



SANDTRAY THERAPY

This foundational training introduces participants to the vital components of sandtray therapy. Join us for a hands-on day to learn about the elements of sandtray as a modality, interventions to process sandtrays with clients of all ages, and experiential sandtray exercises designed to practice key didactic elements. Each participant will have the opportunity to take a small sandtray and starter pack of miniatures for ongoing use in their practice.

Tuesday, September 09, 2025
9:00 A.M. to 4:00 P.M.

Nebraska Union, Regency Suite
University of Nebraska-Lincoln
1400 R St., Lincoln NE

Trainer: Teri Echtenkamp, LIMHP

Cost: \$175. Price includes: 5 CEUs approved for social work and mental health practice in Nebraska, training materials, continental breakfast, catered lunch buffet, and snacks. **Limited seats available.**

Learning Objectives

- Demonstrate an understanding of history, theory, directive/non-directive and viable indications for sandtray therapy
- Demonstrate knowledge of the basic elements of sandtray therapy regarding the selection of materials, miniatures, and sand
- Describe eight interventions to process sandtrays with clients of all ages
- Engage in three experiential sandtray exercises designed to practice key didactic elements



Register: gatsa.unomaha.edu/signup

Questions? gatsa@unomaha.edu

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