

the Communicator

Newsletter of the UNO Graduate Program in Counseling



Announcements

- 2 group experience sessions will offered through the department this spring (January 17-February 7 and February 21-March 14). See the 'group experience' section on page 5 for more info.
- Chi Sigma Iota's Annual Conference has been postponed until April.
- Check out the new Student 411 feature on Page 4 to read about significant happenings in your colleague's lives.
- If you have something that you'd like mentioned in the next Student 411 section, send an email to Dani or Leslie in the GA office with info (their email

A Message from the Chair

A belated welcome back for the Spring Semester. Like you, the Department has already had a busy semester. I'll try to be brief, but please feel free to stop in and talk with me anytime. First, we are very pleased to announce that Ashley Blount will be joining us next Fall as our **new faculty member**. A native of Wisconsin, Ashley is completing her doctoral work in Counselor Education and Supervision at the University of Central Florida and will be joining us in August. We're all looking forward to having her on board! Less exciting, but no less important is the fact that our **CACREP re-accreditation self-study** has been submitted. We are hopeful that the formal CACREP site team visit will occur in the Fall 2015 semester. I'll continue to update you on any CACREP visits and schedules as they become available.

There are several additional items of note. First, the Department will be forming a **Chair's Advisory Committee**. This committee will be made up of students from each departmental program as well as a member of the professional community and program

Faculty and Staff Directory

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554-3559		
Dr. Luther	aluther@unomaha.edu	
554-3742		
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554-2760		
Dr. Harper	iharper@unomaha.edu	554-3648

graduates. The intention is to provide a "voice" for students, alumni, and the professional community on issues relevant to our department. A formal description will be sent out via our departmental listserv very soon. I hope you will consider serving or nominating a peer for this position-this is an excellent opportunity to gain advocacy and leadership experience. In addition, our department will be seeking applications for one **graduate assistant position**. A formal, detailed position description will be sent out shortly via our listserv and posted in the department and on the UNO Human Resources Web page.

Additional items to note include the following:

- Check with your advisors to ensure that your summer and Fall **registration** is on track.
- **Fall 2015 CPCE exam:** Friday, September 11th, 2015. (registration deadline is July 31st)
- **Fall Written Exams:** Friday, September 25th from 12noon-4pm. (registration deadline is July 31st)
- For Spring graduation, remember to **file for graduation** by March 13th.
- Chi Sigma Iota's conference on Trauma has been moved to later this semester. Updated information will be distributed via our listserv.
- Faculty will be hosting meetings on Friday, February 21st (4:30-5:30) and Saturday February 22nd to assist any student interested in presenting at the **2015 Nebraska Counseling Association** conference next October. See additional details in this newsletter and come join us!

Lastly, we're seeking to **expand the "Faculty 411"** section to include pertinent student items (Awards, recognitions, presentations, etc...). Send items to Dani Bojanski (dbojanski@unomaha.edu) or Leslie Walker (lewalker@unomaha.edu).

Are You Interested in Presenting Your Ideas at a Professional Conference??

Yes? Then come join UNO counseling faculty at one of two meetings!

Friday, February 20th from 4:30-5:30 pm , Roskens Hall, 105

Saturday, February 21st from 11am-noon, Roskens Hall 105

The meetings will address your most pressing questions, including:

1. Why you should present at a professional conference
2. What kind of information can be presented (Hint: Research and clinical presentations are welcome!)
3. The process for submitting a proposal
4. Identifying a topic
5. Writing the submission proposal
6. Submitting the proposal online
7. Getting ready for the presentation

Contact Dr. Kissinger with questions!

405-554-3565

dkissinger@unomaha.edu



Ann Luther has been a faculty member in the Counseling Department since 2008 with the focus of her work in the School Counseling concentration. Ann grew up in Hooper, NE (whose only claim to fame is that it is the home of Jordan Larson NU Volleyball star). After receiving a B.S. degree from Midland College (University), Ann earned several degrees from the UNO including a M.S. in Curriculum and Instruction, M.S. in Counseling, and ED.D. in Educational Leadership. Her entire professional career has been in some aspect of public education from fifth grade teacher, elementary / high school counselor, counseling program supervisor, to counselor educator. She describes her research interests as practical in nature and is currently working with the Nebraska Department of Education School Counseling Program on a state-wide Professional Development and Research application of her work on an Intentional Small Group Model to minimize the barriers to small group implementation in school counseling programs. Ann



