



Volunteers Needed

IRB#:629-22-EP

Research Study on Sleep and the Environment

Caregivers of People with
Memory Loss: Relationships
between the Built Environment
and Sleep Quality in South
Asian Refugees



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code to learn
more!**

You may be eligible if you are:

- age 19 or older.
- able to understand English.
- caring for an adult with memory loss (age 50 or older).
- part of Nebraska's Nepali, Bhutanese, Burmese, Karen, Myanmarese, or Hindi-speaking community.

We are curious about how the environment affects sleep for carers of people with memory loss. Study participants will take a survey and may be invited to a focus group.