LEARNING STYLES STUDY TIPS

VISUAL LEARNERS

- Visualize what you read.
- Picture the action in your mind.
- Use color. Highlight main points and key words when you are reading. Use different color pens for different concepts when taking notes.
- Look at the pictures in the textbook. Before you start reading, look at the pictures to get an idea of the concepts you will be reading about. Study the graphs.
- Use flashcards. Flashcards are helpful in memorizing facts. You can also color code them.
- Get as much information as possible in writing. Write down instructions that are given in class and copy down what the instructor writes on the board.

AUDITORY LEARNERS

- **Read aloud.** Highlight main concepts and repeat them aloud. Repeat the information over and over to memorize it.
- Read your notes aloud, record your voice and play it back. You can do the same thing with your textbook.
- Ask a friend to ask you questions so that you can share what you have learned orally.
- Participate in a study group where you can discuss new material or explain to a friend the information that you have just learned.
- Use rhymes, jingles, or make up acronyms to help you recall facts.

KINESTHETIC LEARNERS

- Walking around while you are reading can improve comprehension.
- Follow along with your finger or bookmark when reading. This can also help comprehension.
- Act out a passage that you are reading.
- Copy down important facts while you are reading.
- Rewrite your class notes.
- When possible, choose to do projects that allow you to use your hands.
- Take physical breaks. Break up your study time into short segments of no more than 30 minutes at a time and take a physically active break.
- Take your own field trips to enhance your studying. Visit museums, exhibits, etc. that relate to what you are studying.