

Iowa Tribe of Kansas and Nebraska



2022 Survey Data Book



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MISSION

The Center for Public Affairs Research collaboratively produces and disseminates high-quality public scholarship about topics that impact the lives of Nebraskans.

VALUES

COLLABORATIVE	PURPOSEFUL	ASPIRATIONAL	RESEARCH INTEGRITY
Fostering connections between faculty; scholars; students; and community, statewide, and national partners to produce transformative public scholarship.	Focusing on timely topics in order to provide inclusive and actionable solutions to improve the lives of Nebraskans.	Leading in the application of innovative and creative methods to conduct and communicate our research to further its impact in our community.	Conducting objective, high-quality research to create an evidence base for decision makers in Nebraska.



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OVERVIEW

Members of the Iowa Tribe of Kansas and Nebraska (ITKN) were contacted to complete an extensive survey on demographics, housing, and workforce conditions. The survey was developed and administered by Heroda Bikax[^]e Consulting LLC. In July of 2022, the University of Nebraska at Omaha's Center for Public Affairs Research was consulted to support analysis and reporting of the survey along with corresponding demographic data from the United States Census Bureau. All survey questions are summarized. Not all respondents answered all questions, so the percentage response for each category and the count of persons in each category is provided.

DEMOGRAPHICS

Knowledge of the demographics of members of the Iowa Tribe of Kansas and Nebraska are helpful in a range of ways including to understand opportunities and challenges to support and sustain members, explore change and trends over time, and planning for the future.

According to survey results, 97% of respondents are a member of the Iowa Tribe of Kansas and Nebraska. Over 73% of respondents live outside of the ITKN service area, which includes Richardson County in Nebraska, Brown and Doniphan Counties in Kansas, and Holt County in Missouri. Respondents that live outside of the service area reside in places including Lincoln, Nebraska, Omaha, Nebraska, Kansas City, Missouri, Bellevue, Nebraska, Kansas City, Kansas, Mayetta, Kansas, Lawrence, Kansas, Las Vegas, Nevada, Overland Park, Kansas, and Atchison, Kansas.

The most common age among survey respondents was 35 to 44 years old. Over 63% of respondents identified as female, 36% identified as male. Nearly 59% of respondents labeled themselves as the head of their household, or as the primary financial provider. According to respondents, 53% are married, 25% are single and have never been married, and 15% are divorced. The educational attainment of respondents varied, 47% reported completing high school, 21% completed a bachelor's degree, 17% completed trade or vocational school, and almost 10% of respondents completed an advanced or professional degree. A small percentage of survey respondents (less than 50 people) are military veterans or are active in the military. About 35% of respondents lived with someone in the home that had a disability.

Among respondents, the most common range for household income is between \$50,000 and \$99,999. The top five sources of income among respondents are employment or self-employment, social security, retirement or pension funds, Veteran disability, and worker's compensation. 51% of respondents are employed full-time, 8% are employed part-time, 7% are self-employed, 15% are retired, and just over 5% are out of work but currently looking. The average amount of outstanding student loans is just over \$18,000, among those who indicated they have outstanding student loans, with a range from \$12 to \$410,000. More detailed demographic data of survey respondents is reported below in the data tables.

Have you been interviewed for this survey before?

ANSWER CHOICES	PERCENT	COUNT
Yes	4.07%	45
No	89.61%	992
Don't Know	6.32%	70

I am

ANSWER CHOICES	PERCENT	COUNT
An enrolled member of the Iowa Tribe of Kansas and Nebraska	97.04%	1017
NOT an enrolled member of the Iowa Tribe of Kansas and Nebraska	2.00%	21
The parent or guardian of an enrolled member of the Iowa Tribe of Kansas and Nebraska	0.95%	10

I live

ANSWER CHOICES	PERCENT	COUNT
Within the Service Delivery Area (SDA) of the Iowa Tribe of Kansas and Nebraska (Richardson County, NE; Brown or Doniphan County, KS; or Holt County, MO)	26.01%	213
Outside the Service Delivery Area (SDA) of the Iowa Tribe of Kansas	73.99%	606
If outside the Service Area, where do you live? (City and State only)		564

MOST FREQUENT PLACES OUTSIDE SDA:

Lincoln, Nebraska	Mayetta, Kansas
Omaha, Nebraska	Lawrence, Kansas
Kansas City, Missouri	Las Vegas, Nevada
Bellevue, Nebraska	Overland Park, Kansas
Kansas City, Kansas	Atchison, Kansas

What is your age?

ANSWER CHOICES	PERCENT	COUNT
18 - 24	9.40%	77
25 - 34	16.97%	139
35 - 44	20.02%	164
45 - 54	16.97%	139
55 - 64	18.80%	154
65 - 74	13.80%	113
75 years or older	4.03%	33

To which gender identity do you most identify?

ANSWER CHOICES	PERCENT	COUNT
Female	63.13%	517
Male	35.65%	292
Transgender Female	0.00%	0
Transgender Male	0.00%	0
Gender Variant/Non-Conforming	0.49%	4
Prefer Not to Answer	0.37%	3
Not listed	0.37%	3

What is your position in the household?

ANSWER CHOICES	PERCENT	COUNT
Head of household (primary financial provider)	58.61%	480
Spouse/partner of head of household	31.99%	262
Dependent child	3.17%	26
Dependent other family member	0.12%	1
None of these	6.11%	50

What is the highest degree or level of education you have completed?

ANSWER CHOICES	PERCENT	COUNT
No formal education (less than 3rd grade)	0.24%	2
Elementary School/Junior High	0.24%	2
Some High School	4.76%	39
High School/GED	47.01%	385
Bachelor's Degree	21.25%	174
Master's Degree	6.84%	56
Ph.D. or higher	2.81%	23
Trade/Vocational School	16.85%	138

Do you currently have outstanding student loans?

ANSWER CHOICES	PERCENT	COUNT
No	75.95%	622
Yes	24.05%	197
If Yes, how much?		182

Responses to “If Yes, how much?”

Average amount of outstanding student loans is just over \$18,000, ranging from \$12 to \$410,000. See the table below for a breakdown of outstanding student loan amounts.

AMOUNT OF OUTSTANDING STUDENT LOANS IN DOLLARS	PERCENT	COUNT
Less than \$10,000	23.33%	42
Between \$10,000 and \$19,999	22.78%	41
Between \$20,000 and \$29,999	12.22%	22
Between \$30,000 and \$39,999	8.89%	16
Between \$40,000 and \$49,999	8.89%	16
Between \$50,000 and \$59,999	4.44%	8
Between \$60,000 and \$69,999	4.44%	8
Between \$70,000 and \$79,999	2.22%	4
Between \$80,000 and \$89,999	2.22%	4
Between \$90,000 and \$99,999	1.11%	2
Over \$100,000	7.78%	14
Not sure	1.11%	2
N/A	0.56%	1
Total	100%	180

Military Status:

ANSWER CHOICES	PERCENT	COUNT
Veteran	5.37%	44
Active	0.49%	4
N/A	94.14%	771

What is your marital status?

ANSWER CHOICES	PERCENT	COUNT
Single, never married	24.54%	201
Married	52.99%	434
Domestic partnership	3.54%	29
Widowed	3.17%	26
Divorced	14.65%	120
Separated	1.10%	9

What type of household do you live in?

ANSWER CHOICES	PERCENT	COUNT
Single Individual	19.90%	163
Couple (no children)	24.66%	202
Single Parent	10.01%	82
Two Parent	31.87%	261
Extended or Blended Family	9.04%	74
Other (please specify)	4.52%	37

OTHER TYPES OF HOUSEHOLD WRITE-IN RESPONSES	PERCENT	COUNT
2 adults (related)	16.22%	6
2 parent with child in foster care	2.70%	1
Apartment	2.70%	1
Two parent household	13.51%	5
Parent with disabled child	2.70%	1
Partner (engaged or unmarried) with child	10.81%	4
Live with child's family	2.70%	1
I'm a single mom with 4 kids in DCF custody at this moment	2.70%	1
Live with elderly parent	5.41%	2
Live with partners family	2.70%	1
Single individual	2.70%	1
My sons mother past 9/19/2021	2.70%	1
Roommates	29.73%	11
Retired couple	2.70%	1
Total	100%	37

How many people live in your household?

ANSWER CHOICES	PERCENT	COUNT
1	15.63%	128
2	36.63%	300
3	17.83%	146
4	15.51%	127
5	8.79%	72
6	4.03%	33
7	0.61%	5
8+	0.98%	8

What is your annual household income?

ANSWER CHOICES	PERCENT	COUNT
Less than \$25,000	19.78%	162
\$25,001 - \$49,999	27.96%	229
\$50,000 - \$99,999	30.40%	249
\$100,000 - \$149,999	13.92%	114
\$150,000 - \$199,999	4.76%	39
\$200,000 +	3.17%	26

Does your household meet the low-to-moderate income limits for your state/county?

ANSWER CHOICES	PERCENT	COUNT
Extremely low income limits	12.09%	99
Very low (50%) income limits	15.14%	124
Low (80%) income limits	17.70%	145
None of these	55.07%	451

Does anyone in the household have a disability (physical, mental, or educational impairment)? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Myself	17.09%	140
Spouse or partner (enrolled tribal member)	1.47%	12
Spouse or partner (nontribal)	6.84%	56
Child(ren) under the age of 18	5.86%	48
Dependent adult(s) over the age of 18	3.91%	32
No one in the household	68.99%	565

Please check all your sources of income:

ANSWER CHOICES	PERCENT	COUNT
Employment/wages	70.09%	574
Business Ownership (Self-employment)	12.70%	104
Unemployment Insurance	1.10%	9
Retirement, Pensions, Survivor	13.19%	108
Disability Insurance (temporary)	1.22%	10
Veterans/Other Government Retirement	4.27%	35
Welfare - Transitional Assistance	0.49%	4
Military Pay	0.73%	6
TANF/AFDC or related program	1.10%	9
Tribal Per-Capita Payments	0.49%	4
General Assistance	1.22%	10
Land Lease Income	1.22%	10
Non-Welfare Government Assistance	0.24%	2
Interest, Dividends, Estate, Trust	2.81%	23
Social Security	20.02%	164
S.S.I. (Supplemental)	2.56%	21
Foster Care Funding	0.37%	3
No Income Source	5.01%	41
Other (please specify)	3.05%	25

OTHER SOURCES OF INCOME	PERCENT	COUNT
Child receives SS from deceased father	4.00%	1
Child tax credit	4.00%	1
Disability	4.00%	1
Employed	8.00%	2
Family's/spouse's income	12.00%	3
Partner's wages (girl/boy friend/unmarried)	8.00%	2
Guardianship until age 19 for Nebraska	4.00%	1
Investments	4.00%	1
Mineral rights	4.00%	1
Real estate/rental property	8.00%	2
Social security disability	12.00%	3
Spouse: pension & social security	4.00%	1
Stipend 200/mo.	4.00%	1
Student Grants and Scholarships	4.00%	1
Veteran Disability	8.00%	2
Work Comp	8.00%	2
Total	100%	25

Employment: What is your current employment status?

ANSWER CHOICES	PERCENT	COUNT
Employed for wages (full-time)	51.40%	421
Employed for wages (part-time)	7.81%	64
Self-employed	7.20%	59
Seasonal	0.12%	1
Out of work and looking for work	5.37%	44
Out of work but not currently looking for work	1.22%	10
A homemaker	3.17%	26
A student	1.83%	15
Military	0.24%	2
Retired	14.77%	121
Disabled/Unable to work	6.84%	56

COMMUNICATION, CONNECTIVITY, AND ENGAGEMENT

A critical element of the survey was to assess how members communicate with the Tribe and each other. Such an assessment of communication is important for understanding members' level of engagement with the Iowa Tribe overall and can inform communications in the future.

According to results, 95% of survey respondents own a cell phone, 69% own a computer or laptop, and 36% own a tablet or iPad. Notably, 93% of respondents have internet in their home, and 65% of respondents rate their internet capabilities as good or excellent. Specifically, 65% of respondents say that their internet speed is reliable enough to stream videos or attend virtual meetings. Most respondents, 78%, self-report using the internet once or more per day and 56% percent of respondents use email once or more per day. The majority of respondents report using cell phones to access the internet, email, and social media.

Survey respondents are active on a variety of social media platforms and nearly 55% report that they receive information about ITKN programs through Facebook and Instagram. Survey results also indicate that respondents receive information about ITKN programs, events, news, and culture through a variety of mechanisms. 55% receive information through social media, 41% through the ITKN newsletter, 39% through word of mouth, and 38% from the ITKN website.

Respondents were asked to select their top 3 preferences to receive communications about the ITKN; most respondents chose email (or an emailed newsletter), social media, and the ITKN website. While many respondents are engaged with the ITKN website, 47% were unaware of the Members Area on the website. Of the 53% who are aware of the Members Area, only 39% have registered and received access. Making respondents more aware of the Members Area is a great opportunity to increase engagement. When asked what improvements could be made to current methods of communication by the ITKN, the suggestions included increasing email communication; providing clear, consistent, frequent, up-to-date communication; sending newsletters directly to members; maintaining a more active presence on Facebook; sending text messages with updates; and providing better information for tribal members outside of tribal limits. In fact, 93% of respondents believe that the Tribe should make more information available about services they provide for those living outside of the area.

About 57% of survey respondents suggested they would be interested in virtual classes, meetings, or support groups; however, about 55 individuals (or 7%) noted they have a barrier to accessing this type of programming. The most common topics suggested for virtual classes, meetings, or support groups include: tribal history, culture, and preservation; language classes; mental, emotional, and physical health programs; tribal programs, updates, and upcoming events; tribal benefits and scholarships; updates on current projects; business opportunities; financial management, retirement planning, and investments; programs for specific groups (i.e., elderly, disabled, parenting, widows, etc.); resources for members outside the service area; and cooking programs. More detailed data on communications and engagement are reported below in the data tables.

Please check all that you own:

ANSWER CHOICES	PERCENT	COUNT
Home Phone	19.06%	142
Cell phone	94.63%	705
Tablet or iPad	35.84%	267
Computer or Laptop	69.26%	516
None of the above	1.74%	13

Does your home have internet?

