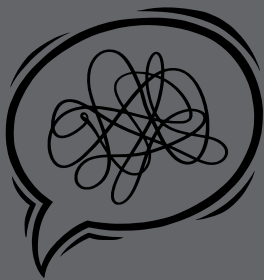


# Understanding the Impact of Trauma on College Students



**85%**

of college students have experienced a traumatic event at least once in their lives



Individuals exposed to trauma are

**3x more likely.**

to experience depression



**578**

non-COVID related reports were received by the UNO Care Team during the 2021-2022 school year with the top reported concern being mental health



**64%**

of students experiencing mental health concerns drop out of school

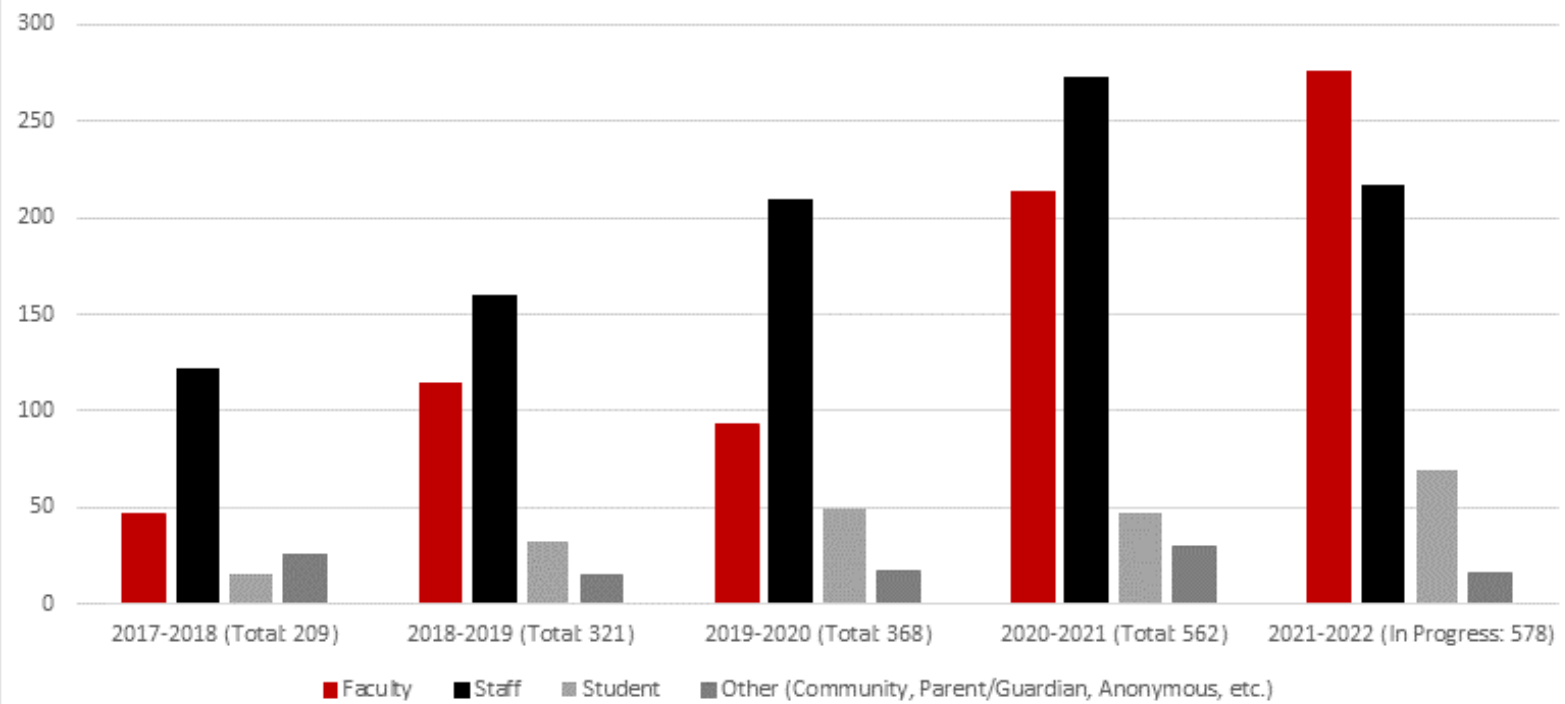
For more information, please listen to the following guided presentation:



**Impact of Trauma**  
<https://bit.ly/3exPGQ0>

# UNO Care Team Reports

Reports: Fall 2017 - Present



## On Campus Resources

- Working with Students in Distress FAQ



<https://bit.ly/3rVPahT>

- Student Life and Wellbeing Resource Sheet



<https://bit.ly/3SErcUd>

- FAST Training Offerings



<https://bit.ly/3Cknbyk>