# **HEIDI ADAMS RUEDA**

The University of Nebraska at Omaha
John E. Christensen Community Chair in Child Welfare
Grace Abbott School of Social Work
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# **EDUCATION**

Doctor of Philosophy in Social Work Arizona State University May 2013

Master of Social Work
Planning, Administration, and Community Practice Concentration

May 2007

Twelve additional graduate-level credit hours earned in Spanish Language and Culture Arizona State University

Bachelor of Arts, Psychology Cognitive Psychology Concentration Bachelor of Arts, Spanish University of Nebraska, Omaha May 2004

Languages: Spanish (moderately fluent; written and oral)

### **ACADEMIC POSITIONS**

John E. Christensen Community Chair in Child Welfare 2022-Present Associate Professor, University of Nebraska, Omaha

Faculty Affiliate, Office of Latino/Latin American Studies (OLLAS)

2022-Present University of Nebraska, Omaha

Faculty Affiliate, Center for Violence Prevention, University of Texas Medical Branch 2019-Present

Associate Professor, University of Texas at San Antonio 2019-2022
Assistant Professor, University of Texas at San Antonio 2013-2019

Adjunct Faculty, Arizona State University School of Language and Literatures School of Social and Family Dynamics School of Social Work 2004-2013

### **RESEARCH INTERESTS**

Adolescent dating and sexuality; intimate partner and teen dating violence; disability; spirituality and wellbeing; minority and underserved youth populations; design and evaluation of developmentally- and culturally-grounded preventative interventions

# PEER-REVIEWED JOURNAL PUBLICATIONS

\*Note change of name from Adams, H. L. to Rueda, H. A. \*Italicized student names

- 42. Hoffman, S., Ward, K. P., **Rueda, H. A.**, & Beasley, L. (2024). Childhood family transitions and adolescent dating behaviors: A longitudinal study. *Journal of Child and Family Studies*, 1-13.
- 41. **Rueda, H. A.**, Ward, K. P., & Hoffman, S. (2023). Parent physical and psychological aggression and youth dating violence: A latent class analysis. *Journal of Interpersonal Violence*, 39, 2460-2486.

- 40. **Rueda, H. A.**, Vera, A., Marcial, A., & Miller, A. (2023). A formative evaluation of "Mind Matters: Overcoming Adversity and Building Resiliency" with Hispanic adolescents prior to and during Covid-19. *Journal of Child & Adolescent Trauma*, 1-11.
- 39. **Rueda, H. A.**, *Zhan*, Q., Rankin, L., & Greenberg, D. (2023). Mexican American adolescents' conversations about goals: The centrality of financial aspiration to career and educational pursuit. *Journal of Adolescent Research. doi.* 07435584231194548
- 38. **Rueda**, **H. A.**, Williams, L.R. & Vera, A. (2022). Barriers to the delivery of teen dating violence programs in urban school and after-school settings serving Mexican-heritage youth. *Urban Social Work*, 6, 211-227.
- 37. Rodriguez, D., **Rueda, H. A.**, Hoffman, S., & Gutierrez, B. (2022). Mexican middle schoolers' questions on sexuality and dating relationships: A descriptive qualitative analysis. *Journal of Child and Adolescent Social Work. doi.* 10.1007/s10560-021-00811-7
- 36. Williams, L. R. & **Rueda, H.A.** (2022). Witnessing intimate partner violence across contexts: Mental health, delinquency, and dating violence outcomes among Mexican heritage youth. *Journal of Interpersonal Violence*, 37(5-6), NP3152-NP3174.
- 35. Cedeno, D., Bermea, A., **Rueda, H. A**., & Toews, M. (2021). Economic stress among low income Latino adolescent fathers: An application of the Vulnerability-Stress-Adaptation model. *Child & Adolescent Social Work Journal*, 1-13. 10.1007/s10560-021-00761-0
- 34. **Rueda, H. A.,** *Yndo, M. C.,* Williams, L. R., & Shorey, R. C. (2021). Does Gottman's marital communication conceptualization inform teen dating violence? Communication skill deficits analyzed across three samples of diverse adolescents. *Journal of Interpersonal Violence, 36(11-12),* NP6411–NP6440.
- 33. Bermea, A. M., *Gonzalez-Pons, K.,* & Rueda, H. A. (2021). Staff perspectives regarding the influence of trauma on the intimate partnering experiences of adolescent mothers in residential foster care. *Child and Adolescent Social Work Journal*, *38*, 283-294.
- 32. Hoffman, S., **Rueda, H. A**., and *Beasley, L.* (2020). Health-related quality of life and health literacy among Mexican American and Black American youth in a Southern border state. *Social Work in Public Health*, 35(3), 114-124.
- 31. Hoffman, S., **Rueda**, **H. A**., & *Chase*, *S.* (2020). An assessment of mental wellbeing and health-related quality of life among youth living in Central Mexico. *Global Journal of Health Science*, *12*(3), 1-11.
- 30. **Rueda, H. A.**, Brown, M. L., & Geiger, J. M. (2020). Technology and dating in residential foster care: A mixed qualitative approach comparing staff and adolescent perspectives. *Journal of Adolescent Research*, 35, 521-545.
- 29. **Rueda, H. A.,** Hoffman, S., & *Grytza, K.* (online first, 2019). Proving their love: Violence and gender norms in descriptions of relationships among rural Mexican adolescents. *Children & Youth Services Review, 105,* 1-8. doi 10.1016/j.childyouth.2019.104424
- 28. Hoffman, S., **Rueda, H. A.,** & *Beasley, L.* (2019). Youth perspectives of health care in Central Mexico: An Application of Massey's critical health framework. *International Journal of Environmental Research and Public Health, 165,* 86-100.
- 27. Hoffman, S. G., **Rueda, H. A.,** & Lambert, M. (2019). Confirmatory factor analysis of the Warwick-Edinburgh Mental Well-being Scale among youth in Mexico. *International Journal of Social Work, 62,* 309-315.

