

What is Title IX?

Title IX is a Federal civil rights law that prohibits discrimination on the basis of sex—including pregnancy and parental status—in educational programs and activities.

What is covered under Title IX as it relates to pregnancy and parenting?

Pregnancy, childbirth, abortion, miscarriage, and other related conditions are all covered under Title IX.

How does this impact me as a student?

Please refer to the back page for additional rights in the classroom.

Who do I contact regarding concerns, questions, or complaints regarding Title IX and pregnancy/parenting?

Sarah Weil is the Coordinator for Title IX at UNO. You may contact Sarah by email at sweil@unomaha.edu or by phone at 402.554.2120. Additionally, more information can be found at the following page: <https://www.unomaha.edu/office-of-equity-access-and-diversity/title-ix-information/index.php>

Do I have a right to pump/express breastmilk at UNO?

Yes, you have the right to accommodations related to pumping or breastfeeding. Private spaces are available throughout campus. If you need assistance locating spaces, please contact the Title IX Coordinator Sarah Weil.

Does Title IX only apply to the classroom?

No, Title IX applies to all aspects of your education. You are afforded the opportunity to continue participation in clubs, activities, interscholastic sports, and other school-sponsored organizations.

Will I need a doctor's note for required absences?

Documentation may be needed, but only if documentation is a requirement of other students being treated for a medical condition.



Do I have to make up work during time I missed?

Instructors may require you to make up any work you missed during a required absence. Make-up work should be comparable to the work given to other students, with similar timelines. They may not give you “extra” work or shortened deadlines. You are permitted to return to your status before your needed absence.

Will I lose participation points if I need to be gone from class?

If an instructor’s grading is based on participation or attendance, they should provide you the opportunity to make-up any points missed so that you may be reinstated to your status before the leave took place.

Do instructors have to excuse medically necessary absences?

Yes, instructors must excuse absences your doctor deems medically necessary.

What types of assistance must I be provided to as a pregnant or parenting student?

A school must make reasonable and responsive adjustments to the student’s temporary pregnancy status. For example, a school might be required to provide a larger desk, allow frequent trips to the bathroom, or permit temporary access to elevators. These considerations are done in concert with the Title IX Office and the Accessibility Services Center (ASC) at UNO.

Tips and Recommendations

- If possible, communicate with your instructors in advance so you can discuss your needs
- Document your conversations so that you have a reference of accommodations and your plan
- Ask questions - if you are unsure or something is unclear, make sure to ask questions
- Reach out— if you need assistance contact the Title IX Coordinator Sarah Weil

**Material gathered and adapted from thepregnantscholar.org and the US Dept. of Education*