

**HEIDI ADAMS RUEDA**

The University of Nebraska at Omaha  
John E. Christensen Community Chair in Child Welfare  
Grace Abbott School of Social Work  
College of Public Affairs and Community Service  
6001 Dodge Street  
Omaha, Nebraska 68182  
Email: hrueda@unomaha.edu

---

**EDUCATION**

Doctor of Philosophy in Social Work May 2013  
Arizona State University

Master of Social Work May 2007  
Planning, Administration, and Community Practice Concentration  
Twelve additional graduate-level credit hours earned in Spanish Language and Culture  
Arizona State University

Bachelor of Arts, Psychology May 2004  
Cognitive Psychology Concentration  
Bachelor of Arts, Spanish  
University of Nebraska, Omaha

Languages: Spanish (moderately fluent; written and oral)  
Energy-Flow Coaching™ (EFC) Health Coach (Certified, Levels 1 & 2)

**ACADEMIC POSITIONS**

John E. Christensen Community Chair in Child Welfare 2022-Present  
Associate Professor, University of Nebraska at Omaha

Faculty Affiliate, Center for Violence Prevention, University of Texas Medical Branch 2019-Present

Associate Professor, University of Texas at San Antonio 2019-2022  
Assistant Professor, University of Texas at San Antonio 2013-2019

Adjunct Faculty, Arizona State University 2004-2013  
School of Language and Literatures  
School of Social and Family Dynamics  
School of Social Work

**RESEARCH INTERESTS**

Adolescent dating and sexuality; intimate partner and teen dating violence; disability; spirituality and wellbeing; minority and underserved youth populations; design and evaluation of developmentally- and culturally-grounded preventative interventions

**PEER-REVIEWED JOURNAL PUBLICATIONS**

\*Note change of name from Adams, H. L. to Rueda, H. A. *\*Italicized student names*

38. **Rueda, H. A.**, Williams, L.R. & Vera, A. (accepted for publication) Barriers to the delivery of teen dating violence programs in urban school and after-school settings serving Mexican-heritage youth. *Urban Social Work*

37. Rodriguez, D., **Rueda, H. A.**, Hoffman, S., & Gutierrez, B. (online first, Jan., 2022). Mexican middle schoolers' questions on sexuality and dating relationships: A descriptive qualitative analysis. *Journal of Child and Adolescent Social Work*. 10.1007/s10560-021-00811-7

36. Williams, L. R. & **Rueda, H.A.** (2020). Witnessing intimate partner violence across contexts: Mental health, delinquency, and dating violence outcomes among Mexican heritage youth. *Journal of Interpersonal Violence*, 37(5-6), NP3152-NP3174.
35. *Cedeno, D.*, Bermea, A., **Rueda, H. A.**, & Toews, M. (online first, April, 2021). Economic stress among low income Latino adolescent fathers: An application of the Vulnerability-Stress-Adaptation model. *Child & Adolescent Social Work Journal*. 10.1007/s10560-021-00761-0
34. **Rueda, H. A.**, *Yndo, M. C.*, Williams, L. R., & Shorey, R. C. (2021). Does Gottman's marital communication conceptualization inform teen dating violence? Communication skill deficits analyzed across three samples of diverse adolescents. *Journal of Interpersonal Violence*, 36(11-12), NP6411–NP6440.
33. Bermea, A. M., *Gonzalez-Pons, K.*, & **Rueda, H. A.** (2021). Staff perspectives regarding the influence of trauma on the intimate partnering experiences of adolescent mothers in residential foster care. *Child and Adolescent Social Work Journal*, 38, 283-294.
32. Hoffman, S., **Rueda, H. A.**, and *Beasley, L.* (2020). Health-related quality of life and health literacy among Mexican American and Black American youth in a Southern border state. *Social Work in Public Health*, 35(3), 114-124.
31. Hoffman, S., **Rueda, H. A.**, & *Chase, S.* (2020). An assessment of mental wellbeing and health-related quality of life among youth living in Central Mexico. *Global Journal of Health Science*, 12(3), 1-11.
30. **Rueda, H. A.**, Brown, M. L., & Geiger, J. M. (2020). Technology and dating in residential foster care: A mixed qualitative approach comparing staff and adolescent perspectives. *Journal of Adolescent Research*, 35, 521-545.
29. **Rueda, H. A.**, Hoffman, S., & *Grytza, K.* (online first, 2019). Proving their love: Violence and gender norms in descriptions of relationships among rural Mexican adolescents. *Children & Youth Services Review*, 105, 1-8. doi 10.1016/j.childyouth.2019.104424
28. Hoffman, S., **Rueda, H. A.**, & *Beasley, L.* (2019). Youth perspectives of health care in Central Mexico: An Application of Massey's critical health framework. *International Journal of Environmental Research and Public Health*, 165, 86-100.
27. **Rueda, H.A.** & Fawson, P. (2018). From state policy to school practices: Accessibility and implementation of teen dating violence awareness education. *Partner Abuse*, 9, 379-397.
26. *Bermea, A. M.*, Forenza, B., **Rueda, H. A.**, Toews, M. L. (online first, 2018). Resiliency and adolescent motherhood in the context of residential foster care. *Child and Adolescent Social Work Journal*. doi 10.1007/s10560-018-0574-0.
25. *Bermea, A. M.*, **Rueda, H. A.**, & Toews, M. L. (2018). Queerness and dating violence among adolescent mothers in foster care. *Affilia: Journal of Women and Social Work*, 33, 164-176.
24. Williams, L. R. & **Rueda, H. A.** (2018). Teen dating violence: Perceptions of need, priority, and prevention responsibility among schools in Latino communities. *Children & Schools*, 40, 135-143.
23. **Rueda, H. A.**, *Bolin, S.*, Linton, K. F., Williams, L. R., & *Pesta, E.* (2017). Social workers' roles in supporting the sexual and relational health of children with disabilities. *Child & Adolescent Social Work Journal*, 34, 493-505.

