



# GRACE ABBOTT SCHOOL OF SOCIAL WORK

## HEALTH/MENTAL HEALTH POLICIES FOR SOCIAL WORK

SOWK 8650 | 3 credit hours

Spring Semester 2020

Class Meetings: Mondays, 4:00–6:00 P.M., 126 CPACS

**Instructor:** Professor C.J. Washington (Dr. Washington; *She / Her / Hers*)

**Office:** 206 CPACS

**Office Phone:** 402.554.2792

**Email:** [cjwashington@unomaha.edu](mailto:cjwashington@unomaha.edu)

*NOTE:* Students should contact the instructor via email rather than by phone. Email messages will be responded to within 24 hours, excluding weekends, holidays, and breaks.

**Office Hours:** Tuesdays, 1:00–3:00 P.M. or by appointment

*Online Office Hours:* Wednesdays, 6:30–8:00 P.M. or by appointment

**Department:** Grace Abbott School of Social Work

**Main Office:** 206 CPACS

**Dept. Phone:** 402.554.2972

### COURSE INFORMATION

#### Description

This course emphasizes the development of health and mental health policy analysis skills and knowledge for social work students. Major topics include government response to health care, cultural and historical perspectives, service provision, and epidemiological trends across the life span. It provides a framework for clinical interventions in a variety of health and mental health settings.

#### Rationale/Overview

This course informs the social work graduate student about issues, policy, and service delivery in health and mental health, e.g., parity, the role of social worker in systems of care, epidemiological trends for policy intervention, commitment laws, and history of DSM IV-TR.



## Course Objectives/Student Learning Outcomes

1. Explain the history of health and mental health policy in the United States with emphasis on continuum of care, i.e., the community mental health movement, the role of social work practice, and inpatient and outpatient care.
2. Describe the financing of health/mental health care in the U.S.
3. Summarize the influence of current research on biological, cultural, economic, political, and psychological factors, as well as social welfare theories, on the design and delivery of health/mental health services in rural-urban contexts, i.e., inpatient, outpatient clinic, residential, home health care, extended care, hospice programs, and multi-disciplinary approaches.
4. Discuss the etiology, classification, and design of diagnostic systems and their application to cultural, ethnic and gender differences, i.e., ICD-10 and DSM-IV TR.
5. Identify ethical and legal issues relevant to social work advocacy and practice in health and mental health settings.
6. Explore the notion of “personhood” in relation to social work policy analysis in health and/or mental health settings.

## REQUIRED TEXT(S)/SUPPLEMENTAL MATERIALS

### Required Text(s)

Shi. L. & Singh, D.A. (2019) *Delivering health care in America: A systems approach* (7<sup>th</sup> ed.). Burlington, MA: Jones and Bartlett Publishers.

## COURSE STRUCTURE/FORMAT

Lecture, discussion, experiential learning experiences, video and Internet resources, and guest presentations.

## TENTATIVE COURSE SCHEDULE

Session/Date	Topic	Assignment
Session 1 [date]	Introduction to the course and review syllabus	Read: Ch. 1 (Shi and Singh)
Session 2 [date]	Lecture: NASW Code of Ethics, what is a person, history and philosophy of U.S. health care	Read: NASW Code of Ethics Read: Ch. 4 Reflection #1
Session 3 [date]	Lecture: U.S. health care service delivery system	Read: Ch. 6
Session 4 [date]	Lecture: U. S. health care service delivery system (cont.)	Read: Ch. 7 and 8
Session 5 [date]	Lecture: Healthcare financing, fee-for-service, and health insurance	Read: Ch. 9
Session 6 [date]	Lecture: Healthcare financing, fee-for-service, health insurance, and the Affordable Care Act	Read: Ch. 10 and 11
Session 7 [date]	Lecture: Affordable Care Act	Read: Ch. 12-14



Session/Date	Topic	Assignment
Session 8 [date]	Lecture: Medicare and Medicaid	
Session 9 [date]	Midterm exam	
Session 10 [date]	Lecture: Holistic health care: innovations	
Session 11 [date]	Lecture: Future trends and issues	
Session 12 [date]	Student presentations	Reflection #2
Session 13 [date]	Student presentations	Policy analysis
Session 14 [date]	Class wrap-up	

### IMPORTANT DATES

Last day to drop a course (via MavLink) and receive a 100% refund January 19, 2020  
 Last day to withdraw from a course (via MavLink) with a grade of “W” April 3, 2020

NOTE: This syllabus is written as an expectation of class topics, learning activities, and expected learning outcomes. However, the instructor reserves the right to make changes in this schedule that may result in enhanced or more effective learning for students. These modifications will not substantially change the intent or objectives of this course.

