



College of Education, Health, and Human Sciences  
Teacher Education Department

Student Name: \_\_\_\_\_

NU ID: \_\_\_\_\_

Major: Secondary Education (SEDMS)

Endorsement: Physical Education 7-12; Health 7-12 (END0802S, END0801S)

### CERTIFICATION ENDORSEMENTS

<b>Health 7-12 (31 hours)</b>	<b>Credit</b>	<b>Grade</b>	<b>Term</b>	<b>Institution</b>
PHHB 1500 Foundations of Health Education	3			
PHHB 2070 Drug Awareness	3			
PHHB 2310 Healthful Living	3			
PHHB 3030 First Aid	3			
PHHB 3080 Health Concepts of Sexual Development	3			
PHHB 4060 School Health Programs	3			
PHHB 4960 Health Ed Planning & Org.	3			
BMCH 2400 Physiology & Anatomy I	4			
<b>Physical Education 7-12 (47 hours)</b>				
KINS 1800 Fitness for Living	3			
KINS 2220 Theory & Practice of Resistance Training & KINS 1600 Fundamentals of Resistance Training	2 1			
KINS 2310 Games I (F)	3			
KINS 2320 Games II (Sp)	3			
KINS 2330 Outdoor/Adventure Activities (Sp)	3			
BMCH 2400 Physiology & Anatomy I	-	-	-	
KINS 2800 Motor Learning	3			
PHHB 3030 First Aid	-	-	-	
KINS 4100 Applied Kinesiology <b>OR</b> BMCH 4630 Biomechanics	3			
HEKI 2100 Statistics in Health & Kinesiology ** (KINS 4930 Measurement and Eval. is an equivalent)	3			**TED 8050 meets this requirement.
KINS 4940 Physiology of Exercise	3			
<b>Physical Education Activity Courses:</b>				
PEA Select one from: 111A-Z (not H), 112A-S (not L or S)	1			

Grade of "C" or better required in Endorsement Courses.

### PE K-12 Methods Classes

Fall 1. KINS 3060 Pre/Primary Methods (pre-req for KINS 3350)

Fall 1 or 2. KINS 3300 Dance

Spring 1. KINS 3350 Elem. Methods (pre-req for KINS 4000)

Fall 2. KINS 4000 Sec. Methods\*\*afternoon class 1:00-3:30 for practicum in schools

Anytime. KINS 4150 Adapted PE\*\*evening class

### Health and PE 7-12 Methods Classes

Spring 1. PHHB 4000 Methods and Materials

Fall 1. PHHB 4060 School Health Programs