

# the Communicator



## Important Dates

CPCE	Feb. 14
From Blackboard To Backboard	Feb. 15
Written Comps	Feb. 28
Chi Sigma Iota Conference	Mar. 22
NCE	Apr. 12

## Follow us on



We reached our 110th "Like" on Facebook! Now let's reach even more! The 130th person to "like" us on Facebook under the name "UNO Graduate Department of Counseling" will win a prize!

## Faculty and Staff Directory

Dr. Barnes	pbarnes@unomaha.edu	554-2306
Dr. Carter	dcarter@unomaha.edu	554-3559
Irene Harper	iharper@unomaha.edu	554-3648
Dr. Luther	aluther@unomaha.edu	554-3742
Dr. Bjornsen	abjornsen@unomaha.edu	554-2760
Rick Richards	crrichards@unomaha.edu	554-2618
Community Clinic		554-4882
Counseling Office		554-2727
Graduate Assistants		554-2764

## A Message from the Chair:

The summer and fall 2014 schedules will be posted on-line soon. Summer registration for graduate students will begin Monday, March 3<sup>rd</sup> and fall registration will begin Monday, March 31<sup>st</sup>. The course schedule for summer 2014 will be available in early February. The University will send you specific information about your registration time through your UNO email account. I encourage each of you to visit with your advisor, as soon as possible, regarding your summer and fall plan of study. Appointments with faculty advisors can fill quickly, so plan ahead and avoid the rush.

I also invite you to consider applying for the Counseling Department's graduate assistantship (GA) that begins in July of 2014. Details about this position and other GA positions will be posted in the next few weeks on the UNO Human Resources web page.

The time has arrived to honor and celebrate 20 years of CACREP accreditation with three special events! **Cupcakes & Coco for Counseling** will be held on Tuesday, February 4<sup>th</sup> from 11:00 am to 1:00 pm in the COE Atrium. Come

say "Hi" and enjoy a cupcake and warm cup of hot chocolate on us. If you have a COE sticker on the bottom on your cupcake you will receive a special appreciation gift.

Grab your Maverick spirit wear and join us at our alumni and friend event, **From Blackboard to Backboard: NDSU vs. UNO Men's Basketball Game**, which will be held on Saturday, February 15<sup>th</sup> with the game starting at 4:07 pm at the Ralston Arena. UNO Counseling students can attend the game for FREE by showing your student ID. If you want to sit in an area reserved for The Department of Counseling please email Hanna at [hwanzenried@unomaha.edu](mailto:hwanzenried@unomaha.edu) and she will help to assure your student ticket will allow you access to our section. To purchase additional discounted tickets for family and friends for \$5 in Section 116, call Brian (402) 554-4142.

Chi Sigma Iota (CSI) and the Department of Counseling are sponsoring the **We Can Help Food Drive**. All items will be donated to the Maverick Food Pantry in honor of Poverty Awareness Month and the 20th anniversary of the Counseling Department's CACREP accreditation. There are 3 donation item drop off sites within the COE building: The Counseling Clinic (RH 107), Atrium (second floor) and the IDEAS Room (RH 412). Please consider helping your fellow Mavs by donating today. Items will be collected until Friday, February 14<sup>th</sup>.

Finally, I would also like to make you aware that the Department recently competed in interviews for the Clinic Coordinator position. An announcement will hopefully follow soon.

As always, best wishes with your studies. Have a great semester!

**Paul Barnes**  
**Ph.D., NCSC, LMHP, NCC**  
**Chair/Associate Professor**

## Speakers and Conferences

### Teen Suicide Awareness

Tuesday, February 11, 10:30 am-12 pm. Participants will leave with a list of warning signs, resources and support groups in our area, a better perspective on mental illness behaviors and how it impacts families of those affected and group time to share thoughts and solidify plans of action. Get more information and register at <http://www.nebraskacacs.com/EventDetail.aspx?ID=1378>.