22. *Bolin, S. J., Rueda, H. A., & Linton, K. F. (2017). Grand challenges in school social work: Collaboration and constraint in school social workers' sexuality support for children with disabilities. Children & Schools, 40, 25-34.*
21. Hoffman, S. G., **Rueda, H. A.**, & Lambert, M. (online first, August 2017). Confirmatory factor analysis of the Warwick-Edinburgh Mental Well-being Scale among youth in Mexico. *International Journal of Social Work. doi 10.1177/0020872817727576.*
20. *Wallace, C., Thieleman, K., Cimino, A., & Rueda, H. A. (2016). Ethics at the end of life: A teaching tool. Journal of Social Work Education, 53, 327-338.*
19. **Rueda, H. A.**, Hawley, A., Black, B. M., & Ombayo, B. (2016). Graduating MSW students' recommended interventions for teen dating violence: A descriptive analysis. *Advances in Social Work, 17, 203-220.*
18. Williams, L. R. & **Rueda, H. A.** (2016). Mexican American adolescent couples' vulnerability for observed negativity and physical violence: Pregnancy and acculturation mismatch. *Journal of Adolescence, 52, 170-181.*
17. *Thieleman, K., Wallace, C., Cimino, A., Rueda, H. A. (2016). Exhaust all measures: Ethical issues in pediatric end-of-life care. Journal of Social Work in End-of-Life and Palliative Care, 12, 289-306.*
16. Linton, K., **Rueda, H. A.**, Williams, L. R., *Sandoval, A., & Bolin, S. (2015). Reproductive and sexual healthcare needs among adults with disabilities as perceived by social workers. Sexuality & Disability, 34, 145-156.*
15. **Rueda, H. A.** & Williams, L. R. (2015). Mexican American adolescent couples communicating about conflict: An integrated developmental and cultural perspective. *Journal of Adolescent Research, 52, 17-181.*
14. Linton, K. & **Rueda, H. A.** (2015). Dating and sexuality among minority adolescents with disabilities: An application of sociocultural theory. *Human Behavior in the Social Environment, 25, 77-89.*
13. **Rueda, H. A.**, Williams, L. R., & Nagoshi, J. L. (2015). Help-seeking and help-offering for teen dating violence among acculturating Mexican American adolescents. *Children & Youth Services Review, 53, 219-228.*
12. **Rueda, H. A.**, Lindsay, M., & Williams, L. R. (2015). "She posted it on Facebook": Mexican American adolescents' experiences with technology, relationship conflict, and dating violence. *Journal of Adolescent Research, 30, 419-445.*
11. Linton, K. F. & **Rueda, H. A.** (2014). Experiences with pregnancy of adolescents with disabilities from the perspectives of the school social workers that serve them. *Health & Social Work, 39, 92-100.*
10. **Rueda, H. A.**, Linton, K. F., & Williams, L. R. (2014). School social workers' needs in supporting adolescents with disabilities towards dating and sexual health: A qualitative study. *Children & Schools, 36, 79-90.*
9. Williams, L. R., **Rueda, H.A.**, & Nagoshi, J. L. (2014). Trust, cheating, and dating violence in Mexican American romantic relationships. *Journal of the Society for Social Work and Research, 5, 339-360.*
8. **Rueda, H. A.**, Nagoshi, J. L., & Williams, L. R. (2014). Mexican American and European American adolescents' dating experiences across the ecosystem: Implications for healthy relationships within an ecodevelopmental framework. *Journal of Human Behavior in the Social Environment, 24, 358-376.*

7. **Adams, H. L.** & Williams, L. R. (2014). "It's not just you two": A grounded theory of peer-influenced jealousy as a pathway to dating violence among acculturating Mexican American adolescents. *Psychology of Violence*, 4, 294-308.

6. Cimino, A., Rorke, J., & **Adams, H.** (2013, November). Supervisors behaving badly: Qualitative accounts from social work practitioners. *Journal of Social Work Values and Ethics*, 10, 2-48.

5. Williams, L. R. & **Adams, H.** (2013). Parties, drugs, and high school hook-ups: Socioemotional challenges for European and Mexican American adolescents. *Affilia: Journal of Women and Social Work*, 28, 240-255.

4. Williams, L. R. & **Adams, H.** (2013). Friends with benefits or "friends" with deficits? The meaning and contexts of uncommitted sexual relationships among Mexican American and European American adolescents. *Children and Youth Services Review*, 35, 1110-1117.

3. Williams, L. R., **Adams, H.**, & Altamirano, B. (2012). Mexican American adolescents' perceptions of dating violence programs: Recommendations for effective program design and implementation. *Qualitative Social Work*, 11, 395-411.

2. **Adams, H.** & Williams, L. R. (2011). Advice from teens to teens about dating: Implications for healthy relationships. *Children and Youth Services Review*, 33, 254-264.

1. **Adams, H.** & Williams, L. R. (2011). What they wish they would have known: Support for comprehensive sexual education from Mexican American and White adolescents' dating and sexual desires. *Children and Youth Services Review*, 33, 1875-1885.

