PERIPHERAL ARTERY DISEASE, PRODUCTIVITY, AND PRIORITIES

Featuring Dr. Sara Myers
University of Nebraska at Omaha

September 15, 2017 | 12:00 - 1:15 pm | H&K112
Parking Available in Lot T

ABOUT DR. MYERS

Sara A. Myers, PhD, is an associate professor in the Department of Biomechanics, and Assistant Vice Chancellor for Research at the University of Nebraska at Omaha. Her research focuses on improving quality of life in individuals with various movement disorders such as older individuals and those with peripheral artery disease. Sara received her BS in Exercise Science in 2004, MS in Exercise Science, with an emphasis in Biomechanics in 2007, both from the University of Nebraska at Omaha. She received her PhD in Biomechanics from the University of Nebraska Medical Center in 2011. Sara has received research funding from several foundations and societies, including a prestigious predoctoral fellowship and R01 grant from the National Institutes of Health. Sara is a native of rural Hampton, Nebraska and she currently resides in Ashland, NE with her husband Matt and their five children.

LEARNING OBJECTIVES

• Evaluate knowledge gaps in a particular research area.
• Develop strategies for prioritizing workload decisions.
• Discover habits that lead to increased productivity.
• Identify techniques for achieving personal success.

The presenter, Sara Myers, Ph.D., and planning committee, Nick Stergiou, Ph.D., Jeffrey Kaipust, M.S., Angela Collins, B.S., and Jackie Farley, CPP have no financial conflict of interest to disclose.

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