INSTITUTIONAL OPPRESSION
SOWK 8110 | 3 credit hours

Spring Semester 2020
Class Meetings: Mondays, 4:00–6:00 P.M., 126 CPACS

Instructor: Professor C.J. Washington (Dr. Washington; She | Her | Hers)
Office: 206 CPACS
Office Phone: 402.554.2792
Email: cjwashington@unomaha.edu

NOTE: Students should contact the instructor via email rather than by phone. Email messages will be responded to within 24 hours, excluding weekends, holidays, and breaks.

Office Hours: Tuesdays, 1:00–3:00 P.M. or by appointment
Online Office Hours: Wednesdays, 6:30–8:00 P.M. or by appointment

Department: Grace Abbott School of Social Work
Main Office: 206 CPACS
Dept. Phone: 402.554.2972

COURSE INFORMATION

Description
This course examines institutional racism, sexism and classism as it relates to social policy and social injustice. The focus is on how institutional oppressions are related and are mutually reinforcing. The consequences of institutional racism, sexism and classism are examined at the individual, group, family, and agency levels.

Rationale/Overview
This course is about the effects of race, class, and gender on social policy and social injustice. The focus is on how institutional oppressions are related and are mutually reinforcing. The consequences of discrimination based on race, class, and gender are examined at the individual, group, family, and societal levels. Discussion will be directed at increasing the awareness and understanding of the theories of institutionalized oppression. Students will be exposed to the movements and social actions to dismantle institutional manifestations of racism, classism, and sexism.
Course Objectives/Student Learning Outcomes

1. Demonstrate how various culture structures and values (racism, ageism, sexism, heterosexism, ableism, and classism) oppress, marginalize, alienate, create, or enhance privilege or power.
2. Display sufficient awareness to eliminate the influence of personal biases and values in working with diverse groups.
3. Communicate how values and personal biases affect our understanding of differences in shaping life experiences.
4. Display ability to advance human rights, social and economic justice by communicating the forms (race, ethnicity, national origin, age, gender, sexual orientation, ability, socio-economic, class, and religion/spirituality) and mechanisms of oppression and discrimination.
5. Advocate for human, social, and economic justice.
6. Engage in practices that advance social and economic justice.
7. Critique and apply knowledge to understand person and environment.
8. Analyze, formulate, and advocate for policies that advance social well-being.

REQUIRED TEXT(S)/SUPPLEMENTAL MATERIALS

Required Text(s)

COURSE STRUCTURE/FORMAT

Class lectures, discussions, in-class assignments, audio-visual aids, and guest speakers will be used to present course materials.

