



WHAT CAN I DO WITH A MAJOR IN PHYSICAL EDUCATION

CAREER OPTIONS

Coach
Physical Education Teacher*
Recreation Coordinator
Sports Camp Director

*Certification Required

TRANSFERABLE SKILLS GAINED

Communication skills
Adaptability
Planning skills
Interpersonal skills
Instructional skills
Leadership
Problem-solving

EMPLOYMENT AREAS

Public Schools
Private Schools
Sports Camps
Corporate Wellness Programs
Health/Fitness Centers
Nonprofit Organizations

INFORMATION WEBSITES

UNO School of Health & Kinesiology	coe.unomaha.edu/hk
Occupational Outlook Handbook	bls.gov/ooh
SHAPE America	shapeamerica.org
PE Central	pecentral.org
Physical & Health Education America	pheamerica.org
National Education Association	nea.org

EXTRACURRICULAR ACTIVITIES

Gain volunteer or work experience with youth
Join a professional teacher organization as a student member
Get involved with student research opportunities with Biomechanics or the Exercise Physiology Laboratory