#### UNDER REVIEW

Hoffman, S., Ward, K. P., **Rueda, H. A.**, & Beasley, L. Childhood family transitions and adolescent dating behaviors: A Longitudinal Study. *Journal of Social Work and Research*

**Rueda, H. A.**, Vera, A., Marcial, A., & Miller, A. A formative evaluation of "Mind Matters: Overcoming Adversity and Building Resiliency" with Hispanic adolescents prior to and during Covid-19. *Child and Adolescent Social Work Journal*

Franco, K., Baumler, E., Wood, L., **Rueda, H. A.**, & Temple, J. R. Help-seeking among early adolescents who perpetrate physical peer violence. *Journal of Interpersonal Research*

#### INVITED BOOK

Linton, K. F., **Rueda, H. A.**, & Williams, L. R. (2017). *Disability, intimacy, and sexual health: A social work perspective*. Washington D.C.: NASW Press.

#### TECHNICAL REPORTS

**Rueda, H.A.**, Weston, R., Torres, E., & Temple, J. (2021). *A skills-based approach to healthy relationships: Diverse youth perspectives of the Fourth R (A brief report)*. Houston, Texas.

**Rueda, H.A.** & Hoffman, S. (2019). *Mexico health and dating study: Results and recommendations*. Monterrey, Mexico.

**Rueda, H. A.** (2017). *The Partnering Project: Report findings and practice implications*. [Residential foster home], San Antonio, Texas.

**INVITED PRESENTATIONS/SPEAKING EVENTS**

**Rueda, H.A.** (2021, March). *Keynote address: Let's talk teen dating violence: Lessons learned in research and evaluation.* Delivered via zoom as part of the Prevnet, Canada Community of Practice.

**Rueda, H.A.** (2021, Feb.). *Youth and Dating: Conversation 360 on Dating and Disability.* Inclusion is Sweet, San Antonio, TX.

Davies, K., & **Rueda, H.A.** (2020, Nov/Dec). *Cultivating wellness and 'flow': A 3-part series on well-being.* UTSA Wellbeing Mini-grant recipient. Delivered via zoom.

**Rueda, H.A.** (2020, Oct.). *Healthy dating relationships.* Invited speaker to youth exiting foster care as part of UTSA's Fostering Educational Success: Early Start Experience for Cultural & Personal Identity Development Life Domain. Presented on zoom due to COVID-19.

**Rueda, H.A.** (2020, Feb.). *Teen dating violence.* UTSA Healthy relationships week [panelist]. San Antonio, TX.

**Rueda, H.A.** (2020, Feb.). *Let's talk teen dating violence: Understanding how research can inform practice.* San Antonio Independent School District: EPIC Saturday [speaker series]. San Antonio, TX.

**Rueda, H.A.** (2020, Jan.) *Live on Spectrum News: Teen dating violence among Hispanic youth.* [TV Broadcast via Zoom]

**Rueda, H.A.** (2019, Oct.). *Teen dating violence: Help-seeking, screening and effective intervention for our diverse youth community.* YWCA: Speaker series. San Antonio, TX.

Linton, K. F., **Rueda, H. A.**, & Williams, L. R. (2019, Jan.). *Disability, intimacy, and sexual health: A social work response.* Webinar.: NASW Press.

**REFEREED PRESENTATIONS AT NATIONAL AND INTERNATIONAL MEETINGS**

**Rueda, H.A.**, *Peace-Tuskey, K. A.*, & Rankin, L. (2023, April). A grounded theory of teasing among Mexican American adolescent couples. Paper submitted to the Society for Research on Adolescence biennial conference. San Diego, CA.

*Zhan, Q.*, **Rueda, H.A.**, Rankin, L. & Rodriguez, D. (2023, April). How clear are Mexican American adolescents' paths to success? Videotaped conversations about youth's goals. Poster submitted to the Society for Research on Adolescence biennial conference. San Diego, CA.

*Peace-Tuskey, K. A.*, **Rueda, H.A.**, Rankin, L. (2023, Jan.). When is teasing abuse? A grounded theory of teasing among Mexican American adolescent dating couples. Paper submitted to the Society for Social Work Research annual conference. Phoenix, AZ.

Reed, L., **Rueda, H.A.**, & Exner-Cortens, D. (2023, Jan.) What is "healthy"? Deconstructing the dominant framework of healthy relationships education to be more inclusive and relevant for all youth. Roundtable submitted to the Society for Social Work Research annual conference. Phoenix, AZ.

*Zhan, Q.*, **Rueda, H.A.**, Rankin, L. & Rodriguez, D. (2023, Jan.). Career, education, and family planning: The central role of financial aspiration to Mexican American adolescents' goals. Paper submitted to the Society for Social Work Research annual conference. Phoenix, AZ.

*Zhan, Q.*, Rodriguez, D., **Rueda, H.A.**, & Rankin, L. (2022, July). Mexican American adolescents' conversations about goals: The centrality of financial aspiration to career and educational pursuit. Paper

presented virtually at the International Association of Relationship Research annual conference. London, United Kingdom.

**Rueda, H.A.** (2022, Jan.). "Breathe in and breathe out": A formative evaluation of the trauma-informed Mind Matters program for adolescents living in poverty. Paper presented as a poster [due to Covid-19] at the Society for Social Work and Research, Washington D.C.

Rodriguez, D., **Rueda, H.A.**, Hoffman, S., Gutierrez, G. (2021, March). Mexican middle schoolers' questions on sex and dating. Paper presented at the 5th Binational Mexico-U.S. Conference: Social Work and Migration Social Exigencies in Transnational Migratory Processes in the Context of the COVID-19 Public Health Crisis and Social Work Models of Care, San Antonio, TX.

