



UNIVERSITY OF NEBRASKA AT OMAHA GERONTOLOGY

Do You Have The Cour**AGE** to Care?

Home Delivered Meal Providers:



Eastern Nebraska Office on Aging

The Meals on Wheels Program is one of the oldest and probably one of the most recognizable service in the field of in-home services for the elderly.

For more than 50 years, the Older Americans Act (OAA) has funded both the Meals on Wheels and Congregate Services to meet the nutritional needs of the elderly.

In the course of these 50 plus years, there has been a variety of ways on how this service provided in our community, all with the same goal of providing a hot, nutritious meal to older adults. Initially, churches served meals in their area, then the VNA started the "Mobile Meals" program which provided the service in an organized and centralized system throughout the city. ENOA, using OAA funding, contracted with VNA to provide this service until 1989 when ENOA took over the direct operation of the program.

Since 1989, ENOA has served more than 7 million meals.

The concept of “CourAGE to Care” is truly demonstrated by the hundreds of volunteers and staff who have delivered the meals. The people who deliver these meals are the ones who do care, who deliver not only a meal, but also a smile, a security check.

For more information: ENOA.org.

Jewish Senior Outreach

The Meals on Wheels program through Jewish Senior Outreach (JSO), an agency of the Jewish Federation of Omaha, provides home delivered Kosher meals to seniors in the Jewish community.

It satisfies nutritional needs with the daily delivery of a hot lunch meal and is the only way for those in the community that are observant, and are unable to prepare their own meals, to uphold religious tradition.

Over 8,000 hot meals are delivered annually to elders living on their own. For some, this is an ongoing service that allows them to stay safely in their homes while meeting nutritional and religious needs.

For others- the meals are a temporary intervention after an illness, a rehabilitative stay or while a caregiver is unavailable to provide for them.

Some seniors in the community order meal delivery service through the winter months only -- when it is more difficult to get out safely.

An added bonus of our MOW program is the personal contact that is provided from our Jewish Senior Outreach driver. He does so much more than just deliver a meal! Our staff driver serves as a conduit – able to report back to the JSO social worker if a recipient is in need. Our Meals on Wheels program provides a safety net for our elders.

For more information on our Meals on Wheels program or Jewish Senior Outreach, please call Shelly Fox @ 402-334-6532.

