

VOLUNTEERS NEEDED!

*Are you a Pre Med, Nursing or Allied Health student
who would like direct patient-care experience?*

Become a H.E.L.P.* Volunteer

**Hospital Elder Life Program*

at Methodist Hospital

Be part of a comprehensive volunteer program
to help prevent delirium in older hospitalized adults
by visiting with patients and helping them with activities such as:

- ◆ Playing cards/games
- ◆ Walking
- ◆ Reading magazines/books
- ◆ Doing crafts
- ◆ Giving simple hand massages

*H.E.L.P. Volunteers must commit to one shift (2-3 hours) per week on-site at
Methodist Hospital for a minimum of 2 semesters and must be a H. S. graduate.*

Prior to Starting:

**H.E.L.P. volunteers must complete: ON-LINE training session (~4 hours),
patient safety training session, shadowing session with current HELP
volunteers and a short individual orientation session.**

All Methodist volunteers must:

- ◆ complete a health screen
(including TB test/drug screen)
- ◆ agree to a background check
- ◆ review organization standards
information annually
- ◆ receive a flu vaccine to
volunteer on patient floors

For more information:

Please call :

Methodist Volunteer Coordinator &
Recruiter

402-815-1130 or e-mail
chris.hatton@nmhs.org