# AMERICAN RED CROSS LIFEGUARD CLASS

# **LEARN TO SAVE LIVES**

Get equipped with lifesaving knowledge and be able to provide care for breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services personnel take over. Upon completion you may be eligable to apply for a UNO Lifeguard position.

## **SIGN UP ONLINE**

Visit **shopwellness.unomaha.edu** and select from the following sessions:

### SESSION I

February 24–26, 2017 Friday | 4 P.M. to 9 P.M. Saturday and Sunday | 8 A.M. to 8 P.M.

### SESSION II

April 7–9, 2017 Friday | 4 P.M. to 9 P.M. Saturday and Sunday | 8 A.M. to 8 P.M.

### COST

UNO Student and Campus Rec Members | **\$130** Non Member | **\$160** 

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