### ASSESSMENTS (ACTIVITIES, ASSIGNMENTS, AND EXAMS)

<b>Reflections (2)</b> Two reflections worth 25 points each.	50 points (total)
<b>Health Watch (1)</b> One health watch worth 50 points.	50 points (total)
<b>Refugee Mental Health (1)</b> One refugee mental health assignment worth 100 points.	100 points (total)
<b>Policy Presentation (1)</b> One policy presentation worth 100 points.	100 points (total)
<b>Policy Paper (1)</b> One policy paper worth 300 points.	300 points (total)
<b>Midterm Exam (1)</b> One midterm exam worth 300 points each.	300 points (total)



## Attendance and Participation

100 points (total)

**1000 points (total)**

### GRADING SCALE

Percent	Final Grade	Quality Points
98–100%	A+	4.00
94–97.9%	A	4.00
91–93.9%	A-	3.67
88–90.9%	B+	3.33
84–87.9%	B	3.00
81–83.9%	B-	2.67
78–80.9%	C+	2.33
77–77.9%	C	2.00
71–73.9%	C-	1.67
68–70.9%	D+	1.33
64–67.9%	D	1.00
61–63.9%	D-	0.67
Below 60.9%	F	0.00

### WRITING GUIDELINES

Students should make sure that writing assignments are free of grammar, punctuation, and spelling errors. Papers should adhere to the most recent citation style outlined by the American Psychological Association (APA).

### PLAGIARISM STATEMENT

In this course, students will submit written work by making use of information and ideas found in print or online sources. Whenever material from another writer is used, it is important that students quote or paraphrase appropriately and cite the source.

The UNO Academic Integrity policy defines plagiarism as "presenting the work of another as one's own (i.e., without proper acknowledgment of the source) and submitting academic work in whole or in part as one's own when such work has been prepared by another person or copied from another person."

Failure to cite sources appropriately is plagiarism, a serious academic offense. Plagiarized work will not be accepted. Consequences for plagiarism are up to the discretion of the instructor; they may range, for example, from rewriting all or part of a paper to a grade of F for the course. Students who plagiarize more than once are subject to disciplinary action, which may include expulsion from the university.

**Students SHOULD NOT GUESS when it comes to using or citing another writer's work. Students should contact the instructor or a consultant at the UNO Writing Center with questions. Students should take a printout of the original source as well as the paper that is being written to the consultation.**



## **ACADEMIC INTEGRITY POLICY**

The maintenance of academic honesty and integrity is a vital concern of the University community. Any student found responsible for violating the [policy on Academic Integrity](#) shall be subject to both academic and disciplinary sanctions. Violations of the policy on Academic Integrity include, but are not limited to, the following: cheating, fabrication and falsification, plagiarism, abuse of academic materials and/or equipment, complicity in academic dishonesty, falsifying grade reports, and/or misrepresentation to avoid academic work. More information about these areas and the procedures addressing academic integrity is available from the Office of Academic and Student Affairs (EAB 202 | 402.554.2262).

## **CLASSROOM EXPECTATIONS**

Students are expected to arrive on time to class meetings. Students should come to class well prepared, meaning readings and other assignments have been completed. Students are expected to be respectful of their classmates and the instructor. Distracting and/or disrespectful behaviors will not be tolerated.

## **CELL PHONES, MOBILE DEVICES, AND LAPTOPS**

Students are welcome to use cell phones, mobile devices, and/or laptops in class provided they are used for academic purposes such as note taking, accessing course materials, or researching course concepts and their use does not disrupt fellow classmates. Please silence devices if at all possible. A student who receives a phone call or text, should step outside the classroom to respond. DO NOT take pictures or video during class.

## **TECHNOLOGY REQUIREMENTS**

Students will be expected to have access to a computer frequently, as all writing assignments used will be typed out and not handwritten. The software students use to write assignments is irrelevant, as long as the writing guidelines outlined in this syllabus are followed. It is recommended that students have access to a computer weekly. Public computers are available on the UNO campus. Consult [Information Technology Services](#) and the [Criss Library](#), for more information on equipment locations and availability.

## **TECHNICAL SUPPORT**

Technical support for common university systems, including Canvas and email, is available from Information Technology Services [technical support](#) located in Eppley Administration Building (EAB) 104.

## **ACCESSIBILITY ACCOMMODATIONS**

Reasonable accommodations are provided for students who are registered with Accessibility Services Center (ASC) and make their requests sufficiently in advance. For more information, contact ASC (Location: 104 H&K, Phone: 402.554.2872, Email: [unoaccessibility@unomaha.edu](mailto:unoaccessibility@unomaha.edu))



## **CRISS LIBRARY**

UNO's Criss Library offers a wide variety of resources that support student learning. Subject specialist librarians have in-depth knowledge of researching within specific disciplines and can provide guidance for a specific area of study. Students are encouraged to explore customized resources featured on the [Criss Library](#) website.

