STUDENT EMPLOYEE RESOURCE GUIDE

What is this? A resource guide for supervisors of student employees to reference.

Student employees may experience challenges related to academics, time management, well-being, adjusting to campus life, and/or safety.It is a positive step when they share that they need support or assistance. The role of the supervisor is to listen, normalize help seeking, and connect the student to appropriate University of Nebraska at Omaha's resources. Campus offices have professionals trained to provide specialized support and guidance. Using this guide, supervisors can respond confidently by acknowledging the student's concerns and referring them to the right resources so that the student can access effective support.

Homesickness & Emotional Well-Being

Resource	What it is	Phone	Website
University Counseling Service	Confidential counseling, groups, and workshops supporting emotional well-being and homesickness.	(402) 554 2409	https://www.unomaha.edu/counseling-and-psychological-services/index.php
Student Wellness	Wellness programming and consultations focused on stress, sleep, and well-being.	(402) 554 2374	https://www.unomaha.edu/nebraska-medicine-uno-health-center/index.php
Internation Students & Scholars Services	Support for international student adjustment, community, and resources.	(402) 554 2293	https://www.unomaha.edu/international-studies-and-programs/student-support/advising.php
Women's Resource & Action Center	Advocacy and support for personal well-being and community connection.	N/a	https://www.unomaha.edu/student-life-and-wellbeing/student-government/about/agencies/wgec.php

FOR MORE INFORMATION:
402.554.0000 | unomaha.edu

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Time Management & Study Skills

Resource	What it is	Contact Info	Website
Academic Learning Communities	Community of people who focus on time management, motivation, and academic success skills.	(402) 554 2262	https://www.unomaha.edu/academic-affairs/engagement/academic-learning-communities.php
Student Leadership and Involvement	Coordinates academic learning initiatives and support services.	(402) 554 2248	https://www.unomaha.edu/office-of-student-leadership-and-involvement/about/index.php
Learning to Learn	Handouts to help with studying, note taking, test taking, and online learning.	(402) 554 3672	https://www.unomaha.edu/maverick-advising-center/resources/learning-to-learn.php

Other Academic Support

Resource	What it is	Contact Info	Website
Academic Advising Center	Advising on degree planning, coursework, and academic decisions.	(402) 554 2458	https://www.unomaha.edu/college-of-arts-and-sciences/academic-advising-center/advising-resources/index.php
Academic Support Services	Free Supplemental Instruction and academic support.	(402) 554 2370	https://www.unomaha.edu/college-of-public-affairs-and-community-service/division-of-continuing-studies/student-resources/index.php

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Accessibility Services Center	Academic accommodations and disability-related support.	(402) 554 2872	https://www.unomaha.edu/student-life/accessibility/medical-accommodations-related-to-temporary-illness-or-injury.php
Honors Program	Enhanced academic opportunities for high-achieving students.	(402) 554 2696	https://www.unomaha.edu/academic-affairs/honors-program/index.php
University Library	Research help, study spaces, and academic resources.	(402) 554 3206	https://www.unomaha.edu/criss-library/index.php
Information Technology Services	Technology support, software access, and IT help.	(402) 554 4357	https://www.unomaha.edu/information-technology-services/index.php
Tutoring	Central hub to find tutoring, SI sessions, and study resources.	(402) 554 3643	https://www.unomaha.edu/college-of-arts-and-sciences/math-science-learning-center/student-resources/peer-tutoring.php
Writing Center	Writing help resources and scheduling center for students who need help with writing.	N/a	https://www.unomaha.edu/college-of-arts-and-sciences/writing-center/index.php

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Student Advocacy, Safety, & Crisis

Resource	What it is	Contact Info	Website
Office of the Dean of Students	Coordinates support for students in crisis or distress.	(402) 554 3523	https://www.unomaha.edu/office-of-the-chancellor/leadership/cathy-pettid.php
Campus safety	Campus emergencyand law enforcement services.	(402) 554 2911	https://www.unomaha.edu/about-uno/safety.php
Threat Assessment Team	Compassionate intervention addressing safety concerns.	N/a	https://www.unomaha.edu/ncite/news/2023/06/nter-visits-ncite.php
Title IX	Response to sexual misconduct and related concerns.	(402) 554 2120	https://www.unomaha.edu/university-compliance/civil-rights/title-ix-information/index.php
Office of Civil Rights Compliance	Addresses discrimination and harassment concerns.	(402) 554 2120	https://www.unomaha.edu/university-compliance/civil-rights/index.php
Office of the Ombudsperson	Confidential conflict resolution and consultation.	(402) 554 2449	https://www.unomaha.edu/ombuds-services/index.php
DVIP/ RVAP	Confidential advocacy for survivors of violence.	unonews@unomaha.edu	https://www.unomaha.edu/news/2025/04/uno-university-of-washington-launch-domestic-violence-intervention-study.php

988 Suicide & Crisis Lifeline	24/7 crisis support.	Call/Text 988	https://988lifeline.org/
Alcohol and Drug Support	Substance use counseling is available for students.	(402) 554 2409	https://www.unomaha.edu/counseling-and-psychological-services/services/alcohol-and-drug-counseling.php

Student Life, Engagement, & Other Resources

Resource	What it is	Contact Info	Website
Leadership & Engagement	Student involvement and leadership development.	(402) 554 2721	https://www.unomaha.edu/college-of-education-health-and-human-sciences/educational-leadership/community-engagement/index.php
Sorority & Fraternity Life	Support and advising for Greek life.	(402) 554 2248	https://www.unomaha.edu/student-life/involvement/omaha-greeks/index.php
Recreational Services	Fitness, recreation, and wellness facilities.	(402) 554 2539	https://www.unomaha.edu/campus-recreation-and-wellness/about/index.php
Sustainability at Nebraska	Sustainability education and engagement within Nebraska.	(402) 554 3643	https://www.unomaha.edu/college-of-arts-and-sciences/sustainability/index.php

University Hoursing	On-campus housing support	(402) 554 6605 (402) 778 6541	https://www.unomaha.edu/student-life/housing-and-residential-life/apply-for-housing.php
University Dining	On-campus dining support	(402) 554 6703	https://www.unomaha.edu/milo-bail-student-center/dining-services-and-catering/index.php
Parking & Transportation	Transportation and parking resources.	(402) 554 3598	https://www.unomaha.edu/faculty-senate/faculty-committees/parking-advisory.php

Other Student Resources

Resource	What it is	Contact Info	Website
Off-Campus Housing	Resources for students living off campus.	(402) 557 5575	https://www.unomaha.edu/student-life/housing-and-residential-life/off-campus-housing.php
University Events Calandar	Listing of campus events.	(402) 554 3636	https://www.unomaha.edu/college-of-arts-and-sciences/english/about-us/calendar.php