Recreation for the Aging
GERO 4420/8426

Now totally online!
Spring 2020

Course Description
Role of leisure services as related to understanding and working with elders. Emphasis on recreation programming as a mode of intervention. Analysis and study of the phases of aging, with reference to psychomotor, affective, and cognitive changes; introduction to the theories of aging and how they relate to the lifestyle of this population; recreational therapy intervention, activity adaptation and program design; leisure education and issues and trends.

Who should take this class?
- Any undergrad student who is designated as a Healthy Aging concentration and has not taken RLS/GERO 4420 should take the opportunity to enroll in this required class this spring.
- Any other Gero major/minor or BMS student with a Gerontology concentration who needs elective credit may take this class.
- Any grad student interested in Life Enrichment or Rec therapy who needs an elective credit should consider taking this class.

Enroll today!!

For More Information:
Department of Gerontology | 402.554.2272 | gerontology.unomaha.edu