- 26. **Rueda, H.A.** & Fawson, P. (2018). From state policy to school practices: Accessibility and implementation of teen dating violence awareness education. *Partner Abuse*, *9*, 379-397.
- 25. Bermea, A. M., Forenza, B., **Rueda, H. A.,** Toews, M. L. (online first, 2018). Resiliency and adolescent motherhood in the context of residential foster care. *Child and Adolescent Social Work Journal. doi* 10.1007/s10560-018-0574-0.
- 24. Bermea, A. M., Rueda, H. A., & Toews, M. L. (2018). Queerness and dating violence among adolescent mothers in foster care. Affilia: Journal of Women and Social Work, 33, 164-176.
- 23. Williams, L. R. & **Rueda**, **H. A.** (2018). Teen dating violence: Perceptions of need, priority, and prevention responsibility among schools in Latino communities. *Children & Schools*, *40*, 135-143.
- 22. **Rueda, H. A.,** *Bolin, S.*, Linton, K. F., Williams, L. R., & *Pesta, E.* (2017). Social workers' roles in supporting the sexual and relational health of children with disabilities. *Child & Adolescent Social Work Journal*, *34*, 493-505.
- 21. *Bolin, S. J.,* **Rueda, H. A.,** & Linton, K. F. (2017). Grand challenges in school social work: Collaboration and constraint in school social workers' sexuality support for children with disabilities. *Children & Schools, 40,* 25-34.
- 20. *Wallace, C., Thieleman, K.,* Cimino, A., & **Rueda, H. A.** (2016). Ethics at the end of life: A teaching tool. *Journal of Social Work Education, 53,* 327-338.
- 19. **Rueda, H. A.**, *Hawley, A.*, Black, B. M., & *Ombayo, B.* (2016). Graduating MSW students' recommended interventions for teen dating violence: A descriptive analysis. *Advances in Social Work,* 17, 203-220.
- 18. Williams, L. R. & **Rueda, H. A.** (2016). Mexican American adolescent couples' vulnerability for observed negativity and physical violence: Pregnancy and acculturation mismatch. *Journal of Adolescence*, *52*, 170-181.
- 17. *Thieleman, K., Wallace, C.,* Cimino, A., **Rueda, H. A.** (2016). Exhaust all measures: Ethical issues in pediatric end-of-life care. *Journal of Social Work in End-of-Life and Palliative Care, 12,* 289-306.
- 16. Linton, K., **Rueda, H. A.**, Williams, L. R., *Sandoval, A.*, & *Bolin, S.* (2015). Reproductive and sexual healthcare needs among adults with disabilities as perceived by social workers. *Sexuality & Disability, 34*, 145-156.
- 15. **Rueda**, **H. A.** & Williams, L. R. (2015). Mexican American adolescent couples communicating about conflict: An integrated developmental and cultural perspective. *Journal of Adolescent Research*, *52*,17-181.
- 14. Linton, K. & **Rueda**, **H. A.** (2015). Dating and sexuality among minority adolescents with disabilities: An application of sociocultural theory. *Human Behavior in the Social Environment*, *25*, 77-89.
- 13. **Rueda, H. A.**, Williams, L. R., & Nagoshi, J. L. (2015). Help-seeking and help-offering for teen dating violence among acculturating Mexican American adolescents. *Children & Youth Services Review, 53,* 219-228.
- 12. **Rueda, H. A.**, *Lindsay, M.*, & Williams, L. R. (2015). "She posted it on Facebook": Mexican American adolescents' experiences with technology, relationship conflict, and dating violence. *Journal of Adolescent Research*, *30*, 419-445.

- 11. Linton, K. F. & **Rueda**, **H. A.** (2014). Experiences with pregnancy of adolescents with disabilities from the perspectives of the school social workers that serve them. *Health & Social Work*, *39*, 92-100.
- 10. **Rueda, H. A.,** Linton, K. F., & Williams, L. R. (2014). School social workers' needs in supporting adolescents with disabilities towards dating and sexual health: A qualitative study. *Children & Schools,* 36, 79-90.
- 9. Williams, L. R., **Rueda, H.A.**, & Nagoshi, J. L. (2014). Trust, cheating, and dating violence in Mexican American romantic relationships. *Journal of the Society for Social Work and Research*, *5*, 339-360.
- 8. **Rueda, H. A.**, Nagoshi, J. L., & Williams, L. R. (2014). Mexican American and European American adolescents' dating experiences across the ecosystem: Implications for healthy relationships within an ecodevelopmental framework. *Journal of Human Behavior in the Social Environment, 24,* 358-376.
- 7. **Adams, H. L.** & Williams, L. R. (2014). "It's not just you two": A grounded theory of peer-influenced jealousy as a pathway to dating violence among acculturating Mexican American adolescents. *Psychology of Violence*, *4*, 294-308.
- 6. Cimino, A., Rorke, J., & **Adams, H.** (2013, November). Supervisors behaving badly: Qualitative accounts from social work practitioners. *Journal of Social Work Values and Ethics*, *10*, 2-48.
- 5. Williams, L. R. & **Adams, H.** (2013). Parties, drugs, and high school hook-ups: Socioemotional challenges for European and Mexican American adolescents. *Affilia: Journal of Women and Social Work,* 28, 240-255.
- 4. Williams, L. R. & Adams, H. (2013). Friends with benefits or "friends" with deficits? The meaning and contexts of uncommitted sexual relationships among Mexican American and European American adolescents. *Children and Youth Services Review, 35,* 1110-1117.
- 3. Williams, L. R., **Adams, H.**, & Altamirano, B. (2012). Mexican American adolescents' perceptions of dating violence programs: Recommendations for effective program design and implementation. *Qualitative Social Work, 11,* 395-411.
- 2. **Adams, H.** & Williams, L. R. (2011). Advice from teens to teens about dating: Implications for healthy relationships. *Children and Youth Services Review, 33,* 254-264.
- 1. **Adams, H.** & Williams, L. R. (2011). What they wish they would have known: Support for comprehensive sexual education from Mexican American and White adolescents' dating and sexual desires. *Children and Youth Services Review,* 33, 1875-1885.