TENTATIVE COURSE SCHEDULE

<table>
<thead>
<tr>
<th>Session/Date</th>
<th>Topic</th>
<th>Assignment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>Introduction to the course and review syllabus</td>
<td></td>
</tr>
<tr>
<td>[date]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Session 2</td>
<td>Lecture: Understanding Racism, sexism, heterosexism, and class privilege</td>
<td>Read Ch. 1, 2, and 3 (Zinn)</td>
</tr>
<tr>
<td>[date]</td>
<td>View and discuss: “Colorblind: Rethinking Race”</td>
<td>Read Ch. 1-9 (Part II) (Rothenberg)</td>
</tr>
<tr>
<td>Session 3</td>
<td>Lecture: Race in the 21st Century: Complicating Questions of Race and Ethnicity</td>
<td>Read Ch. 4 and 9 (Zinn)</td>
</tr>
<tr>
<td>[date]</td>
<td>View and discuss: “The Best Campaign Money can Buy” or “The Best Democracy Money can Buy”</td>
<td>Read Ch. 1-9 (Part III) (Rothenberg)</td>
</tr>
<tr>
<td>Session/Date</td>
<td>Topic</td>
<td>Assignment</td>
</tr>
<tr>
<td>--------------</td>
<td>----------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Session 4 [date]</td>
<td>Lecture: The social construction of race, class, gender, and sexuality View and discuss: “Maxed Out” Listen to audio and discuss: “Giant Pool of Money”</td>
<td>Read Ch. 6 (Zinn) Read Ch. 1-11 (Part IV) Discrimination in Everyday Life, and Ch. 1-23</td>
</tr>
<tr>
<td>Session 5 [date]</td>
<td>Lecture: The economics of race, class, and gender in the U.S. Listen to audio and discuss: “Racism, and the Ideology of Slavery: from Aristotle to Today”</td>
<td>Read Ch. 5, 10, and 11 (Zinn) Read Ch. 1-18 (Part V) (Rothenberg)</td>
</tr>
<tr>
<td>Session 6 [date]</td>
<td>Lecture: Violence against women, homophobia, and hate crimes (guest speaker)</td>
<td>Read Ch. 1-14 (Part VI) (Rothenberg) Quiz #1</td>
</tr>
<tr>
<td>Session 7 [date]</td>
<td>Lecture: Some consequences of racial, gender, and class inequality View and discuss: “Still Killing Us Softly”</td>
<td>Read Ch. 15-27 (Part VI) (Rothenberg)</td>
</tr>
<tr>
<td>Session 8 [date]</td>
<td>Lecture: Dismantling these oppressions at the institutional level/role of social work professionals, social movements against these oppressions View and discuss: “One Woman One Vote”</td>
<td></td>
</tr>
<tr>
<td>Session 9 [date]</td>
<td>Lecture: Maintaining race, class, and gender hierarchies: reproducing “reality” View and discuss: “For the Bible Tells me so”</td>
<td>Read Ch. 1-11 (Part VII) (Rothenberg)</td>
</tr>
<tr>
<td>Session 10 [date]</td>
<td>Lecture: Disability: Ableism or disableism as discrimination (guest speaker) View and discuss:</td>
<td>Read Ch. 1-9 (Part IX) (Rothenberg) Video Resource: “If I Can’t Do It”</td>
</tr>
<tr>
<td>Session 11 [date]</td>
<td>Lecture: Corporate control of food, profits, and impact on health View and discuss: “Sicko”</td>
<td>Read Ch. 1-23 (Part VII) (Rothenberg) Quiz #2</td>
</tr>
<tr>
<td>Session 12 [date]</td>
<td>Lecture: Black panthers (guest speaker) View and discuss: “Black Panthers in Omaha”</td>
<td>Read Ch. 17 and 22 (Zinn) Read Women: a feminist perspective (pp. 543-556) Read Personal Politics (pp. 212-232)</td>
</tr>
<tr>
<td>Session 13 [date]</td>
<td>Lecture: Theoretical framework to understand oppression based on race, class, gender, and sexual orientation</td>
<td></td>
</tr>
</tbody>
</table>
### Session/Date

<table>
<thead>
<tr>
<th></th>
<th>Topic</th>
<th>Assignment</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Session 14 [date]</td>
<td>Lecture: Theoretical framework to understand oppression based on race, class, gender, and sexual orientation (cont.)</td>
</tr>
<tr>
<td></td>
<td>Session 15 [date]</td>
<td>View and discuss: “Where to Invade Next”</td>
</tr>
</tbody>
</table>

### IMPORTANT DATES

- Last day to drop a course (via MavLink) and receive a 100% refund: January 19, 2020
- Last day to withdraw from a course (via MavLink) with a grade of “W”: April 3, 2020

NOTE: This syllabus is written as an expectation of class topics, learning activities, and expected learning outcomes. However, the instructor reserves the right to make changes in this schedule that may result in enhanced or more effective learning for students. These modifications will not substantially change the intent or objectives of this course.

