

April-August 2014

UNO Graduate Counseling Department

the Communicator



Important Dates

NCE	April 12
Commencement	May 9-10
Summer Session 1	May 19-Jun 27
Summer Session 2	Jun 2-Jul 3
Summer Session 3	Jul 7-Aug 15
Summer Session 4	Jul 14-Aug 15
Summer Session 5	May 19-Aug 15
CSI Conference	Jul y 12

Follow us on



We reached our 110th "Like" on Facebook! Now let's reach even more! The 130th person to "like" us on Facebook under the name "UNO Graduate Department of Counseling" will win a prize!

Faculty and Staff Directory

Dr. Barnes	pbarnes@unomaha.edu	554-2306
Dr. Carter	dcarter@unomaha.edu	554-3559
Irene Harper	iharper@unomaha.edu	554-3648
Dr. Luther	aluther@unomaha.edu	554-3742
Dr. Bjornsen	abjornsen@unomaha.edu	554-2760
Rick Richards	crrichards@unomaha.edu	554-2618
Community Clinic		554-4882
Counseling Office		554-2727
Graduate Assistants		554-2764

A Message from the Chair:

The temperature is on the rise, and so is the pace in the classroom as we near the end of the semester. With due dates for many projects approaching, I'd like to remind you of a fantastic campus resource, The Writing Center (<http://www.unomaha.edu/writingcenter/>). If you need a second set of eyes or would like help getting your thoughts to paper, contact them in ASH 150.

It is my great pleasure this month to announce the hiring of a new Associate Professor, **Dr. Dan Kissinger**, who will serve the Counseling Department as Chairperson. Dr. Kissinger will start in this role in July, 2014. We are excited to work with Dr. Kissinger and look forward to his arrival. He is currently working as a counselor educator at the University of Arkansas, Fayetteville. Thank you to all students who have made time to participate in the process by attending scheduled events with the candidates.

As the summer sessions approach, please be reminded that individuals needing to take TED 8010 - Introduction to Research this summer are reminded that they may substitute HPER *Continued on Page 2...*

8030. Please let your advisor know if you select this option.

Best wishes to each of you as you complete the spring semester and I invite you to contact me if you have questions or ideas that you would like to share.

Paul Barnes
Ph.D., NCSC, LMHP, NCC
Chair/Associate Professor

A message from Dr. Carter...

UPCOMING CHI SIGMA IOTA OFFICER ELECTIONS

In 2015 the Counselor Education program will celebrate 50 years of providing quality education to dedicated practitioners in the counseling profession. During a number of those years students have been able to develop an academic fellowship with their classmates through our Honor Society, Chi Sigma Iota. The role of Chi Sigma Iota (CSI) has always been to maximize our graduate student's personal growth in the pursuit of academic excellence.

As an officer in CSI you will have an opportunity to recognize your leadership potential to be the best that you can be and foster that leadership in others, now and in the future. In partnership with CSI's members, you will be able to create a synergy that results in the "whole being greater than the sum of its parts" in service to the profession and those whom our members serve. If you would like to run for President, President-Elect, Secretary, or Treasurer please contact me by email as soon as possible at dcarter@unomaha.edu. Elections will take place during the week of April 28, 2014.

Speakers and Trainings

Medical Aspects of Child Abuse and Neglect

April 15, 2014, 8:30-11:30 am

The purpose of this workshop is to inform attendees about the medical aspects of child physical and sexual abuse and neglect. Photos shown may be graphic but are intended to increase awareness. Register at <http://www.nebraskacacs.com/EventDetail.aspx?ID=1317>.

Domestic Violence and Substance Abuse Workshop

April 22, 2014, 10 am-12 pm

This workshop will explore the co-occurrence of substance abuse and domestic and sexual violence. The workshop will identify the effect of gender on substance use, dependence and rehabilitation; the intersection of substance abuse and interpersonal violence; and the implications for service provision and safety planning. Register at <http://www.nebraskacacs.com/EventDetail.aspx?ID=1393>.

Ethics and Real Life Challenges

May 2, 2014, 9-11 am

This training will delve into the topic of ethics by discussing scenarios that occur regularly for mental health practice including the ever more common implications of social media and role of the mental health practice board. Register at <http://www.nebraskacacs.com/EventDetail.aspx?ID=1390>.

PRIVATE PRACTICE INTERNSHIP OPPORTUNITY

Linda Vasquez-Evans, LIMHP, is looking for an intern to assist her in her private practice.

- Office, in-home, groups
- Chemical dependency group
- Work with adolescents and adults
- EAP experience
- Work with the Hispanic population
- Work with the court system and CPS

If interested, please call 402-889-6359.

Volunteer, Internship and Employment Opportunities

Boys Town National Research Hospital has current openings for interns working with the adolescent population in a Psychiatric Residential Treatment Facility. If interested, please contact Kimberly Sublet-Miller at (402) 498-6524.

