



# MOTIVATIONAL INTERVIEWING 101: SKILLS TO GET STARTED

**Tuesday, July 15, 2025  
11:30 A.M. - 1:30 P.M. (CST)**

## Speaker

Katie Robbins, LICSW

## Registration Link

[gatsa.unomaha.edu/signup](https://gatsa.unomaha.edu/signup)

Last day to register is  
Tuesday, July 01, 2025.



## Registration Fee

Standard fee \$40. Free for students.

Registration is not complete until payment is received. Written refund requests are accepted before Tuesday, July 01, 2025.

## Target Audience

Clinicians, nurses, caregivers, or other individuals who have never used motivational interviewing skills.

## Training Level

Beginning.

## Continuing Education Credit

This program includes 2 CEs. Participants are required to complete and sign a digital survey to collect their CE certificate.

## Training Location

This is live training delivered via Zoom (CST).

## Contact Information

Questions or concerns should be directed to [gatsa@unomaha.edu](mailto:gatsa@unomaha.edu) or 402.554.6342.

## Description

Motivational interviewing is a versatile and straightforward tool for navigating change with others. This training will identify the foundations of motivational interviewing, its core concepts, and objectives, as well as applicable tools and language for professionals. This live webinar is designed to help build foundational motivational interviewing skills. Learners will gain a clear understanding of the basics and practical strategies to begin applying these skills effectively in your interactions. Whether you're a clinician, caregiver, or professional in any field, this training will equip you with practical and effective tools to encourage positive change and enhance communication.

## Learning Objectives

- Identify the core principles and spirit of Motivational Interviewing (MI) as they relate to supporting behavior change.
- Describe the four foundational processes of MI and their purpose in guiding effective conversations.
- Apply basic Motivational Interviewing techniques—such as open-ended questions, affirmations, reflections, and summaries (OARS)—in simple role-play or real-life scenarios to promote positive communication.

## Accreditation Statement

Grace Abbott Training and Supervision Academy (GATSA), provider #2006, is approved as an Approved Continuing Education (ACE) provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. ACE provider approval period: August 12, 2024 - August 12, 2025. Even when a social work board accepts courses offering ASWB ACE credit, licensees are responsible for determining whether courses meet the CE requirements in their jurisdictions. States and provincial regulatory boards have the final authority to determine whether any individual course may be accepted for credit.

## Joint Provider Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of Nebraska Board of Mental Health Practice and Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. This program meets the criteria of an approved continuing education program for social work, licensed mental health providers, and mental health practice.

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