#### **UNDER REVIEW**

- **Rueda, H. A.**, Rankin, L., & peace-tuskey, k. (Revise & Resubmit) When is teasing abuse? A grounded theory of teasing among Mexican American adolescent dating couples. *Journal of Interpersonal Violence*
- **Rueda**, **H. A.** (Revise & Resubmit) Communication of conflict among Hispanic dating couples: An integrative framework to prevent teen dating violence. *Families in Society*
- **Rueda, H. A.**, & Rankin, L. Fighting fair: Observed positive conflict styles in Mexican American adolescent couples and dating violence behaviors. *Journal of Interpersonal Violence*
- Franco, K., Baumler, E., Wood, L., **Rueda, H. A**.., & Temple, J. R. Help-seeking among early adolescents who perpetrate physical peer violence. *Victims & Offenders*

### **INVITED BOOK**

Linton, K. F., **Rueda, H. A.**, & Williams, L. R. (2017). *Disability, intimacy, and sexual health: A social work perspective*. Washington D.C.: NASW Press.

#### **TECHNICAL REPORTS**

**Rueda, H. A.** (2024). Latinx RESPECTs: Results from a theatre-based preventative intervention for teen dating violence. RESPECT. Omaha, Nebraska.

**Rueda, H. A.** (2024). Sexual health and dating with disabilities: Understanding the perspectives of Parent Resource Educators. Munroe-Meyer Institute, University of Nebraska Medical Center (UNMC). Omaha, Nebraska.

**Rueda, H.A.,** Weston, R., Torres, E., & Temple, J. (2021). A skills-based approach to healthy relationships: Diverse youth perspectives of the Fourth R. Houston, Texas.

**Rueda, H.A.** & Hoffman, S. (2019). *Mexico health and dating study: Results and recommendations.* Monterrey, Mexico.

**Rueda**, **H. A.** (2017). *The Partnering Project: Report findings and practice implications*. [Residential foster home], San Antonio, Texas.

### INVITED PRESENTATIONS/SPEAKING EVENTS

Rueda, H. A. (2024, May). Let's talk dating: Helping diverse youths to develop healthy and non-violent relationships. Center on Children, Families, & the Law, University of Nebraska Lincoln.

**Rueda**, **H. A.** (2024, April). "But you know I'm just like you right?" Exploring adolescent dating and disability. Dibble Institute.

**Rueda**, **H. A.** (2024, April). *Navigating Love: Helping Young People Develop Healthy and Non-Violent Relationships*. Nebraska Department of Health and Human Services.

Rueda, H.A. (2024, Jan.). Expert Panel on Parenting Youth with Disabilities. Arizona State University.

**Rueda, H. A.**, Heerten-Rodriguez, L., Zhang, Y., & Reay, S. (2023, Oct.). *The Power of Change.* The Kim Foundation, Annual Youth Empowerment Summit.

Rueda, H. A. (2023, Aug.). Safe dating. Autism Action Partnership.

**Rueda, H.A.** (2023, Feb.). *Teen dating violence: A series on adolescent dating, abuse, and preventative intervention.* Grace Abbott Training and Supervision Academy (GATSA). Delivered via zoom.

**Rueda, H. A.**, Heerten-Rodriguez, L., & Nebbitt, V. (2022, Oct.). *The Power of Change.* The Kim Foundation, Annual Youth Empowerment Summit.

**Rueda, H. A.**, *Vera, A., Marcial, A., & Perri, C.* (2021, Sept.). *Piloting Mind Matters with Hispanic youth during Covid-19.* Webinar presented by the Dibble Institute.

**Rueda**, **H.A.** (2021, March). *Keynote address: Let's talk teen dating violence: Lessons learned in research and evaluation*. Delivered via zoom as part of the Prevnet, Canada Community of Practice.

**Rueda, H.A.** (2021, Feb.). *Youth and Dating: Conversation 360 on Dating and Disability.* Inclusion is Sweet, San Antonio, TX.

Davies, K., & Rueda, H.A. (2020, Nov/Dec). *Cultivating wellness and 'flow': A 3-part series on well-being.* UTSA Wellbeing Mini-grant recipient. Delivered via zoom.

**Rueda, H.A.** (2020, Oct.). *Healthy dating relationships.* Invited speaker to youth exiting foster care as part of UTSA's Fostering Educational Success: Early Start Experience for Cultural & Personal Identity Development Life Domain. Presented on zoom due to COVID-19.

**Rueda, H.A.** (2020, Feb.). *Teen dating violence.* UTSA Healthy relationships week [panelist]. San Antonio, TX.

**Rueda**, **H.A.** (2020, Feb.). Let's talk teen dating violence: Understanding how research can inform practice. San Antonio Independent School District: EPIC Saturday [speaker series]. San Antonio, TX.

Rueda, H.A. (2020, Jan.) Live on Spectrum News: Teen dating violence among Hispanic youth. [TV Broadcast via Zoom]

**Rueda, H.A.** (2019, Oct.). Teen dating violence: Help-seeking, screening and effective intervention for our diverse youth community. YWCA: Speaker series. San Antonio, TX.

Linton, K. F., Rueda, H. A., & Williams, L. R. (2019, Jan.). *Disability, intimacy, and sexual health: A social work response.* Webinar.: NASW Press.

### REFEREED PRESENTATIONS AT NATIONAL AND INTERNATIONAL MEETINGS

**Rueda, H. A.**, *Carmona, C.*, & Circo, D. (2025, January). "We all want to be loved": Exploring the sexual and dating health needs of young adults with intellectual and developmental disabilities from the perspective of parents. Paper submitted to the Society for Social Work and Research (SSWR) annual conference. Seattle, WA.

**Rueda, H. A.**, *Zhan, Q.*, & Christensen, M.C. (2025, January). Latinx RESPECTs: Soliciting youth input on a theatre-based dating violence intervention. Paper submitted to the Society for Social Work and Research (SSWR) annual conference. Seattle, WA.

*Black, A.*, Hoffman, S., *Kirby, D.*, & **Rueda, H.A.** (2024, January). Expert's perspectives of health needs among emancipating foster youth. Poster presented at the Society for Social Work and Research (SSWR) annual conference. Washington, D.C.

**Rueda**, **H. A.** & Rankin, L. (2024, January). Positive conflict styles within Mexican American adolescent couples: The impact of healthy communication skills. Poster presented at the Society for Social Work and Research (SSWR) annual conference. Washington, D.C.