**Hoffman, S., Ward, K., & Rueda, H.A.** (2021, Feb.). Family transitions and dating behaviors among adolescents raised in urban households. Poster presented at the Society for Social Work and Research virtual conference.

**Rueda, H.A.**, Williams, W., & Vera, A. (2021, Feb.) Show them the data: A study of context-specific barriers to implementing dating violence programs in Hispanic serving schools and communities. Poster presented at the Society for Social Work and Research virtual conference.

**Rueda, H.A., Torres, E.D., Weston, R., & Temple, J.** (2021, Feb.). School-based healthy relationship promotion: Diverse youth perspectives of the "Fourth R". Poster presented at the Society for Social Work and Research virtual conference.

**Rueda, H.A.**, Williams, L.R., & Vera, A. (2020, March). Barriers to implementing teen dating violence programs in Hispanic serving schools and community-based agencies. Paper accepted but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.

**Rueda, H.A., Torres, E.D., Weston, R., & Temple, J.** (2020, March). A skills-based approach to healthy youth relationships: Hispanic youth perspectives concerning the *Fourth R*. Poster accepted but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.

Bermea, A.M., **Rueda, H.A.**, & *Gonzalez-Pons, K.* (2020, March). The influence of family trauma on dating and sexual violence among adolescent mothers in foster care: Practitioner perspectives. Paper accepted as part of a symposium but not presented due to COVID-19 cancellation at the Biennial Conference of the Society for Research on Adolescence, San Diego, CA.

*Ravi, K., Black, B., & Rueda, H.A.* (2020, Jan.). Factors influencing MSW students' teen dating violence intervention recommendations. Poster presented at the 2019 Society for Social Work and Research, Washington D.C.

Williams & **Rueda, H. A.** (2020, Jan.). When is teasing abuse? Associations of observed teasing with cultural values and teen dating violence among Mexican American couples. Poster presented at the Society for Social Work and Research, Washington D.C.

Hoffman, S., **Rueda, H. A.**, *Beasley, L.* (2020, Jan.) Health-related quality of life among Mexican American and Black American youth living near the US-Mexico border. Poster presented at the Society for Social Work and Research, Washington D.C.

Hoffman, S., **Rueda, H. A.**, and *Chase, S.* (2020, Jan.). Mental wellbeing and health-related quality of life among 8youth living in Central Mexico. Poster presented at the Society for Social Work and Research, Washington D.C.

*Ravi, K., Black, B., & Rueda, H.* (2019, Oct.). MSW student interventions for teen dating violence: What influences their recommendations? Poster presented at the Annual Program Meeting, Denver, CO.

Hoffman, S., **Rueda, H.**, & *Beasley, L.* (2019, Oct.). Critical health literacy and youth perspectives of health care in Central Mexico. Paper presented at the 2019 International Conference on Communication in Healthcare conference, San Diego, CA.

**Rueda, H. A.**, Williams, L. R., Christensen, M.C., Jayasundara, D., & Harris, R. (2019, Jan.). Beyond 'Pour and Stir': Adapting IPV interventions in a research- and context-informed manner for culturally diverse populations. Roundtable presented at the Society for Social Work and Research, San Francisco, CA.

Hoffman, S., **Rueda, H. A.**, & *Beasley, L.* (2019, Jan.). Using the strengths-based Warwick-Edinburgh mental well-being scale among youth in Mexico. Poster presented at the Society for Social Work and Research, San Francisco, CA.

*Beasley, L.*, & Hoffman, S., **Rueda, H. A.** (2019, Jan.). A mixed-method analysis of health literacy among youth in Michoacán, Mexico. Poster presented at the 2019 Society for Social Work and Research, San Francisco, CA.

**Rueda, H. A.**, Williams, L. R., *Yndo, M.*, Shorey, R. (2018, April). Gottman's marital communication conceptualization as a correlate of teen dating violence across three samples of diverse youth. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Minneapolis, MN.

**Rueda, H. A.**, Hoffman, S., & *Grysta, K.* (2018, Jan.). "What girls should do so that boys won't...: Mexican adolescents' perceptions of dating relationships and abuse. Paper presented at the Society for Social Work and Research, Washington, D. C.

Hoffman, S. & **Rueda, H. A.** (2018, Jan.). Health-related quality of life and health literacy among primarily Hispanic youth in a Southern border state. Poster presented at the Society for Social Work and Research, Washington, D.C.

Christensen, M. C., Chanmugam, A., Burnette, C., **Rueda, H. A.**, Sawyer, J. (2018, Jan.). Aiming for opportunity, equity, and justice by utilizing participatory research methods to address gender-based violence. Roundtable presented at the Society for Social Work and Research, Washington, D. C.

Hoffman, S. & **Rueda, H. A.** (November, 2017). An assessment of multiple health indicators among youth in Michoacán, Mexico: Process and preliminary outcomes from a binational research collaboration. Presented at the 2<sup>nd</sup> Binational Mexico-U.S. Conference: The Transnational Responsibility of Social Work in Migratory Processes and Human Rights in Mexico and the United States, San Antonio, TX.

*Bermea, A. M., Barrios, V., Rueda, H., A., & Toews, M. L.* (November, 2017). Trauma informed care for adolescent mothers in foster care. Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.