ANSWER CHOICES	PERCENT	COUNT
Yes	93.02%	693
No	6.98%	52

How would you rate your internet capabilities?

ANSWER CHOICES	PERCENT	COUNT
Excellent	26.58%	198
Good	37.99%	283
Average	23.89%	178
Spotty	8.46%	63
Bad to Limited	3.09%	23

If yes, is your internet speed reliable enough to stream video or attend virtual meetings?

ANSWER CHOICES	PERCENT	COUNT
Yes	65.23%	486
Sometimes	23.62%	176
No	5.10%	38
I don't know	6.04%	45

How often do you use the internet?

ANSWER CHOICES	PERCENT	COUNT
Never	0.54%	4
Rarely: 1-3 times per month	2.15%	16
Sometimes: 1-3 times per week	5.23%	39
Regularly: 3-6 times per week	14.50%	108
Often: Once or more per day	77.58%	578

How often do you use email?

ANSWER CHOICES	PERCENT	COUNT
Never	1.88%	14
Rarely: 1-3 times per month	10.20%	76
Sometimes: 1-3 times per week	13.15%	98
Regularly: 3-6 times per week	18.39%	137
Often: Once or more per day	56.38%	420

If you own a cell phone, do you use it for internet access, email, or social media? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
I do not own a cell phone	1.07%	8
Internet	90.60%	675
Email	88.99%	663
Social media	81.34%	606
My cell phone does not have this capability	1.07%	8
I do not use it for any of these options	2.15%	16

What, if any, social media platforms do you use?

ANSWER CHOICES	PERCENT	COUNT
Facebook	82.95%	618
Instagram	37.05%	276
Twitter	17.45%	130
TikTok	25.91%	193
LinkedIn	19.73%	147
None of the above	11.14%	83
Other (please specify)	5.10%	38

OTHER SOCIAL MEDIA PLATFORMS USED	PERCENT	COUNT
Discord	6.98%	3
Gettr	2.33%	1
Indeed	4.65%	2
LinkedIn	2.33%	1
None	6.98%	3
Marco Polo	2.33%	1
Not on Facebook very often	2.33%	1
Pinterest	11.63%	5
Rarely	2.33%	1
Reddit	9.30%	4
Snapchat	37.21%	16
Telegram	2.33%	1
Tumblr	2.33%	1
Washington Post	2.33%	1
Wife has it, not myself	2.33%	1
YouTube	2.33%	1
Total	100%	43

What ways do you currently receive information about ITKN programs, events, news, or culture?

ANSWER CHOICES	PERCENT	COUNT
I do not receive information from ITKN	10.60%	79
ITKN Website	38.39%	286
Facebook	50.74%	378
Instagram	5.10%	38
ITKN Newsletter	40.54%	302
Word of mouth	38.66%	288
Posted flyers around the reservation	5.10%	38

If ITKN were to use all of these methods of communication, how would you prefer to be communicated with? Check the top three most important to you.

ANSWER CHOICES	PERCENT	COUNT
Website	43.89%	327
Social Media (Facebook, Twitter, etc)	50.87%	379
Paper Newsletter	24.97%	186
Emailed Newsletter	52.35%	390
Paper Mailings	21.21%	158
Email	61.21%	456
Word of Mouth	5.64%	42
Phone Calls	6.98%	52
Text Messages	30.47%	227
Posted Flyers Around the Reservation	2.42%	18

Are you aware of the Members Area on the ITKN website?

ANSWER CHOICES	PERCENT	COUNT
Yes	52.75%	393
No	47.25%	352

If yes, have you registered and received access?

ANSWER CHOICES	PERCENT	COUNT
Yes	38.93%	290
No	61.07%	455

Do you have any improvements you'd like to see regarding any of methods of communication with ITKN?

IMPROVEMENTS TO COMMUNICATION WRITE-IN RESPONSES	PERCENT	COUNT
Newsletters	5.00%	42
All kinds of stuff	0.36%	3
Annual budget reporting of how ITKN budget is being used and what it went toward	0.24%	2
Clear, consistent, frequent, up-to-date, advanced communication	5.35%	45
Easier communication to elders.	0.36%	3
Better info for tribal members outside tribal limits	1.19%	10
Better and available internet service	0.36%	3
Council responding to calls.	0.12%	1
Don't know	16.29%	137
Social media	1.79%	15
Easily accessible (multiple forms of communication to tailor to different needs)	0.48%	4
Email	4.52%	38
Honesty	0.24%	2
Phone call actually answered and in a respectful manner	0.83%	7
Did not know ITKN was available	0.59%	5
Less fighting on Facebook and meetings	0.24%	2
Don't receive any communication or information at the moment	0.24%	2
Better website management for members - slow and not up to date.	1.07%	9
Virtual meetings	0.24%	2
I have registered but never received access.	0.71%	6
Word of mouth	0.24%	2
Doing a good job	1.66%	14
Text messages	1.19%	10
Include updates to personnel, services, contacts	0.48%	4
Be more aware of what is going on	0.24%	2
Meeting minutes	0.12%	1
Cultural teachings	0.12%	1
Online forms	0.48%	4
Nature trails	0.12%	1
No	53.63%	451
Calendar way to set up appointments	0.24%	2
Available way to provide feedback and vote on things	0.24%	2
Timbers control burns	0.12%	1
Update to homes	0.24%	2
Update the fish and wildlife page more regularly for those that donate or live nearby so they know regular seasons	0.12%	1
Would like a tribal tag program. Vehicle tags are too expensive	0.12%	1
Yes	0.48%	4
Total	100%	841

If virtual classes, meetings, or support groups were available, would you be interested in participating?

ANSWER CHOICES	PERCENT	COUNT
Yes, I would be interested.	56.78%	423
Yes, I would be interested. However, I have a barrier to access.	7.38%	55
No, I would not be interested.	35.84%	267

If you would be interested, regardless of accessibility, what topics or kinds of virtual classes, meetings, or support groups would you want to have available?

TOPICS OR CLASSES WRITE-IN RESPONSES	PERCENT	COUNT
N/A	24.88%	251
Tribal history, culture, and preservation	12.69%	128
Language classes	8.42%	85
Don't know	7.63%	77
Mental, emotional, and physical health	4.46%	45
Tribal programs, updates, and upcoming events	4.36%	44
Anything and everything	4.16%	42
Update on anything tribal related	3.87%	39
Tribal benefits and scholarships	2.58%	26
Updates on current projects and business opportunities	2.48%	25
Financial management, retirement planning, and investments	2.48%	25
Individuals (elderly, disabled, moms, parenting, widows, etc.) with needs	1.98%	20
Tribal arts and crafts and tattoos	1.88%	19
Resource for members outside service area	1.88%	19
Cooking	1.78%	18
Domestic abuse, sexual assault, drug and abuse, trauma counseling, PTSD	1.49%	15
Higher education	1.39%	14
Music and Dance	1.29%	13
Beading classes	1.29%	13
Farming, gardening, land subsistence, plant identification	1.19%	12
Youth Programs	1.19%	12
Socials - virtual and in-person	1.09%	11
All board and counsel meetings unfiltered and uncut	0.99%	10
Conservation and wildlife (fishing)	0.69%	7
Spiritual and religion	0.69%	7
Clean and renewable energy	0.59%	6
Housing - Homeownership or Apartment	0.59%	6

TOPICS OR CLASSES WRITE-IN RESPONSES	PERCENT	COUNT
Genealogy	0.59%	6
Tribal Medicine	0.40%	4
How to use technology - virtual platforms	0.40%	4
How to get help from tribe and fill out forms	0.20%	2
Bee farming	0.20%	2
Sweat lodge construction lessons	0.10%	1
Does a good job	0.10%	1

Do you think the Tribe should make more information available about the services they provide for those living outside the service area?

ANSWER CHOICES	PERCENT	COUNT
Yes	93.15%	694
No	6.85%	51

HOUSING

Housing is critical issue facing communities with a variety of implications for families, community health and well-being, and economic development. The sections below share insights from survey respondents related to households and housing.

Type of Household and Family Units

According to survey respondents, 13% have 1 person in their housing unit, 34% have 2 people in their housing unit, 19% have 3 people in their housing unit, 16% have 4 people in their housing unit, and 16% have 5 or more people in their housing unit. Most respondents (90%) did not live in a multiple family unit. For those few that did live in multi-family units (10%), most had two families in the unit. The overwhelming majority of survey respondents (91%) said their living conditions are not overcrowded.

What is the total number of people staying in your housing unit? Please include all individuals who: (1) Usually live in this unit, even if they are temporarily away; (2) Persons who stay in the unit due to lack of housing elsewhere; (3) Those individuals who stay in the unit occasionally and who would not otherwise be counted as part of another housing unit.

NUMBER OF PERSONS STAYING IN HOUSEHOLD	PERCENT	COUNT
0 persons	1.52%	9
1 person	13.18%	78
2 persons	34.12%	202
3 persons	18.75%	111
4 persons	15.71%	93
5 persons	8.61%	51
6 persons	5.24%	31
7 persons	1.18%	7
8 persons	0.68%	4
9 persons	0.34%	2
N/A	0.68%	4
Total	100%	592

Are there multiple “family units” in this household? The basic Family Unit consists of one or more adults and children, if any, related by blood, marriage, or adoption and residing in the same household. There can be more than one family unit per household.

ANSWER CHOICES	PERCENT	COUNT
No	90.18%	661
Yes	9.82%	72
If yes, how many individual family units live in the household?		117

NUMBER OF “FAMILY UNITS” IN HOUSEHOLD	PERCENT	COUNT
0	4.17%	4
1	28.13%	27
2	45.83%	44
3	3.13%	3
4	2.08%	2
N/A	12.50%	12
No	4.17%	4
Total	100%	96

If every individual or group in this unit who wanted to live separately was able to have their own unit, how many units would be needed? Please list the number of people who would live in each unit based on their age. If you do not need additional housing, please complete only “Unit 1” for everyone currently living with you (should equal answer to above question).

Unit#1 (your unit):

ANSWER CHOICES	PERCENT	COUNT
Elders 70+	36.23%	25
Older Adults 55-69	44.93%	31
Adults 18-54	71.01%	49
Children 17 or younger	42.03%	29

Unit #2:

ANSWER CHOICES	PERCENT	COUNT
Elders 70+	46.38%	32
Older Adults 55-69	43.48%	30
Adults 18-54	57.97%	40
Children 17 or younger	46.38%	32

Unit #3:

ANSWER CHOICES	PERCENT	COUNT
Elders 70+	84.06%	58
Older Adults 55-69	30.43%	21
Adults 18-54	37.68%	26
Children 17 or younger	31.88%	22

Unit #4:

ANSWER CHOICES	PERCENT	COUNT
Elders 70+	85.51%	59
Older Adults 55-69	30.43%	21
Adults 18-54	37.68%	26
Children 17 or younger	31.88%	22

Are you living in overcrowded conditions (based on age, gender, relationship, and number of bedrooms)? U.S. Census definition of “overcrowding” – 1.01 person per livable room. For housing needs assessment, the following clarifications may be considered: Overcrowding is determined by the number of “livable rooms” in a dwelling; as well as the, age/gender/relationship of the occupants. These are: One adult (or adult cohabitant unit), plus - two minor children - per gender - per livable room. Example: A married couple, with two minor boys and a minor girl, living in a two-bedroom house would be “overcrowded.”

ANSWER CHOICES	PERCENT	COUNT
Yes	8.52%	62
No	91.48%	666

If yes, please answer the following questions. Identify the number of rooms specifically used as “Bedrooms”. (Number of livable rooms. For this question, include bedrooms, living rooms, kitchens, a separate dining room, and rooms in a finished basement. Do NOT count bathrooms, porches, balconies, entry areas, halls, or half-rooms. Count multipurpose rooms only one time, for example; a kitchen and dining room combination, or a living room that is used as a bedroom at night.)

NUMBER OF ROOMS USED AS BEDROOMS	PERCENT	COUNT
1 room	11.11%	5
2 rooms	17.78%	8
3 rooms	37.78%	17
4 rooms	13.33%	6
5 rooms	8.89%	4
6 rooms	8.89%	4
No	2.22%	1
Total	100%	45

Housing Status and Costs

54% of respondents own their home, 27% rent, 10% temporarily live with family/friends, and less than 1% of respondents lack a temporary or permanent residence. Homeowners used a variety of financing programs to purchase homes, including financing from local bank, Veterans Affairs, financing from credit union, HUD Section 184, ITKN Housing Authority, USDA Rural Development, Tribal or State Down Payment Assistance, Habitat for Humanity, and HIP (listed in order of frequency). Nearly 84% of homeowners who responded own the deed for land or the lot of their current home. ITKN members live in a variety of housing types. 86% of respondents live in a single family detached home, 5% live in a modular home, 5% live in an apartment, and 4% live in a mobile home, trailer, or FEMA trailer.

Housing is traditionally the largest monthly expense for a household. Among ITKN members that rent, the average monthly rent payment for all respondents is \$237.72; however, many respondents reported paying \$0 for monthly rent. If we remove those who responded \$0, the average monthly rent payment is \$769.47. Among those with a mortgage, the average monthly payment was \$1,928.30. Again, a large portion indicated they pay \$0 for monthly mortgage. If we exclude those who reported \$0, the average monthly mortgage payment is \$2,824.85. Most, 74% of respondents, indicated they are responsible for the full amount of their monthly housing payment.

What is your current housing status?