**Rueda**, **H.A.**, *Peace-Tuskey*, *K. A.*, & Rankin, L. (2023, April). A grounded theory of teasing among Mexican American adolescent couples. Paper presented at the Society for Research on Adolescence annual conference. San Diego, CA.

Zhan, Q., Rueda, H.A., Rankin, L. & Rodriguez, D. (2023, April). How clear are Mexican American adolescents' paths to success? Videotaped conversations about youth's goals. Poster presented at the Society for Research on Adolescence annual conference. San Diego, CA.

*Peace-Tuskey, K. A.,* **Rueda, H.A.**, Rankin, L. (2023, Jan.). When is teasing abuse? A grounded theory of teasing among Mexican American adolescent dating couples. Poster presented at the Society for Social Work Research annual conference. Phoenix, AZ.

- Zhan, Q., **Rueda, H.A.**, Rankin, L. & Rodriguez, D. (2023, Jan.). Career, education, and family planning: The central role of financial aspiration to Mexican American adolescents' goals. Paper presented at the Society for Social Work Research annual conference. Phoenix, AZ.
- Zhan, Q., Rodriguez, D., **Rueda, H.A.,** & Rankin, L. (2022, July). Mexican American adolescents' conversations about goals: The centrality of financial aspiration to career and educational pursuit. Paper presented virtually at the International Association of Relationship Research annual conference. London, United Kingdom.
- **Rueda**, **H.A.** (2022, Jan.). "Breathe in and breathe out": A formative evaluation of the trauma-informed Mind Matters program for adolescents living in poverty. Paper presented as a poster [due to Covid-19] at the Society for Social Work and Research, Washington D.C.
- Rodriguez, D., **Rueda, H.A.**, Hoffman, S., Gutierrez, G. (2021, March). Mexican middle schoolers' questions on sex and dating. Paper presented at the 5th Binational Mexico-U.S. Conference: Social Work and Migration Social Exigencies in Transnational Migratory Processes in the Context of the COVID-19 Public Health Crisis and Social Work Models of Care, San Antonio, TX.
- **Hoffman, S.,** *Ward, K.*, & **Rueda, H.A.** (2021, Feb.). Family transitions and dating behaviors among adolescents raised in urban households. Poster presented at the Society for Social Work and Research virtual conference.
- **Rueda, H.A.**, Williams, W., & Vera, A. (2021, Feb.) Show them the data: A study of context-specific barriers to implementing dating violence programs in Hispanic serving schools and communities. Poster presented at the Society for Social Work and Research virtual conference.
- **Rueda, H.A.,** *Torres, E.D.*, Weston, R., & Temple, J. (2021, Feb.). School-based healthy relationship promotion: Diverse youth perspectives of the "Fourth R". Poster presented at the Society for Social Work and Research virtual conference.
- **Rueda, H.A.,** Williams, L.R., & *Vera, A.* (2020, March). Barriers to implementing teen dating violence programs in Hispanic serving schools and community-based agencies. Paper accepted but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.
- **Rueda, H.A.,** *Torres, E.D.*, Weston, R., & Temple, J. (2020, March). A skills-based approach to healthy youth relationships: Hispanic youth perspectives concerning the *Fourth R*. Poster accepted but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.
- Bermea, A.M., **Rueda, H.A.**, & *Gonzalez-Pons, K.* (2020, March). The influence of family trauma on dating and sexual violence among adolescent mothers in foster care: Practitioner perspectives. Paper accepted as part of a symposium but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.
- *Ravi, K.*, Black, B., & **Rueda, H.A**. (2020, Jan.). Factors influencing MSW students' teen dating violence intervention recommendations. Poster presented at the 2019 Society for Social Work and Research, Washington D.C.
- Williams & Rueda, H. A. (2020, Jan.). When is teasing abuse? Associations of observed teasing with cultural values and teen dating violence among Mexican American couples. Poster presented at the Society for Social Work and Research, Washington D.C.

- Hoffman, S., **Rueda, H. A.**, *Beasley, L.* (2020, Jan.) Health-related quality of life among Mexican American and Black American youth living near the US-Mexico border. Poster presented at the Society for Social Work and Research, Washington D.C.
- Hoffman, S., **Rueda, H. A.,** and *Chase, S.* (2020, Jan.). Mental wellbeing and health-related quality of life among 8youth living in Central Mexico. Poster presented at the Society for Social Work and Research, Washington D.C.
- Ravi, K., Black, B., & Rueda, H. (2019, Oct.). MSW student interventions for teen dating violence: What influences their recommendations? Poster presented at the Annual Program Meeting, Denver, CO.
- Hoffman, S., **Rueda, H.,** & *Beasley, L.* (2019, Oct.). Critical health literacy and youth perspectives of health care in Central Mexico. Paper presented at the 2019 International Conference on Communication in Healthcare conference, San Diego, CA.
- **Rueda, H. A.,** Williams, L. R., Christensen, M.C., Jayasundara, D., & Harris, R. (2019, Jan.). Beyond 'Pour and Stir': Adapting IPV interventions in a research- and context-informed manner for culturally diverse populations. Roundtable presented at the Society for Social Work and Research, San Francisco, CA.
- Hoffman, S., **Rueda, H. A., &** *Beasley, L.* (2019, Jan.). Using the strengths-based Warwick-Edinburgh mental well-being scale among youth in Mexico. Poster presented at the Society for Social Work and Research, San Francisco, CA.
- Beasley, L., & Hoffman, S., Rueda, H. A. (2019, Jan.). A mixed-method analysis of health literacy among youth in Michoacán, Mexico. Poster presented at the 2019 Society for Social Work and Research, San Francisco, CA.
- **Rueda, H. A.,** Williams, L. R., *Yndo, M.,* Shorey, R. (2018, April). Gottman's marital communication conceptualization as a correlate of teen dating violence across three samples of diverse youth. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Minneapolis, MN.
- **Rueda, H. A.,** Hoffman, S., & *Grysta, K.* (2018, Jan.). "What girls should do so that boys won't...: Mexican adolescents' perceptions of dating relationships and abuse. Paper presented at the Society for Social Work and Research, Washington, D. C.
- Hoffman, S. & **Rueda, H. A.** (2018, Jan.). Health-related quality of life and health literacy among primarily Hispanic youth in a Southern border state. Poster presented at the Society for Social Work and Research, Washington, D.C.
- Christensen, M. C., Chanmugam, A., Burnette, C., **Rueda, H. A.**, Sawyer, J. (2018, Jan.). Aiming for opportunity, equity, and justice by utilizing participatory research methods to address gender-based violence. Roundtable presented at the Society for Social Work and Research, Washington, D. C.
- Hoffman, S. & **Rueda, H. A.** (November, 2017). An assessment of multiple health indicators among youth in Michoacán, Mexico: Process and preliminary outcomes from a binational research collaboration. Presented at the 2<sup>nd</sup> Binational Mexico-U.S. Conference: The Transnational Responsibility of Social Work in Migratory Processes and Human Rights in Mexico and the United States, San Antonio, TX.
- *Bermea, A. M., Barrios, V.*, **Rueda, H., A.**, & Toews, M. L. (November, 2017). Trauma informed care for adolescent mothers in foster care. Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- **Rueda**, **H. A.**, & Williams, L. R. (April, 2017). "I'm just jokin'!": Associations of cultural values, dating violence, and observed teasing among Mexican American couples. Poster presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