### ASSESSMENTS (ACTIVITIES, ASSIGNMENTS, AND EXAMS)

**Exams (4)**
- Four exams worth 50 points each. 200 points (total)

**Podcasts/Case Studies (3)**
- Three podcasts/case studies worth 50 points each. 150 points (total)

**New York Times Summary (1)**
- One *New York Times* summary worth 75 points. 75 points (total)

**Research Paper (1)**
- One research paper worth 150 points. 150 points (total)

**Attendance and Participation**
- 20 points (total) 595 points (total)

### GRADING SCALE

<table>
<thead>
<tr>
<th>Percent</th>
<th>Final Grade</th>
<th>Quality Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>98–100%</td>
<td>A+</td>
<td>4.00</td>
</tr>
<tr>
<td>94–97.9%</td>
<td>A</td>
<td>4.00</td>
</tr>
<tr>
<td>91–93.9%</td>
<td>A-</td>
<td>3.67</td>
</tr>
<tr>
<td>88–90.9%</td>
<td>B+</td>
<td>3.33</td>
</tr>
<tr>
<td>84–87.9%</td>
<td>B</td>
<td>3.00</td>
</tr>
<tr>
<td>81–83.9%</td>
<td>B-</td>
<td>2.67</td>
</tr>
<tr>
<td>78–80.9%</td>
<td>C+</td>
<td>2.33</td>
</tr>
<tr>
<td>77–77.9%</td>
<td>C</td>
<td>2.00</td>
</tr>
<tr>
<td>71–73.9%</td>
<td>C-</td>
<td>1.67</td>
</tr>
</tbody>
</table>
WRITING GUIDELINES
Students should make sure that writing assignments are free of grammar, punctuation, and spelling errors. Papers should adhere to the most recent citation style outlined by the American Psychological Association (APA).

PLAGIARISM STATEMENT
In this course, students will submit written work by making use of information and ideas found in print or online sources. Whenever material from another writer is used, it is important that students quote or paraphrase appropriately and cite the source.

The UNO Academic Integrity policy defines plagiarism as "presenting the work of another as one's own (i.e., without proper acknowledgment of the source) and submitting academic work in whole or in part as one's own when such work has been prepared by another person or copied from another person."

Failure to cite sources appropriately is plagiarism, a serious academic offense. Plagiarized work will not be accepted. Consequences for plagiarism are up to the discretion of the instructor; they may range, for example, from rewriting all or part of a paper to a grade of F for the course. Students who plagiarize more than once are subject to disciplinary action, which may include expulsion from the university.

Students SHOULD NOT GUESS when it comes to using or citing another writer’s work. Students should contact the instructor or a consultant at the UNO Writing Center with questions. Students should take a printout of the original source as well as the paper that is being written to the consultation.

ACADEMIC INTEGRITY POLICY
The maintenance of academic honesty and integrity is a vital concern of the University community. Any student found responsible for violating the policy on Academic Integrity shall be subject to both academic and disciplinary sanctions. Violations of the policy on Academic Integrity include, but are not limited to, the following: cheating, fabrication and falsification, plagiarism, abuse of academic materials and/or equipment, complicity in academic dishonesty, falsifying grade reports, and/or misrepresentation to avoid academic work. More information about these areas and the procedures addressing academic integrity is available from the Office of Academic and Student Affairs (EAB 202 | 402.554.2262).
CLASSROOM EXPECTATIONS
Students are expected to arrive on time to class meetings. Students should come to class well prepared, meaning readings and other assignments have been completed. Students are expected to be respectful of their classmates and the instructor. Distracting and/or disrespectful behaviors will not be tolerated.

CELL PHONES, MOBILE DEVICES, AND LAPTOPS
Students are welcome to use cell phones, mobile devices, and/or laptops in class provided they are used for academic purposes such as note taking, accessing course materials, or researching course concepts and their use does not disrupt fellow classmates. Please silence devices if at all possible. A student who receives a phone call or text, should step outside the classroom to respond. DO NOT take pictures or video during class.