### Child Abuse and Neglect 101

Wednesday, February 19, 9am-12 pm. The purpose of this course is to prepare mandatory reporters with the knowledge and skill needed to recognize and report child abuse and neglect. Participants will discuss challenges associated with reporting abuse and neglect, practice asking minimal facts questions, and receive resources that will help them with knowing how and when to report. To register, visit: <http://www.nebraskacacs.com/TrainingAndEvents.aspx?s=0>. Click on the date of the training and follow the directions to register.

### Grief 101: An Introduction to Companioning Grieving Families

Friday, March 14. A "nuts & bolts" training from Ted E. Bear Hollow to equip participants with tools to better support grieving children, teens, and adults professionally and personally. Based on the core components of their 20-hour Child Grief Facilitator Training. Designed for those interested in grief support training but not intending to facilitate grief support groups. The training costs \$65 for students and participants can register in advance at [tedebearhollow.org](http://tedebearhollow.org).



## Counseling Clinic Update

Roskens Hall did not escape the clutches of the polar vortex. A pipe burst in the Counseling Clinic on Tuesday, January 7<sup>th</sup> and flooded the clinic, part of the GA office and some of the file room. It was discovered early enough that furniture, files and technology were mostly spared (whew!). UNO's maintenance staff has been hard at work fixing the damage and getting the clinic ready for use. New carpet will be installed during the summer. We apologize for any inconvenience this may have caused you, our clinic clients and the college. Thanks so much for your flexibility, patience, and understanding while we put the rooms back together.

Sincerely,  
Dr. David Carter

## Volunteer, Internship and Employment Opportunities

**Boys Town National Research Hospital** has current openings for interns working with the adolescent population in a Psychiatric Residential Treatment Facility. If interested, please contact Kimberly Sublet-Miller at (402) 498-6524.

**Mercy Hospital** in Council Bluffs, IA, has current openings for interns working with adults and adolescents in a psychiatric ward. If interested, please contact either Kelly DeRoos at (712) 328-5940.

**Catholic Charities Phoenix House** has opportunities available for students in the Omaha/Council Bluffs area. This program is open to any students, but would be useful to students interested in human services, teaching, or counseling. This program allows students to experience a human service program and receive training relating to working in the field. Students will get hands on experience with clients. Another opportunity for students interested in building their public speaking and teaching skills is working with the Training

and Prevention Coordinator to facilitate prevention programs in the Council Bluffs schools. Students would receive training on the curriculum, choose a schedule that works around their classes, be debriefed at weekly intervals and always paired up with another student in the classroom. The Phoenix House, a domestic violence shelter and sexual abuse program, is located in Council Bluffs, IA. If interested please contact Rachel at [RMabrey@dmdiocese.org](mailto:RMabrey@dmdiocese.org) or 712-256-2059 ext. 1002.

**AtEase** clinic in Bellevue, NE, is in immediate need of licensed therapists with training and certification in EMDR and DBT. Experience with treating military families with PTSD is ideal. If interested please contact Scott Anderson at [sander-son@andersonpartners.com](mailto:sander-son@andersonpartners.com). Visit the website: [www.AtEaseUSA.org](http://www.AtEaseUSA.org).

**Charles Drew Health Center and Homeless Clinic** has a job opening for a Behavioral Health Therapist. They are currently looking for CACREP program graduates who have acquired their LMHP licensure from Nebraska. If interested, please contact Pat Christopher at 402.345.9860 for more information.

**Nebraska Workforce Development** has several job opportunities available to work with children and families. Apply at [www.wrk4neb.org](http://www.wrk4neb.org)

**The Nebraska Licensee Assistance Program (NE LAP)** provides alcohol and drug assistance services to health service professionals in Nebraska. For more information visit [www.lapne.org](http://www.lapne.org).

**Girl Scouts Spirit of Nebraska** is looking for volunteers to sign up for a 7-week commitment. The Girl Scouts Outreach provides hands-on experience working with a diverse, at-risk population of girls in locations such as middle schools, elementary schools, community centers, and youth detention centers. If interested contact Sheena Kennedy at 402-779-8237 or [skennedy@girlscoutsnebraska.org](mailto:skennedy@girlscoutsnebraska.org).