- *Bermea, A. M.*, **Rueda, H.A.**, & Toews, M. L. (April, 2017). Adolescent relationship conflict and dating violence at the intersection of queerness, motherhood, and residential foster care. Poster presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.
- *Bermea, A. M., Barrios, V., Rueda, H., A., & Toews, M. L. (2017, February). Towards an understanding of trauma informed care for adolescent mothers in residential foster care. Paper presented at the 34th Annual Winter Roundtable. Columbia University Teachers College. New York, N.Y.*
- **Rueda**, **H. A.**, Williams, L. R., Linton, K. L., & *Bolin. S.* (2017, Jan.). Social workers' perspectives on sexual health education for people with disabilities: A lifespan perspective. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, GA.
- **Rueda, H. A.,** Lindsay, M., & Geiger, J. M. (2017, Jan.) "It's an outlet from here": A mixed qualitative approach to understanding the role of technology in the dating lives of youth in residential foster care. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, GA.
- Bermea, A. M., Rueda, H. A., Toews, M. L. (2016, July). "Relationship abuse doesn't discriminate": Intimate partner violence in the lives of queer adolescent mothers in foster care. Poster presented at the Annual International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
- **Rueda, H. A.,** *Lindsay, M.*, & Geiger, J. M. (2016, April). "A random person can send you a message": Technology and dating among pregnant and parenting girls in residential foster care. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.
- **Rueda, H. A.,** & Williams, L. R. (2016, April). Do adolescents fight like adults? The relevance of Gottman's marital communication tactics in teen dating violence. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.
- Williams, L. R., & **Rueda**, **H. A.** (2016, March). Mexican American adolescent couples' vulnerability for observed negativity and physical violence: Pregnancy and acculturation mismatch. Paper presented as part of a symposium at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.
- *Hawley, A.,* Black, B. M., & **Rueda, H. A.** (2016, January). Teen dating violence scenarios: A qualitative analysis of proposed MSW students' assessments and interventions. Poster presented at the Society for Social Work and Research Annual Conference, Washington DC.
- **Rueda**, **H. A.**, & *Hawley*, *A.* (2015, October). Master of social work students' responses to scenarios of teen dating violence. Paper presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- *Bolin, S., Rueda, H. A., Linton, K., Williams, L. R., & Pesta, E.* (2015, October). Children with disabilities: Supporting foundations of healthy relationships and sexuality. Poster presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- *Bolin, S., Rueda, H. A., Linton, K., Williams, L. R., & Sandoval, A.* (2015, October). Reproductive health needs among adults with disabilities as perceived by social workers. Poster presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.
- *Bell, N. A.*, & **Rueda, H. A.** (2015, January). High school implementation of teen dating violence prevention: The intersection of policy and practice. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, LA.

- **Rueda, H. A.,** & Williams, L. R. (2014, November). Mexican American parenting teens' vulnerability for observed negative conflict style and physical violence. Poster presented at the Society for Research and Development Special Topic Meeting: New Conceptualizations in the Study of Parenting-at-Risk, San Diego, CA.
- Nagoshi, J. L., **Rueda, H. A.**, & Williams, L. R. (2014, October). Teen dating violence: Help-seeking and help-offering among Acculturating Mexican American adolescents. Paper presented at the Council on Social Work Education Annual Conference, Tampa, FL.
- **Adams, H. L., & Williams, L. R. (2014, March). Observed discussion of conflict among committed Mexican American dating couples: A culturally and developmentally informed qualitative analysis. Paper presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.**
- **Adams, H. L.**, Lindsay, M., & Williams, L. R. (2014, March). "Social networking is a big, like relationship problem": Conflict, violence, and technology among Mexican American adolescents. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.
- **Adams, H. L.**, & Linton, K. (2014, March). Adolescents with disabilities' experiences with unprotected sexual intercourse from the perspectives of school social workers. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.
- **Adams, H. L.**, & Williams, L. R. (Moderator; 2014, January). Mexican American adolescent couples' discrepancies in acculturation and machismo: Associations with observed negativity while discussing relationship problems. Paper presented at the Society for Social Work and Research Annual Conference, San Antonio, TX.
- Cimino, A., & **Adams, H. L.** (2013, November). Life and death ethics: Breaking ethical boundaries in the face of death. Paper presented at the Council on Social Work Education Annual Conference, Dallas, TX.
- **Adams, H. L.**, Bean, K. & Williams, L. R. (2013, January). "They go away and hook up on campus": A qualitative analysis of school social workers' needs in serving adolescents with disabilities. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D. C.
- **Adams, H. L.,** & Bean, K. (2012, November). Adolescents with disabilities' dating and sexual health needs: School social workers' perspectives. Paper presented at the Council on Social Work Education Annual Conference, Washington, D. C.
- Cimino, A., Rorke, J., & **Adams, H. L.** (2012, November). Supervisors behaving badly: Witnessing ethical dilemmas and what to do about it. Paper presented at the Council on Social Work Education Annual Conference, Washington, D. C.
- Williams, L. R., & Adams, H. L. (2012, March). Parties, drugs, and high school hook-ups: Mexican American and European American descriptions of adolescent romance. Paper presented as part of a symposium at the Biennial Conference of the Society for Research on Adolescence, Vancouver, Canada.
- Williams, L. R., & Adams, H. L. (2012, January). The quality of social relationships and sexual violence among Mexican American youth. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D. C.
- **Adams, H. L.,** Williams, L. R. (2011, October). Jealousy among Mexican American couples as a precursor to violence. Paper presented at the International Association for Relationship Research Conference, Tucson, AZ.