## **EMERGENCY PREPAREDNESS**

The University of Nebraska at Omaha is prepared for a wide range of emergencies. Students should familiarize themselves with procedures and assistance available on UNO's [emergency information page](#). If travel to campus is not feasible due to a declared emergency, a combination of Canvas, teleconferencing, and other technologies will be used to facilitate academic continuity. Students will be notified of procedures through Canvas course site announcements and email as appropriate.

## **INCLEMENT WEATHER**

In the event of inclement or threatening weather, students should use his/her best judgment regarding travel to and from campus. Students who are not able to attend class due to adverse weather conditions, should contact the instructor as soon as possible. Similarly, if the instructor is unable to reach the class location, students will be notified of any cancellation or change as soon as possible (by approximately 1 hour before class starts and by posting an announcement in Canvas). Students who cannot get to class because of weather conditions, will be provided allowances relative to attendance policies as well as any scheduled tests, quizzes, or other assessments.

## **PREFERRED NAME AND PREFERRED GENDER PRONOUNS**

Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with differences of race, culture, religion, politics, sexual orientation, gender, gender variance, and nationalities. Class rosters are provided to the instructor with the student's legal name. The instructor will gladly honor a student's request to be addressed by an alternate name or gender pronoun. Please advise the instructor of this preference early in the semester so that instructor records may be changed appropriately.

## **WRITING CENTER**

The UNO Writing Center offers free one-on-one consultations with trained consultants to all students, faculty, and staff. Their goal is to help writers improve their writing skills and confidence in all types of writing, in all subject areas, and at all stages of the writing process. For more information about their hours and locations or to schedule an appointment, go to [unomaha.edu/writingcenter](http://unomaha.edu/writingcenter) or visit their main location in Arts and Sciences Hall (ASH) 150.



## **SPEECH CENTER**

The [UNO Speech Center](#) provides free consulting and coaching services to all UNO students, faculty, and staff in preparing oral presentations. The Speech Center Consulting Room can help students with presentation preparation, outlining, effective delivery techniques, along with any other presentational needs. Speech consulting will help at any stage in the speech-making process. For more information, visit the UNO Speech Center in Arts and Sciences Hall (ASH) 183 and 185.

## **STUDENT SAFETY**

A variety of resources are available to support student safety and security. Students have experienced or are experiencing a difficult personal situation, should consult the resources available through the [Division of Student Success](#).

## **OUTCOMES MAP AND STUDENT LEARNING OUTCOMES (SLOs)**

### **Council on Social Work Education (CSWE) Competencies**

The student learning outcomes for this course are built upon the following nine social work core competencies set forth by the CSWE's 2015 Educational Policies and Accreditation Standards (EPAS) which is required for all accredited social work programs.

1. Demonstrate ethical and professional behavior.
2. Engage diversity and difference in practice.
3. Advance human rights and social, economic, and environmental justice.
4. Engage in practice-informed research and research-informed practice.
5. Engage in policy practice.
6. Engage with individuals, families, groups, organizations, and communities.
7. Assess individuals, families, groups, organizations, and communities.
8. Intervene with individuals, families, groups, organizations and communities.
9. Evaluate practice with individuals, families, groups, organizations, and communities.

This map is intended to show how course topics, content, and activities align to the student learning outcomes outlined above. Course objectives are italicized to distinguish them from the core competencies set forth by the CSWE's 2015 EPAS.

<b>Course Objective/Student Learning Outcome</b>	<b>EPAS Competency</b>	<b>Assignment</b>	<b>Dimension*</b>
1. Explain the history of health and mental health policy in the United States with emphasis on continuum of care, i.e., the community mental health movement, the role of social work practice, and inpatient and outpatient care.	2, 3, 4, 5, 7, 8, and 9	Health watch, mini-autobiography, midterm exam, and health policy analysis paper	K, S, V, and CAP
2. Describe the financing of health/mental health care in the U.S.	1, 4, 5, and 9	Midterm exam, health policy analysis paper,	K, S, V, and CAP