Mercy Hospital in Council Bluffs, IA, has current openings for interns working with adults and adolescents in a psychiatric ward. If interested, please contact either Kelly DeRoos at (712) 328-5940.

Catholic Charities Phoenix House has opportunities available for students in the Omaha/Council Bluffs area. This program is open to any students, but would be useful to students interested in human services, teaching, or counseling. This program allows students to experience a human service program and receive training relating to working in the field. Students will get hands on experience with clients. Another opportunity for students interested in building their public speaking and teaching skills is working with the Training

and Prevention Coordinator to facilitate prevention programs in the Council Bluffs schools. Students would receive training on the curriculum, choose a schedule that works around their classes, be debriefed at weekly intervals and always paired up with another student in the classroom. The Phoenix House, a domestic violence shelter and sexual abuse program, is located in Council Bluffs, IA. If interested please contact Rachel at RMabrey@dmdiocese.org or 712-256-2059 ext. 1002.

AtEase clinic in Bellevue, NE, is in immediate need of licensed therapists with training and certification in EMDR and DBT. Experience with treating military families with PTSD is ideal. If interested please contact Scott Anderson at sander-son@andersonpartners.com. Visit the website: www.AtEaseUSA.org.

Charles Drew Health Center and Homeless Clinic has a job opening for a Behavioral Health Therapist. They are currently looking for CACREP program graduates who have acquired their LMHP licensure from Nebraska. If interested, please contact Pat Christopher at 402.345.9860 for more information.

Nebraska Workforce Development has several job opportunities available to work with children and families. Apply at www.wrk4neb.org

The Nebraska Licensee Assistance Program (NE LAP) provides alcohol and drug assistance services to health service professionals in Nebraska. For more information visit www.lapne.org.

Girl Scouts Spirit of Nebraska is looking for volunteers to sign up for a 7-week commitment. The Girl Scouts Outreach provides hands-on experience working with a diverse, at-risk population of girls in locations such as middle schools, elementary schools, community centers, and youth detention centers. If interested contact Sheena Kennedy at 402-779-8237 or skennedy@girlscoutsnebraska.org.

Career Exploration and Outreach (CEO) at UNO assists students in exploring career opportunities or to enhance career development. Employment opportunities, job fairs, on-campus interviews, job shadow opportunities are available. <http://unoceo.unomaha.edu> or call (402)554-3672.

Scholarship Information:

UNIVERSITY OF SOUTH DAKOTA has 2 exceptional scholarships for highly qualified counselor education doctoral students. Both provide significant financial support as well as competitive graduate assistantships:

\$4,000.00 (for one year) Maybee

\$12,000.00 (for two years) Dave and Kay Olson

UNO GRADUATE SCHOLARSHIPS!

Check the UNO website for more information!

\$2,000.00 Dissertation Scholarship

\$1,000.00 UNO Graduate Thesis Award

\$500.00 Helen Hanson Outstanding Student Award

Please refer to the UNO website: <http://www.unomaha.edu/graduate/scholarships.php> for scholarship information or contact Graduate Studies at 554-2341.

The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) announces the availability of funding for the Graduate Research and Creative Activity (GRACA) awards. GRACA grants support faculty-mentored UNO graduate student research and creative activity. Grants of up to \$5,000 per student may be used to support student travel for data/information collection, project-related supplies and operational expenses, data collection and analysis, and/or a summer stipend.

- Eligibility is restricted to UNO graduate students who pay tuition and fees through UNO. Students must be enrolled during both spring and fall 2013 semesters (with no plans to graduate before December 2013). Students are required to identify a UNO faculty mentor who must approve the submission of the GRACA proposal. The faculty mentor must be a member of the graduate faculty.
- **Deadline: January 24, 2013 (11:59 P.M. CST)**
- To find out more information and apply, please see the GRACA website (<http://www.unomaha.edu/graca>)



Additional Student Reminders

Community/Agency graduate students will need to complete **BOTH** the CPCE exam (multiple choice questions) **AND** a written comprehensive exam (essay questions in core areas). Please consult with your advisors, especially during the semester you anticipate graduating.

Students **NEED** to complete an application for practicum as early as you know your anticipated graduation date as spots are limited. In addition, you must apply AT LEAST one semester before you begin the practicum. **It is recommended that you apply several semesters before you begin the practicum.** Applications can be picked up in Roskens Hall 101. The application date determines priority of acceptance.

To students with concentrations in Clinical Mental Health counseling: As you apply for the Beginning Practicum COUN #8220 please remember the need to sequence this course with COUN #8250 and #8260 in a continuous fashion. As you begin this clinical sequence, you must take one course

succeeding the next in each of the subsequent semesters. If you drop out during the 3 course sequence, we cannot guarantee your placement in future sections. Please remember this is a continuous 3 course/3 semester sequence.