**Career Exploration and Outreach (CEO) at UNO** assists students in exploring career opportunities or to enhance career development. Employment opportunities, job fairs, on-campus interviews, job shadow opportunities are available. <http://unoceo.unomaha.edu> or call (402)554-3672.

## Scholarship Information:

**UNIVERSITY OF SOUTH DAKOTA** has 2 exceptional scholarships for highly qualified counselor education doctoral students. Both provide significant financial support as well as competitive graduate assistantships:

\$4,000.00 (for one year) Maybee

\$12,000.00 (for two years) Dave and Kay Olson

### UNO GRADUATE SCHOLARSHIPS!

Check the UNO website for more information!

\$2,000.00 Dissertation Scholarship

\$1,000.00 UNO Graduate Thesis Award

\$500.00 Helen Hanson Outstanding Student Award

Please refer to the UNO website:

<http://www.unomaha.edu/graduate/scholarships.php> for scholarship information or contact Graduate Studies at 554-2341.

**The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) announces the availability of funding for the Graduate Research and Creative Activity (GRACA) awards.** GRACA grants support faculty-mentored UNO graduate student research and creative activity. Grants of up to \$5,000 per student may be used to support student travel for data/information collection, project-related supplies and operational expenses, data collection and analysis, and/or a summer stipend.

- Eligibility is restricted to UNO graduate students who pay tuition and fees through UNO. Students must be enrolled during both spring and fall 2013 semesters (with no plans to graduate before December 2013). Students are required to identify a UNO faculty mentor who must approve the submission of the GRACA proposal. The faculty mentor must be a member of the graduate faculty.
- **Deadline: January 24, 2013 (11:59 P.M. CST)**
- To find out more information and apply, please see the GRACA website (<http://www.unomaha.edu/orca/graca.php>).

## Additional Student Reminders

Community/Agency graduate students will need to complete **BOTH** the CPCE exam (multiple choice questions) **AND** a written comprehensive exam (essay questions in core areas). Please consult with your advisors, especially during the semester you anticipate graduating.

Students **NEED** to complete an application for practicum as early as you know your anticipated graduation date as spots are limited. In addition, you must apply AT LEAST one semester before you begin the practicum. **It is recommended that you apply several semesters before you begin the practicum.** Applications can be picked up in Roskens Hall 101. The application date determines priority of acceptance.

**To students with concentrations in Clinical Mental Health counseling:** As you apply for the Beginning Practicum COUN #8220 please remember the need to sequence this course with COUN #8250 and #8260 in a continuous fashion. As you begin this

clinical sequence, you must take one course succeeding the next in each of the subsequent semesters. If you drop out during the 3 course sequence, we cannot guarantee your placement in future sections. Please remember this is a continuous 3 course/3 semester sequence.

**The UNO Writing Center is open in Arts and Sciences Hall room 150.** Monday – Thursday 9:00 a.m. until 6:00 p.m. and on Fridays from 9:00 a.m. until 12:00 p.m. Visit: [www.unomaha.edu/writingcenter](http://www.unomaha.edu/writingcenter).

**Clinical Mental Health Counseling Students:** If you are seeking an internship, there is an updated list of potential internship sites in the Graduate Assistant's office. Please note that there are many internship opportunities available in the community. The list includes a few ideas to help you get started in your search for the most appropriate learning opportunity that supports your interests. It is your responsibility to market yourself and your abilities. If you would like assistance on how to market yourself to potential sites, please contact your advisor.



# Chi Sigma Iota:

If you would like to join Chi Sigma Iota here are the steps to follow once you have completed nine (9) semester hours with a GPA of 3.5 or higher.

**Complete the online application process at [csi-net.org](http://csi-net.org).**

**In the left hand column click on Membership** under Chapters and Members.

Put in our local chapter name: **Upsilon NU Omicron.**

**Submit the form online and pay initial dues online via credit card.**

**Lastly**, write a check to chapter Upsilon Nu Omicron for \$10.00 (chapter fee) and turn the check into Dr. Carter in Roskens Hall Room 101E. When he receives your certificate and pin, he will notify you by phone and set up a time for initiation.



