



WHAT CAN I DO WITH A MAJOR IN PUBLIC HEALTH

CAREER OPTIONS

Community Resource Specialist
Fitness Program Manager
Health Educator
Health Policy Developer*
Health Promotions Specialist
Human Resources Specialist
International Health Worker

Lifestyle Health Coach
Lobbyist
Public Health Researcher*
Public Relations Specialist
Recreation Therapist
Social & Human Service Assistant
Worksite Wellness Coordinator

*Advanced Degree/Certification Required

TRANSFERABLE SKILLS GAINED

Communication skills
Analytical skills
Problem-solving
Interpersonal skills
Instructional skills
Time management

EMPLOYMENT AREAS

Local & State Health Departments
Nonprofit Organizations
Hospitals/Clinics
Corporate Wellness Programs
Health/Fitness Centers

School Systems
Research Agencies
Think Tanks

INFORMATION WEBSITES

UNO School of Health & Kinesiology
Occupational Outlook Handbook
Society for Public Health Education
American Public Health Association
This is Public Health
Public Health Online

coe.unomaha.edu/hk
<https://tinyurl.com/ycm36jz7>
sophe.org
apha.org
thisispublichealth.org
publichealthonline.org

EXTRACURRICULAR ACTIVITIES

Actively participate in Eta Sigma Gamma or Student Government
Complete a relevant internship
Stay up to date on current events and changes in the public health industry
Visit explorehealthcareers.org or talk with professionals to explore opportunities available with advanced degree