ANSWER CHOICES	PERCENT	COUNT
I own my own home	54.41%	395
I rent my home	27.27%	198
Living with a family or friend in their home on temporary or permanent basis	9.92%	72
I live in a shelter facility, motel, outdoors, or in a vehicle	0.41%	3
Other (please specify)	7.99%	58

OTHER RESPONSES FOR CURRENT HOUSING STATUS	PERCENT	COUNT
Buying my home	8.33%	5
College	3.33%	2
Friend or family owns the home	28.33%	17
HUD Home	1.67%	1
Live in RV	5.00%	3
Low Income Housing	1.67%	1
Mobile home	3.33%	2
Mortgage	6.67%	4
N/A	1.67%	1
Own condo unit	1.67%	1
Own home, lease to own land	1.67%	1
Rent an apartment	23.33%	14
Rent to own	8.33%	5
Spouse pays rent	1.67%	1
There is a worrying sinkhole in my backyard and I'm not sure it's safe to live in this home ...	1.67%	1
Vehicle	1.67%	1
Total	100%	60

If you are a homeowner, which of the following programs did you use to purchase your current home? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Habitat for Humanity	0.51%	2
USDA Rural Development	2.80%	11
Veterans Affairs	8.91%	35
ITKN Housing Authority (scattered site/Mutual Help)	4.07%	16
HUD Section 184	5.34%	21
HIP	0.51%	2
Tribal or State Down Payment Assistance	2.04%	8
Financing from Local Bank	41.48%	163
Financing from Credit Union	6.36%	25
None of the above	21.63%	85
Other (please specify)	12.21%	48

OTHER PROGRAMS USED TO PURCHASE HOME	PERCENT	COUNT
Cash	6.25%	3
Financing from family	12.50%	6
Farm Credit	2.08%	1
Federal Home Loan Bank	2.08%	1
FHA	6.25%	3
Financing	2.08%	1
Financing from Bank	12.50%	6
Financing through owner	2.08%	1
First Time Home Buyer	8.33%	4
Friend	2.08%	1
Inheritance	16.67%	8
Mortgage company	14.58%	7
NeighborWorks	2.08%	1
Rent to own	2.08%	1
Self	4.17%	2
Unsure	2.08%	1
VA Loan	2.08%	1
Total	100%	48

If you are a homeowner, what is the land ownership status of your current home? Select one.

ANSWER CHOICES	PERCENT	COUNT
Tribal home site lease/lot	1.78%	7
Allotted land	1.02%	4
Rental lot	1.27%	5
Own deed land/lot	83.97%	330
Do not know	11.96%	47

Choose the type of construction that best describes your current home. Select one.

ANSWER CHOICES	PERCENT	COUNT
Single family detached home (traditional construction)	85.55%	379
Modular home	5.42%	24
Mobile home or trailer	4.06%	18
FEMA trailer	0.23%	1
Apartment	4.74%	21

What is the total monthly payment for the entire housing unit? Complete only one field. If the answer is “No payment”, please write \$0 in the appropriate field.

ANSWER CHOICES	PERCENT	COUNT
Rent	29.35%	130
Mortgage	91.42%	405

MONTHLY RENT PAYMENT	PERCENT	COUNT
Less than \$200	65.38%	85
\$200 - \$299	3.08%	4
\$300 - \$399	1.54%	2
\$400 - \$499	3.08%	4
\$500 - \$599	6.15%	8
\$600 - \$699	6.15%	8
\$700 - \$799	3.08%	4
\$800 - \$825	0.77%	1
\$900 - \$999	2.31%	3
\$1,000 - \$1,999	1.54%	2
Over \$2,000	1.54%	2
N/A	2.31%	3
Prefer not to answer	3.08%	4
Total	100%	130

MONTHLY MORTGAGE PAYMENT	PERCENT	COUNT
Less than \$499	38.12%	154
\$500 - \$999	19.55%	79
\$1,000 - \$1,499	17.33%	70
\$1,500 - \$1,999	12.38%	50
\$2,000 - \$2,499	5.69%	23
\$2,500 - \$2,999	2.97%	12
\$3,000 - \$3,499	0.74%	3
\$3,500 - \$3,999	0.50%	2
Over \$4,000	0.99%	4
N/A	0.99%	4
Prefer not to answer	0.74%	3
Total	100%	404

How much is your share of the monthly payment? Select one.

ANSWER CHOICES	PERCENT	COUNT
Pay full amount	74.49%	330
If you pay less than the full amount, how much is your share of the monthly payment?	25.51%	113

Maintenance and Utility Costs

Respondents were asked to share the approximate age of their dwelling. About 11% said their dwelling is less than 10 years old, 9% said between 10 to 19 years old, 23% said between 20 to 29 years old, 10% said between 30 to 39 years old, 9% said between 40 to 49 years old, 15% said between 50 to 59 years old, and 22% said over 60 years old. 98% of respondents report having complete bathroom facilities in their dwelling and 99% of respondents have complete kitchen facilities.

A majority of respondents (76%) do not believe their home is in need of any repairs to be in livable condition; however, of those who do need home repairs (24%), new windows and a new roof were the most frequently needed. Participants were asked to estimate the approximate cost to bring their units to a livable condition. 56% of respondents estimate the cost between \$1,000 - \$5,000, 28% of respondents estimate between \$5,001-\$10,000, 15% estimate between \$10,001-\$35,000, and less than 1% said units were unrepairable. About 36% of respondents said they would need assistance in making repairs to their housing unit.

The yearly cost for utilities to homes ranged from \$70 to \$36,000, with an average cost of \$3,688.41 per year. Utilities were included in the monthly housing payment of only 16% of respondents, whereas 84% reported they do not pay for utilities.

Does your share of the payment include utilities?

ANSWER CHOICES	PERCENT	COUNT
Yes	16.03%	71
No	83.97%	372

What is the approximate age of your dwelling unit?

AGE OF DWELLING IN YEARS	PERCENT	COUNT
Less than 10 years	10.69%	37
Between 10 to 19 years	9.25%	32
Between 20 to 29 years	22.54%	78
Between 30 to 39 years	10.12%	35
Between 40 to 49 years	8.67%	30
Between 50 to 59 years	15.03%	52
Between 60 to 69 years	6.36%	22
Between 70 to 79 years	4.91%	17
Between 80 to 89 years	2.02%	7
Between 90 to 99 years	0.87%	3
Over 100 years	7.80%	27
N/A	0.00%	
Unsure	1.73%	6
Total	100%	346

Do you have complete bathroom facilities? (hot and cold piped water, flush toilet, bathtub or shower)

ANSWER CHOICES	PERCENT	COUNT
Yes	98.36%	421
No	1.64%	7

Do you have complete kitchen facilities? (hot and cold piped water, range or cook stove and refrigerator)

ANSWER CHOICES	PERCENT	COUNT
Yes	98.83%	423
No	1.17%	5

Provide the estimated yearly cost for utilities and/or fuels for this dwelling.

ESTIMATED ANNUAL COST FOR UTILITIES	PERCENT	COUNT
Less than \$499	4.17%	14
\$500 - \$999	2.08%	7
\$1,000 - \$1,499	6.85%	23
\$1,500 - \$1,999	4.76%	16
\$2,000 - \$2,499	10.42%	35
\$2,500 - \$2,999	6.55%	22
\$3,000 - \$3,499	13.10%	44
\$3,500 - \$3,999	11.01%	37
\$4,000 - \$4,499	10.42%	35
\$4,500 - \$4,999	6.55%	22
\$5,000 - \$5,499	6.25%	21
\$5,500 - \$5,999	0.89%	3
\$6,000 - \$6,499	5.95%	20
Over \$6,500	6.25%	21
Unsure	4.46%	15
Total	100%	335

Is your home in current need of repairs to be put into a standard, livable condition?

ANSWER CHOICES	PERCENT	COUNT
Yes	24.30%	104
No	75.70%	324
If yes, what kind of repairs does your home currently need?		130

See the table on the next page for a breakdown of what kind of repairs homes currently need with count and percent.

REPAIRS MOST OFTEN NEEDED INCLUDE:

- | | |
|---------|-----------------|
| Windows | Furnace/Heating |
| Roof | Bathrooms |
| Siding | Walls |
| Floors | Pipes/drainage |

Responses to “If yes, what kind of repairs does your home currently need?”

REPAIRS NEEDED IN CURRENT HOME	PERCENT	COUNT
AC unit	2.23%	5
Furnace/ Heating	5.80%	13
Windows	12.50%	28
A lot	1.34%	3
Basement	2.68%	6
Bathroom	5.36%	12
Mold	1.34%	3
Kitchen	2.23%	5
Toilet	1.34%	3
Bedroom	0.89%	2
Carpet	1.34%	3
Paint	0.89%	2
Gutters	0.89%	2
Roof	8.04%	18
Sink	0.89%	2
N/A	4.91%	11
Ceiling	3.13%	7
Floors	6.70%	15
Siding	8.04%	18
Electric	3.13%	7
Pipes and drainage	4.91%	11
Walls	5.36%	12
Garage	2.23%	5
Ramp	1.34%	3
Doors	3.13%	7
None	4.91%	11
Yard (front & back)	1.79%	4
Washer & Dryer	0.45%	1
Foundation	2.23%	5
Total	100%	224

Based on the age and condition of the dwelling, estimate the approximate cost to bring this unit up to “standard” condition. Include “overcrowding” factors and potential costs for necessary additions.

ANSWER CHOICES	PERCENT	COUNT
Good Condition - Between \$1-\$5,000	55.84%	239
Needs "Minor" Repairs - Between \$5,001-\$10,000	28.04%	120
Needs "Major" Repairs - Between \$10,001-\$35,000	15.42%	66
Exceeds \$35,000 and/or “not repairable”	0.70%	3

Do you need assistance in making repairs to your unit?

ANSWER CHOICES	PERCENT	COUNT
Yes	35.98%	154
No	64.02%	274

Housing Affordability and Preferences

Forty-one percent of respondents are interested in owning a home, 49% are satisfied with the home they already own, and 11% are not interested in owning a home.

Of those who have tried to purchase a home, 50% bought a home. Alternatively, 25% did not buy a home because they could not get a loan or financing, and 17% did not buy a home because they did not have enough for a down payment. In the event that respondents needed to rent a home, 34% of respondents think no choices would be available to them, 51% think only one to five choices would be available, 6% think six to ten choices would be available, and 9% think more than 10 choices would be available to them.

When asked if it is easy to find affordable, quality housing on the Reservation, 1% said it is very easy, 20% said it is somewhat easy, 40% said it is somewhat challenging, and 39% said it is challenging. On the other hand, when asked if it is easy to find affordable, quality housing outside the Reservation, 3% said very easy, 13% said somewhat easy, 32% said somewhat challenging, and 52% said very challenging. The responses indicate that finding affordable, quality housing is a problem regardless of whether individuals are living on or outside of the ITKN Reservation. For respondents who do not currently live on the Reservation, 55% said they would consider living there if homeownership opportunities were available, while 40% said they would not consider living on the Reservation. Of those who responded no, common reasons provided for not living on the Reservation include distance from work, better job opportunities elsewhere, distance from family, satisfied with their current place of residence, and that the Reservation is too rural.

Respondents were asked why they moved into their current home. 18% of respondents said because of the location of their unit, 7% said because of the quality of their unit, 36% said because their unit was affordable, 4% said because of the size of their unit, and 35% said because it was their only choice. The reasons why respondents did not own a home included: saving enough for a down payment; poor credit history/low credit score; not enough income or ability to make monthly loan payments; high existing debts; cost or time for maintenance and repairs; lack of information or understanding about the home buying process; inability to get a land lease or land in a desired location; and lack of infrastructure or cost of infrastructure (listed in order of frequency).

Exploring the types of home of interest to respondents, the survey found 84% of respondents want a single-family home with traditional construction, 11% want a single-family home with modular construction, 4% are interested in a duplex or townhouse, and less than 1% are interested in a mobile home. Among respondents, between 2 and 4 bedrooms and 1 to 2.5 bathrooms are the desired sizes. Respondents were asked what features are most important to them in a new home. The responses, from most important to least important, included: central air conditioning, washer and dryer, garage, storm shelter, basement, alternative energy sources (e.g., wood stove, solar panels), storage shed, multigenerational design, yard with sod, carport, yard with alternative landscaping, and a two-story home. 15% of respondents need a home that has handicap accessible features.

About 26% of respondents said they need assistance to find suitable housing. If tribal housing on the Reservation was available, 57% of people said they would be interested in learning more about the application process. More detailed housing data from survey respondents is reported below in the data tables.

Are you interested in homeownership?

ANSWER CHOICES	PERCENT	COUNT
No, I am not interested in homeownership	10.74%	75
No, I already own a home and am satisfied with that home	48.71%	340
Yes	40.54%	283

If you were to buy a new home, how many people in your family would live in this new home together?

ANSWER CHOICES	PERCENT	COUNT
Adults	100.00%	285
Children 17 years or younger	67.72%	193

Have you tried to purchase a home?

ANSWER CHOICES	PERCENT	COUNT
Yes	27.02%	77
No	72.98%	208

If yes, which option best describes the result? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
I bought a home.	50.00%	38
I did not buy a house because I could not find one I wanted to buy.	3.95%	3
I did not buy a house because I could not get a loan/financing.	25.00%	19
I did not buy a house because I did not have enough down payment money.	17.11%	13
I did not buy a house because I could not get the land to build it on.	1.32%	1
I did not buy a house because the infrastructure costs (roads, water, sewer, electricity) were too expensive.	2.63%	2
I did not buy a house because the lot did not have access to infrastructure (roads, water, sewer, electricity).	1.32%	1
Other (please specify)	19.74%	15

OTHER RESPONSES FOR TRYING TO PURCHASE A HOME	PERCENT	COUNT
Bad credit due to unpaid medical bills	6.25%	1
Bought but lost it in a divorce	18.75%	3
Currently looking but keep getting outbid	12.50%	2
Did not like the location	6.25%	1
Did not own the land	6.25%	1
House was too expensive to buy	18.75%	3
In the process of purchasing a home	18.75%	3
Still looking	6.25%	1
Waiting on a contract	6.25%	1
Total	100%	16

How easy do you think it is to find affordable, quality housing to buy on the ITKN Reservation?

ANSWER CHOICES	PERCENT	COUNT
Very Easy	1.47%	4
Somewhat Easy	20.15%	55
Somewhat Challenging	39.93%	109
Challenging	38.46%	105

How easy do you think it is to find affordable, quality housing to buy outside of ITKN Reservation?

ANSWER CHOICES	PERCENT	COUNT
Very Easy	2.93%	8
Somewhat Easy	12.82%	35
Somewhat Challenging	32.23%	88
Very Challenging	52.01%	142

If you needed to rent a home today, how many choices do you think would be available to you?

ANSWER CHOICES	PERCENT	COUNT
None	33.70%	92
1-5	50.92%	139
6-10	6.23%	17
More than 10	9.16%	25

Which of the following best describes why you chose to move into your current home? Select one.