**CHI SIGMA IOTA**  
Counseling Academic and  
Professional Honor Society  
International

## A Message from Dr. Carter:

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact myself at (402) 554-3559 or email me at [dcarter@unomaha.edu](mailto:dcarter@unomaha.edu). Let me know if there is anything I can help you with to make your journey in the counseling program an enjoyable and productive one.

David J. Carter  
Ph.D., LIMHP, CPC  
CSI Faculty Advisor/Professor



### Spring 2014 CSI Officers

Caitlin Cool, President

Vince Marasco, President Elect

Daniel Tipton, Treasurer

Liz Capadano, Secretary

### Upcoming CSI Events:

#### **All-Member CSI Meetings for Spring 2014**

3:30-4:30 in Roskens Hall, room 107L

February 12th, March 12th, April 9th

#### **CSI Hockey Game Outing**

January 31, 2014

#### **CSI Spring Conference: PTSD and Trauma**

March 22nd, 2014

### **Hello Counseling Friends!**

I truly encourage you to join CSI! We do events and gatherings that are fun to be a part of and membership has benefits for you down the road, too.

The brochure for our spring conference is attached at the end of this newsletter. We will have a number of amazing speakers. PTSD and Trauma are fields in which your education is vital.

Lastly, for those of you interested in being an officer, I encourage you to consider running for our open offices: President Elect, Secretary, and Treasurer.

**-Caitlin Cool, President**



## Counseling Clinic

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**Available Counseling:** Our practicum students are available for individual student counseling at no charge. You can contact them at 554-4882 and leave a voice mail message.

The **UNO Counseling Center** in the Epley Administration Building offers counseling free to current UNO Students. Contact them at 554-2409 for more information.

**We need your HELP to expand the client base for the Community Counseling Clinic.** If you can help in distributing cards and brochures, please stop at the desk and Barb can give you this literature for local community distribution.

**Students!** Please let the staff know ASAP if video equipment is not working.

**Clinic Hours:** Monday through Thursday, 1:00PM to 8:00PM and Saturday, 9:00AM to NOON.

### Counseling Clinic

Tami Burke  
Michaela Clemens  
Peter Falcon  
Katie Jones  
Vincent Marasco  
Brett Omar

### ENCAP

Jacqueline Dross  
Megan Havel  
Brian Heidvogel  
Amber Kimsey  
Jamiela McMillian  
Holly Roske

## Group Experience Information

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All Counseling students must participate in a 20 hour group experience, as a client, prior to enrolling in COUN 8270 and COUN 8370. Students must also complete the 20 hour pre-group consent form which is available online <http://coe.unomaha.edu/couns/> under the Forms and Documents tab or from the counseling office, Roskens Hall 101. This form authorizes your group facilitator to consult with UNO Graduate Faculty regarding participation should it be necessary and advises your facilitator of the purpose of the experience. See Irene Harper, (402) 554-3648, for further information.

A 20 hour group experience is facilitated in the clinic by Andrea Joyce several times each academic year. Contact Barb Newell in RH 101 (402-2727) to sign up. The cost is \$110. If signed up for participation, please make the check out to the UNO Counseling Clinic.

You also have the option to seek a 20 hour group experience in the community, which must be facilitated by a Licensed Mental Health Practitioner. Prior to doing an outside group experience contact Irene Harper, (402) 554-3648 to assure it meets requirements.

### Spring 2014 20-hour Group Dates:

Dates of the Spring group experience are February 1 through March 8, 2013 and April 5 through May 3, 2013 on Saturdays from 9:00 AM to 12:00 PM in the clinic group room.

### Previous Counseling Clinic Group Members:

Andrea Joyce will be conducting an additional Graduate Student Support Group on Saturdays from 9:30-11:00 AM when the 20-hour group experience is not being conducted. All previous members are welcome and free of charge!

