School of Health and Kinesiology Nebraska Omaha Minor in Human Performance (16 credit hours)						
Name:				NU ID#:		
Core Courses (16 credit hours)	Cr	Gr	Date	Sem		
BIOL 2740 or BMCH 2400* Human Anatomy & Physiology	4			f,s,m		
KINS 4940 Physiology of Exercise <sup>1</sup>	3			f,s,m		
KINS 3900 Motivation for Physical Activity <sup>2</sup>	3			f,s,m		
KINS 4070 Optimizing Sports Performance <sup>3</sup>	3			f		
KINS 4080 Clinical Exercise Physiology <sup>3</sup>	3			S		
COURSE PREREQUISITES AND NOTES						
KINS 4940 <sup>1</sup> BMCH 2400 or BIOL 2740 with a grade of C- or better, and School of H&K majors or						
Human Performance minors only; or department approval						
KINS 3900 <sup>2</sup> PSY					<sup>2</sup> PSYC 1010 with a grade of C- or better	
KINS 4070, KINS 4080 <sup>3</sup> KINS 4940 with a grade of C- or better						
f = fall, s = spring, m = summer *Course also counts as a General Education requirement						

## ACKNOWLEDGEMENT

Academic advising is important for appropriate progress through the program of study. Your advisor is responsible for, and not limited to, informing you about the program requirements, specific due date e.g., applying for graduation, and approving the courses you take each semester. Students are responsible for meeting with their advisor prior to registering for classes. Students not meeting with an advisor may take unnecessary courses, courses out of sequence, or miss due dates; all of which may delay progress or incur added expense. Students not meeting with an advisor are accountable for their own progress.

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