SENSORIMOTOR ACTIVITY IN PATIENTS WITH CHRONIC ANKLE INSTABILITY

Featuring Dr. Christopher John Burcal
University of Nebraska at Omaha

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Parking Available in Lot T

ABOUT DR. BURCAL

Dr. Christopher is an Assistant Professor in the School of Health and Kinesiology at the University of Nebraska at Omaha. He primarily teaches in the Athletic Training program. His research interests involve the sensorimotor adaptations and cortical function of patients with chronic ankle instability, and how these can be modified through therapeutic intervention. He is an avid tennis player and runner.

LEARNING OBJECTIVES

• Discuss the relevant literature pertaining to sensorimotor function in patients with chronic ankle instability
• Review the neurophysiological outcomes that have been assessed in patients with chronic ankle instability and how they are altered in these patients
• Describe the neurophysiological changes that occur following balance training

The presenter, Christopher John Burcal, Ph.D., and the planning committee, Nick Stergiou, Ph.D., Jeffrey Kaipust, M.S., Angela Collins, B.S., and Jackie Farley, CPP have no financial conflict of interest to disclose.

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