2013-2014

Amaro, L. M., & Adams, H. L. (2011, November). The influence of family and gender values on Mexican-American adolescent relationships. Paper presented at the Annual Convention of the National Communication Association, New Orleans, LA.

Adams, H. L., & Williams, L. R. (2011, January). What I wish I would've known: A qualitative analysis of sexual education from the perspectives of Mexican American and White adolescents. Paper presented at the Society for Social Work and Research Annual Conference, Tampa, FL.

Adams, H. L., & Williams, L. R. (2010, November). Practical applications for sexual education: Advice from teens. Paper presented at the Society for the Scientific Study of Sexuality Annual Conference, Las Vegas, NV.

### SYMPOSIA CHAIRED/MODERATED

Collaborative Faculty Research Grant (Co-Investigator)

College of Public Policy, University of Texas at San Antonio

Texas Teen Health and Relationship Study

Rueda, H. L. (Moderator) (2021, January). Dating violence. Symposium moderated at the virtual Society for Social Work Research virtual conference.

Rueda, H. L. (Moderator) (2021, January). Promotion of sexual health in adolescence. Symposium moderated at the virtual Society for Social Work Research virtual conference.

Adams, H. L. (Moderator) (2014, January). Risk and resilience among youth of color. Symposium moderated at the Society for Social Work Research, Austin, TX.

#### **FUNDING ACTIVITY**

#### **Funded**

\$3,246

Futuro Latino Fund (Co-Principal Investigator) Building Healthy Relationships Using Theatre and Community Collaboration \$3,000	2024
PITCH Expanded Providers (PEP) Funding (Track Coordinator, Social Work) Behavioral Health Workforce Education and Training (BHWET) Program (HRSA) \$1,659,088 (Grant Number: 2 M01HP31382-05-00)	2022-2026
Wellbeing Mini-grant, Speaker Series Presidential Initiative – Enriching Campus Wellbeing, University of Texas at San Antonio \$1500	2019
Individual Faculty Research Grant (Principal Investigator) The Partnering Project for Pregnant and Parenting Teens in Foster Care College of Public Policy, University of Texas at San Antonio \$1,959	2015
UTSA Office of the Vice President for Research (Investigator) The Impact of Migration and Immigration on Mexican and Mexican American Adolescents The Transnational Youth (Mexico Center) Working Group \$10,000	2015

## Submitted, not funded

Great Plains IDeA-CTR (Principal Investigator) Community Engaged Research Pilot Award \$25,000 (not funded) 2022-2023

Grants for Research Advancement and Transformation (GREAT; Principal Investigator) 2021-2022 A Formative Evaluation of a Novel Mind-body Approach to Reversing Symptoms of Chronic Fatigue, Pain, and Long-covid \$20,000 (not funded)

Centers for Disease Control and Prevention (CDC; Investigator)

2018-2020

An Effectiveness Evaluation of a Teen Dating Violence Prevention Curriculum in the Southwest US: Improving School Climate through Student-focused Activism \$1,050,000 (scored, not funded)

Centers for Disease Control and Prevention (CDC; Investigator)

2017-2019

An Efficacy Evaluation of a Teen Dating Violence Prevention Intervention for Mexican American Youth including LGTBQ Youth

\$1,050,000 (not funded)

Organization for Autism Research (Co-Investigator)

2018-2019

Supporting Adolescents' with Autism Spectrum Disorder Intimate and Sexual Health \$30,000 (not funded)

Organization for Autism Research (Co-Investigator)

2017-2016

Training Social Workers to Support Adolescents' with Autism Spectrum Disorder Intimacy Needs and Sexual Health \$30.000 (not funded)

The Hogg Foundation for Mental Health (Principal Investigator) The Partnering Project for Pregnant and Parenting Teens \$19, 250 (not funded)

2015

National Institute of Justice (NIJ; Investigator)

2013-2016

Adaptation of a Culturally-Grounded National Model Program for Substance Abuse Prevention to Target Teen Dating Violence Prevention Strategies for Mexican American Adolescents \$360,472 (scored, not funded)

## **TEACHING INTERESTS**

Human Behavior in the Social Environment, Program Design and Evaluation, Social Work Practice with Children and Adolescents, Human Sexuality, Social Work with Latinos, Self-Care, Field Seminar

## **TEACHING**

## Instructor

## The University of Nebraska at Omaha, School of Social Work

SOWK 8070: Human Behavior and the Social Environment I SOWK 8080: Human Behavior and the Social Environment II

Fall 2022-present Spring 2023-present

#### **Student Research Assistants**

Dylan Lemke, Generalist Level, Masters Student Bryce Marker, Generalist Level, Masters Student Fall 2023-present Spring 2023-Fall 2023

# **Doctoral Committees**

Committee Member, University of Nebraska at Omaha Amber Krushas, external reviewer (defended May 15, 2023)

Committee Member, York University, Toronto, Ontario Katelyn Wincentak, external reviewer (*defended* December 10, 2021)

Committee member, The University of Texas at San Antonio Monica Yndo, committee member (*defended* August 7, 2018)

### **Master Thesis Committee**

Committee Member, University of Nebraska at Omaha Morgan Goslar, committee member (prospectus defense, Oct. 2023)

#### Instructor

# The University of Texas at San Antonio, Department of Social Work (all courses MSW-level)

SWK 5433: Advanced Field Practicum IV and Integrative Seminar	2016-2022
SWK 5243: Advanced Social Work Research: Program Evaluation	2013- 2022
SWK 5013: Human Behavior in the Social Environment	2015- 2022
SWK 6953: Independent Studies	Fall 2014

