Dr. Jeff Kuhr is in his eleventh year as director of Public Health for Mesa County, Colorado, based in Grand Junction. Prior to moving to Colorado, Jeff was the executive director for Three Rivers Public Health, which serves Dodge, Saunders, and Washington Counties in Eastern Nebraska. Hired in 2003 as the agency’s founding director, his was one of 16 new local public health agencies established in Nebraska using funds from the state’s tobacco settlement annuity.

Jeff is an Ascend Fellow and a PHRASES Fellow, both with the Aspen Institute. He currently serves on the Health Steering Committee for the National Association of County Officials, and is a governor appointee to the Colorado Board of Human Services and the Colorado Early Childhood Leadership Commission. In Grand Junction, Jeff serves on the boards of directors for St. Mary’s Regional Medical Center and the Rocky Mountain Health Foundation.

Jeff is an Omaha native; a graduate of Millard South High School and a first-generation college student. He earned both his Bachelor’s and Master’s degrees in Community Health Education from the University of Nebraska at Omaha (UNO), and went on to earn his PhD in Educational Psychology from UNL.

Jeff spent the first seven years of his career working in UNO’s student health center. During that time, he met his wife, Sheryl, who also worked at UNO for over 20 years. They’ve been married for 25 years!