**Rueda, H. A.**, & Williams, L. R. (April, 2017). "I'm just jokin'!": Associations of cultural values, dating violence, and observed teasing among Mexican American couples. Poster presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

*Bermea, A. M., Rueda, H.A., & Toews, M. L.* (April, 2017). Adolescent relationship conflict and dating violence at the intersection of queerness, motherhood, and residential foster care. Poster presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

*Bermea, A. M., Barrios, V., Rueda, H., A., & Toews, M. L.* (2017, February). Towards an understanding of trauma informed care for adolescent mothers in residential foster care. Paper presented at the 34th Annual Winter Roundtable. Columbia University Teachers College. New York, N.Y.

**Rueda, H. A.,** Williams, L. R., Linton, K. L., & *Bolin, S.* (2017, Jan.). Social workers' perspectives on sexual health education for people with disabilities: A lifespan perspective. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, GA.

**Rueda, H. A.,** Lindsay, M., & Geiger, J. M. (2017, Jan.) *"It's an outlet from here"*: A mixed qualitative approach to understanding the role of technology in the dating lives of youth in residential foster care. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, GA.

*Bermea, A. M., Rueda, H. A.,* Toews, M. L. (2016, July). *"Relationship abuse doesn't discriminate"*: Intimate partner violence in the lives of queer adolescent mothers in foster care. Poster presented at the Annual International Family Violence and Child Victimization Research Conference, Portsmouth, NH.

**Rueda, H. A.,** Lindsay, M., & Geiger, J. M. (2016, April). *"A random person can send you a message"*: Technology and dating among pregnant and parenting girls in residential foster care. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.

**Rueda, H. A.,** & Williams, L. R. (2016, April). Do adolescents fight like adults? The relevance of Gottman's marital communication tactics in teen dating violence. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.

Williams, L. R., & **Rueda, H. A.** (2016, March). Mexican American adolescent couples' vulnerability for observed negativity and physical violence: Pregnancy and acculturation mismatch. Paper presented as part of a symposium at the Biennial Conference of the Society for Research on Adolescence, Baltimore, MD.

*Hawley, A.,* Black, B. M., & **Rueda, H. A.** (2016, January). Teen dating violence scenarios: A qualitative analysis of proposed MSW students' assessments and interventions. Poster presented at the Society for Social Work and Research Annual Conference, Washington DC.

**Rueda, H. A.,** & *Hawley, A.* (2015, October). Master of social work students' responses to scenarios of teen dating violence. Paper presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.

*Bolin, S., Rueda, H. A.,* Linton, K., Williams, L. R., & *Pesta, E.* (2015, October). Children with disabilities: Supporting foundations of healthy relationships and sexuality. Poster presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.

*Bolin, S., Rueda, H. A.,* Linton, K., Williams, L. R., & *Sandoval, A.* (2015, October). Reproductive health needs among adults with disabilities as perceived by social workers. Poster presented at the Council on Social Work Education Annual Program Meeting, Denver, CO.

*Bell, N. A.,* & **Rueda, H. A.** (2015, January). High school implementation of teen dating violence prevention: The intersection of policy and practice. Poster presented at the Society for Social Work and Research Annual Conference, New Orleans, LA.

**Rueda, H. A.,** & Williams, L. R. (2014, November). Mexican American parenting teens' vulnerability for observed negative conflict style and physical violence. Poster presented at the Society for Research and Development Special Topic Meeting: New Conceptualizations in the Study of Parenting-at-Risk, San Diego, CA.

Nagoshi, J. L., **Rueda, H. A.,** & Williams, L. R. (2014, October). Teen dating violence: Help-seeking and help-offering among Acculturating Mexican American adolescents. Paper presented at the Council on Social Work Education Annual Conference, Tampa, FL.



**Adams, H. L., & Williams, L. R.** (2014, March). Observed discussion of conflict among committed Mexican American dating couples: A culturally and developmentally informed qualitative analysis. Paper presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.

**Adams, H. L., Lindsay, M., & Williams, L. R.** (2014, March). "Social networking is a big, like relationship problem": Conflict, violence, and technology among Mexican American adolescents. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.

**Adams, H. L., & Linton, K.** (2014, March). Adolescents with disabilities' experiences with unprotected sexual intercourse from the perspectives of school social workers. Poster presented at the Biennial Conference of the Society for Research on Adolescence, Austin, TX.

**Adams, H. L., & Williams, L. R.** (Moderator; 2014, January). Mexican American adolescent couples' discrepancies in acculturation and machismo: Associations with observed negativity while discussing relationship problems. Paper presented at the Society for Social Work and Research Annual Conference, San Antonio, TX.

Cimino, A., & **Adams, H. L.** (2013, November). Life and death ethics: Breaking ethical boundaries in the face of death. Paper presented at the Council on Social Work Education Annual Conference, Dallas, TX.

**Adams, H. L., Bean, K. & Williams, L. R.** (2013, January). "They go away and hook up on campus": A qualitative analysis of school social workers' needs in serving adolescents with disabilities. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D. C.

**Adams, H. L., & Bean, K.** (2012, November). Adolescents with disabilities' dating and sexual health needs: School social workers' perspectives. Paper presented at the Council on Social Work Education Annual Conference, Washington, D. C.

Cimino, A., Rorke, J., & **Adams, H. L.** (2012, November). Supervisors behaving badly: Witnessing ethical dilemmas and what to do about it. Paper presented at the Council on Social Work Education Annual Conference, Washington, D. C.

Williams, L. R., & **Adams, H. L.** (2012, March). Parties, drugs, and high school hook-ups: Mexican American and European American descriptions of adolescent romance. Paper presented as part of a symposium at the Biennial Conference of the Society for Research on Adolescence, Vancouver, Canada.

Williams, L. R., & **Adams, H. L.** (2012, January). The quality of social relationships and sexual violence among Mexican American youth. Paper presented at the Society for Social Work and Research Annual Conference, Washington, D. C.

