



Brain Blasters: Best Practices

Here are the top 8 best practices from teachers who implement classroom PA.

1. Ensure your students have their own "bubble" of personal space.
2. Set expectations early on. Let students know exactly what will be happening and how you expect them to behave.
3. Remove excess or oversized furniture, make sure all furniture has a purpose.
4. Human Graphs/Voting With Your Feet: Have students guess the answers to multiple choice or true/false questions by moving to different spots in the room.
5. Put it in your planner-Write out the times each day you want to do a brain blaster.
6. Brain Blaster Leader of the Day-Instead of you (the teacher) having to come up with a brain blaster each day give your students the opportunity. Make it a contest.
7. Lights Out. Try turning off the lights after an activity. Only turn the lights back on when everyone is back in their seats and being quiet.
8. End with a calming brain blaster. Go Noodle has a wide variety of brain blasters that can help calm students back down.



Click Below for the Brain Blasters Video of the Week

[Why I Love Brain Blasters](#)