



UNIVERSITY OF NEBRASKA AT OMAHA GERONTOLOGY

Do You Have The Cour**AGE** to Care?



AARP Nebraska
Toll-free number: 866-389-5651
Website: aarp.org/ne

AARP is the nation's largest nonprofit, nonpartisan organization with nearly 38 million members nationally and 196,000 in Nebraska and is dedicated to empowering people age 50 and older to choose how they live as they age. AARP Nebraska is one of 53 state offices and focuses on strengthening communities and advocating for what matters most to people age 50+ such as economic security, health care, quality long-term care access and affordability, livable communities; consumer protections, caregiving and personal fulfillment.

AARP's work at the state and community level emphasizes volunteer and member engagement and leadership opportunities, community awareness, multicultural outreach and partnerships. In Omaha, Lincoln, Central Nebraska and Scottsbluff and at the request of other communities, AARP offers free education seminars on topics such as fraud prevention, caregiving and Veteran's issues, AARP Movies for Grownups, entertainment events, Livable Community offerings, AARP Free Coffees and advocacy campaigns.

From sharing practical resources, to holding fun activities and advocacy campaigns on important issues to people 50+, AARP Nebraska is providing opportunities to connect and help build an even stronger Nebraska for all ages to live, work and play.

If you are interested in AARP Nebraska's volunteer opportunities, please contact us at neaarp@aarp.org.

AARP Nebraska welcomes you to learn about upcoming AARP events and AARP initiatives by going to our website at aarp.org/ne and also checking out local.aarp.org/Omaha-ne/.

Second Tuesday Each Month at 1:30 pm

Cookies, Coffee and Conversations at AARP Nebraska Information Center

Check aarp.org/ne or local.aarp.org/Omaha-ne/