TECHNOLOGY REQUIREMENTS
Students will be expected to have access to a computer frequently, as all writing assignments used will be typed out and not handwritten. The software students use to write assignments is irrelevant, as long as the writing guidelines outlined in this syllabus are followed. It is recommended that students have access to a computer weekly. Public computers are available on the UNO campus. Consult Information Technology Services and the Criss Library, for more information on equipment locations and availability.

TECHNICAL SUPPORT
Technical support for common university systems, including Canvas and email, is available from Information Technology Services technical support located in Eppley Administration Building (EAB) 104.

ACCESSIBILITY ACCOMMODATIONS
Reasonable accommodations are provided for students who are registered with Accessibility Services Center (ASC) and make their requests sufficiently in advance. For more information, contact ASC (Location: 104 H&K, Phone: 402.554.2872, Email: unoaccessibility@unomaha.edu)

CRISST LIBRARY
UNO’s Criss Library offers a wide variety of resources that support student learning. Subject specialist librarians have in-depth knowledge of researching within specific disciplines and can provide guidance for a specific area of study. Students are encouraged to explore customized resources featured on the Criss Library website.

EMERGENCY PREPAREDNESS
The University of Nebraska at Omaha is prepared for a wide range of emergencies. Students should familiarize themselves with procedures and assistance available on UNO’s emergency information page. If travel to campus is not feasible due to a declared emergency, a combination of Canvas, teleconferencing, and other technologies will be used to facilitate academic continuity. Students will be notified of procedures through Canvas course site announcements and email as appropriate.
INCLEMENT WEATHER
In the event of inclement or threatening weather, students should use his/her best judgment regarding travel to and from campus. Students who are not able to attend class due to adverse weather conditions, should contact the instructor as soon as possible. Similarly, if the instructor is unable to reach the class location, students will be notified of any cancellation or change as soon as possible (by approximately 1 hour before class starts and by posting an announcement in Canvas). Students who cannot get to class because of weather conditions, will be provided allowances relative to attendance policies as well as any scheduled tests, quizzes, or other assessments.

PREFERRED NAME AND PREFERRED GENDER PRONOUNS
Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with differences of race, culture, religion, politics, sexual orientation, gender, gender variance, and nationalities. Class rosters are provided to the instructor with the student's legal name. The instructor will gladly honor a student’s request to be addressed by an alternate name or gender pronoun. Please advise the instructor of this preference early in the semester so that instructor records may be changed appropriately.

WRITING CENTER
The UNO Writing Center offers free one-on-one consultations with trained consultants to all students, faculty, and staff. Their goal is to help writers improve their writing skills and confidence in all types of writing, in all subject areas, and at all stages of the writing process. For more information about their hours and locations or to schedule an appointment, go to unomaha.edu/writingcenter or visit their main location in Arts and Sciences Hall (ASH) 150.

SPEECH CENTER
The UNO Speech Center provides free consulting and coaching services to all UNO students, faculty, and staff in preparing oral presentations. The Speech Center Consulting Room can help students with presentation preparation, outlining, effective delivery techniques, along with any other presentational needs. Speech consulting will help at any stage in the speech-making process. For more information, visit the UNO Speech Center in Arts and Sciences Hall (ASH) 183 and 185.

STUDENT SAFETY
A variety of resources are available to support student safety and security. Students have experienced or are experiencing a difficult personal situation, should consult the resources available through the Division of Student Success.

OUTCOMES MAP AND STUDENT LEARNING OUTCOMES (SLOs)
Council on Social Work Education (CSWE) Competencies
The student learning outcomes for this course are built upon the following nine social work core competencies set forth by the CSWE’s 2015 Educational Policies and Accreditation Standards (EPAS) which is required for all accredited social work programs.
1. Demonstrate ethical and professional behavior.
2. Engage diversity and difference in practice.
3. Advance human rights and social, economic, and environmental justice.
4. Engage in practice-informed research and research-informed practice.
5. Engage in policy practice.
6. Engage with individuals, families, groups, organizations, and communities.
7. Assess individuals, families, groups, organizations, and communities.
8. Intervene with individuals, families, groups, organizations and communities.
9. Evaluate practice with individuals, families, groups, organizations, and communities.

