Understanding the Impact of Trauma on College Students

- **85%** of college students have experienced a traumatic event at least once in their lives.

- Individuals exposed to trauma are **3x more likely** to experience depression.

- **578** non-COVID related reports were received by the UNO Care Team during the 2021-2022 school year with the top reported concern being mental health.

- **64%** of students experiencing mental health concerns drop out of school.

For more information, please listen to the following guided presentation:

Impact of Trauma
https://bit.ly/3exPGQ0
UNO Care Team Reports

Reports: Fall 2017 - Present

On Campus Resources

- Working with Students in Distress FAQ
  
  https://bit.ly/3rVPahT

- Student Life and Wellbeing Resource Sheet
  

- FAST Training Offerings
  