ANSWER CHOICES	PERCENT	COUNT
Location of unit	17.95%	49
Quality of unit	7.33%	20
Affordable	36.26%	99
Size of unit	3.66%	10
Only choice I had	34.80%	95

What are the biggest barriers you see to owning your own home?

ANSWER CHOICES	PERCENT	COUNT
Saving enough for a down payment and closing costs	85.35%	233
Poor credit history Low credit score	43.96%	120
High existing debts	30.40%	83
Not enough income/Ability to make monthly loan payments	39.19%	107
Costs/time for maintenance and repairs	23.81%	65
Lack of understanding of maintenance and repairs	4.76%	13
Lack of information and understanding about the home buying process	20.51%	56
Lack of available housing Lack of builders/contractors	19.41%	53
Inability to get a land lease/lot in desired location	16.48%	45
Lack of infrastructure (roads, water, sewer, electricity)	2.93%	8
Cost of infrastructure (roads, water, sewer, electricity)	6.59%	18
Lack of access to a bank or other financial institution	7.33%	20

Which of the following type of home would you prefer to buy?

ANSWER CHOICES	PERCENT	COUNT
Single-family home traditional construction	83.88%	229
Single family home modular construction	10.99%	30
Mobile home	0.73%	2
Duplex/townhouse	4.40%	12

How many bedrooms would you like to have in your new home?

NUMBER OF BEDROOMS IN NEW HOME	PERCENT	COUNT
1	0.43%	1
2	18.18%	42
3	45.89%	106
4	27.27%	63
5	6.49%	15
6	1.30%	3
8	0.43%	1
Total	100%	231

How many bathrooms would you like to have in your new home?

NUMBER OF BATHROOMS IN NEW HOME	PERCENT	COUNT
1	5.63%	13
1.5	3.03%	7
2	65.37%	151
2.5	3.90%	9
3	19.91%	46
4	1.73%	4
5	0.43%	1
Total	100%	231

Rate how important each home feature is to you.

ANSWER CHOICES	NOT IMPORTANT	SOMEWHAT IMPORTANT
Storm shelter	24.18% 66	22.34% 61
Central air-conditioning	1.10% 3	8.42% 23
Basement	28.94% 79	23.44% 64
Two-story home	68.50% 187	16.48% 45
Yard with sod	35.53% 97	33.70% 92
Yard with alternative landscaping	41.39% 113	34.80% 95
Storage shed	21.61% 59	36.26% 99
Garage	4.76% 13	21.98% 60
Carport	39.56% 108	35.53% 97
Washer and dryer	6.23% 17	5.86% 16
Alternative energy sources (wood stove, solar panels)	24.91% 68	34.43% 94
Multigenerational design Note: Multigenerational house plans accommodate different generations under the same roof. Plans often create privacy by dividing bedrooms into separate wings or areas. The kitchen, dining room, and other communal areas are generally shared.	43.96% 120	26.01% 71

Rate how important each home feature is to you. (cont.)

ANSWER CHOICES	IMPORTANT		EXTREMELY IMPORTANT		WEIGHTED AVERAGE
	PERCENT	COUNT	PERCENT	COUNT	
Storm shelter	29.67%	81	23.81%	65	2.53
Central air-conditioning	23.44%	64	67.03%	183	3.56
Basement	24.54%	67	23.08%	63	2.42
Two-story home	10.26%	28	4.76%	13	1.51
Yard with sod	19.41%	53	11.36%	31	2.07
Yard with alternative landscaping	17.95%	49	5.86%	16	1.88
Storage shed	30.04%	82	12.09%	33	2.33
Garage	38.83%	106	34.43%	94	3.03
Carport	20.88%	57	4.03%	11	1.89
Washer and dryer	23.08%	63	64.84%	177	3.47
Alternative energy sources (wood stove, solar panels)	22.34%	61	18.32%	50	2.34
Multigenerational design Note: Multigenerational house plans accommodate different generations under the same roof. Plans often create privacy by dividing bedrooms into separate wings or areas. The kitchen, dining room, and other communal areas are generally shared.	16.48%	45	13.55%	37	2

Do you need a home that has handicap accessible features (ramp, grab bars, wide hallways, etc)?

ANSWER CHOICES	PERCENT	COUNT
Yes	14.65%	40
No	85.35%	233

If you do not currently live on the ITKN reservation, would you consider living there if homeownership opportunities were available?

ANSWER CHOICES	PERCENT	COUNT
Yes	54.58%	149
No	39.93%	109
I currently live on the reservation	5.49%	15
If No, why not?		102

REASONS WHY RESPONDENTS WILL NOT CONSIDER LIVING ON ITKN RESERVATION	PERCENT	COUNT
Better job opportunities	17.46%	22
Closer to family (Oklahoma, Nebraska, etc.)	17.46%	22
Work location	19.05%	24
Dislike cold and snow	2.38%	3
Happy with current location/ Do not want to move	12.70%	16
I am a member of the LGBTQ+ community, and would not feel comfortable living and raising my family in an extremely conservative rural community. I have had negative experiences primarily in Highland and Hiawatha, and wouldn't feel welcome or safe.	0.79%	1
Not much connection to ITKN	0.79%	1
Better school options	3.97%	5
Live too far out of ITKN area	13.49%	17
I'm gay and feel that my prospects of meeting someone would be a lot lower	0.79%	1
Prefer a more progressive environment	1.59%	2
Too rural	7.14%	9
Prefer the older brick style homes provided to members along with a few acres of land	0.79%	1
Unsure	0.79%	1
Total	100%	126

Do you need assistance finding suitable housing?

ANSWER CHOICES	PERCENT	COUNT
Yes	26.45%	73
No	73.55%	203

If tribal housing on the reservation were available to you would you be interested in learning more about the application process?

ANSWER CHOICES	PERCENT	COUNT
Yes	56.88%	157
No	43.12%	119

BUSINESS ATTRACTION, RETENTION, AND SERVICES

Nearly 15% of respondents currently operate their own business, and 13% have previously operated their own business. Additionally, 33% of respondents have considered starting their own business. Respondents were asked to identify obstacles to starting their own business. The following obstacles were most frequently reported: do not have access to startup capital; not sure how to obtain the necessary financing; not sure of all the considerations in starting a new business; do not qualify for a business loan; too many competitors in the field; not sure how to research the market to know if there is demand; and not sure if they have the management skills to operate a business.

Respondents were asked what type of business they currently have, had previously, or would be interested in developing. Responses were collapsed into the following categories: retail, antique, sales, clothing; café, bakery, restaurant, food truck, and distillery; business management, administration, consulting, and contractor; cars, mechanics, technicians, electrical, and repairs; architecture and construction; arts, entertainment, recreation, and tourism; animal sanctuary, animal feed, livestock, and farming; early childhood care, social work, and daycare; medicine, nursing, health science, and biotech; and media, journalism, and public relations.

Respondents were asked what type of financing is needed for them to start a business – 67% said equipment, 66% said working capital, 43% said inventories, and 39% said commercial real estate. Respondents were also asked what level of financing they would need to start their business. Fifty-one percent of respondents said less than \$25,000, 16% said between \$25,001 to \$50,000, 11% said between \$50,001 to \$75,000, 9% said between \$75,001 to \$100,000, and 13% said more than \$100,000.

To explore the opportunities for ITKN to support members in their business pursuits, respondents were asked what types of business classes they would be willing to attend (virtually or in-person). Responses included (from highest interest to lowest): home maintenance and repairs classes, how to invest money, how to start a small business, how to develop a financial plan, how to save money, how to write and follow a business/family budget, homeownership education, how to repair my credit, how to set and achieve goals, how to get out of crisis mode with your money, how to understand your credit report, how to get creditors to stop calling, how to get your credit report, how to write a check (and not bounce it), and how to use a checking account.

Respondents were asked what they feel are the obstacles to their financial success, and 64% said low paying job, 41% said bad credit, 20% said no work, and 6% said no car. According to respondents, 96% use checking accounts, 72% use credit cards, and 70% use savings accounts. More detailed data on business and financial development is reported below in the data tables.

Do you currently operate your own business?

ANSWER CHOICES	PERCENT	COUNT
Yes	14.80%	102
No	85.20%	587

Have you previously operated your own business?

ANSWER CHOICES	PERCENT	COUNT
Yes	12.63%	74
No	87.37%	512

Have you ever considered starting your own business?

ANSWER CHOICES	PERCENT	COUNT
Yes	33.33%	170
No	66.67%	340

If yes, please rank (1 to 7) any the following obstacles that may be preventing you from starting your own business. Please use 1 to represent the most significant obstacle.

ANSWER CHOICES	1		2		3		4	
Too many competitors in my field	13.56%	24	8.47%	15	10.17%	18	11.30%	20
Do not have access to startup capital (Cash Loans)	45.76%	81	29.38%	52	9.60%	17	5.08%	9
Do not qualify for a business loan	8.47%	15	14.69%	26	16.95%	30	16.38%	29
Not sure how to obtain the necessary financing	11.30%	20	19.21%	34	23.73%	42	20.90%	37
Not sure of all the considerations in starting a new business (Business Plan)	11.86%	21	14.69%	26	17.51%	31	22.60%	40
Not sure that I have the management skills to operate a business	3.39%	6	6.78%	12	10.73%	19	10.73%	19
Not sure how to research the market to know if there is a demand for the business	5.65%	10	6.78%	12	11.30%	20	12.99%	23

ANSWER CHOICES	5		6		7		SCORE
Too many competitors in my field	15.25%	27	16.95%	30	24.29%	43	3.46
Do not have access to startup capital (Cash Loans)	3.39%	6	4.52%	8	2.26%	4	5.86
Do not qualify for a business loan	15.25%	27	15.25%	27	12.99%	23	3.87
Not sure how to obtain the necessary financing	15.25%	27	3.95%	7	5.65%	10	4.56
Not sure of all the considerations in starting a new business (Business Plan)	20.34%	36	9.60%	17	3.39%	6	4.33
Not sure that I have the management skills to operate a business	14.69%	26	27.68%	49	25.99%	46	2.86
Not sure how to research the market to know if there is a demand for the business	15.82%	28	22.03%	39	25.42%	45	3.06

What type of business do you currently have, did you have previously, or would you be interested in developing?

TYPES OF BUSINESSES WRITE-IN RESPONSES	PERCENT	COUNT
Accounting, Banking, Finance, Insurance	1.29%	6
Agriculture, Natural Resources (ex. Mining), Forestry, Environment, Utilities	1.72%	8
Animal sanctuary, Animal Feed, Livestock, Farm	3.00%	14
Architecture and Construction	5.79%	27
Arts, Entertainment, Recreation, Tourism, Sports, Airbnb	4.51%	21
Business Management, Administration, Consulting, Contractor	7.51%	35
Café, Bakery, Restaurant, Food truck, Distillery	10.30%	48
Cars, Mechanics, Technicians, Electrical, Repairs	6.01%	28
Cleaning Services	1.72%	8
Early Childhood Care, Welfare, Social Work, daycare	2.58%	12
Education (primary, secondary, college or university), Training	0.64%	3
Engineering, Math	0.64%	3
Government, Public Administration, Politics, Law	1.29%	6
Information Technology, Software, Web Development, Computers	1.50%	7
Media, Journalism, Graphic Design, Advertising, Marketing, PR	2.15%	10
Medicine, Nursing, Health Science, Biotech	2.15%	10
Real Estate, Rental, Leasing	1.93%	9

TYPES OF BUSINESSES WRITE-IN RESPONSES	PERCENT	COUNT
Retail, Antique store, Sales, Clothing	12.02%	56
Transportation, Logistics	0.64%	3
Mining, Heavy Industry	1.50%	7
SSDI	0.43%	2
None, N/A, not interested	26.39%	123
Don't know	3.00%	14
Anything	0.86%	4
Retired	0.43%	2
Total	100%	466

What type of financing would be necessary to start your business? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Commercial Real Estate	38.58%	147
Working Capital	65.88%	251
Inventories	42.78%	163
Equipment	66.93%	255
Other (please specify)		298

OTHER NECESSARY FINANCING	PERCENT	COUNT
Any	1.27%	3
Not interested	11.81%	28
Already started	1.27%	3
Working Capital	1.27%	3
Clients	0.84%	2
Don't know	3.80%	9
Everything	0.42%	1
Food	0.42%	1
Insurance	0.42%	1
Equipment	0.84%	2
Land	0.42%	1
Building	0.84%	2
Inventory	0.42%	1
Software	0.42%	1
Commercial Real Estate	0.42%	1
None, N/A, or No business	75.11%	178
Total	100%	237

What level of financing do you feel you would need to start your business?

ANSWER CHOICES	PERCENT	COUNT
Less than \$25,000	50.91%	335
\$25,001 - \$50,000	16.26%	107
\$50,001 - \$75,000	10.64%	70
\$75,001 - \$100,000	8.81%	58
More than \$100,000	13.37%	88

Which of these types of classes would you be willing to attend, either virtually or in person? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
How to write a business/family budget	27.51%	178
How to develop a financial plan	32.30%	209
How to follow a business/family budget	24.42%	158
How to start a small business	34.16%	221
How to repair my credit	21.64%	140
How to write a check (and not bounce it)	1.85%	12
How to get creditors to stop calling	5.10%	33
How to understand my credit report	7.88%	51
How to get my credit report	4.48%	29
How to invest money	43.59%	282
How to save money	29.21%	189
How to set and achieve goals	18.86%	122
How to use a checking account	1.24%	8
How to get out of crisis mode with my money	12.52%	81
Homeownership education	22.57%	146
Home maintenance and repairs classes	43.74%	283

What do you feel are the obstacles to your financial success? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Low paying job	63.64%	238
No work	20.05%	75
No car	6.15%	23
Bad credit	40.64%	152
Other (please specify)		300

OTHER OBSTACLES TO FINANCIAL SUCCESS	PERCENT	COUNT
Age	2.28%	6
Don't know	1.14%	3
Low opportunities	0.76%	2
Education requirements or In college	1.90%	5
Bills, loans, debt, bankruptcy	12.55%	33
Child care	0.76%	2
Covid-19 and bad economy	3.04%	8
Serving in the military	0.38%	1
Not interested	0.76%	2
Disability and Health	6.46%	17
Retired	4.94%	13
Divorce	0.76%	2
High cost of living, homeless	1.90%	5
None, N/A	49.05%	129
Gambling, overspending, bad credit, personal mistakes	3.80%	10
Business just started or not doing well	2.66%	7
Unemployed or low hours	1.90%	5
SSI	0.38%	1
Low or loss of income	3.80%	10
Time	0.76%	2
Total	100%	263

Which of the following financial products do you use? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Checking account	95.98%	621
Credit cards	72.02%	466
Savings account	69.55%	450

COMMUNITY/RESERVATION DEVELOPMENT

Creating a vibrant Reservation and community for our members is a central priority. As a result, a range of questions were asked to guide our development plans. Respondents were asked if they know enough about development plans for the ITKN community and Reservation, and 85% of respondents said no. Similarly, 90% of respondents are not familiar with the ITKN Sustainable, Comprehensive Economic Development Plan/Strategy (CEDS). The top five areas that respondents felt needed to be addressed in the CEDS are: expand agricultural operations; additional self-determination contracts with the federal government; establishment of a tribal business enterprise with Small Business Administration 8(a) certification and the resulting federal contracting opportunities; develop a meat market with small grocery operation on the reservation as an outlet for premium beef product; and explore senior housing and assisted living integrated with local foods, cultural programming, and local health care.