Course Objective/Student Learning Outcome	EPAS Competency	Assignment	Dimension*
3. Summarize the influence of current research on biological, cultural, economic, political, and psychological factors, as well as social welfare theories, on the design and delivery of health/mental health services in rural-urban contexts, i.e., inpatient, outpatient clinic, residential, home health care, extended care, hospice programs, and multi-disciplinary approaches.	1, 2, 3, 4, 5, 7, 8, and 9	Health watch, mini-autobiography, midterm exam, and health policy analysis paper	K, S, V, and CAP
4. Discuss the etiology, classification, and design of diagnostic systems and their application to cultural, ethnic and gender differences, i.e., ICD-10 and DSM-IV TR.	1, 2, 3, 4, 5, 6, 7, 8, and 9	Midterm exam and health policy analysis paper	K, S, V, and CAP
5. Identify ethical and legal issues relevant to social work advocacy and practice in health and mental health settings.	1, 2, 3, 4, 5, 6, 7, 8, and 9	Health watch, mini-autobiography, midterm exam, and health policy analysis paper	K, S, V, and CAP
6. Explore the notion of “personhood” in relation to social work policy analysis in health and/or mental health settings.	1, 2, 3, 4, 5, 6, 7, 8, and 9	Health watch, mini-autobiography, midterm exam, and health policy analysis paper	K, S, V, and CAP

\*Dimensions Key:

K = Knowledge

S = Skills

V = Value

CAP = Cognitive and Affective Processing

## REFERENCES AND SUPPLEMENTAL MATERIALS

### References

- Allen, K.M. & Spitzer, W.J. (2015) *Social work practice in healthcare: Advancing approaches and emerging trends*. Thousand Oaks, CA: Sage Publications.
- American Medical Association. (2020). *Patient rights*. [www.ama-assn.org/delivering-care/ethics/patient-rights](http://www.ama-assn.org/delivering-care/ethics/patient-rights)
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders*. (5<sup>th</sup> ed.). Washington, D.C.: American Psychiatric Association.
- Brill, S. (2015) *America’s bitter pill: Money, politics, backroom deals, and the fight to fix our broken healthcare system*. New York, NY: Random House Trade Paperbacks.
- Centers for Medicare & Medicaid Services. (2020). *Medicare-Medicaid coordination*. [www.cms.gov/Medicare-Medicaid-Coordination/Medicare-MedicaidCoordination](http://www.cms.gov/Medicare-Medicaid-Coordination/Medicare-MedicaidCoordination)



- Colson, M. (2019) *MEDICARE made clear: Avoid the many pitfalls, navigate the landmines.* (5<sup>th</sup> ed.). Mike Colson.
- McLaughlin, C.P. & McLaughlin, C.D. (2018) *Health Policy Analysis: An Interdisciplinary Approach.* (3<sup>rd</sup> ed.). Sudbury, MA: Jones and Bartlett Publishers.
- Medicare.gov. (2020). *Medicaid.* [www.medicare.gov/your-medicare-costs/get-help-paying-costs/medicaid](http://www.medicare.gov/your-medicare-costs/get-help-paying-costs/medicaid)
- Rosenthal, E. (2018) *An American sickness: How healthcare became big business and how you can take it back.* New York, NY: Penguin Books.
- Shi, L. & Singh, D.A. (2019) *Delivering health care in America: A systems approach* (7<sup>th</sup> ed.). Burlington, MA: Jones and Bartlett Publishers.
- Starr, P. (2017) *The social transformation of American medicine: The rise of a sovereign profession and the making of a vast industry* (2<sup>nd</sup> ed.) New York, NY: Basic Books.
- United States Department of Health & Human Services Office of the Surgeon General. (2019). *Mental health reports and publications.* <https://www.hhs.gov/surgeongeneral/reports-and-publications/mental-health/index.html>

### **Classic References**

- Austrian, S.G. (2005) *Mental disorders, medications, and clinical social work.* (3<sup>rd</sup> ed.) New York, NY: Columbia University Press.
- Gamwell, L. & Tomes, N. (1995). *Madness in America: Cultural and medical perceptions of mental illness before 1914.* Ithaca, NY: Cornell University Press.
- Grob, G.N. (1991) *From asylum to community: Mental health policy in modern America.* Princeton, NJ: Princeton University Press.
- Kaptchuk, T.J. (1983) *The web that has no weaver: Understanding Chinese medicine.* New York, NY: Congdon & Weed.
- Moon, M. (2006) *Medicare: A policy primer.* Washington, D.C.: Urban Institute Press.  
*New York Times* – Free Internet Subscription
- Reid, D. (1998) *The complete book of Chinese health & healing.* Boston, MA: Shambhala Publications, Inc.
- Rosenberg, C.E. (1987) *The care of strangers: The rise of America's hospital system.* New York, NY: Basic Books.
- Valenstein, E.S. (2010). *Great and desperate cures: The rise and decline of psychosurgery and other radical treatments for mental illness.* New York, NY: CreateSpace Independent Publishing Platform.
- Yanni, C. (2007) *The architecture of madness: Insane asylums in the United States.* Minneapolis, MN: University of Minnesota Press.

