



**School of Health and Kinesiology
Minor in Worksite Wellness (15 credit hours)**

Name:	NU ID#:

Core Courses (9 credit hours)	Cr	Gr	Date	Sem	Electives (6 credit hours from below)	Cr	Gr	Date	Sem
KINS 1800 Fitness for Living	3			f,s	MKT 3200 Business Communications ^{1*}	3			f,s,m
KINS 4200 Planning Worksite Wellness Programs ³	3			s	MGMT 3490 Management ²	3			f,s,m
PHHB 2310 Healthful Living	3			s	PA 3500 Nonprofit Organizations and Management ³	3			f,s,m
					PA 3600 Personnel and Volunteer Management in Nonprofits ⁴	3			s
					KINS 3900 Motivation for Physical Activity ⁵	3			f,s
					KINS 4700 Fitness Management	3			f

COURSE PREREQUISITES AND NOTES

MKT 3200 ¹ ENGL 1160 and CMST 1110, each with a grade of C (2.0) or better; 2.5 GPA
 MGMT 3490 ² ENGL 1160 and MGMT 3200 or MKT 3200 each with a C (2.0) or better; 2.5 GPA
 KINS 4200, PA 3500 ³ Junior Standing
 PA 3600 ⁴ PA 2170 & PA 3500 or permission from the school
 KINS 3900 ⁵ PSYC 1010 with a grade of C- or better
 *Course also counts as a General Education requirement

f = fall, s = spring, m = summer

HED prefix (ex. HED 2310) can be substituted for PHHB for previous semesters.

ACKNOWLEDGEMENT

Academic advising is important for appropriate progress through the program of study. Your advisor is responsible for, and not limited to, informing you about the program requirements, specific due date e.g., applying for graduation, and approving the courses you take each semester. Students are responsible for meeting with their advisor prior to registering for classes. Students not meeting with an advisor may take unnecessary courses, courses out of sequence, or miss due dates; all of which may delay progress or incur added expense. Students not meeting with an advisor are accountable for their own progress.

The University of Nebraska does not discriminate based on race, color, ethnicity, national origin, sex, pregnancy, sexual orientation, gender identity, religion, disability, age, genetic information, veteran status, marital status, and/or political affiliation in its programs, activities, or employment.