when your mother is white and all the relatives that you know anything about are white. René had the occasional (how should I say) run-ins with jr. high girls who made fun of how she wore her hair and how she talked. Even with these not-so-good times, René was involved in music throughout jr. high and high school. She excelled in the a capella choir and dance which led to her involvement as a singer in a local band (but more

about that later). After high school she spent two weeks in France, which fueled her love for everything French (oui, oui). Never in a million years would you guess what is about to happen next. After high school, René, the high achieving college student, had no desire to go to college. That's right, no de-

"René
embarked on
her wonderful
journey of
exploration"

sire at all. Instead René embarked on her wonderful journey of exploration. She spent several years in Seattle, WA.

While there she modeled, appeared in commercials, hung out with friends, sang in a band and danced (no she was not a hippie). After having a learning experience in Seattle, she returned to Omaha, enrolled at UNO and commenced her journey to acquire a college degree. When René began to think about a college major, she had thoughts of becoming a dietitian

but after discovering how much science was needed she said "Je ne crois pas" (I don't think so). Today, René is a junior majoring in French and International Studies. One of

the highlights of her college career was traveling (again) to France via the International Study Abroad Program. Her goals for this trip were to immerse herself in the language, experience the culture, travel around Europe and dine on French cuisine, all the while receiving college credit toward her major. René explored Europe by travelling to Italy, Ireland, Scotland and Belgium. She made lots of new friends and has become very, very proficient in French. René noted that France is a very open society and there are many more integrated settings in France than in the U.S. She did not experience any racial isolation in France. René was having such a great learning experience that I was worried she might not return to the states. After receiving her degree, René wants to use her knowledge, skills and experiences to work with the United Nations in French-speaking African countries. Continued on page 4

FEELING

"PIRATEY"?

A Boston graduate student recently admitted to illegally downloading and sharing music online. This will cost him \$675,000! If you think the grad student has it bad, consider this: a Minnesota mother of four was charged

in June with pirating music. She owes several music labels \$1.92 million. That's a lot of zeros. I hope you have a lot of extra cash, just in case. How many CDs do you own that friends have made for you?

SOMEONE HOULD CONTINUED...

She wants to find out more about the side of the family in Nigeria she never knew and one day find her father. She will continue to sing with different bands and enjoy life. René has plans to spend more time in France

I asked René what advice she would give young people of mixed racial identity. She noted the following: a person of mixed ancestry must learn to be "comfortable in their own skin. They must research the racial identity they know the least about and learn as much as possible about themselves." I wanted to know if René could go back in time and do something over again, what would it be? She smiled and shared that

she wished she had studied abroad when she was younger. If you haven't figured it out, René is a nontraditional student. Her experience this summer was more than she could have imagined. René does not regret spending a few years in Seattle before returning to Omaha to attend college. As a matter of fact, the time away from formal education helped her to better appreciate the college experience. She did say the route she took to college is not for everyone. I asked René what one person had influenced her life most. She said it was her mother but not for the obvious reasons. René told me that she loves

her mother, and she did the best she could for Rene. René's mom is very giving. loving and loyal, but she made some mistakes in her life René learned that she did not have to make the same mistakes. René admits she has not had an easy life, but she learned that you do not have to be a victim. René, as you can see, is very comfortable in her own skin. René Gosch, globetrotting French speaker, president of The National Council of Negro Women (UNO division), Goodrich Student and one of Project Achieve's finest students is someone you should know

IT HAPPENED ONE HUNDRED YEARS AGO



Henry Farman flies the first one-kilometer circuit, January 13, 1908



Chicago Cubs win the World Series



London hosts the 1908 summer Olympics. Pictured here, athletes participate in the water jump in the steeplechase. Over 2,000 competitors came from all over the world. American Gold medalists included Mel Sheppard, men's 800 meters and 1500 meters: Charles Bacon, Men's 400 meter hurdles: Johnny Haves, Men's Marathon; William Leuschner, William Martin, Charles Winder, Kellogg Casey, Ivan Eastman and Charles Benedict, Men's Team Military Rifle; Jay Gould, Jeu De Paume; George Dole, Freestyle featherweight wrestling. A total of 47 medals were won: 23 gold, 12 silver, and an affordable price. 12 bronze.



1908 Ford Model T



Bell Panoramic Camera solves many photographers' problem of capturing panoramic landscapes at

CAR BUYING TIPS

- Never pay more than wholesale for the car. Negotiate on the wholesale price, not the retail price. Nine times out of ten the lot bought the car below wholesale from a trade-in OR bought it at auction for dirt cheap, so they will still have a profit from selling it at wholesale. They also make money from the shop repairs on the vehicle, and they also make money if you finance through them. Usually, they have \$4000 profit in a car, but they should never make more than a couple hundred off of you. Right now, car lots are so overstocked, you are doing them a favor to take it off their hands and reduce their inventory.
- Always ask for the carfax report and the REAL Kelly's Blue Book pricing. Try to find your car online first, print out the internet special on it, print out the KBB, then go into the dealership and negotiate.
- Another tip: get PRE-APPROVED through a credit union like BECU before you go to buy a car, but don't tell them that. Let them think that you will finance through them so they will give you a better deal on the car. Then, when you go to the finance office and tell them you are pre-approved, see if they can beat that interest rate. If they can, go ahead and finance with the dealer, but if they can't, go through your credit union or bank.
- Always try to sell your current car privately. Don't trade it in if you can help it.
- Don't buy any of that warranty stuff. I've never heard of it benefiting anyone.
- Shop around. Chances are, there are THOUSANDS of cars just like the one you are looking at. Never feel pressured to buy on the spot. Take your time and tell them that you will only buy today if the price is right (meaning wholesale or below).
- Last but not least, try to go to a lot that has a shop on site. Those lots are the most credible, and if there is anything wrong with your car before or after you purchase it, make sure you make them fix it. If you catch anything wrong before you buy it, make sure they write it into the deal that they will fix it for you. That is legally binding. If you find something wrong after you buy it (alignment, dents, etc.), still take it back and make them fix it.

Right now it is a buyers' market so if you shop savvy, you should be able to get a smoking deal.



CASH FOR CLUNKERS

Your trade-in vehicle must:

- Have been manufactured less than 25 years before the date you trade in.
- Have a "new" combined city/highway fuel economy of 18 miles per gallon or less.
- Be in drivable condition.
- Be continuously insured and registered to the same owner for the full year preceding the trade-in.

For more information, check this out:

Q&A: How the 'cash for clunker' plan would work
 http://www.usatoday.com/money/autos/2009-05-11-chrysler-gm-cash-clunkers_N.htm