In addition to areas for expansion, respondents were also asked to identify existing ITKN community assets. The top five assets selected are: adequate local health care facilities; adequate access to high-speed internet broadband; adequate affordable housing prices; adequate freshwater resources; and adequate cellular phone service. Conversely, the five assets with the lowest selection include adequate public transportation, adequate entertainment venues, after work social opportunities, breweries, and manufacturing solutions center. Critically, 20% of respondents indicated interest in working with a group to advise on physical and community improvements. This means ITKN already has a dedicated group of members interested in the future growth and development of community assets.

Survey results relating to a variety of community assets and needs are provided below.

Internet service

When asked if their community needs faster/better internet service, 26% of respondents said yes, 49% said no, and 26% are not sure. Additionally, 19% of respondents need assistance in paying for internet service.

Housing

In addressing housing needs, respondents most frequently suggested grants to make home ownership more affordable, programs to provide free home repair, more community support for elder housing, more monthly rental assistance programs, and more income-based rental housing for disabled individuals and seniors.

Health

In addressing health needs, respondents most frequently suggested more payment assistance programs for adult dental and/or hearing services, more community focus on preventative healthcare, elder assistance programs, more vision assistance programs for adults, and increasing the community awareness of available health resources.

Education

In addressing education needs, respondents most frequently suggested assistance with affordable, high-quality childcare options for parents who want to further their education; programs to help parents become more involved in students' education; increase community awareness of available education resources; school counseling programs for graduating students; and school readiness programs.

Employment

In addressing employment needs, respondents most frequently suggested training programs for jobs available in the area; assistance with affordable childcare during work hours; improving workforce readiness skills of individuals entering the workforce; increasing community knowledge of employment resources; and assistance with transportation to and from jobs.

Income and Asset Building

In addressing employment needs, respondents most frequently suggested more information on how to access financial resources; increasing the community's knowledge of available mainstream financial resources; more education on how to build assets; and anonymous and confidential counseling for budgeting and saving.

Support Services/Programming

In addressing support services and programming needs, respondents most frequently suggested elder services, legal services, youth services, child support services, and meal programs.

More detailed data from survey respondents on assessing community needs is reported below in the data tables.

Do you feel you know enough about the development plans for the ITKN community/reservation?

ANSWER CHOICES	PERCENT	COUNT
Yes	15.40%	93
No	84.60%	511

Are you familiar with the ITKN Sustainable, Comprehensive Economic Development Plan/Strategy?

ANSWER CHOICES	PERCENT	COUNT
Yes	10.10%	61
No	89.90%	543

The following opportunities for the ITKN were identified in the Tribes' CEDS, select the top five (5) most important to you.

ANSWER CHOICES	PERCENT	COUNT
Possible additional self-determination contracts with the federal government, especially as a mechanism to expand the availability of reservation-based health care to community members (including non-tribal members)	46.52%	281
Establishment of a tribal business enterprise with Small Business Administration 8(a) certification and resulting federal contracting opportunities; related Indian preference contracting opportunities with other Indian tribes; related minority business enterprise ("MBE") contracting opportunities with state and local governments and private sector businesses.	41.89%	253

ANSWER CHOICES	PERCENT	COUNT
Expand agricultural operations, especially in terms of sustainability, value-added production, local foods initiatives, organic markets, new biofuels markets, and rural/agricultural tourism; currently exploring the development of a premium beef program to supply local and regional restaurants	46.85%	283
Develop a meat market with small grocery operation on the reservation as an outlet for premium beef product and local produce	37.75%	228
Potential for river recreational activities	26.49%	160
Potential for an additional outdoor event at rodeo grounds	15.56%	94
Car wash business at Grandview Oil	6.95%	42
Information Technology business to support ITKN and surrounding communities	15.56%	94
Residential property ownership and management, especially in border communities	24.17%	146
Increase efficient utilization of tribal website to communicate with tribal members and other stakeholders	23.18%	140
Agricultural support operations (currently exploring tire sales and mobile service)	7.12%	43
Possibility of bringing Casino start-up car services in-house	4.64%	28
Explore internal generation of electricity for reservation via alternative energy sources	21.52%	130
Leverage current maintenance activities of Tribal Administration and Housing Authority into commercial service for third parties	4.30%	26
Develop tribal businesses for HVAC and electric (replace outside contractors for tribal operations; provide commercial service to third parties)	12.09%	73
Expand trash collection service area	3.97%	24
Explore acquisition and operation of off reservation businesses, beginning with neighboring communities	9.11%	55
Develop tribally supported financial institution such as a credit union, possibly in conjunction with other local tribes	22.02%	133
Expand efforts to develop tribal museum with increased cultural programming, exhibits, a marketplace for tribal member's products, and coordination with area schools and community/traditional garden project	24.34%	147
Develop mentorship/internship programs for tribal scholarship recipients to work with tribal administration, social service programs and businesses	15.40%	93
Guide service for hunting/fishing	12.75%	77
Recreational vehicle park	9.60%	58
Develop a business incubator program, including financing programs and space for start-ups	14.40%	87
Partner with regional agencies and educational institutions, especially in the areas of adult education, job training, apprentice programs, and entrepreneurship programs	22.68%	137
Explore senior housing and assisted living integrated with local foods, cultural programming, and local health care	31.13%	188

Identify the existing ITKN community assets from the list below. Choose all that apply.

ANSWER CHOICES	PERCENT	COUNT
None of the above	28.64%	173
Adequate access to high-speed internet broadband	29.97%	181
Adequate access to natural gas	14.57%	88
Adequate affordable housing choices	29.64%	179
Adequate cellular phone service	21.03%	127
Adequate day care opportunities	19.21%	116
Adequate entertainment opportunities (community events, concerts, festivals, theaters)	10.43%	63
Adequate entertainment venues	6.79%	41
Adequate fresh water resources	21.85%	132
Adequate indoor recreation facilities	15.56%	94
Adequate local health care facilities	32.78%	198
Adequate programs for the aging population	18.87%	114
Adequate public outdoor recreation facilities (greenways, parks, public lands, etc.)	13.25%	80
Adequate public sewer systems	13.08%	79
Adequate public transportation	9.11%	55
Adequate road/highway system	16.72%	101
After work social opportunities	6.46%	39
Breweries	4.47%	27
Manufacturing Solutions Center	3.15%	19
Career Centers	11.75%	71
Reasonable proximity to a community college	14.74%	89
Reasonable proximity to a four-year university	10.26%	62
Skilled workforce	11.75%	71
Well-performing K-12 schools	14.24%	86

If a group were organized, would you be interested in working with that group to advise on physical and community improvements?

ANSWER CHOICES	PERCENT	COUNT
Yes	20.36%	123
No	23.51%	142
Not sure	56.13%	339

The community I live in needs faster/better internet service.

ANSWER CHOICES	PERCENT	COUNT
Yes	25.50%	154
No	48.34%	292
Not sure	26.16%	158

I need assistance in paying for internet service.

ANSWER CHOICES	PERCENT	COUNT
Yes	19.37%	117
No	80.63%	487

Housing

ANSWER CHOICES	PERCENT	COUNT
More monthly rental assistance programs	32.11%	183
Increased availability of security/utility deposit programs	21.05%	120
More counseling resources for homeowners	17.89%	102
Grants to make home ownership more affordable	61.05%	348
Programs to provide free home repair	45.26%	258
More income-based rental housing for disabled individuals and seniors	30.70%	175
More community support for homeless families	26.67%	152
More community support for homeless veterans	25.79%	147
More community support for elder housing	39.47%	225

Health

ANSWER CHOICES	PERCENT	COUNT
More community focus on preventative healthcare	49.65%	283
Provide more education on maintaining personal hygiene	8.07%	46
More payment assistance programs for adult dental and/or hearing services	57.54%	328
More vision assistance programs for adults	37.37%	213
Increasing the community awareness of available health resources	32.46%	185
Early childhood nutrition education	21.05%	120
Emphasis on reinforcing healthy eating habits in schools	13.33%	76
Affordable nutritional counseling	13.33%	76
More assistance and resources for victims of domestic violence	26.67%	152
Elder assistance programs	40.53%	231

Education

ANSWER CHOICES	PERCENT	COUNT
Programs to help parents become more involved in students' education	47.72%	272
School readiness programs	42.28%	241
School counseling programs for graduating students	45.09%	257
Assistance with transportation options to and from school	28.60%	163
Assistance with affordable, high-quality childcare options for parents who want to further their education	62.63%	357
Increase community's awareness of available education resources	45.44%	259
Test prep programs	28.25%	161

Employment

ANSWER CHOICES	PERCENT	COUNT
Training programs (e.g., WIOA) for the types of jobs available in the area	82.28%	469
Assistance with transportation to and from jobs	40.35%	230
Assistance with affordable childcare during work hours	72.46%	413
Increasing community's knowledge of employment resources	49.30%	281
Improving workforce readiness skills of individuals entering workforce	65.26%	372

Income & Asset Building

ANSWER CHOICES	PERCENT	COUNT
Anonymous and confidential budget counseling	54.91%	313
More education on how to build assets	56.67%	323
Information on how to access free credit counseling	33.86%	193
Anonymous and confidential savings counseling	38.42%	219
More information on how to access financial resources	58.07%	331
Increasing the community's knowledge of available mainstream financial resources	58.07%	331

Support Services/Programming

ANSWER CHOICES	PERCENT	COUNT
Child Support Services	28.95%	165
Legal Services	40.70%	232
Youth Services	31.58%	180
Elder Services	44.39%	253
Veteran Services	18.77%	107
LBGTQ Services	8.77%	50
Meal Programs	27.89%	159
Life Skills Programs	27.02%	154
Substance Abuse Services	27.54%	157
Emotional Abuse Services	15.44%	88
Physical Abuse Services	12.81%	73
Transportation Services	16.14%	92

HEALTH AND WELL-BEING

Of survey respondents, 58% have private medical insurance provided by their employer or personally obtained, 7% have private insurance secured through the Affordable Care Act, 14% have Medicare, 8% have Medicaid, and 13% are uninsured.

Respondents were asked to share conditions that they have been diagnosed with or are currently receiving treatment for. The top five conditions reported for adults were depression, hypertension, obesity, amputation, and diabetes. The top five conditions reported for children were ADD/ADHD, severe allergies, asthmas, learning impairment, and obesity. Respondents were asked to share the number of times they or their family visited a doctor in the past year – 32% said 1 to 3 times, 26% said 4 to 6 times, and 37% said 7 or more times. In the past year, 11% of respondents were hospitalized overnight, 36% used outpatient hospital services, 32% visited the emergency room, 10% used traditional healing, and 12% used herbal or plant remedies.

Nearly 80% of respondents report having a primary or family physician. Of those who have a primary or family physician, 41% visit them 1 to 2 times per year, 24% visit them 3 or more times per year, and 35% only go to the doctor when they are ill.

When asked if anyone in their household is eligible to receive health services through the Indian Health Service/Iowa Tribe Health Service System, 67% said yes and 33% said no. More specifically, 52% of respondents are registered as a patient within the tribal or IHS system, whereas 48% are not. For those who utilize Indian Health Services, 30% access health care services at White Cloud Health Center and 25% access health services at another tribal or IHS facility.

Respondents were asked how satisfied they were with the quality of overall health services received in the past year at White Cloud Health Station. 11% were very satisfied, 16% were satisfied, 8% were neutral, 2% were dissatisfied, and 1% was very dissatisfied. Write-in responses suggest that those individuals who are satisfied with services at White Cloud Health Station find staff friendly, helpful, and accommodating; experienced great service; and appreciate that they can receive medications, COVID-19 vaccines, and flu shots onsite.

Conversely, those who are dissatisfied with White Cloud Health Station services cite inconveniences such as not being able to visit without a referral, doctors and nurses not listening to patients, the clinic not returning phone calls, and challenges in making appointments or paying bills.

Respondents were also asked to rate their level of satisfaction with medical treatment at White Cloud Health Center prior to the Iowa Tribe compacting the operations. 27% of respondents were very satisfied, 40% were satisfied, 16% were neutral, 3% were dissatisfied, and 2% were very dissatisfied.

Twenty-one percent of respondents said they or a member of their family experienced problems accessing or obtaining referrals for services beyond those available at White Cloud Health Center Clinic as available through Contract Health Services. Respondents were also asked to share what other services they have accessed through White Cloud Health Center and Wellness, which include (from most accessed to least accessed): community health services, fitness, prevention, diabetes/public health nursing, counseling services, nutrition, and Women, Infants, and Children benefits.

Respondents were asked to share which services might be useful to add at White Cloud Health Center. The top five responses included orthodontics-braces, cardiology, orthopedics, neurology, and dialysis. Respondents indicate that the top 5 health services that are most important for them and their families are primary care services for follow-up and urgent care needs; orthodontic/dentistry; adult medical services; specialty clinic services for cardiology, orthopedics, allergies, diabetes, etc.; and mental health or addiction services.

Important to note, 18% of respondents said that there was a time in the past 12 months when they or a family member needed medical care but could not get it. The top reasons for not accessing health care when it was needed include: costs are too much, could not get a timely appointment, too long of a wait for an appointment, inconvenient office hours, and the distance to a health center.