**Adams, H. L., Williams, L. R.** (2011, October). Jealousy among Mexican American couples as a precursor to violence. Paper presented at the International Association for Relationship Research Conference, Tucson, AZ.

Amaro, L. M., & **Adams, H. L.** (2011, November). The influence of family and gender values on Mexican-American adolescent relationships. Paper presented at the Annual Convention of the National Communication Association, New Orleans, LA.

**Adams, H. L., & Williams, L. R.** (2011, January). What I wish I would've known: A qualitative analysis of sexual education from the perspectives of Mexican American and White adolescents. Paper presented at the Society for Social Work and Research Annual Conference, Tampa, FL.

**Adams, H. L., & Williams, L. R.** (2010, November). Practical applications for sexual education: Advice from teens. Paper presented at the Society for the Scientific Study of Sexuality Annual Conference, Las Vegas, NV.

**SYMPOSIA CHAIRED/MODERATED**

**Rueda, H. L.** (Moderator) (2021, January). *Dating violence*. Symposium moderated at the virtual Society for Social Work Research virtual conference.

**Rueda, H. L.** (Moderator) (2021, January). *Promotion of sexual health in adolescence*. Symposium moderated at the virtual Society for Social Work Research virtual conference.

**Adams, H. L.** (Moderator) (2014, January). *Risk and resilience among youth of color*. Symposium moderated at the Society for Social Work Research, Austin, TX.

**FUNDING ACTIVITY**

**Funded**

PITCH Expanded Providers (PEP) Funding (Track Coordinator, Social Work) 2022-2026  
 Behavioral Health Workforce Education and Training (BHWET) Program (HRSA)  
 \$1,659,088 (Grant Number: 2 M01HP31382-05-00)

Wellbeing Mini-grant, Speaker Series 2019  
 Presidential Initiative – Enriching Campus Wellbeing, University of Texas at San Antonio  
 \$1500

Individual Faculty Research Grant (Principal Investigator) 2015  
 The Partnering Project for Pregnant and Parenting Teens in Foster Care  
 College of Public Policy, University of Texas at San Antonio  
 \$1,959

UTSA Office of the Vice President for Research (Investigator) 2015  
 The Impact of Migration and Immigration on Mexican and Mexican American Adolescents  
 The Transnational Youth (Mexico Center) Working Group  
 \$10,000

Collaborative Faculty Research Grant (Co-Investigator) 2013-2014  
 Texas Teen Health and Relationship Study  
 College of Public Policy, University of Texas at San Antonio  
 \$3,246

**Submitted, not funded**

Grants for Research Advancement and Transformation (GREAT; Principal Investigator) 2021-2022  
 A Formative Evaluation of a Novel Mind-body Approach to Reversing Symptoms of Chronic Fatigue, Pain,  
 and Long-covid  
 \$20,000 (not funded)

Centers for Disease Control and Prevention (CDC; Investigator) 2018-2020  
 An Effectiveness Evaluation of a Teen Dating Violence Prevention Curriculum in the Southwest US:  
 Improving School Climate through Student-focused Activism  
 \$1,050,000 (scored, not funded)

Centers for Disease Control and Prevention (CDC; Investigator) An Efficacy Evaluation of a Teen Dating Violence Prevention Intervention for Mexican American Youth including LGBTQ Youth \$1,050,000 (not funded)	2017-2019
Organization for Autism Research (Co-Investigator) Supporting Adolescents' with Autism Spectrum Disorder Intimate and Sexual Health \$30,000 (not funded)	2018-2019
Organization for Autism Research (Co-Investigator) Training Social Workers to Support Adolescents' with Autism Spectrum Disorder Intimacy Needs and Sexual Health \$30,000 (not funded)	2017-2016
The Hogg Foundation for Mental Health (Principal Investigator) The Partnering Project for Pregnant and Parenting Teens \$19, 250 (not funded)	2015
National Institute of Justice (NIJ; Investigator) Adaptation of a Culturally-Grounded National Model Program for Substance Abuse Prevention to Target Teen Dating Violence Prevention Strategies for Mexican American Adolescents \$360,472 (scored, not funded)	2013-2016

**TEACHING INTERESTS**

Human Behavior in the Social Environment, Program Design and Evaluation, Social Work Practice with Children and Adolescents, Human Sexuality, Social Work with Latinos, Self-Care, Field Seminar

**TEACHING**

**Instructor**

**The University of Nebraska at Omaha, School of Social Work**

SOWK 8070: Human Behavior and the Social Environment I Fall 2022

**Instructor**

**The University of Texas at San Antonio, Department of Social Work (all courses MSW-level)**

SWK 5433: Advanced Field Practicum IV and Integrative Seminar 2016-2022

SWK 5243: Advanced Social Work Research: Program Evaluation 2013- 2022

SWK 5013: Human Behavior in the Social Environment 2015- 2022

SWK 6953: Independent Studies Fall 2014

"Social Workers' Needs and Experiences in Serving Children with Disabilities  
Towards Sexual Health"

