Thought it was important for children to be physically active

34.7% feel they are stopped by barriers such as lack of time or limited resources

98.1% would like to incorporate more classroom physical activity if it weren’t for barriers

Why do teachers incorporate classroom physical activity into their lessons?

99.7% thought it was important for children to be physically active

53.1% felt their students were in a better mood after incorporating classroom physical activity

65.1% felt their students’ behavior improved after incorporating classroom physical activity

13.2% felt their students’ test scores improved when they incorporated classroom physical activity

What are the best subjects for incorporating classroom physical activity?

61.6% felt most comfortable incorporating classroom physical activity into MATH

59.3% felt comfortable including classroom physical activity in LANGUAGE ARTS

48.4% felt comfortable including classroom physical activity in READING