Survey participants were asked what could improve the health of the White Cloud community. The most frequent responses included promoting a healthy lifestyle through education and offering health and wellness classes; expanding the Service Area and being open to non-tribal members; providing clear, consistent, and reliable communication on what's available; more accessible services with virtual or home-visit options; and easier access to and promoting healthy food. Similarly, respondents were asked what are their main complaints that affect health and health care services. The following reasons were most commonly cited by respondents: expensive and overall lack of financial assistance/insurance; availability of services and providers and difficulty in getting an appointment; rude and disrespectful management, staff, and doctors; exclusive to tribal members; and inaccessibility of services.

When asked what changes could be made to improve the overall health status of the Tribe, the top suggestions among respondents included promoting a healthy lifestyle through health memberships, programs, activities, and education for all ages; expanding hospital services, hours, and space for tribal members; better communication of services and benefits offered; easier access to healthy foods; financial assistance and insurance for care during treatment and after care; and focusing on preventative care. More specifically, respondents provided the following suggestions for improving the health of the Tribal Community that build on Iowa Tribe traditions and values: classes and after school programs on tribal history, language, and culture; more preventative measures and natural health improvements; self-sustaining food activities (e.g., community garden, selling local goods, cooking classes, etc.); expanding medical services such as dental and vision; and focusing on healthy living and eating habits.

Lastly, respondents were asked where they access health care services if they do not use services through Indian Health Service/White Cloud Center Health Services. 41% use other private health care providers in other communities, 19% use another IHS provider in another community, 11% access health care services in Falls City, 9% access health services in Kansas City, and 8% access health services in Hiawatha.

According to respondents, if White Cloud Health Center chooses to further develop their health care services, 39% of respondents favor telehealth options for members outside the service area, 35% favor building and operating a new comprehensive medical center within 15-30 minutes of their home, and 10% favor building and operating a medical clinic staffed with nurse practitioners.

Over the past year, 21% of respondents rate their quality of life as very good, 49% as good, 19% as neither good or poor, 8% as poor, and 2% as very poor. Additionally, over the past year, 15% of respondents were very satisfied with their health, 42% were satisfied, 27% were neutral, 13% were dissatisfied, and 3% were very dissatisfied. During the past year, respondents were most concerned for themselves about weight issues, mental health, COVID-19, overall health and diet, and anxiety and stress. Additionally, respondents during the past year were most concerned about the following issues related to the health and well-being of their family: COVID-19; having a healthy work-life balance, healthy lifestyle, and diet; good mental health; having affordable insurance, healthcare, urgent care, and medication; and aging.

Respondents were asked to select the top 5 things that most negatively affect the health and well-being of the White Cloud community. The top responses were drug and alcohol abuse/lack of access to quality drug and alcohol treatment; mental illness, historical trauma, and lack of access to quality mental health treatment; chronic disease (diabetes, hypertension, etc.); smoking; and physical inactivity.

More detailed data from survey respondents on health and well-being is reported below in the data tables.

What is your medical insurance status?

ANSWER CHOICES	PERCENT	COUNT
Private Insurance (provided by my employer or personally obtained)	57.89%	323
Private Insurance (secured through the Affordable Care Act-"Obama Care")	7.17%	40
Medicare	13.98%	78
Medicaid	7.53%	42
Uninsured	13.44%	75

Please select all conditions that YOU have been diagnosed with or currently are receiving treatment.

ANSWER CHOICES	PERCENT	COUNT
None of the above	27.24%	152
ADD/ADHD (Attention Deficit and/or Hyperactivity Disorder)	8.06%	45
Alcohol Abuse/Dependency	2.15%	12
Allergies (severe)	11.47%	64
Alzheimer's Disease	0.18%	1
Amputation(s)	0.18%	1
Arthritis	15.05%	84
Asthma	11.29%	63
Autism Spectrum Disorder	0.18%	1
Bipolar Disorder (mood fluctuations)	3.41%	19

ANSWER CHOICES	PERCENT	COUNT
Burns (severe)	0.36%	2
Cancer	4.48%	25
Carpal Tunnel Syndrome	3.41%	19
Cerebral Palsy	0.00%	0
Chronic Pain	9.68%	54
Diabetes	13.08%	73
Depression	26.34%	147
Drug Abuse/Dependency	2.15%	12
Eating Disorders	1.79%	10
Epilepsy	0.54%	3
Hearing Impairment/Deafness	4.84%	27
Heart Disease	5.73%	32
Hemophilia	0.00%	0
HIV/AIDS	0.00%	0
Hypertension (high blood pressure)	19.89%	111
Impaired Intellectual Functioning (borderline intellectual functioning, mental retardation)	0.00%	0
Learning Impaired	1.25%	7
Muscle/Nerve Damage	5.56%	31
Multiple Sclerosis	0.18%	1
Neurological Diseases	1.79%	10
Obesity	15.95%	89
Personality Disorders	0.72%	4
Post Polio	0.00%	0
Renal-Kidney Disease	1.97%	11
Respiratory Disorders	2.69%	15
Schizophrenia	0.00%	0
Spinal Bifida	0.72%	4
Spinal Disc Injury (bulging, slipped or fused discs)	6.27%	35
Stroke	1.08%	6
Traumatic Brain Injury	1.08%	6
Visual Impairments (severe)/Blindness	1.08%	6
Other (please specify)	17.20%	96

OTHER CONDITIONS YOU HAVE BEEN DIAGNOSED WITH OR ARE RECEIVING TREATMENT	PERCENT	COUNT
Spinal injuries	4.27%	5
Acid reflux, GERD	1.71%	2
PTSD	5.13%	6
Blood disorder - Anemia, ITP, Vasculitis, etc.	2.56%	3
Anxiety	14.53%	17
Depression	1.71%	2
Scoliosis	3.42%	4
Auto Immune	10.26%	12
Digestive track issue	2.56%	3
Lung disease	4.27%	5
Visual Impairments	3.42%	4
Muscle/ Nerve damage	1.71%	2
Arthritis - Gout, Rheumatoid, etc.	4.27%	5
Heart Issue	1.71%	2
High blood pressure	1.71%	2
High cholesterol	5.13%	6
Low testosterone	0.85%	1
Bone disorder - Osteoporosis, Paget's disease	2.56%	3
Skin disease	2.56%	3
Diabetes, Hyperglycemic, Hypoglycemic	3.42%	4
Kidney issues	1.71%	2
Migraines	2.56%	3
Sleep disorder - Narcolepsy, Apnea	3.42%	4
Poor general health	1.71%	2
Organ transplant	0.85%	1
Hernias	0.85%	1
PCOS, Endometriosis	1.71%	2
Brain fog	0.85%	1
Thyroid disease	8.55%	10
Total	100%	117

Please select all conditions that ANY MINOR CHILDREN RESIDING IN YOUR HOUSEHOLD have been diagnosed with or currently are receiving treatment.

ANSWER CHOICES	PERCENT	COUNT
ADD/ADHD (Attention Deficit and/or Hyperactivity Disorder)	10.57%	59
Alcohol Abuse/Dependency	0.18%	1
Allergies (severe)	6.99%	39
Alzheimer's Disease	0.00%	0
Amputation(s)	0.00%	0
Arthritis	0.54%	3
Asthma	6.81%	38
Autism Spectrum Disorder	2.87%	16
Bipolar Disorder (mood fluctuations)	1.25%	7
Burns (severe)	0.00%	0
Cancer	0.00%	0
Carpal Tunnel Syndrome	0.00%	0
Cerebral Palsy	0.36%	2
Chronic Pain	0.36%	2
Depression	6.27%	35
Diabetes	0.90%	5
Drug Abuse/Dependency	0.18%	1
Eating Disorders	0.90%	5
Epilepsy	0.54%	3
Hearing Impairment/Deafness	0.72%	4
Heart Disease	0.18%	1
Hemophilia	0.00%	0
HIV/AIDS	0.00%	0
Hypertension (high blood pressure)	0.36%	2
Impaired Intellectual Functioning (borderline intellectual functioning, mental retardation)	0.72%	4
Learning Impaired	3.23%	18
Muscle/Nerve Damage	0.36%	2
Multiple Sclerosis	0.00%	0
Neurological Diseases	0.54%	3
Obesity	2.33%	13
Personality Disorders	0.18%	1
Post Polio	0.00%	0
Renal-Kidney Disease	0.18%	1
Respiratory Disorders	0.90%	5
Schizophrenia	0.00%	0
Spinal Bifida	0.00%	0

ANSWER CHOICES	PERCENT	COUNT
Spinal Disc Injury (bulging, slipped or fused discs)	0.00%	0
Stroke	0.00%	0
Traumatic Brain Injury	0.72%	4
Visual Impairments (severe)/Blindness	0.36%	2
None of the above	73.66%	411
Other (please specify)	7.17%	40

OTHER CONDITIONS CHILDREN IN HOUSEHOLD HAVE BEEN DIAGNOSED WITH OR ARE RECEIVING TREATMENT	PERCENT	COUNT
Albinism	2.86%	1
Visual Impairments	5.71%	2
Anger management issues	2.86%	1
Anxiety	2.86%	1
Autoimmune Disorder	2.86%	1
Celiac Disease	5.71%	2
Autism Spectrum Disorder	2.86%	1
Bone issue - Cleidocranial dysplasia	2.86%	1
Cancer	2.86%	1
Heart Issue	2.86%	1
Communication disorder - aphasia, speech delay	8.57%	3
Thyroid disease	2.86%	1
Skin issues - Eczema, etc	8.57%	3
Endocrinology disorder	2.86%	1
Growth hormone deficiency	2.86%	1
Frequent seizures	5.71%	2
N/A or no children	25.71%	9
Child abuse from foster parents	2.86%	1
Migraines	2.86%	1
Genetic disorder - Tuberous Sclerosis Complex	2.86%	1
Total	100.00%	35

Number of times you or your family visited a doctor or other health professional in the past year?

ANSWER CHOICES	PERCENT	COUNT
None of the above	5.38%	30
1 - 3	31.54%	176
4 - 6	26.34%	147
7 or more	36.74%	205

**Within the last year, have you used any of the following medical services?
Check all that apply.**

ANSWER CHOICES	PERCENT	COUNT
None of the above	39.07%	218
Hospitalized overnight	11.29%	63
Outpatient hospital services	35.84%	200
Emergency room visit	32.26%	180
Traditional Healing	9.68%	54
Herbal/Plant remedies	12.01%	67

Do you have a primary or family physician?

ANSWER CHOICES	PERCENT	COUNT
Yes	79.57%	444
No	20.43%	114

If yes, how often do you visit your primary/family physician for regular checkups?

ANSWER CHOICES	PERCENT	COUNT
1 - 2 times a year	41.04%	229
3 or more times a year	23.84%	133
Do not go to the doctor regularly, only when ill	35.13%	196

Is anyone in your household ELIGIBLE to receive health services through the Indian Health Service/Iowa Tribe's Health Service Systems (i.e., White Cloud Health Center clinic)?

ANSWER CHOICES	PERCENT	COUNT
Yes	66.67%	372
No	33.33%	186

Are you registered as a patient within the Tribal or IHS system?

ANSWER CHOICES	PERCENT	COUNT
Yes	52.33%	292
No	47.67%	266

If you utilize Indian Health Services, where do you or members of your family typically access health care services? Check any that apply.

ANSWER CHOICES	PERCENT	COUNT
White Cloud Health Center	29.93%	167
Don't utilize IHS	48.21%	269
Other tribal or IHS facility (please specify)	25.45%	142

OTHER TRIBAL OR IHS FACILITY	PERCENT	COUNT
@H.I.N.U.	0.71%	1
Absentee Shawnee	0.71%	1
American Indian Health Family Services Clinic Detroit	0.71%	1
Billings, Montana IHS	0.71%	1
Brown	0.71%	1
Catawba Health Services in South Carolina	0.71%	1
Central Valley Indian Health Services Lemoore, California	1.42%	2
Cherokee Nation Health	0.71%	1
Chitimacha Tribe Health Clinic	0.71%	1
Claremore Indian Hospital in Claremore, Oklahoma or Will Rogers Health Center in Nowata, Oklahoma	0.71%	1
Depends where I live	0.71%	1
DIHFS Denver Indian Health & Family Services	1.42%	2
Family medicine	0.71%	1
Fred LeRoy Health and Wellness Center	11.35%	16
Haskell Indian Health Center	16.31%	23
Hunter Health Clinic	1.42%	2
I did when I lived in Alaska	0.71%	1
I live in Omaha	0.71%	1
IHS	0.71%	1
Immunization	0.71%	1
Iowa tribe facility in Oklahoma	0.71%	1
Kanza	0.71%	1
Kickapoo	0.71%	1
Las Vegas Paiute Tribe	1.42%	2
Leo Pocha Clinic	0.71%	1
Lincoln, Nebraska	1.42%	2
Little Axe, Oklahoma	0.71%	1
Los Angeles	0.71%	1
Lummi Tribal Indian Health	0.71%	1
Miami, Oklahoma	0.71%	1
Morongo Indian Health	1.42%	2

OTHER TRIBAL OR IHS FACILITY	PERCENT	COUNT
N/A	4.26%	6
Nara IHS Portland, Oregon	1.42%	2
Nebraska Urban Indian Health, Lincoln, Nebraska	1.42%	2
Nimipu Nez Perce	0.71%	1
Northeastern Tribal Health	0.71%	1
Not the IA tribe as they don't treat all members equally	0.71%	1
Oklahoma City Indian Clinic	0.71%	1
Oklahoma Claremore	0.71%	1
Oklahoma Indian Clinic	0.71%	1
Or Hiawatha Hospital	0.71%	1
Oyate IHS - Rapid City, South Dakota	0.71%	1
Parker Indian Health Center	0.71%	1
Pauite Clinic	1.42%	2
PBPN Health Center	1.42%	2
Perkins Family Clinic	0.71%	1
Ponca Dental Clinic	0.71%	1
Porterville, California Tule River Reservation	0.71%	1
Prairie band Pottawattamie Health Center	5.67%	8
Puyallup Tribal Health Authority	3.55%	5
Pyramid Lake Clinic	0.71%	1
Rincon In Valley Center, California	0.71%	1
Round Valley Health Center, Covelo, California	0.71%	1
Rubin White Clinic	0.71%	1
San Diego American Indian Indian Health	0.71%	1
San Xavier Clinic	0.71%	1
Shingle Springs Tribal Health Center	1.42%	2
Sioux San IHS Rapid City, South Dakota	0.71%	1
Sisseton, South Dakota	1.42%	2
Takopid	1.42%	2
Towaoc, Colorado	0.71%	1
UAII CLINIC Los Angeles	1.42%	2
Urban Medical Center Lincoln, Nebraska	0.71%	1
Used to go to Pawnee Indian Health	0.71%	1
Used to use hunter health in Kansas when I lived there still	0.71%	1
Ute Tribal IHS	1.42%	2
Washoe Tribal Health Center	0.71%	1
Western Oregon Service Unit Chemawa	3.55%	5
White Eagle Health Clinic	0.71%	1
Total	100%	141

If you and your family utilize health services at the White Cloud Health Station, how satisfied are you with the quality of overall health services you received in the past year?

