WHY CHOOSE A PRIMARY CARE PHYSICIAN?


Your primary care physician gets to know you over a period of time. They get to know about your values, your family situation, your job pressures and maybe even your goals. Knowledge of these things may provide valuable information to your doctor in his or her assessment of your condition.

Primary Care Physicians see their patients regularly, looking for symptoms a patient may not notice. Annual exams may help your PCP guide you toward healthy lifestyle habits that may decrease the chance that you’ll need expensive specialty care.

With a trusted personal care physician, you won’t feel like you need to prove you are in pain or that you have a serious complaint. You can feel more comfortable in disclosing personal information and asking for help. They won’t suspect you of just trying to get a prescription. They are familiar with your history. When you are really in pain, it helps to have someone treating you who knows you.

Familiarity means your personal care physician will notice what is and isn’t normal for you more easily than an unfamiliar doctor could.

Perhaps they observed a swelling in an area of your body that you hadn’t noticed. Something that would look normal to a physician that wasn’t familiar with you, because it was too soon to be noticed as a threat.