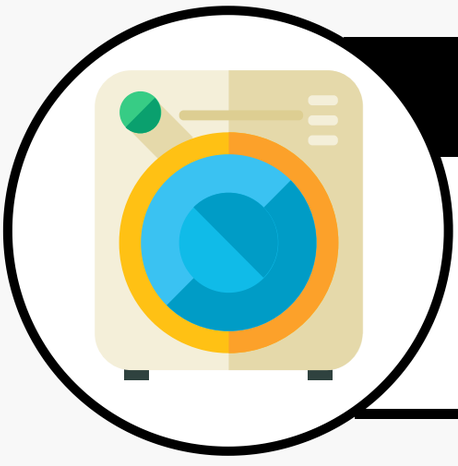
How to clean your cloth

FACE MASK

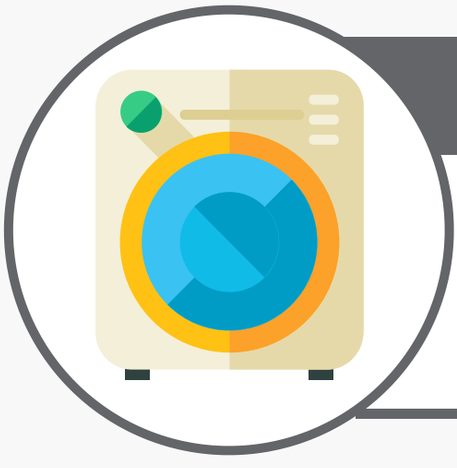
WHEN

- Face masks should be washed after each use.
- If you suspect you have been exposed to COVID-19, take extra precautions.



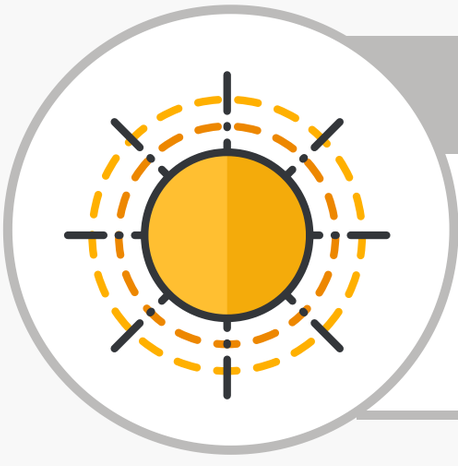
WASH - MACHINE

- You can include your face covering with your regular laundry.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering.



WASH - HAND

- 5 tablespoons (1/3rd cup) household bleach per gallon of room temperature water
- Soak the face-covering in the bleach solution for 5 minutes
- Rinse thoroughly with cool or room temperature water



DRY

DRYER

- Use the highest heat setting and leave in the dryer until completely dry

AIR DRY

- Lay flat and allow to completely dry. If possible, place the cloth face-covering in direct sunlight

University of Nebraska Omaha

SOURCE: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html
https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/coronavirus-how-to-care-for-your-face-mask