



College of Education, Health, and Human Sciences
Teacher Education Department

Student Name: _____
Major: Secondary Education (SEDMS)

NU ID: _____
Endorsement: Physical Education PK-12

CERTIFICATION ENDORSEMENTS

Physical Education PK-6 & 7-12 (41 hours)	Credit	Grade	Term	Institution
BMCH 2400 Physiology & Anatomy I **	4			
KINS 4100 Applied Kinesiology OR BMCH 4630 Biomechanics	3			
PHHB 3030 First Aid	3			
KINS 1800 Fitness for Living	3			
KINS 2310 Games I (F)	3			
KINS 2320 Games II (SP)	3			
KINS 2430 Foundations in Kinesiology **	3			
KINS 2800 Motor Learning	3			
HEKI 2100 Statistics in Health & Kinesiology ** (KINS 4930 Measurement and Eval. is an equivalent)	3			
KINS 2330 Outdoor/Adventure Activities (SP)	3			
KINS 2220 Theory and Practice of Resistance Training	2			
KINS 1600 Fundamentals of Resistance Training	1			
KINS 4940 Exercise Physiology	3			
KINS 4150 Adapted Physical Activity Theory & Practice	3			
<i>Physical Education Activity Courses:</i>				
PEA Select one from: 111A-Z (not H), 112A-V (not L or S)	1			

Grade of "C" or better required in Endorsement Courses.

PE PK-12 Methods Classes

Fall 1. KINS 3060 Pre/Primary Methods

Fall 1 or 2. KINS 3300 Dance

Spring 1. KINS 3350 Elem. Methods

Fall 2. KINS 4000 Sec. Methods**afternoon class 1:00-3:30 for practicum in schools