"Social Workers' Needs and Experiences in Serving Children with Disabilities
Towards Sexual Health"
Sharon Bolin, Foundation Level, Master's Program
Eva Pesta, Foundation Level, Master's Program

### **Student Research Assistants**

Marina Marroquin, Generalist Level, Masters Student	Fall 2020-Spring 2021
Catarina Murphy, Specialized Level, Masters Student	Spring 2021
Deaven Rodriguez, Specialized Level, Masters Student	Fall 2019-Fall 2020
Abigail Vera, Specialized Level, Masters Student	Spring 2019-Fall 2019
Kaitlyn Grytza, Specialized Level, Masters Student	Fall 2016-Fall 2018
Sharon Bolin, Specialized Level, Masters Student	Spring 15- Fall 2016
Chatone Strickland, Specialized Level, Masters Student	Fall 2015
Andrew Reding, Specialized Level, Masters Student	Spring 2015
Elaine Bretschneider, Specialized Level, Masters Student	Fall 2014
Sophia Worth, Generalist Level, Masters Student	Summer 2014
Nicole Bell, Generalist Level, Masters Student	Fall 2013- Spring 2014

# Instructor

# Arizona State University, School of Social Work

SWG 501: Micro Human Behavior in the Social Environment	Fall 2012
SWU 321: Statistics for Social Workers (taught online)	Summer 2012
SWG 591: Social Work Ethics (taught online)	Summer 2010 – Fall 2011

## Arizona State University, School of Social and Family Dynamics

SOC 390: Social Statistics I (taught online)	Spring 2013
FAS 332: Human Sexuality (taught both online and classroom)	Fall 2008 – Spring 2012
SOC/FAS 324: Work and the Workplace	Summer 2011
FAS 191: Your Career in a Helping Field	Fall 2008
FAS 191: The ASU Experience	Spring 2008

### Arizona State University, School of Language and Literature

SPA 101: Spanish Fall 04 - Spring 05

Graduate Teaching Assistant Arizona State University, School of Social Work SWG 502: Macro Human Behavior in the Social Environment	Spring 10
SWG 501: Micro Human Behavior in the Social Environment	Fall 09
Arizona State University, School of Social and Family Dynamics FAS 484: Internship Field Liaison FAS 301: Introduction to Parenting (taught online)	Spring 10 Fall 09
Invited Guest Lectures The University of Texas at San Antonio, Department of Social Work Healing Trauma (graduate-level) Group Social Work: Working with Hispanic Populations (graduate-level) Single Case ( <i>N</i> =1) Design Research (graduate-level) Conducting Literature Reviews (graduate-level) Ethical Dilemmas in Social Work (graduate-level)	Fall 2021 Spring 2020 March 2015 Sept. 2015 July 2014
Texas State University, Family and Child Development Department Community Based Participatory Methods (graduate-level)	April 2015
University of Texas at San Antonio, Department of Criminal Justice Qualitative Research Methods (undergraduate-level)	Oct. 2013
Arizona State University, School of Social Work Adolescent Dating and Sexuality (graduate-level) Infant Physical, Cognitive, and Social Development (graduate-level)	Feb. 2011 Nov. 2009
Arizona State University, School of Social and Family Dynamics Ethics in Field Internships (undergraduate-level)	Feb. 2010
SELECT AWARDS AND HONORS	
Community Partner of the Year RESPECT: Building Healthy Relationships Using Theatre and Community Collaboration	2023
Outstanding Graduate Mentor Award University of Texas at San Antonio (UTSA)	2022
College of Public Policy Nominee: UTSA Presidential Community Engagement Award	2020
College of Public Policy Nominee: UTSA President's Distinguished Achievement Award for Excellence in Community Service	2019
Department Nominee: UTSA President's Distinguished Achievement Award for Excellence in Community Service	2019
DOCUmation Research Excellence Grant Award: University of Texas at San Antonio	2017
College of Public Policy Nominee: UTSA President's Distinguished Achievement Award for Research Excellence	2017

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	2042
Department Nominee: UTSA President's Distinguished Achievement Award for Research Excellence	2016
College of Public Policy Nominee: UTSA President's Distinguished Achievement Award for Excellence in Community Service	2015
Department Nominee: UTSA President's Distinguished Achievement Award for Excellence in Community Service	2015
Outstanding Service Award 2011-2012 Graduate and Professional Student Association, Arizona State University	2012
ACADEMIC SERVICE	
The University of Nebraska at Omaha Grace Abbott School of Social Work	
Tenure and Promotion Committee (Chair; 2023-)	2022-Present
Research Productivity Subcommittee (Chair)	2022-Present 2023-2024
Graduate Program Committee	2023-2024
Graddate Program Committee	2022-2023
College of Public Affairs and Community Service (CPACS)	
Graduate Council	2023-Present
Personnel Committee	2023-Present
Policy and Planning Committee (Co-Chair 2023-)	2023-Present
The University of Texas at San Antonio	
Graduate Council	2017-2019
Grants for Research Advancements and Transformation (GREAT) Grant Reviewer	2018
College for Health, Community, and Policy	
Well-being Committee	2021-2022
Faculty Development and Research Committee	2016- 2017
Community Advisory Council	2016-2017
Faculty Development and Travel Committee	2014- 2016
Department of Social Work	2040 2022
Faculty Mentor (Mentee: Emily Nicklett)	2019-2022
Department Faculty Merit Review Committee (DFMRC)  Department Faculty Review Advisory Committee (DRFAC)	2019-2022 2019-2022
Curriculum Examination, Chair, Program Evaluation Ad Hoc Committee	2016-2022
Curriculum Examination, Mission Specific and Foundational, Ad Hoc Committee	2016-2022
Curriculum Examination, Curriculum Committee, Ad Hoc Committee	2016-2022
Field Liaison	2016-2022
Student Faculty Mentor Program	2014-2022
Graduate Admissions Committee	2013-2022
Curriculum Examination, Chair, Research Ad Hoc Committee	2016-2021
Faculty Recruitment Committee	2017
Adjunct Faculty Hire, Subcommittee of the Graduate Program Committee	2016-2017
Strategic Planning Committee, Subcommittee of the Graduate Program Committee	2015-2017
Strategic Planning Committee, Online Teaching Ad Hoc Subcommittee	2015-2017
Social Work Curriculum Committee	2014-2015

