



UNIVERSITY OF NEBRASKA AT OMAHA GERONTOLOGY

Do You Have The Cour**AGE** to Care?



The Parkinson's Foundation makes life better for people with Parkinson's disease (PD) by improving care and advancing research toward a cure. In everything we do, we build on the energy, experience and passion of our global Parkinson's community.

We are leaders in ensuring expert Parkinson's care, educating and empowering the Parkinson's community and driving the understanding of Parkinson's through research. As a national organization with local presence and impact, we bring help and hope to the estimated one million individuals in the United States, 10 million worldwide, who are living with Parkinson's. Locally, we provide education, resources and programs throughout the state of Nebraska. Whether you are newly diagnosed with PD or have been managing it for years, a care partner, family member or friend of someone with PD, we are here to help you.

Upcoming Events & Resources:

Help Line: 1-800-4PD-INFO

Resources & Support: <https://www.parkinson.org/Living-with-Parkinsons/Resources-and-Support>

Parkinson's Awareness Month: <https://www.parkinson.org/parkinsons-awareness-month>

Online Care Partner

Summit: <https://www.parkinson.org/events/2020/Care-Partner-Summit>

We just launched a new series of virtual programs called "PD Home at Health"! This is a series of virtual educational and wellness programs hosted weekly (April 6 – June 11) to better support the PD Community during this difficult time. Here's the link for more info & to sign up: <https://www.parkinson.org/get-involved/PD-Health-at-Home>.

- Mindfulness Monday
- Expert Briefings Tuesday
- Wellness Wednesday
- Take Time Thursday

Click [here](#) to view the Virtual Community Walk in Omaha.

Click [here](#) for all of our virtual walks.