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# Telehealth Training Opportunities for Mental Health Practitioners

## **Behavioral Health Education Center of Nebraska (BHECN)**

*Telehealth Training Module*

<https://www.unmc.edu/bhecn/education/telehealth/telehealth-module1.html>

This interactive one-hour module includes information on telehealth evolution, its current use, behavioral telehealth service delivery, telehealth etiquette, best practices, and basic skills necessary to navigate a telehealth platform.

## **COVID-19 Mental Health Resource Hub**

COVID-19: Mental Health Providers

<https://psychhub.com/covid-19/covid-mental-health-providers/>

This online resource hub contains links to videos, resources, courses and downloadable PDFs for mental health providers navigating practice changes amidst COVID-19.

## **Mental Health Technology Transfer Center Network**

Responding to COVID-19: Telehealth

<https://mhffcnetwork.org/centers/mhffc-network-coordinating-office/responding-covid-19-telehealth>

Visit MHTTCN to learn about upcoming telehealth webinars and find resources on best practices for telemental health.

## **AIMS Center**

*Conducting Telehealth Appointments with your Patients*

[https://aims.uw.edu/sites/default/files/Telehealth%20Tips%20for%20BH%20Providers\\_040220%20Final.pdf](https://aims.uw.edu/sites/default/files/Telehealth%20Tips%20for%20BH%20Providers_040220%20Final.pdf)

This handout includes some tips for behavioral health providers to consider when conducting synchronous telehealth visits.

Susan Reay, LICSW

[sreay@unomaha.edu](mailto:sreay@unomaha.edu)

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## **United States Department of Health and Human Services**

*Delivering Care Safely during COVID-19*

<https://www.hhs.gov/coronavirus/telehealth/index.html>

Visit HHS to learn more about HIPPA flexibility during COVID-19, telehealth waivers from the Centers for Medicare and Medicaid Services (CMS), billing and reimbursement from private insurance, and other flexibilities during COVID-19.

## **American Psychiatric Association**

*Practice Guidance for COVID-19*

<https://www.psychiatry.org/psychiatrists/covid-19-coronavirus/practice-guidance-for-covid-19>

Visit APA to learn more about best practices and guidance from HHS and the FDA regarding telehealth and psychiatry.

## **Centers for Disease Control**

*Using Telehealth to Expand Access to Essential Health Services during the COVID-19 Pandemic*

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/telehealth.html>

Visit the CDC for information on telehealth modalities, benefits of telehealth, telehealth reimbursement, and limitations of telehealth.

## **Federal Emergency Management Agency**

*COVID-19 Best Practice Information: Crisis Counseling*

<https://www.fema.gov/media-library-data/1586012635278-78d2af2e31ce723c7ac9cd3805392e2d/COVID19CrisisCounseling.pdf>

Visit FEMA for best practices related to crisis intervention and the use of outpatient counseling during COVID-19.

## **Northwest Regional Telehealth Resource Center**

*Telemental Health Toolkit*

<https://www.nrtrc.org/education-article-62>

Visit NRTRC to gain access to 11 video webinars discussing the best use of video conferencing as well as professional and clinical considerations for telehealth.

Susan Reay, LICSW

[sreay@unomaha.edu](mailto:sreay@unomaha.edu)

**Nebraska**  
UNIVERSITY OF  
Omaha

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## **SAMHSA**

Training and Technical Assistance Related to COVID-19

<https://www.samhsa.gov/sites/default/files/training-and-technical-assistance-covid19.pdf>

This handout includes a compiled list of all SAMHSA resources available related to COVID-19 including webinars, trainings, manuals, and specialized provider resources.

## **University of Redlands**

Resources for Mental Health Practice During the Current Pandemic

<https://www.redlands.edu/study/schools-and-centers/cape/telehealth/>

This resource guide includes links to information on technology issues, COVID-19 related policy updates, practice issues, practice resources, and resources for clients affected by COVID-19.

## **Telebehavioral Health Institute**

*COVID-19 Telehealth Best Practices*

<https://telehealth.org/webinar/covid/>

This webinar is free with the coupon code "COVID". This webinar includes information on evidence-based practices for telehealth, legal and ethical concerns, key issues related to the use of technology, and HIPAA considerations. This webinar is specifically designed to assist practitioners transitioning to telehealth amidst the COVID-19 precautions related to social distancing.

## **CAMFT**

*Telehealth, HIPPA, and Compliant Telehealth Platforms*

<https://www.camft.org/Resources/Legal-Articles/Telehealth-HIPAA-and-Compliant-Telehealth-Platforms>

This online guide assists practitioners with telehealth ethical considerations including HIPPA and other privacy practices. Included at this link is a list of HIPPA compliant telehealth platforms.

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## Person Centered Tech

*Free Practice Resources to Enable Quick Telehealth Adoption during COVID-19 Social Distancing Measures*

[https://personcenteredtech.com/?utm\\_source=Person%20Centered%20Tech%20Newsletter&utm\\_campaign=efd469216a-%20frontpage\\_quickstart\\_guide\\_announce&utm\\_medium=email&utm\\_term=0\\_e9b2dcace3-%20efd469216a-125883169&goal=0\\_e9b2dcace3-efd469216a-%20125883169&mc\\_cid=efd469216a&mc\\_eid=4047a3ad0e](https://personcenteredtech.com/?utm_source=Person%20Centered%20Tech%20Newsletter&utm_campaign=efd469216a-%20frontpage_quickstart_guide_announce&utm_medium=email&utm_term=0_e9b2dcace3-%20efd469216a-125883169&goal=0_e9b2dcace3-efd469216a-%20125883169&mc_cid=efd469216a&mc_eid=4047a3ad0e)

This website offers free samples of telemental health services informed consent forms and telemental health practice checklists in light of the COVID-19 social distancing precautions.

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UNIVERSITY OF  
**Nebraska**  
Omaha