VIRTUAL PROGRAM HIGHLIGHTS

Monday, March 15, 2021 | 9:00 A.M.-5:00 P.M. | gerontology.unomaha.edu/conference

9:00 a.m. – Welcome
9:05 a.m. – Loneliness and Isolation versus Resilience and Wisdom: How are older adults faring in the pandemic and what can we learn from them? ~ Steven Wengel, MD (1 CE)
10:04 a.m. – APP: A Community Benefit ~ Tom Adams, BSW (retired), APP Co-founder
~ BREAK ~
10:18 a.m. – Through the Glass ~ Cathy A. Pacholski, BJ (.5 CE) followed by Panel Discussion (1 CE)
11:42 p.m. – In Memoriam: APP's Tribute to Those We've Lost
~ BREAK ~
12:00 p.m. – Where We Are, How We Got Here ~ Jeffrey P. Gold, MD (1 CE)
1:05 p.m. – Well-being in the Time of COVID ~ Denise Hyde, PharmD (.5 CE) followed by Panel Discussion Facilitated by Lakelyn Hogan, PhD (1 CE)
~ BREAK ~
2:49 p.m. – So, Where Do We Go from Here? ~ Adi Pour, PhD (.5 CE)
3:17 p.m. – Thank you and Transition to Zoom Sessions
~ BREAK ~
3:30 p.m. – 4:15 p.m. – Poster Session (.75 CE)
4:15 p.m. – 5:00 p.m. -- Virtual Happy Hour

This event is being hosted by the University of Nebraska at Omaha. Continuing Education contact hours provided by Nebraska Methodist College Professional Development.

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Featured Speakers:

Steven Wengel, MD
Assistant Vice Chancellor for Campus Wellness, UNMC & UNO

Jeffrey P. Gold, MD
Chancellor, UNMC & UNO

Adi Pour, PhD
Health Director, Douglas County Health Department

About the Panels:

Cathy A. Pacholski, Art of Aging, Inc.
-Nicole Donnellon, Brighton Gardens of Omaha
-April Kell-Finell, Hillcrest Caring Companions
-Debra Talich, Hillcrest Home Care Omaha
-Elizabeth Mass, Bethany Heights Assisted Living

Denise Hyde, The Eden Alternative with Lakelyn Hogan, Home Instead
-Lauren DeGroot, Adaptive Advice, LLC
-Wendy Goldberg, Tri-Faith Initiative
-Anahi Reynoso, Intercultural Senior Center
-Cameo Rogers, Immanuel