Sharon Bolin, Foundation Level, Master's Program

Eva Pesta, Foundation Level, Master's Program

**Student Research Assistants at the University of Texas at San Antonio**

Marina Marroquin, Generalist Level, Masters Student Fall 2020-Spring 2021

Catarina Murphy, Specialized Level, Masters Student Spring 2021

Deaven Rodriguez, Specialized Level, Masters Student Fall 2019-Fall 2020

Abigail Vera, Specialized Level, Masters Student Spring 2019-Fall 2019

Kaitlyn Grytza, Specialized Level, Masters Student Fall 2016-Fall 2018

Sharon Bolin, Specialized Level, Masters Student Spring 15- Fall 16

Chatone Strickland, Specialized Level, Masters Student Fall 15

Andrew Reding, Specialized Level, Masters Student Spring 15

Elaine Bretschneider, Specialized Level, Masters Student	Fall 14
Sophia Worth, Generalist Level, Masters Student	Summer 2014
Nicole Bell, Generalist Level, Masters Student	Fall 13- Spring 14

**Doctoral Committees**

Committee Member, York University, Toronto, Ontario  
 Katelyn Wincentak, external reviewer (*defended* December 10, 2021)

Committee member, The University of Texas at San Antonio  
 Monica Yndo, committee member (*defended* August 7, 2018)

**Instructor**

**Arizona State University, School of Social Work**

SWG 501: Micro Human Behavior in the Social Environment	Fall 2012
SWU 321: Statistics for Social Workers (taught online)	Summer 2012
SWG 591: Social Work Ethics (taught online)	Summer 10 – Fall 11

**Arizona State University, School of Social and Family Dynamics**

SOC 390: Social Statistics I (taught online)	Spring 13
FAS 332: Human Sexuality (taught both online and classroom)	Fall 08 – Spring 12
SOC/FAS 324: Work and the Workplace	Summer 11
FAS 191: Your Career in a Helping Field	Fall 08
FAS 191: The ASU Experience	Spring 08

**Arizona State University, School of Language and Literature**

SPA 101: Spanish	Fall 04 - Spring 05
------------------	---------------------

**Graduate Teaching Assistant**

**Arizona State University, School of Social Work**

SWG 502: Macro Human Behavior in the Social Environment	Spring 10
SWG 501: Micro Human Behavior in the Social Environment	Fall 09

**Arizona State University, School of Social and Family Dynamics**

FAS 484: Internship Field Liaison	Spring 10
FAS 301: Introduction to Parenting (taught online)	Fall 09

**Invited Guest Lectures**

**The University of Texas at San Antonio, Department of Social Work**

Healing Trauma (graduate-level)	Oct. 21
Group Social Work: Working with Hispanic Populations (graduate-level)	Jan. 1
Single Case (N=1) Design Research (graduate-level)	March 15
Conducting Literature Reviews (graduate-level)	Sept. 15
Ethical Dilemmas in Social Work (graduate-level)	July 14

**Texas State University, Family and Child Development Department**

Community Based Participatory Methods (graduate-level)	April 15
--	----------

**University of Texas at San Antonio, Department of Criminal Justice**

Qualitative Research Methods (undergraduate-level)	Oct. 13
--	---------

**Arizona State University, School of Social Work**

Adolescent Dating and Sexuality (graduate-level)	Feb. 11
--	---------

Infant Physical, Cognitive, and Social Development (graduate-level) Nov. 09

**Arizona State University, School of Social and Family Dynamics**  
Ethics in Field Internships (undergraduate-level) Feb. 10

**ACADEMIC SERVICE**

**The University of Nebraska at Omaha**  
Department of Social Work  
Practicum Committee 2022-Present

**The University of Texas at San Antonio**  
Graduate Council 2017-2019  
Grants for Research Advancements and Transformation (GREAT) Grant Reviewer 2018

College for Health, Community, and Policy  
Well-being Committee 2021-2022  
Faculty Development and Research Committee 2016- 2017  
Community Advisory Council 2016-2017  
Faculty Development and Travel Committee 2014- 2016

Department of Social Work  
Faculty Mentor (Mentee: Emily Nicklett) 2019-2022  
Department Faculty Merit Review Committee (DFMRC) 2019-2022  
Department Faculty Review Advisory Committee (DRFAC) 2019-2022  
Curriculum Examination, Chair, Program Evaluation Ad Hoc Committee 2016-2022  
Curriculum Examination, Mission Specific and Foundational, Ad Hoc Committee 2016-2022  
Curriculum Examination, Curriculum Committee, Ad Hoc Committee 2016-2022  
Field Liaison 2016-2022  
Student Faculty Mentor Program 2014-2022  
Graduate Admissions Committee 2013-2022  
Curriculum Examination, Chair, Research Ad Hoc Committee 2016-2021  
Faculty Recruitment Committee 2017  
Adjunct Faculty Hire, Subcommittee of the Graduate Program Committee 2016-2017  
Strategic Planning Committee, Subcommittee of the Graduate Program Committee 2015-2017  
Strategic Planning Committee, Online Teaching Ad Hoc Subcommittee 2015-2017  
Social Work Curriculum Committee 2014-2015  
Social Work Library, Liaison 2013-2014

Transnational Youth Working Group 2013- 2017  
Mexico Center

**Arizona State University**  
Department of Social Work  
Student Member, PhD Committee 2009-2013

School of Social & Family Dynamics  
Adjunct Faculty Member, Online Collaboration Group 2008-2013  
Elected Representative for the College of Public Policy 2010-2012  
Elected Member University Staff Council 2008-2009

Graduate and Professional Student Association (GPSA) 2010-2012

Teaching Excellence Reviewer 2010-2012

**SELECT ACADEMIC AWARDS AND HONORS**

Outstanding Graduate Mentor Award 2022  
University of Texas at San Antonio (UTSA)

College of Public Policy Nominee: UTSA Presidential Community Engagement Award 2020

College of Public Policy Nominee: UTSA President’s Distinguished Achievement Award for Excellence in Community Service 2019

