The holidays are a good time for families to appreciate the challenges faced by aging family members. Contacting experts in the field of aging is key. For aging adults and their families, seven AAA’s across Nebraska have information about resources and services in the community. Thank you Nebraska’s Area Agencies on Aging (AAA) for having The Courage to Care to support aging adults and their families. For more information contact the AAA directly, or email ADRCNebraska.org or call 844-843-6364 for additional information.
Northeast Nebraska Area Agency on Aging
Website: www.nenaaa.com
M-F 8 a.m. – 5 p.m.
Director: Connie Cooper

Midland Area Agency on Aging
Website: http://www.midlandareaagencyonaging.org/
Facebook: https://www.facebook.com/Midland-Area-Agency-on-Aging-1481264398823855/
M-F 8:00 am to 5:00 pm
Director: Casey Muzic
Blue Rivers Area Agency on Aging
Website: www.blueriversaaa.org
Facebook: https://www.facebook.com/BlueRiversAAA/
M-F 8 a.m. – 4:30 p.m.
Director: Zoe Olson

Aging Partners Area Agency on Aging
Website: https://lincoln.ne.gov/city/Mayor/aging/index.htm
M-F 8 a.m. – 4:30 p.m.
Director: Randy Jones
West Central Nebraska Area Agency on Aging
Website: www.wcnaaa.org
Director: Linda Foreman

Eastern Nebraska Office on Aging
Website: enoa.org
Facebook: https://www.facebook.com/enoaaging/
Linkedin: https://www.linkedin.com/in/enoa-eastern-nebraska-office-on-aging-a0764675/
Issue: https://issuu.com/newhorizonsomaha
M-F 8:00 am to 5:00 pm
Director: Dennis Loose

Welcome to the Aging Office of Western Nebraska (AOWN)

Aging Office of Western Nebraska
Website: www.aown.org
Facebook: https://www.facebook.com/Aging-Office-Of-Western-Nebraska-1421117231521837/?fref=ts
M-F 8 a.m. – 4 p.m.
Director: Cheryl Brunz
Thank you AAA’s for having The CourAGE to Care!