



Dear Tomo,

I am writing to you just a few weeks before you graduate from UNO.

Looking back to the first day of class, I remember I was very nervous to start the Athletic Training program, but all people you will meet over the next 2 years are fantastic professors, preceptors, and friends. Now, I can't thank them enough for how they are kind, supportive, and dedicated to me, and you will not be able to succeed in anything without their help. So please don't forget to appreciate their support and express your gratitude.

One thing I wanna suggest you is to keep wondering, keep asking questions, and find something new that you learn every day, and I will do so to step further for the next stage. In closing, you will face some challenges, but don't forget to enjoy the entire process to grow up.

**Best of Luck,
Tomo**