2013-2014

Social Work Library, Liaison

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Transnational Youth Working Group Mexico Center	2013- 2017
Arizona State University Department of Social Work Student Member, PhD Committee	2009-2013
School of Social & Family Dynamics Adjunct Faculty Member, Online Collaboration Group Elected Representative for the College of Public Policy Elected Member University Staff Council	2008-2013 2010-2012 2008-2009
University Graduate and Professional Student Association (GPSA) Teaching Excellence Reviewer	2010-2012 2010-2012
COMMUNITY SERVICE	
Human Legal Rights Committee	2024-present
Community Based Participatory Researcher University of Nebraska Medical Center Munroe-Meyer Institute	2023-Present
Community Advisory Committee RESPECT: Building Healthy Relationships Using Theatre and Community Collaboration	2022-Present
Community Based Participatory Researcher RESPECT: Building Healthy Relationships Using Theatre and Community Collaboration	2022-Present
Bryan High Education Academy Advisory Board	2022-2024
Autism Action Partnership Prosperity Academy Selection Committee	2023-2024
Mentor, Big Brothers Big Sisters	2018-2022
Member, Core Partner Leadership Team UT Teen Health, University of Texas Health Science Center	2013-2022
Community Based Participatory Researcher Good Samaritan Community Services	2019-2021
Community Based Participatory Researcher Seton Home, Residential Foster Care, San Antonio, TX	2013-2017
PROFESSIONAL SERVICE	
Board of Directors, Member National Violence Prevention Hotline	2022-Present
Children & Schools, Consulting Editor	2013- Present

Journal of Adolescent Research, ad hoc reviewer	2013- Present
Journal of Research on Adolescence, ad hoc reviewer	2014- Present
Children & Youth Services Review, ad hoc reviewer	2014- Present
Journal of Adolescent Health, ad hoc reviewer	2014- Present
Journal of Interpersonal Violence, ad hoc reviewer	2014- Present
Psychology of Violence, ad hoc reviewer	2017- Present
Journal of Adolescence, ad hoc reviewer	2019-Present
Journal of Child and Family Studies, ad hoc reviewer	2022-Present
Trauma, Violence, & Abuse, ad hoc reviewer	2023-Present
Society for Research on Adolescence, conference abstract reviewer	2014-Present
Mid-Career Award Committee	2024-2028
Panel Chair: Dating and Romantic Relationships	2020, 2024
Co-organizer, Pre-conference on Romantic Relationships	2016
Society for Social Work and Research (SSWR), research mentor	2023
Society for Social Work and Research (SSWR), abstract reviewer	2014, 2020, 2025
Society for Social Work and Research (SSWR), co-organizer for the	2025
Building Healthy Relationships Special Interest Group (SIG)	
SSWR 2015 Outstanding Social Work Doctoral Dissertation Award, reviewer	2014
Sage Publications, textbook prospectus reviewer	2014
Society for Research on Adolescence (SRA)	

#### PROFESSIONAL MEMBERSHIPS

International Association for Relationship Research	2022-Present
National Association of Social Workers	2013-Present
Society for Research on Adolescence	2012-Present
Society for Social Work and Research	2011-Present
Council on Social Work Education	2013-2018

# PROFESSIONAL EXPERIENCE

Sanford Harmony Program July 08 - June 09

Preadolescent Project Coordinator

Arizona State University, School of Social and Family Dynamics https://www.harmonysel.org

 Assisted in the development of a school-based social and emotional competence program funded by the T. Denny Sanford Foundation aimed at improving communication and relationships among boys and girls.

Understanding School Success Social Worker/Project Coordinator (.5)

June 07 - June 08

School of Social and Family Dynamics Events Coordinator (.5)

Arizona State University, School of Family and Social Dynamics

- Worked with families and children enrolled in Head Start preschools to connect them with community resources, conducted home visits in Spanish and English to assess child educational competencies and well-being, and shared reports and led workshops at Head Start agencies to improve the welfare of families in poverty and in line with ASU's New American University model of meeting community need through embedded research.
- Coordinated community and departmental events related to child and family development to partner academic and applied research endeavors with community and student success efforts.

Victim Advocate Intern Aug. 06 – May 07

Governor's Office: City of Phoenix Family Advocacy Center Phoenix. AZ

• Designed a teen dating violence workshop for high school youth and presented it to over 700 students. Coordinated services and provided crisis counseling to survivors of domestic abuse.

Critically reviewed domestic violence-related homicide data as part of a Fatality Review Team in order to identify trends in the state of Arizona and to provide more effective and preventative services. Assisted with the organization of the annual charity event of over 500 donors. Researched elder abuse and presented to government employees and local service providers.

Family Support Specialist and Prevention Specialist Intern Valle del Sol

Aug. 05 – June 06

Phoenix, AZ

Provided home-based counseling services to families involved with Child Protective Services.
 Evaluated evidence-based drug-prevention programs for youth in the recommendation of a new curriculum to better meet the agency's goals and objectives. Developed a life-skills group facilitation guide for LGBQT youth. Planned community-building and educational activities as part of a grass-roots elderly prevention program for monolingual Spanish-speakers.

Assistant Program Facilitator/Student Social Worker CampFire USA

July 02 – July 04

Omaha. NE

 Provided mentoring and social work services as part of an after-school program for at risk and diverse youth in poverty. Provided quality care and educational opportunities through tutoring, the coordination of community and family-events, and linking families to required resources.
 Translated and interpreted for Spanish-speaking families in order to foster relationships and facilitate communication between children, families, and staff members.

Spanish Curriculum Coordinator Sandoz Elementary School Omaha. NE Aug. 02 – May 03

 Developed and implemented a Spanish-language curriculum for grades K-6. Presided over morning elective Spanish class that specialized in the creative use of language through art, storytelling, and crafts with the aim of fostering creativity and enthusiasm around second-language acquisition. Compiled materials and activities used in lesson plans for the creation of an elementary Spanish instruction manual for successive language educators.