ANSWER CHOICES	PERCENT	COUNT
Very Satisfied	11.47%	64
Satisfied	15.95%	89
Neutral	7.53%	42
Dissatisfied	1.97%	11
Very Dissatisfied	1.25%	7
I have not used the White Cloud Health Station or other IHS Clinic	61.83%	345

Briefly describe why you responded that way:

SATISFACTION WITH SERVICES AT WHITE CLOUD HEALTH STATION WRITE-IN RESPONSES	PERCENT	COUNT
Far, Out of the way	2.31%	4
Friendly, Helpful, Accommodating	17.34%	30
Care is basic not comprehensive - wish there was dental and vision	5.20%	9
Satisfied	5.20%	9
Closest clinic to us	2.89%	5
Unreliable and false results	1.73%	3
Great service	20.23%	35
Don't know	2.89%	5
Inconvenient - can't visit specialist without referral.	5.78%	10
Easy to make appointment	1.73%	3
Medications, COVID and flu shots on site	5.78%	10
N/A	13.87%	24
Doctors, nurses, staff not really listening	8.09%	14
Clinic not returning phone calls, challenge making an appointment or paying bills	6.36%	11
I'm a member	0.58%	1
Total	100%	173

How would you rate your level of satisfaction with the medical treatment you received through White Cloud Health Center Clinic prior to the Iowa Tribe compacting the operations?

ANSWER CHOICES	PERCENT	COUNT
Very satisfied	26.79%	56
Satisfied	40.19%	84
Neutral	15.79%	33
Dissatisfied	3.35%	7
Very dissatisfied	2.39%	5
Not applicable	11.48%	24

Have you or your family experienced problems with accessing or obtaining referrals for services beyond those available at White Cloud Health Center Clinic as available through Contract Health Services (PRC)?

ANSWER CHOICES	PERCENT	COUNT
Yes	21.05%	44
No	51.67%	108
Not Applicable	27.27%	57

What other services do you or have you accessed through the White Cloud Health Center Health and Wellness? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Community Health Services	53.59%	112
Counseling Services	9.57%	20
Diabetes/Public Health Nursing	11.00%	23
Fitness	22.01%	46
Nutrition	9.57%	20
Prevention	18.18%	38
Women, Infants and Children (WIC)	7.18%	15

**If the White Cloud Health Center developed services generally accessed by referrals, which one would be most useful to you or your family?
Check all that apply.**

ANSWER CHOICES	PERCENT	COUNT
Cardiology	29.67%	62
Orthopedics	28.71%	60
Dialysis	5.74%	12
Orthodontics-Braces	32.54%	68
Neurology	15.79%	33
Other (please specify)	31.10%	65

OTHER REFERRAL SERVICES	PERCENT	COUNT
Dental	5.26%	2
Anything for sustaining general health	2.63%	1
Behavioral health	2.63%	1
Substance use	2.63%	1
Cancer	2.63%	1
Vision	2.63%	1
Dermatology	2.63%	1
Diabetes	5.26%	2
Endocrinology	2.63%	1
ENT	2.63%	1
Birth control	2.63%	1
Mental Health	7.89%	3
N/A, None	34.21%	13
Don't know	2.63%	1
Phlebotomy	2.63%	1
Kidney Issues	2.63%	1
Rheumatologist	2.63%	1
Stomach problems	2.63%	1
Vision	5.26%	2
Weight loss surgery	2.63%	1
Women's health	2.63%	1
Total	100%	38

Please choose the TOP FIVE following health services that are the most important for you and your family:

ANSWER CHOICES	PERCENT	COUNT
Primary Care Services for follow-up and urgent care needs	85.43%	469
Adult Medical Services	51.55%	283
Pediatrics	33.88%	186
Chronic Care Services for ongoing health needs	36.07%	198
Alcohol or substance abuse outpatient services	12.39%	68
Orthodontic/Dentistry	62.48%	343
Mental health or addiction services	38.98%	214
Elder Care services/Adult Day Care	16.76%	92
Assisted Living	10.93%	60
Nursing Home or long term supported care	12.57%	69
Dialysis	2.55%	14
Diet and Nutrition Counseling	25.14%	138
Exercise Therapy and classes	30.78%	169
Chiropractic or Acupuncture services	31.88%	175
Specialty Clinic services for cardiology, orthopedics, allergies, diabetes	43.35%	238
Other (please specify)	5.28%	29

OTHER HEALTH SERVICES	PERCENT	COUNT
Cancer	4.17%	1
Dental	4.17%	1
Vision care and assistance	12.50%	3
ENT	4.17%	1
Gynecology	8.33%	2
Hearing aides and hearing loss assistance	4.17%	1
Herbal and plant medicines	4.17%	1
N/A, none	16.67%	4
Neurology	4.17%	1
Pharmacy and low cost medications	4.17%	1
Phlebotomy	4.17%	1
Physical therapy	4.17%	1
Referral care services	4.17%	1
Rheumatology	4.17%	1
Weight loss	8.33%	2
Womens health	8.33%	2
Total	100%	24

What idea(s) do you have to improve the health of the White Cloud community?

WAYS TO IMPROVE HEALTH OF COMMUNITY WRITE-IN RESPONSES	PERCENT	COUNT
Accessibility to services - virtual options or home visit options	2.88%	15
Promote healthy lifestyle through education	6.14%	32
Allergies	0.19%	1
Open to non-tribal members or those outside the area, Expand service area	3.65%	19
Easy access to and promotion of healthy food	2.88%	15
Better elderly care services	0.77%	4
Better and more respectful management	2.11%	11
Vouchers for outpatient screening	0.19%	1
Clear, consistent, and reliable communication on what's available	3.07%	16
Community gardens or similar activities	1.34%	7
Open for feedback, voicemails returned	2.50%	13
Continual expansion of services and doctors/ Staff	2.69%	14
Counseling services for all kinds of needs (substance abuse, depression, anxiety, parenting, mental health, etc.)	1.92%	10
Vision and Dentist office	0.77%	4
Hospital and Urgent care available	0.77%	4
Dermatologist	0.19%	1
Don't know	11.13%	58
Insurance and financial assistance	1.54%	8
Free health and wellness classes	5.37%	28
Non-emergency medical transport services available	0.19%	1
N/A, None	47.02%	245
Learn tribal history and traditional crafts	0.19%	1
Wildlife control	0.38%	2
Physical therapy	0.19%	1
Preventive health services like pre-diabetes treatment	1.54%	8
Rheumatology	0.19%	1
Weight loss program	0.19%	1
Total	100%	521

Was there a time in the past 12 months when YOU OR A FAMILY MEMBER needed medical care, but could not get it?

ANSWER CHOICES	PERCENT	COUNT
Yes	18.21%	100
No	81.79%	449

If “YES”, please answer why. Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Costs too much	43.56%	44
Too far to health care center, distance	14.85%	15
Inconvenient office hours	20.79%	21
Lack of child or elder care	4.95%	5
Lack of transportation	12.87%	13
Language barrier	0.00%	0
No disability access	0.00%	0
Too long of a wait for an appointment	33.66%	34
Could not get timely appointment	41.58%	42
Other (please specify)	18.81%	19

OTHER REASONS WHY THEY COULD NOT GET MEDICAL CARE	PERCENT	COUNT
Service refused or deemed unnecessary by doctors	20.00%	3
Job commitments	6.67%	1
N/A	6.67%	1
COVID-19	26.67%	4
Out of service area	26.67%	4
No insurance	6.67%	1
Clinic unreachable, lack of communication	6.67%	1
Total	100%	15

What are the main complaints that you have that affect health and health care services?

COMPLAINTS THAT AFFECT HEALTH AND HEALTH CARE SERVICES WRITE-IN RESPONSES	PERCENT	COUNT
Services not accessible - No virtual options or home visit options	3.46%	16
Not open to non-tribal members or those outside the area, Need to expand service area	3.67%	17
No exercise facility provided, lack of healthy	0.65%	3
Lack of free counseling services for all kinds of needs (substance abuse, depression, anxiety, parenting, mental health, etc.)	0.86%	4
Expensive and lack of financial assistance/ insurance, some expensive services not covered	21.17%	98
N/A, None	43.63%	202
Rude and disrespectful management, staff, and doctors - care more about money than patient care, don't listen to patient's concerns, sometimes doctor's just default to medicines instead of prevention care	5.62%	26
Availability to services and providers is low which makes it hard for those with full-time jobs and kids. Hard to get appointment	11.88%	55
Communication is poor or absent, voicemails or phone calls not returned	1.73%	8
Lack of vision and dental services	2.16%	10
Covid-19	0.22%	1
Don't know	1.51%	7
Serious injuries	0.86%	4
HIPPA violation	0.22%	1
Old age and not enough elderly services	1.51%	7
Lack of healthier food options that are inexpensive	0.43%	2
Not receiving my benefits	0.43%	2
Total	100%	463

What changes could be made that would help to improve the overall health status of the Tribe?

CHANGES TO IMPROVE OVERALL HEALTH STATUS OF THE TRIBE WRITE-IN RESPONSES	PERCENT	COUNT
Easy access to inexpensive healthier foods like grocery store with fresh foods and vegetables, culturally appropriate foods, emphasis on healthy eating	4.72%	24
Easy access to available healthcare like a full-time public health nurse/ doctor who understand diseases chronic to Native Americans, easy to make appointments and referrals for specialists	3.73%	19
Hospital and expanded services, hours, and space for tribal members	8.84%	45
Healthcare access or referrals for those outside the service area	3.93%	20
Promote healthy lifestyle through health memberships, programs, activities, and education for all ages.	9.63%	49
Equal treatment and accessibility to healthcare regardless of family and status	0.79%	4
Better management at White Cloud Health Clinic with fully staffed full-time quality doctors, nurses, and staff.	3.93%	20
Financial assistance and insurance for care during treatment and aftercare.	4.32%	22
Good communication of services and benefits offered, voicemails and phone calls returned.	5.11%	26
Access to telehealth and homecare services	0.59%	3
Counseling services provided for all kinds of needs (substance abuse, depression, anxiety, parenting, mental health, etc.)	0.98%	5
Don't know	15.13%	77
Elder assisted living programs and homecare	0.79%	4
Focus on affordable preventative care	4.32%	22
Affordable vision and dental care	1.57%	8
N/A, None	31.43%	160
Put swimming pool back	0.20%	1
Total	100%	509

In what ways do you think the Tribe could build on Iowa Tribe traditions and values to improve the health of the Tribal Community?

WAYS TO BUILD ON TRADITIONS AND VALUES TO IMPROVE HEALTH OF THE TRIBAL COMMUNITY WRITE-IN RESPONSES	PERCENT	COUNT
Actively seek more participation of preventive measures and natural health improvements than relying on drugs first	9.59%	49
Expand healthcare access, referrals, and financial benefits to those not residing in the tribe area	2.54%	13
Expand the type of services provided such as dental and vision and the number of medical professionals	3.33%	17
N/A, None	30.53%	156
Anyway	0.98%	5
Apply for more grant funding and financial assistance, lower medical costs	0.98%	5
Connect with other tribes or distant members to learn their traditions	1.76%	9
Equal treatment and accessibility to all tribal members	1.57%	8
Awareness of what's going on - both good and bad	0.98%	5
Self-sustaining - community garden, local agriculture, selling local goods, cooking classes	8.02%	41
Emphasis on elderly care	0.20%	1
Have classes/ after school programs on tribal history, language, and culture where the youth/ members can learn about natural remedies and how the elders did things	10.37%	53
Crack down hard on drugs and alcohol	0.39%	2
Don't know	21.72%	111
Mental health support	0.59%	3
Family and community gatherings and involvement	1.96%	10
Have forums and a process to get feedback that are open and transparent	1.17%	6
Focus on healthy living and habits	3.33%	17
Total	100%	511

If you or your family members do not access health care services through Indian Health Service- White Cloud Health Center Health Services, where do you or members of your family access health care today? Check One.

ANSWER CHOICES	PERCENT	COUNT
Hiawatha	7.71%	41
Falls City	10.90%	58
Saint Joseph	2.82%	15
Wichita	1.69%	9
Omaha	6.95%	37
Kansas City	9.02%	48
Use other private health care provider in another community	41.92%	223
Use other IHS provider in what community	18.98%	101

If the White Cloud Health Center chooses to further develop health care services, which option would be the best use of the Tribe's resources? Check one.

ANSWER CHOICES	PERCENT	COUNT
Build and operate a medical clinic staffed with nurse practitioner within 15-minute drive from my home; for comprehensive care use other existing providers	10.34%	55
Build and operate a comprehensive medical care center within 15-to-30-minute drive of my home with medical, dental, optometry and pharmacy services.	34.96%	186
Telehealth option for those members outside the service area	38.91%	207
None of the above	15.79%	84

How would you rate YOUR OWN quality of life OVER THE PAST YEAR? (Consider your health, well-being, sense of safety, community life, etc.)

ANSWER CHOICES	PERCENT	COUNT
Very Good	21.43%	114
Good	49.06%	261
Neither Good or Poor	18.61%	99
Poor	8.46%	45
Very Poor	2.44%	13

OVER THE PAST YEAR, how satisfied were you with your health?