Department Nominee: UTSA President’s Distinguished Achievement Award for Excellence in Community Service 2019

DOCUmation Research Excellence Grant Award: University of Texas at San Antonio 2017

College of Public Policy Nominee: UTSA President’s Distinguished Achievement Award for Research Excellence 2017

Department Nominee: UTSA President’s Distinguished Achievement Award for Research Excellence 2016

College of Public Policy Nominee: UTSA President’s Distinguished Achievement Award for Excellence in Community Service 2015

Department Nominee: UTSA President’s Distinguished Achievement Award for Excellence in Community Service 2015

Outstanding Service Award 2011-2012 2012  
Graduate and Professional Student Association, Arizona State University

**SELECT COMMUNITY SERVICE**

Community Advisory Committee 2022-Present  
RESPECT: Building Healthy Relationships Using Theatre and Community Collaboration  
Omaha, Nebraska

Mentor, Big Brothers Big Sisters 2018-2022

Member, Core Partner Leadership Team 2013-2022  
UT Teen Health, University of Texas Health Science Center

Community Based Participatory Researcher 2019-2021  
Good Samaritan Community Services

Community Based Participatory Researcher 2013-2017  
Seton Home, Residential Foster Care, San Antonio, TX

**PROFESSIONAL SERVICE**

*Children & Schools, Consulting Editor* 2013- Present  
*Journal of Adolescent Research*, ad hoc reviewer 2013- Present  
*Journal of Research on Adolescence*, ad hoc reviewer 2014- Present  
*Children & Youth Services Review*, ad hoc reviewer 2014- Present

*Journal of Adolescent Health*, ad hoc reviewer 2014- Present  
*Journal of Interpersonal Violence*, ad hoc reviewer 2014- Present  
*Psychology of Violence*, ad hoc reviewer 2017- Present  
*Journal of Adolescence*, ad hoc reviewer 2019-Present  
*Society for Research on Adolescence*, abstract reviewer 2014, 2018, 2020, 2022 conferences  
 Panel Co-Chair (2020): Dating and Romantic Relationships  
*Society for Social Work and Research (SSWR)*, abstract reviewer 2014, 2020 conferences  
*SSWR 2015 Outstanding Social Work Doctoral Dissertation Award, Reviewer* Sept. 2014  
*Sage Publications*, textbook prospectus reviewer July 2014  
 Biennial Conference of the *Society for Research on Adolescence* March 2016  
 Co-organizer, Pre-conference on Romantic Relationships

**PROFESSIONAL MEMBERSHIPS**

International Association for Relationship Research 2022-Present  
 National Association of Social Workers 2013-Present  
 Society for Research on Adolescence 2012-Present  
 Society for Social Work and Research 2011-Present  
 Council on Social Work Education 2013-2018

**PROFESSIONAL EXPERIENCE**

Sanford Harmony Program July 08 - June 09  
 Preadolescent Project Coordinator  
 Arizona State University, School of Social and Family Dynamics  
<https://www.harmonysel.org>

- Assisted in the development of a school-based social and emotional competence program funded by the T. Denny Sanford Foundation aimed at improving communication and relationships among boys and girls.

Understanding School Success Social Worker/Project Coordinator (.5) June 07 - June 08  
 School of Social and Family Dynamics Events Coordinator (.5)  
 Arizona State University, School of Family and Social Dynamics

- Worked with families and children enrolled in Head Start preschools to connect them with community resources, conducted home visits in Spanish and English to assess child educational competencies and well-being, and shared reports and led workshops at Head Start agencies to improve the welfare of families in poverty and in line with ASU's New American University model of meeting community need through embedded research.
- Coordinated community and departmental events related to child and family development to partner academic and applied research endeavors with community and student success efforts.

Victim Advocate Intern Aug. 06 – May 07  
 Governor's Office: City of Phoenix Family Advocacy Center  
 Phoenix, AZ

- Designed a teen dating violence workshop for high school youth and presented it to over 700 students. Coordinated services and provided crisis counseling to survivors of domestic abuse. Critically reviewed domestic violence-related homicide data as part of a Fatality Review Team in order to identify trends in the state of Arizona and to provide more effective and preventative services. Assisted with the organization of the annual charity event of over 500 donors. Researched elder abuse and presented to government employees and local service providers.

Family Support Specialist and Prevention Specialist Intern Aug. 05 – June 06  
 Valle del Sol  
 Phoenix, AZ

- Provided home-based counseling services to families involved with Child Protective Services. Evaluated evidence-based drug-prevention programs for youth in the recommendation of a new curriculum to better meet the agency's goals and objectives. Developed a life-skills group facilitation guide for LGBTQ youth. Planned community-building and educational activities as part of a grass-roots elderly prevention program for monolingual Spanish-speakers.

Assistant Program Facilitator/Student Social Worker  
CampFire USA  
Omaha, NE

July 02 – July 04

- Provided mentoring and social work services as part of an after-school program for at risk and diverse youth in poverty. Provided quality care and educational opportunities through tutoring, the coordination of community and family-events, and linking families to required resources. Translated and interpreted for Spanish-speaking families in order to foster relationships and facilitate communication between children, families, and staff members.

Spanish Curriculum Coordinator  
Sandoz Elementary School  
Omaha, NE

Aug. 02 – May 03

- Developed and implemented a Spanish-language curriculum for grades K-6. Presided over morning elective Spanish class that specialized in the creative use of language through art, story-telling, and crafts with the aim of fostering creativity and enthusiasm around second-language acquisition. Compiled materials and activities used in lesson plans for the creation of an elementary Spanish instruction manual for successive language educators.