Since entering the Master of Community Counseling program at UNO, alumna Karlee Hauptman has worked with different populations in the mental health field. While completing her internship she

was employed as a Day Rehabilitation Specialist at Community Alliance Mental Health Recovery in Omaha. In this position she worked with adults with severe and persistent mental illnesses. Karlee had a great experience with Community Alliance and gained extensive knowledge of SPMI, coordination of care, psychoeducational groups, and medication management. She currently works for Magellan Behavioral Health of Nebraska as a Quality Improvement Specialist. Magellan is contracted by the Nebraska Divisions of Behavioral Health Services and Medicaid and Long-Term Care to manage publicly funded mental health, substance abuse, and gambling addiction treatment for eligible children and adults across the state of Nebraska. In this position Karlee performs data analysis and assists in developing and monitoring quality studies. Karlee is also working on completing her PLMHP hours as a PRN Mental Health Therapist for Corrective Care Solutions at the Douglas County Jail. In this role she provides therapeutic and crisis intervention support to inmates. When fully licensed Karlee

Cristin Kloewer graduated with her B.A. in Psychology from UNO in 2012. She started the Clinical Mental Health Counseling Program in 2013, and plans to finish this August. Along with completing her internship on the Adult Inpatient Unit at Immanuel Hospital, Cristin works as an Assistant for a Psychiatrist and a Wellness Coordinator at Panama Transfer. She also serves as the Secretary for the campus organization, NAMI at UNO, which fights stigma and spreads awareness for mental health issues on campus. After graduation, Cristin hopes to work with children and eventually pursue her PhD in Counselor Education and Su-



look

Inside the Head of

FACULTY 411

Dr. Bjornsen is serving on the Search Committee for Director of UNO Counseling Center

is collaborating on co-authoring manuscript for publication with Bill Baerentzen (Manager at Community Alliance):
Tracking time to employment for community mental health outpatient clients using WorkSource as part of Supportive Employment Program

Dr. Carter presented at the MOBC Business Association meeting in January on the importance of and preparing for the Retirement years

took practicum student to the Trinity Courtyard and presented a workshop on temperament in our senior years and social interactions

Dr. Harper is conducting research regarding stress management for continuing education credit for Counselor Educators

is leading a book club for residents at the Salvation Army Durham Booth Manor

Jeremiah Sievers attended a three day NCAA Emerging Leaders Seminar at the NCAA headquarters in Indianapolis, IN. The conference aimed to introduced inters to the ins and outs of college sports, develop leadership skills, and provide an opportunity to network with members of the NCAA as well as individuals at NCAA schools and affiliated organizations.

Margo Lorimer was featured in an Omaha World Herald article about Boys Town's new fMRI machine. Margo is a research assistant in the lab that will use the new fMRI to conduct cutting-edge brain research on children diagnosed with a mental health

disorder.

STUDENT 411

Advising Notes...

Clinical Mental Health Students:

- Students NEED to complete a practicum application AT LEAST one semester prior to beginning practicum. However, it is recommended that an application be submitted several semesters before you plan to begin practicum or as soon as you know your graduation date. Space is limited and application date determines priority of acceptance into practicum. Applications can be picked up in Roskens Hall 101.
- Beginning Practicum COUN 8220 , Internship I COUN 8250, and Internship II COUN 8260 are to be completed continuously in a 3 semester sequence. Consult with you advisor prior to beginning this clinical sequence of courses.
- The track's comprehensive exam, the CPCE (Counselor Preparation Comprehensive Exam) is typically taken toward the end of the program. Consult with your advisor if you have ques-

Group Experience

All Counseling students must participate in a 12 hour group experience prior to enrolling in COUN 8270 and COUN 8370.

A 12 hour group experience is facilitated by the department several times each year. The cost is \$110. Please contact Barb Newell (402-554-2727) to sign up.