The UNO Writing Center is open in Arts and Sciences Hall room 150. Monday – Thursday 9:00 a.m. until 6:00 p.m. and on Fridays from 9:00 a.m. until 12:00 p.m. Visit: www.unomaha.edu/writingcenter.

Clinical Mental Health Counseling Students: If you are seeking an internship, there is an updated list of potential internship sites in the Graduate Assistant's office. Please note that there are many internship opportunities available in the community. The list includes a few ideas to help you get started in your search for the most appropriate learning opportunity that supports your interests. It is your responsibility to market yourself and your abilities. If you would like assistance on how to market yourself to potential sites, please contact your advisor.

Chi Sigma Iota:

If you would like to join Chi Sigma Iota here are the steps to follow once you have completed nine (9) semester hours with a GPA of 3.5 or higher.

Complete the online application process at csi-net.org.

In the left hand column click on Membership under Chapters and Members.

Put in our local chapter name: **Upsilon NU Omicron.**

Submit the form online and pay initial dues online via credit card.

Lastly, write a check to chapter Upsilon Nu Omicron for \$10.00 (chapter fee) and turn the check into Dr. Carter in Roskens Hall Room 101E. When he receives your certificate and pin, he will notify you by phone and set up a time for initiation.



CHI SIGMA IOTA
Counseling Academic and
Professional Honor Society
International

A Message from Dr. Carter:

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact myself at (402) 554-3559 or email me at dcarter@unomaha.edu. Let me know if there is anything I can help you with to make your journey in the counseling program an enjoyable and productive one.

David J. Carter
Ph.D., LIMHP, CPC
CSI Faculty Advisor/Professor

Upcoming CSI Events:

New Member Inductions

April 25

Officer Elections

Beginning April 28

CSI Conference: PTSD and Trauma

July 12



Spring 2014 CSI Officers

Caitlin Cool, President

Vince Marasco, President Elect

Daniel Tipton, Treasurer

Liz Capadano, Secretary

Hello Counseling Students!

As the year comes to a close, I would like to congratulate all the graduating members of our program and wish you the best of luck. Other students, continue plugging away and soon it'll be your turn! I encourage you all to be a part of Chi Sigma as a way to get to know other students, network, and be a part of a career long group of professionals! Thank you for a great year!

-Caitlin Cool, President

Counseling Clinic

Available Counseling: Our practicum students are available for individual student counseling at no charge. You can contact them at 554-4882 and leave a voice mail message.

The **UNO Counseling Center** in HPER 102 offers counseling free to current UNO Students. Contact them at 554-2409 for more information.

We need your *HELP* to expand the client base for the Community Counseling Clinic. If you can help in distributing cards and brochures, please stop at the desk and Barb can give you this literature for local community distribution.

Students! Please let the staff know ASAP if video equipment is not working.

Clinic Hours: Monday through Thursday, 1:00PM to 8:00PM and Saturday, 9:00AM to NOON.

Counseling Clinic

Laura Allis

Karissa Carrillo

Dani Cheney Macnab

Katy Davey

Amanda Deckert

Tino Miller

Joanna Balok

Whitney Geise

Tawnie Ware

ENCAP

Mary Clarys

Hannah Grawe

Holly Harman

Megan Miller

Nicole Wagner

Group Experience Information

All Counseling students must participate in a 20 hour group experience, as a client, prior to enrolling in COUN 8270 and COUN 8370. Students must also complete the 20 hour pre-group consent form which is available online <http://coe.unomaha.edu/couns/> under the Forms and Documents tab or from the counseling office, Roskens Hall 101. This form authorizes your group facilitator to consult with UNO Graduate Faculty regarding participation should it be necessary and advises your facilitator of the purpose of the experience. See Irene Harper, (402) 554-3648, for further information.

A 20 hour group experience is facilitated in the clinic by Andrea Joyce several times each academic year. Contact Barb Newell in RH 101 (554-2727) to sign up. The cost is \$110. If signed up for participation, please make the check out to the UNO Counseling Clinic.

You also have the option to seek a 20 hour group experience in the community, which must be facilitated by a Licensed Mental Health Practitioner. Prior to doing an outside group experience contact Irene Harper, (402) 554-3648 to assure it meets requirements.

Summer/Fall '14 20-hour Group Dates:

Dates of the Spring group experience are June 21 through August 2 (no meeting on July 5) and September 6 through October 11 on Saturdays from 9:00 AM to 12:00 PM in the clinic group room.

Previous Counseling Clinic Group Members:

Andrea Joyce will be conducting an additional Graduate Student Support Group on Saturdays from 9:30-11:00 AM when the 20-hour group experience is not being conducted. All previous members are welcome and free of charge!