ABOUT PAUL ESTABROOKS

Dr. Paul Estabrooks is a practical, behavioral scientist with a vision is to do research that integrates with health systems in a way that will result in a large public health impact. Most of his work, which has been funded by the National Institutes of Health since 1999, focuses on testing innovative health promotion programs, policies, and practice interventions that can be adopted in schools, workplaces, and healthcare clinics. Dr. Estabrooks also studies health promotion initiatives that can be sustained in typical community and clinical settings, at a reasonable cost, and benefiting groups that experience health disparities. Dr. Estabrooks also provides training around the world on research methods that can help communities and clinical organizations make decisions about appropriate changes to make that will improve health. He is active in publishing his work and has nearly 160 peer-reviewed publications, 13 book chapters, and a textbook to his name.