Spring 2015 12 Hour Group Dates:

- January 17th-February 7th
- February 21st-March 14th

You may complete the 12 hour experience in the community. It must be facilitated by a Licensed Mental Health Practitioner. Contact Dr. Harper (402-554-3648) and Dr. Kissinger (402-554-3565) prior to signing up to ensure that the experience meets requirements. A consent

Internship Info

When it comes time for your internship experience, it is your responsibility to contact sites of interest and secure your internship. There are many opportunities available in the community. If you are uncertain of where to begin your search, visit the Graduate Assistants for a list of potential sites. Your advisor is available to speak with you about marketing yourself to site supervisors and to answer any questions you may have.

A few key points to remember:

- Plan to do your internship experience at the end of your program. It will best position you to transition into the job market.
- Aim to find a site that best suits your inter-

Professional Counseling Websites

Check out the following URLs for professional associations and training opportunities:

- *Nebraska Counseling Association:* <http://www.necounseling.org/>
- *American Counseling Association:* <http://www.counseling.org/>
- *American School Counselor Association:* <http://schoolcounselor.org>
- *National Association for Student Personnel Administrators:* <http://naspa.org>
- *International Association of Addictions and Offender Counseling:* <http://iaaoc.org>
- *Substance Abuse and Mental Health Services Administration:* <http://>

Scholarships

UNO GRADUATE SCHOLARSHIPS: Several scholarships are available for UNO graduate students. For more information refer to the UNO website (<http://www.unomaha.edu/graduate/scholarships.php>) or contact Graduate Studies at 554-2341.

GRADUATE RESEARCH AND CREATIVE ACTIVITY (GRACA) AWARDS:

The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) has available funding. GRACA grants support faculty-mentored UNO graduate student research. Grants of up to \$5,000 per student are available. For more information, re-

Clinic Updates

Clinic hours have been changed for the fall semester! The clinic will now be open Monday-.

Available Counseling: Our clinic is staffed by practicum students. Individual, couples, and family counseling are available for a small fee (\$10 per session, \$15 for couples and families). Service is free to current UNO students.

Appointments are available to community members and UNO students during hours of operation. Call 402-554-4882 to schedule.

We are working to expand our client base! We appreciate your referrals to this service and have cards and brochures available for local community distribution if you would like to help.

Spring 2015 Staff:

Dr. David Carter, Clinic Supervisor

UNO Clinic:

Lance Burwell

Chase Ehlers

Justin Hoefling

Jenifer Manstedt

Abby Saunders

Britni Scott

Leslie Walker

ENCAP Clinic:

Elizabeth Blake

Amanda Brichacek

Tiffany Gormley

Amy Hernbloom

Ellen Stoll

Rachel Weseley

Chi Sigma Iota



Spring 2015

Dani McNabb, *President* (dcheney@unomaha.edu)

Officers:

Katie Good, *Secretary* (kdavey@unomaha.edu)

Lance Burwell, *President Elect* (burwell@unomaha.edu)

Join Us

Once you have completed nine (9) semester hours with a GPA of 3.5 or higher, complete the following steps to officially join!

Complete the online application process at csi-net.org.

Click on Membership under Chapters and Members (in the left hand column).

Enter our local chapter name: Upsilon NU Omicron.

Submit the form online and pay initial dues online via credit card.

Lastly, write a check to chapter Upsilon Nu Omicron for \$10.00 (chapter fee) and turn the check in-

Events

Movie Night

Thurs Feb 26 @ 7:30 pm.

Thanks for Sharing

Refreshments provided. Daniel Tipton, recent grad and current NCA president will be in attendance to talk about NCA membership and help you sign up on site!

CSI Conference

April date TBA

Professionals from our community and department will be presenting on the topic of trauma. A fabulous opportunity to network, learn about an im-

Messages

From Dr. Carter

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact me at (402) 554-3559 or email me at dcarter@unomaha.edu. Let me know if there is anything I can help you with to make your journey in the coun-



From the Officers

Hello friends and peers!

Chi Sigma Iota has several upcoming events that offer opportunities for networking, volunteering, and learning. It is up to you to get involved. CSI is an honor society open to students in the counseling department (see the CSI website, www.csi-net.org, for details regarding eligibility and application). All events are open to CSI members

COME JOIN US!

for the

Chi Sigma Iota

Annual Conference

Trauma in Counseling Settings

with professionals in our Omaha community

Date and Time TBA

UNO Milo Bail Student Center



Sponsored by Upsilon Nu Omi-

cron chapter of Chi Sigma Iota