This map is intended to show how course topics, content, and activities align to the student learning outcomes outlined above. Course objectives are italicized to distinguish them from the core competencies set forth by the CSWE’s 2015 EPAS.

<table>
<thead>
<tr>
<th>Course Objective/Student Learning Outcome</th>
<th>EPAS Competency</th>
<th>Assignment</th>
<th>Dimension*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Demonstrate how various cultures structures and values (racism, ageism, sexism, heterosexism, ableism, and classism) oppress, marginalize, alienate, or create or enhance privilege or power.</td>
<td>2</td>
<td>Readings, exams and quizzes, papers, and class/group discussions</td>
<td>K and V</td>
</tr>
<tr>
<td>2. Display sufficient awareness to eliminate the influence of personal biases and values in working with diverse groups.</td>
<td>2</td>
<td>Readings and class/group discussions</td>
<td>K</td>
</tr>
<tr>
<td>3. Communicate how values and personal biases affect our understanding of differences in shaping life experiences.</td>
<td>2</td>
<td>Readings, papers, and class/group discussions</td>
<td>K</td>
</tr>
<tr>
<td>4. Display ability to advance human rights, social and economic justice by communicating the forms (race, ethnicity, national origin, age, gender, sexual orientation, ability, socio-economic, class, and religion/spirituality) and mechanisms of oppression and discrimination.</td>
<td>3 and 5</td>
<td>Readings, exams and quizzes, papers, class/group discussions, and field trip/attendance</td>
<td>K, S, and V</td>
</tr>
<tr>
<td>5. Advocate for human, social and economic justice.</td>
<td>3 and 5</td>
<td>Readings, papers, class/group discussions, and field trip/attendance</td>
<td>V and CAP</td>
</tr>
<tr>
<td>6. Engage in practices that advance social and economic justice.</td>
<td>3 and 5</td>
<td>Readings, papers, class/group discussions, and field trip/attendance</td>
<td>K and CAP</td>
</tr>
<tr>
<td>7. Critique and apply knowledge to understand person and environment.</td>
<td>5</td>
<td>Readings, papers, and class/group discussions,</td>
<td></td>
</tr>
<tr>
<td>8. Analyze, formulate, and advocate for policies that advance social well-being</td>
<td>5</td>
<td>Readings, papers, and field trip/attendance</td>
<td>K, S, and CAP</td>
</tr>
</tbody>
</table>
*Dimensions Key:
   K = Knowledge
   S = Skills
   V = Value
   CAP = Cognitive and Affective Processing

REFERENCES AND SUPPLEMENTAL MATERIALS

References


Features, F. M.-R. (Director) (2015). *For the Bible tells me so* [Motion Picture].


Peck, R. (Director) (2016). *I am not your Negro* [Motion Picture].


Classic References
Burns, K. (2012). *The Central Park Five* [Motion Picture].


Pollard, S. D. (Director). (2012). *Slavery by Another Name* [Motion Picture].


Websites
Information for Practice https://ifp.nyu.edu/

Nebraska Legislature https://nebraskalegislature.gov/

Economic Policy Institute https://www.epi.org/

Institute for Policy Studies https://ips-dc.org/

National LGBTQ Task Force https://www.thetaskforce.org/
U.S. Congress https://www.congress.gov/
Nebraska Coalition to End Sexual and Domestic Violence https://www.nebraskacoalition.org/
Parents and Friends of Lesbians and Gays http://www.pflag-omaha.org/
The Gay Library www.gaylibrary.com/enter.htm
Z magazine https://zcomm.org/zmag/
Free Press https://www.freepress.net/
Common Dreams https://www.commondreams.org/