ANSWER CHOICES	PERCENT	COUNT
Very Satisfied	14.66%	78
Satisfied	42.11%	224
Neutral	26.50%	141
Dissatisfied	13.35%	71
Very Dissatisfied	3.38%	18

DURING THE PAST YEAR, what have been your BIGGEST concerns related to YOUR OWN health and well-being?

CONCERNS ABOUT OWN HEALTH AND WELL-BEING WRITE-IN RESPONSES	PERCENT	COUNT
Access to good quality healthcare and medications due to the pandemic	3.09%	17
Hearing aids and hearing issues	0.73%	4
Healthcare costs	3.27%	18
Aging health concerns	1.45%	8
Pre-diabetes, diabetes	3.45%	19
Cardiovascular issues	0.91%	5
Allergies	0.18%	1
Anxiety and stress	6.73%	37
Arthritis	2.91%	16
COVID-19	9.64%	53
Weight issues	12.55%	69
Blood pressure	2.36%	13
Muscle and nerve issue	0.55%	3
Respiratory/ Pulmonary issues	1.64%	9
Cholesterol levels	0.55%	3
Cancer	0.91%	5
Mental health	9.82%	54
Nauseous, migraine, vertigo	0.73%	4
Depression	4.00%	22
Dental health	3.27%	18
Vision health	0.18%	1
Overall health and diet	8.36%	46
Thyroid disease	0.36%	2
Women's health	1.45%	8
Urinary issues	0.73%	4
Gallbladder issues	0.18%	1
Natural disaster	0.18%	1

CONCERNS ABOUT OWN HEALTH AND WELL-BEING WRITE-IN RESPONSES	PERCENT	COUNT
Hip surgery	0.55%	3
Skin issues	0.91%	5
N/A, None	12.00%	66
Don't know	0.55%	3
Pregnancy and maternal care	0.73%	4
Uncurable disease/ infection	0.55%	3
Digestive issues	0.55%	3
Liver and Kidney issue	0.36%	2
Domestic violence	0.18%	1
Not enough time	0.55%	3
Surgery recovery	0.73%	4
Seizures	0.18%	1
Smoking and alcohol	0.91%	5
Sleep issues	0.36%	2
Spinal issues	0.73%	4
Total	100%	550

What are your biggest concerns related to the health and well-being OF YOUR FAMILY?

CONCERNS ABOUT OWN FAMILY'S HEALTH AND WELL-BEING WRITE-IN RESPONSES	PERCENT	COUNT
Easy access for VA doctor	0.19%	1
Access to quality healthcare and medicine for everyone	4.05%	21
Affordable insurance, healthcare, urgent care, medication	6.56%	34
Aging	4.44%	23
Anxiety, Stress, PTSD	3.86%	20
Everything	0.77%	4
Allergies	0.77%	4
Autoimmune disease with no cure	0.97%	5
Covid-19	10.81%	56
Having a healthy work-life balance, healthy lifestyle and diet	8.88%	46
Able to provide for family, being there for them	3.67%	19
Good mental health	7.34%	38
Cancer	1.93%	10
Access to affordable vision and dental	2.51%	13
Pre-diabetes management and diabetes control	2.12%	11
Respiratory, pulmonary issues	1.74%	9
Memory issues, Dementia	0.97%	5

CONCERNS ABOUT OWN FAMILY'S HEALTH AND WELL-BEING WRITE-IN RESPONSES	PERCENT	COUNT
Counseling Services, domestic abuse services	0.58%	3
Preventative healthcare	0.39%	2
Autism	0.19%	1
None	0.19%	1
Depression	1.16%	6
Alcohol, smoking, and drug addiction	1.35%	7
Arthritis	0.58%	3
Don't know	0.97%	5
Hearing aides	0.19%	1
Cardiovascular disease	1.35%	7
Spinal issues	0.19%	1
Blood pressure	0.77%	4
Chronic illness - back pain, etc.	1.35%	7
Kidney issues	0.58%	3
Weight management	2.90%	15
None, N/A	23.55%	122
Natural disasters	0.19%	1
Migraines, Vertigo, Nauseous	0.19%	1
Hip surgery	0.19%	1
Baby and pediatric care	1.16%	6
Seizures	0.19%	1
Women's health	0.19%	1
Total	100%	518

Check the FIVE THINGS that YOU think most NEGATIVELY affect the health and wellbeing of the White Cloud community:

ANSWER CHOICES	PERCENT	COUNT
Child neglect or abuse	20.86%	111
Elder neglect or abuse	14.85%	79
Domestic violence	28.01%	149
Rape or sexual assault	9.96%	53
Theft and violent crime	11.47%	61
Mental Illness/historical trauma/lack of access to quality mental health services	46.24%	246
Drug and alcohol abuse/lack of access to quality drug and alcohol treatment services	52.44%	279
Chronic disease (diabetes, hypertension, obesity, cancer, etc.)	44.92%	239
Gambling	18.23%	97

ANSWER CHOICES	PERCENT	COUNT
Teen pregnancy	3.01%	16
Smoking	34.40%	183
Physical inactivity	30.26%	161
Lack of employment opportunities	26.88%	143
Lack of affordable or better housing	18.80%	100
Lack of access to low-cost, healthy food	21.24%	113
Poor nutrition/unhealthy eating	24.44%	130
Environmental concerns (land, air, water, wildlife)	7.33%	39
Lack of transportation	6.77%	36
Discrimination or racism	3.01%	16
Lack of respect for traditions or culture	6.39%	34
Poor quality education	5.08%	27
Dropping out of school	3.57%	19
Lack of positive youth activities	9.59%	51
Not enough or poor-quality childcare	9.21%	49
Lack of access to quality health services	10.71%	57
Lack of culturally appropriate healthcare	5.08%	27
Not enough recreational or social opportunities for adults	12.41%	66
Being unprepared to respond to disasters	6.02%	32
Other (please specify)	8.83%	47

OTHER THINGS THAT NEGATIVELY AFFECT THE HEALTH AND WELL-BEING OF THE WHITE CLOUD COMMUNITY	PERCENT	COUNT
Don't know because I don't live in the community	91.00%	41
Distrust and misrepresentation of our Tribal government	2.22%	1
Enrichment	2.22%	1
Non-competitive pay for employment	2.22%	1
Smokeless Tobacco	2.22%	1
Total	100%	45

If an emergency happens, do you have enough food, water and supplies in your home to last for 3 days without outside help?

ANSWER CHOICES	PERCENT	COUNT
Yes	78.57%	418
No	21.43%	114

Is there anything else you would like to share with us as we move forward in our efforts to improve the health and well-being of our community?

ADDITIONAL IDEAS TO IMPROVE THE HEALTH AND WELL-BEING OF THE COMMUNITY WRITE-IN RESPONSES	PERCENT	COUNT
Don't know	3.29%	15
Have a tribal hospital	0.22%	1
Easy access to affordable healthy food options and meal plans for families such as a grocery store, could use locally sourced foods,	1.75%	8
Grateful for what's been done so far, keep up the good work!	5.26%	24
Keep updating tribal community about any progress, constant communication is needed	2.41%	11
Promote healthy living and diet through education and classes	1.54%	7
Provide services and information to those outside the area	3.95%	18
Follow through on promises previously mentioned	0.66%	3
Good luck!	1.32%	6
Highlight available WCHC services	0.22%	1
Survey needs improvement - too long	0.88%	4
Honesty, Transparency, & Open Communication	0.88%	4
Emphasis on educating the next generation about tribal cultures and practices	0.66%	3
Telehealth options would be great	0.66%	3
I want to be more involved and use my experience to help the community	0.66%	3
Equal access to affordable healthcare available to all tribal members	1.54%	7
None, N/A	70.39%	321
More outdoor recreational choices or activities like Powwow	0.88%	4
Need to start per capita payments	0.44%	2
Take care of elderly - Improve housing and services	1.10%	5
Create a weight loss program	0.88%	4
Set up health card for members with ID to show proof of Indian health care	0.22%	1
Ability to rent generators for those with health problems when weather gets bad	0.22%	1
Total	100%	456

CULTURE

Respondents were asked about their ability to speak the loway Language. 87% said no ability to speak loway, 9% said not much ability, 2% said some ability, and less than 1% said very good ability. When asked if they are interested in learning the loway Language, 79% of respondents said yes and 21% said no.

Respondents were asked to share the cultural activities they are engaged in. In order from highest engagement to lowest engagement, the cultural activities indicated are: loway history; Powwows; traditional foods/medicines; loway culture classes; traditional crafts; ceremonial activities; exercising treaty rights; and youth activities. Respondents also shared the most prominent barriers that prevent them from participating in cultural activities. These include access to classes; lack of free time; work schedule; money; and transportation.

More detailed data on culture is reported below in the data tables.

What is your loway Language Speaking Ability?

ANSWER CHOICES	PERCENT	COUNT
No Speaking Ability	87.36%	463
Not Much Speaking Ability	9.43%	50
Some Speaking Ability	2.26%	12
Very Good Speaking Ability / Native Speaker	0.94%	5

Are you interested in learning the loway Language?

ANSWER CHOICES	PERCENT	COUNT
Yes	78.68%	417
No	21.32%	113

What cultural activities are you interested in? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Powwows	70.57%	374
Ceremonial Activities	47.74%	253
loway Culture Classes	57.17%	303
loway History	72.45%	384
Traditional Foods/Medicines	63.21%	335
Traditional Crafts	54.72%	290
Youth Activities	26.42%	140
Exercising Treaty Rights	32.08%	170
None of the above	5.85%	31
Other (please specify)	2.83%	15

OTHER CULTURAL ACTIVITIES	PERCENT	COUNT
Family history, genealogy	15.38%	2
Pow wows and ceremonial activities	7.69%	1
Everything	7.69%	1
N/A, None	15.38%	2
Exercising treaty rights	7.69%	1
Online classes, audible downloads, and educational podcast	15.38%	2
Storytelling	15.38%	2
Traditional Healing from trauma	7.69%	1
All the above	7.69%	1
Total	100%	13

What barriers keep you from participating in cultural activities? Check all that apply.

ANSWER CHOICES	PERCENT	COUNT
Access to Classes	45.66%	242
Lack of Free Time	42.26%	224
Money	24.15%	128
Work Schedule	40.57%	215
Physical Disabilities	4.34%	23
Mental Health/Addiction	1.13%	6
Transportation	14.53%	77
Family/Caregiving Responsibilities	10.00%	53
None of the above	19.62%	104

SWOT ANALYSIS

Survey respondents were asked to provide an analysis of the strengths, weaknesses, opportunities, and threats (SWOT) of ITKN. A SWOT analysis is a common method for organizations or groups to identify and analyze internal strengths and weaknesses and external factors, including current and future potential. Members of the ITKN provided their SWOT analysis directly in the survey. Researchers summarized the SWOT responses across participants into common themes and categories. The count in the right column indicates the frequency of responses for each theme. Brief quotes are also included to provide context. Individual data tables for the strengths, weaknesses, opportunities, and threats are provided below.

STRENGTHS	COUNT
Sense of community	69
Tribal resilience and determination	42
Willingness to grow	34
Leadership	31
Health care services	19
Agriculture	19
Continuing traditions	19
Public assistance resources	18
Caring members	15
Increased use of mixed media for communication	15
Tribal culture	13
Progressive ideas	13
Casino	12
Communication via social media, website, and newsletter	11
Tribal pride	11
Tribal businesses	10
Workforce and job programs	7

Select quotes from members about ITKN strengths:

- The pride of the ITKN people and the willingness to work to improve all aspects of tribal endeavors.
- Willingness to seek new opportunities to better our circumstances.

WEAKNESSES	COUNT
Lack of communication and information sharing	58
Under performance and lack of focus from tribal leadership	54
Lack of outreach to members outside of the reservation	42
Decreased membership and participation	39
Lack of improvement	30
Lack of access to resources	27
Rural location	24
Employment opportunities and fair wages	17
Loss of cultural knowledge	17
Presence of drugs and alcohol	8
Monetary resources	8
Economy	6
Health care	5
Housing availability	3

Select quotes from members about ITKN weaknesses:

- Many tribal members have moved away from the reservation due to the lack of opportunities. I feel like this makes the tribe less unified when it comes to decision making because many members do not understand the issues of local tribal members. Also, I feel that local tribal members are not as accepting of ideas from those who have moved away because they feel those members are not as invested in tribal decisions.
- Historic inability to engage members outside the reservation, bordering on an outright prejudice against members living off-reservation.

OPPORTUNITIES	COUNT
Cultural education and awareness	43
Job opportunities	36
Continue seeking ways to improve	35
Community engagement	30
Funding/financial assistance	29
Outreach to members living off of the reservation	24
Increase the quality and awareness of resources	21
Business development	16
Growth	13
Technology and internet	12
Youth programs and opportunities	10
Communication	10
Health services	9
Agriculture	9
Increase parks and recreational activities	9
Diverse leadership	8
Location/lots of room to grow	7
Casino	6
Cannabis	5
Housing assistance	4

Select quotes from members about ITKN opportunities:

- Creating tribal businesses that will serve the tribal community and attract non-tribal customers from the surrounding area.
- Building youth engagement - leverage funding opportunities that come from high youth enrollment numbers due to not having blood quantum cutoffs.

THREATS	COUNT
Decline in population and participation	30
U.S. government	27
Loss of tradition and language	27
Complacency and apathy	22
High prices and inflation	19
Lack of transparency and communication	14
Drugs and alcohol	13
Lack of resources	13
Disrespect in the community	13
Poor council leadership	12
Lack of jobs with quality pay	11
Climate change	10
COVID-19	9
Funding	9
Outside competition with other tribes	9
Distraction resulting in failure	9
Loss of elders who carry vital information that needs to be recorded and passed on.	8
Lack of healthcare and mental health services	7
Geographical location	7
Exclusion of tribal members living outside of the reservation	7
Cost of education	5
Politics	5
Gambling	4
Lack of safety	4

Select quotes from members about ITKN threats:

- Ultimately not being able to strike a real balance between maintaining Iowa Tribe traditions/values versus developing more sophisticated long-range views and objectives.
- Tribal members and enrollment numbers could possibly decline due to the fact of lack of support or cultural involvement perhaps members feel forgotten or useless if not living in reservation area therefore eventually causing dwindling enrollment numbers.



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